

# DR. Raghad Shakir Jassim



**Birth: 1/1/1994**

**Single**

**Baghdad**

## Contact

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## Languages

Arabic – C2

English – C1

Spanish – A2

## Hobbies

- Drawing, Painting , writing, reading .

## Skill Highlights

- Microsoft office (excel, word, PowerPoint)
- Spss
- Complex problem solver
- Resistance to stress
- Operability and commitment
- Good manners
- Creative design
- Innovative
- Service-focused
- Results-oriented
- Organisational capacity
- Ability to motivate staff and maintain good relations

## Experience

**Translator.** - 2017 to 2022

**English lecturer.** 2018 and 2021

**Kindle Amazon self-publish** 2020.

**Professor at Al- Mustansiriyah University** 2023

**Counselor psychologist at Al- Mustansiriyah University the college of Pharmacy ( the Guidance unit)** 2023

**researches :**1- Positive emotions and its relationship to optimism and pessimism for college students. 2- Humor and its relationship with Vitality and flourishing for Iraqi college students. 3- Successful aging and its relationship with quality of life for elderly. 4- Efficacy of Positive intervention and Best Possible Self in Reducing Game Immersion among Middle School Student. 5- self-determination and its relationship with electronic immersion among adolescents.

6- positive psychology intervention and its role in counseling psychology and personality development.

7- Emotional Deprivation and its relationship with Cyberblackmail among middle school students

**Participation in conferences:**

1- 9th European conference on positive psychology, jun3 27- 30 – 2018 /Budapest. Hungary.

2- elderly conference in Iraq, 1-2 2018, Baghdad/ Iraq.

3- 2<sup>nd</sup> international conference for human and social studies, 25- 26 April / Iran.

## Education

**Bachelor of Psychology:** college of Education - 2015  
University of Baghdad, Iraq.

**M.A. of counseling psychology:** college of Education- 2017  
University of Baghdad, Iraq.

**Ph.D. of counseling psychology:** college of psychology – 2021  
Al- Mustansiriya university, Iraq.

## Certifications

**positive psychology: Application and interventions** (certificate): *University of Pennsylvania.*

**positive psychology Specialization project : Design your life for well-being** (certificate): *University of Pennsylvania.*

**Master English: improve your speaking, listening, & writing** (certificate): *udemy.*

**Another coursers .** (Spss, writing novels fiction, positive psychology: positive emotions, learning Spanish).