

Pharmacology Lectures by

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ANTIPILEPTIC DRUGS

- **Barbiturates**
 - **Benzodiazepines**
 - ***Carbamazepine***
 - ***Divalproex***
 - ***Ethosuximide***
 - ***Felbamate***
 - ***Gabapentin***
 - ***Lamotrigine***
 - ***Levetiracetam***
 - ***Oxcarbazepine***
 - ***Phenytoin***
 - ***Pregabalin***
 - ***Primidone***
 - ***Tiagabine***
 - ***Topiramate***
 - ***Zonisamide***
-

Antiseizure drugs

Tonic-clonic &
partial seizures

Carbamazepine
Lamotrigine
Phenytoin
Valproic acid

Absence
seizures

Clonazepam
Ethosuximide
Valproic acid

Myoclonic
seizures

Clonazepam
Lamotrigine
Valproic acid

Back-up &
adjunctive drugs

Felbamate
Gabapentin
Lamotrigine
Levetiracetam
Phenobarbital
Tiagabine
Topiramate
Vigabatrin
Zonisamide

Seizures Finite episodes of brain dysfunction resulting from abnormal discharge of cerebral neurons •

Partial seizures, simple Consciousness preserved; manifested variously as convulsive jerking, paresthesias, psychic symptoms (altered sensory perception, illusions, hallucinations, affect changes), and autonomic dysfunction •

Partial seizures, complex Impaired consciousness that is preceded, accompanied, or followed by psychological symptoms •

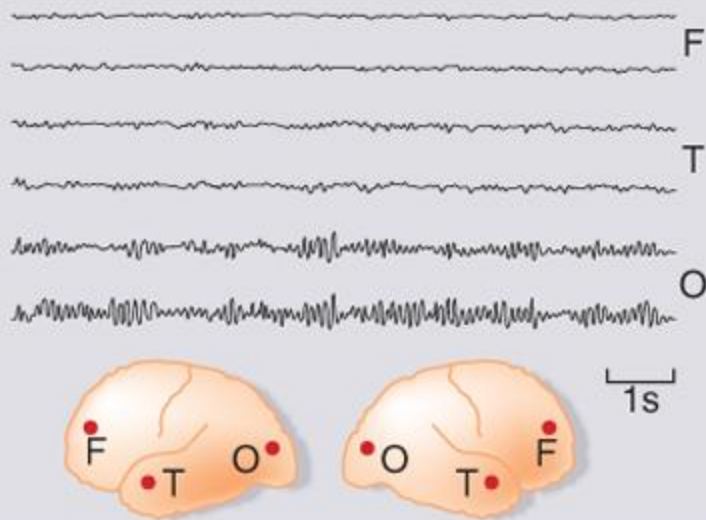
Tonic-clonic seizures, generalized Tonic phase (less than 1 min) involves abrupt loss of consciousness, muscle rigidity, and respiration arrest; clonic phase (2–3 min) involves jerking of body muscles, with lip or tongue biting, and fecal and urinary incontinence; formerly called grand •

Absence seizures, generalized Impaired consciousness (often abrupt onset and brief), sometimes with automatisms, loss of postural tone, or enuresis; begin in childhood (formerly, petit mal) and usually cease by age 20 yrs •

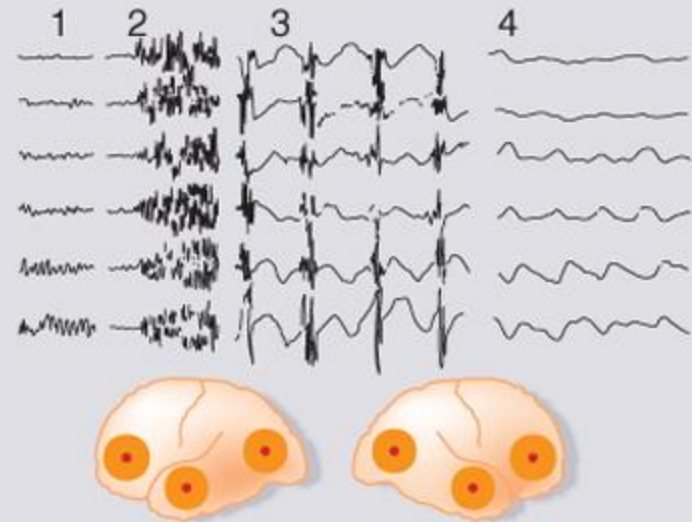
Myoclonic seizures Single or multiple myoclonic muscle jerks

Status epilepticus A series of seizures (usually tonic-clonic) without recovery of consciousness between attacks; it is a life-threatening emergency •

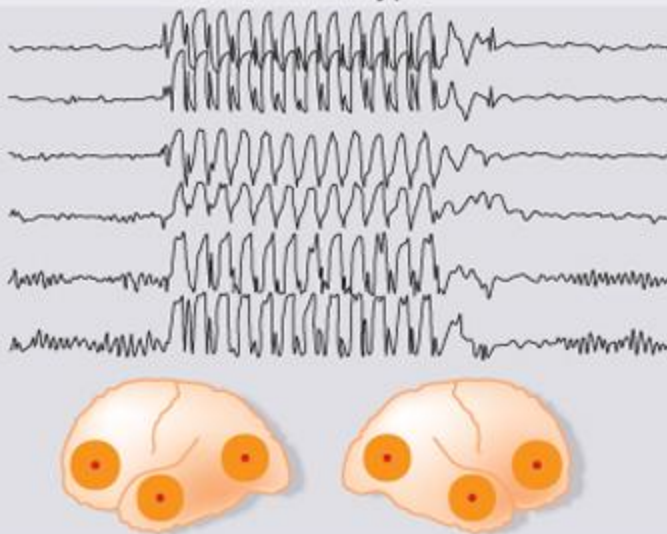
A Normal



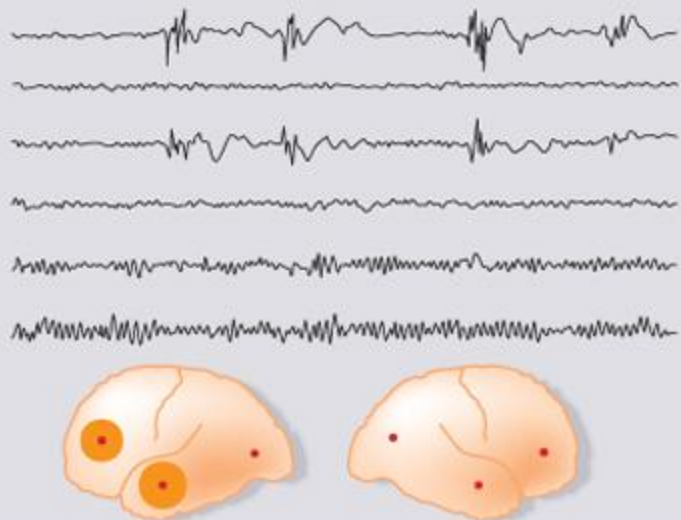
B Generalised seizure (grand mal)
— tonic-clonic type



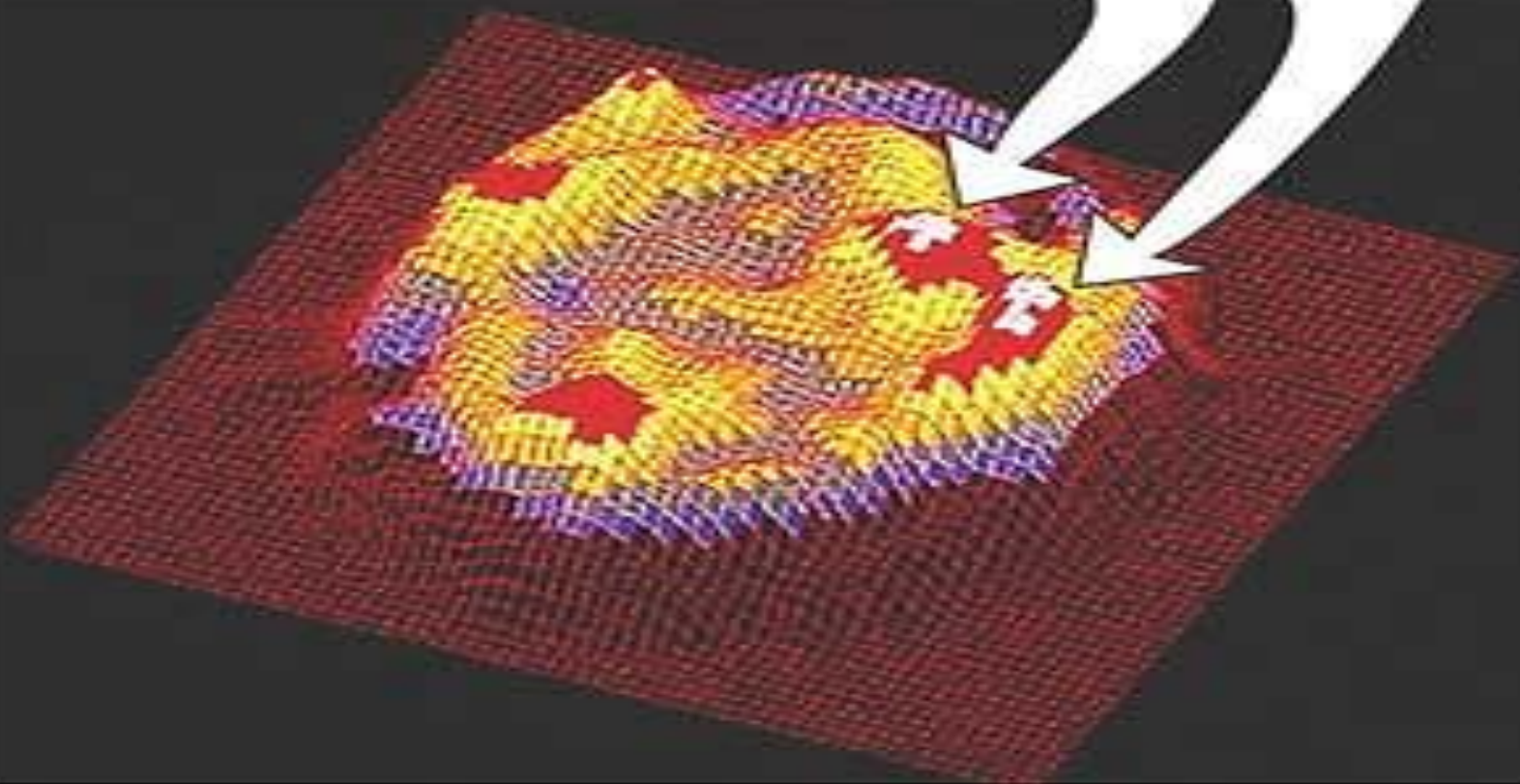
C Generalised seizure (petit mal)
— absence seizure type



D Partial seizure



Single-photon-emission-coherence tomography (SPECT) can be used to measure regional blood flow in the brain. The image shows an increased blood flow in the left temporal lobe associated with the onset of a seizure in the same area.



SEIZURES

Partial

(consciousness preserved)

Simple (consciousness normal)

Complex (consciousness altered/
no memory)

Generalized

(consciousness lost/no memory)

Tonic-clonic

Absence

Myoclonic

Infantile spasm

Status epilepticus

Generalized Status Epilepticus

(convulsive or non-convulsive)

Partial Status Epilepticus

(consciousness lost/no memory)

Newly diagnosed epilepsy

- Consider starting therapy after the second seizure.

First-choice drug

- Choose drug appropriate for the patient's type of seizure.
 - Consider toxicities of the agent
 - Consider characteristics of the patient
- Gradually titrate the dosage to that which is maximally tolerated and/or produces optimal seizure control.

Seizures persist

Seizure free

Second-choice drug

- The second drug is titrated to a therapeutic level that controls seizures before tapering and discontinuing the original antiseizure agent.
- If the first drug is associated with significant adverse effects, it should be tapered while the second drug is added

Seizures persist

Seizure free

Rational combination of two drugs

Seizures persist

Seizure free

Consider vagal nerve

Key: **Drug name**



Drug name



Drug name



Vagal stimulator

Consider first based on patient characteristics, diagnosis and symptoms, and concurrent medical problems

Consider next if seizures persist or adverse effects of first drug limit therapy.

Consider as alternative if seizures persist or adverse effects limit therapy.

Consider when adherence, drug interaction, or adverse effects limit drug therapy.

PARTIAL EPILEPSY

Simple partial, complex partial with or without secondary generalization

Carbamazepine

Divalproex

Gabapentin

Lamotrigine

Elderly patients

Carbamazepine

Gabapentin

Lamotrigine

PRIMARY GENERALIZED EPILEPSY

Absence

Divalproex

Ethosuximide

Lamotrigine

Myoclonic

Benzodiazepines

Divalproex

Lamotrigine

Tonic-clonic

Divalproex

Lamotrigine

Status epilepticus

Benzodiazepines:
Diazepam
Lorazepam

EPILEPSY SYNDROME

Benign rolandic

Carbamazepine

Divalproex

Gabapentin

Lamotrigine

Infantile spasms (West's syndrome)

Benzodiazepines

Corticotropin (ACTH)

Divalproex

Lamotrigine

Lennox-Gastaut

Benzodiazepines

Divalproex

Felbamate

Lamotrigine

Levetiracetam

Oxcarbazepine

Fosphenytoin

Pregabalin

Tiagabine

Topiramate

Zonisamide

Vagal stimulator

Vagal stimulator

Topiramate

Nausea and vomiting



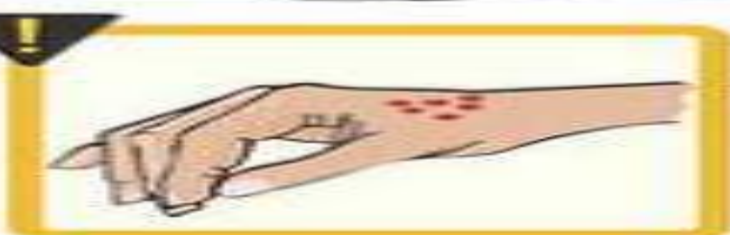
Drowsiness-sedation



Ataxia



Rash



Hyponatremia



Weight gain or Weight loss



CYP1A2

Carbamazepine

CYP2C8

Carbamazepine

CYP2C9

*Carbamazepine
Divalproex
Phenobarbital
Phenytoin*

CYP2C19

*Divalproex
Felbamate
Phenobarbital
Phenytoin
Zonisamide*

CYP3A4

*Carbamazepine
Ethosuximide
Tiagabine
Zonisamide*

UDP-glucuronosyltransferases

*Divalproex
Lamotrigine
Lorazepam*

When the hepatic hydroxylation system becomes saturated, small increases in the dose of *phenytoin* cause a large increase in the plasma concentration of the drug.

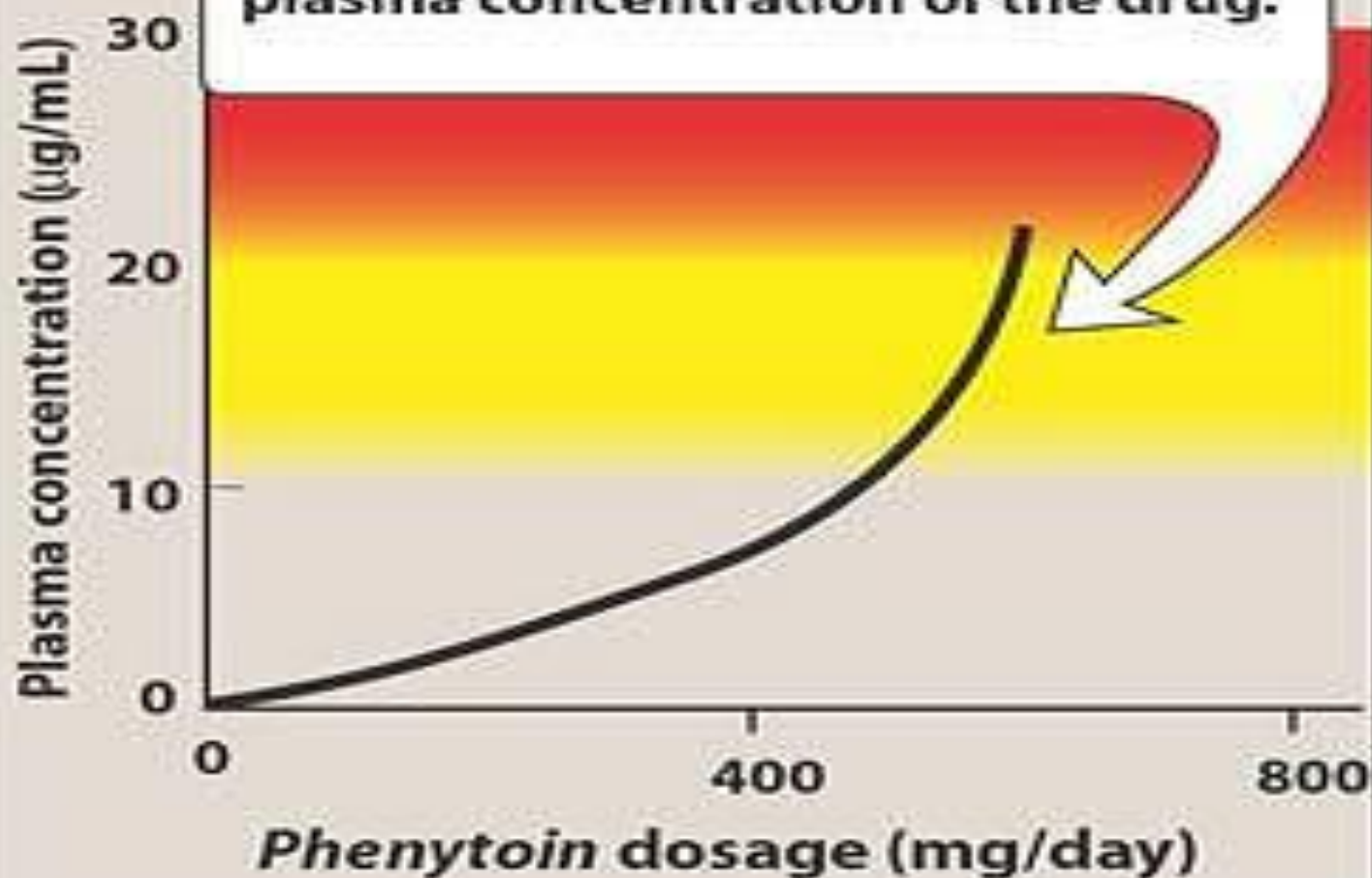
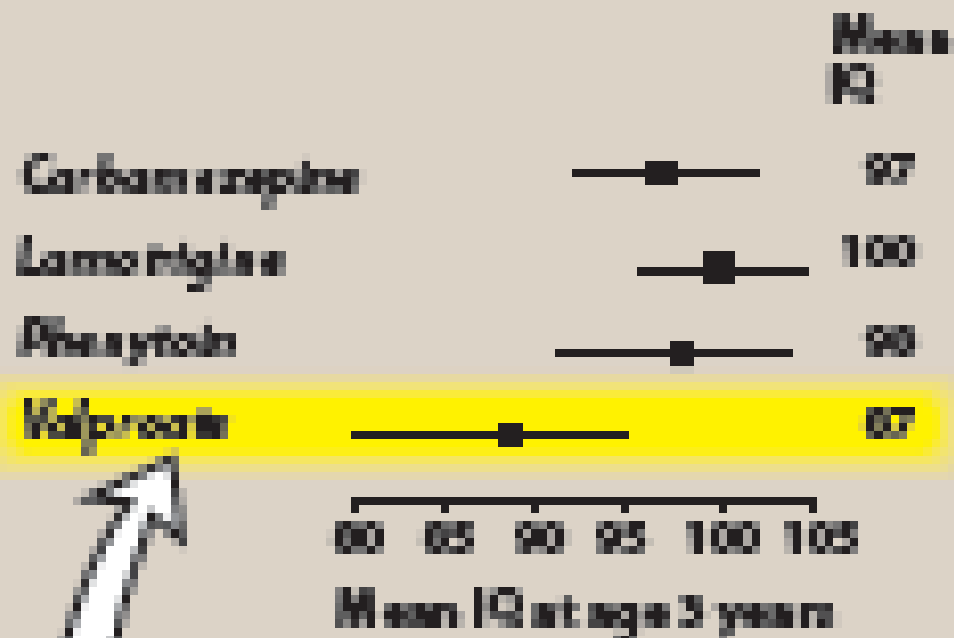




Figure 15.9
Gingival hyperplasia in patient treated
with phenytoin.



In utero exposure to valproate, when compared with other commonly used antiepileptic drugs, is associated with an increased risk of impaired cognitive function at 3 years of age. Valproate should not be used in women of childbearing potential.

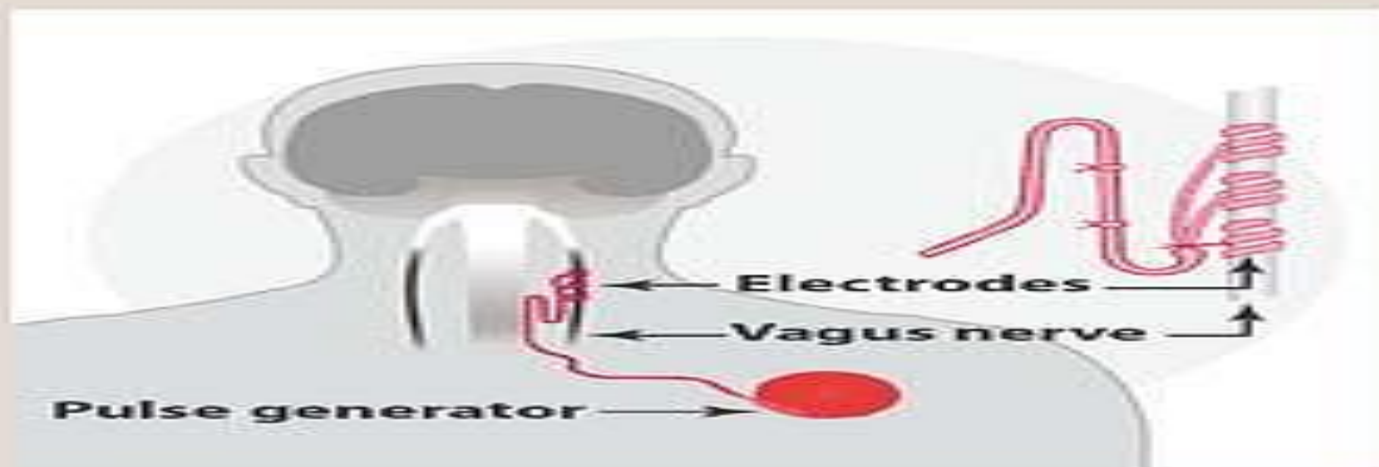
A

1

An implanted pulse generator connects to electrodes that coil around the vagus nerve.

2

The vagal nerve stimulator generates an electrical pulse that stimulates the vagus nerve.



3

This electrical stimulation prevents the abnormal electrical activity that can cause a seizure.

4

The patient activates the stimulator when they anticipate a seizure.

B



Biscuit



Spaghetti strands



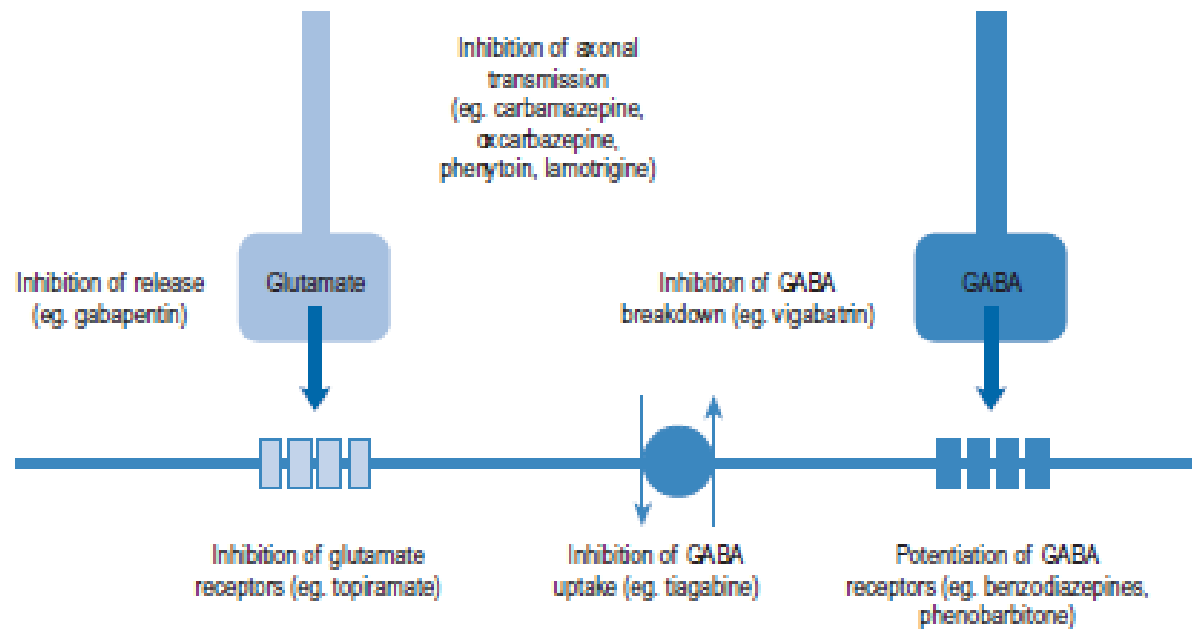
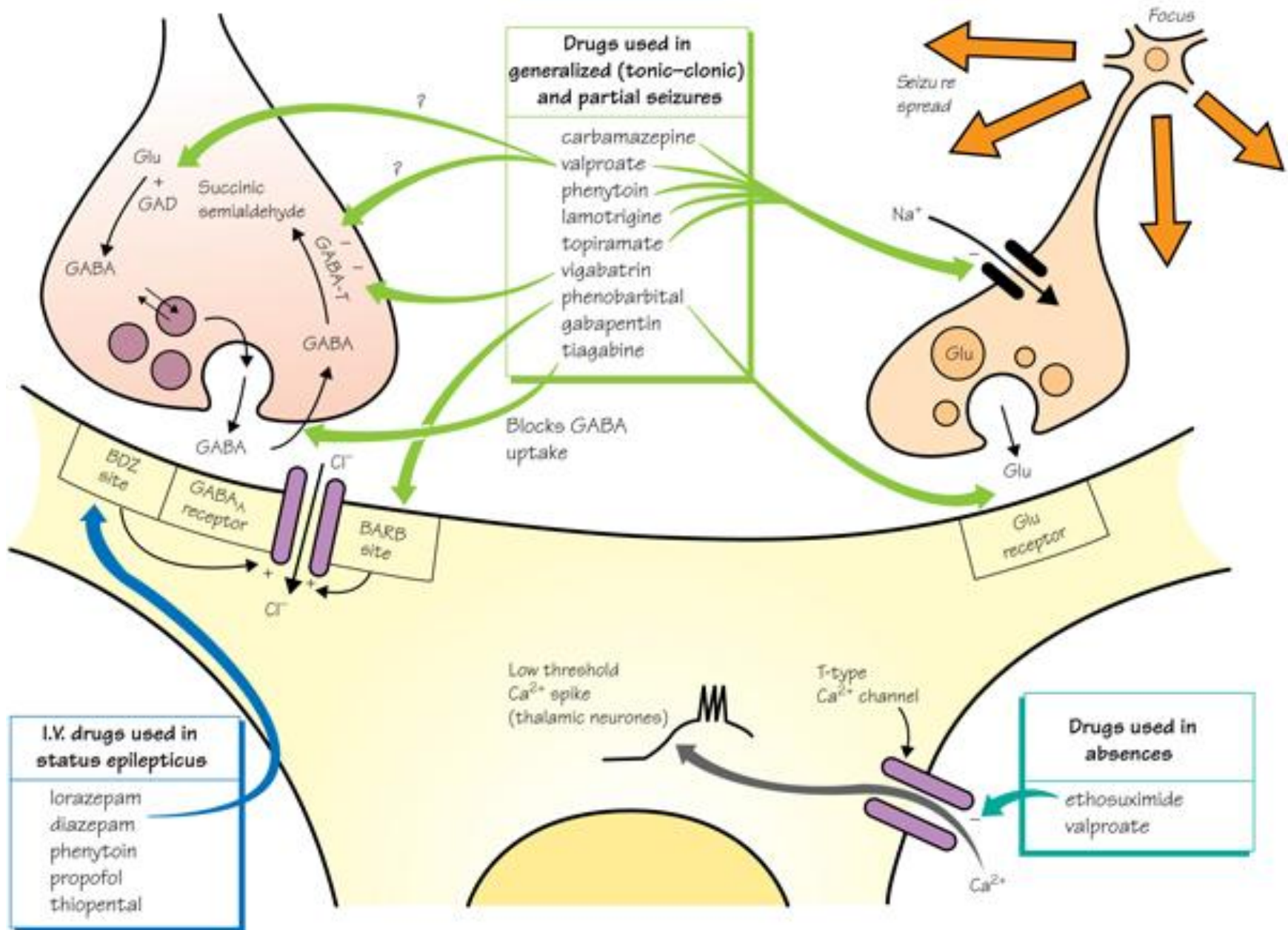


Fig. 31.1 Action of antiepileptic drugs (from Duncan et al., 2006).



Drugs used in generalized (tonic-clonic) and partial seizures

- carbamazepine
- valproate
- phenytoin
- lamotrigine
- topiramate
- vigabatrin
- phenobarbital
- gabapentin
- tiagabine

Blocks GABA uptake

I.V. drugs used in status epilepticus

- lorazepam
- diazepam
- phenytoin
- propofol
- thiopental

Drugs used in absences

- ethosuximide
- valproate

Low threshold Ca^{2+} spike (thalamic neurones)

T-type Ca^{2+} channel

Ca^{2+}

Na^+

Seizure spread

Focus

Glu

Succinic semialdehyde

GAD

GABA

GABA-T

GABA

GABA

Cl^-

Cl^-

BDZ site

GABA_A receptor

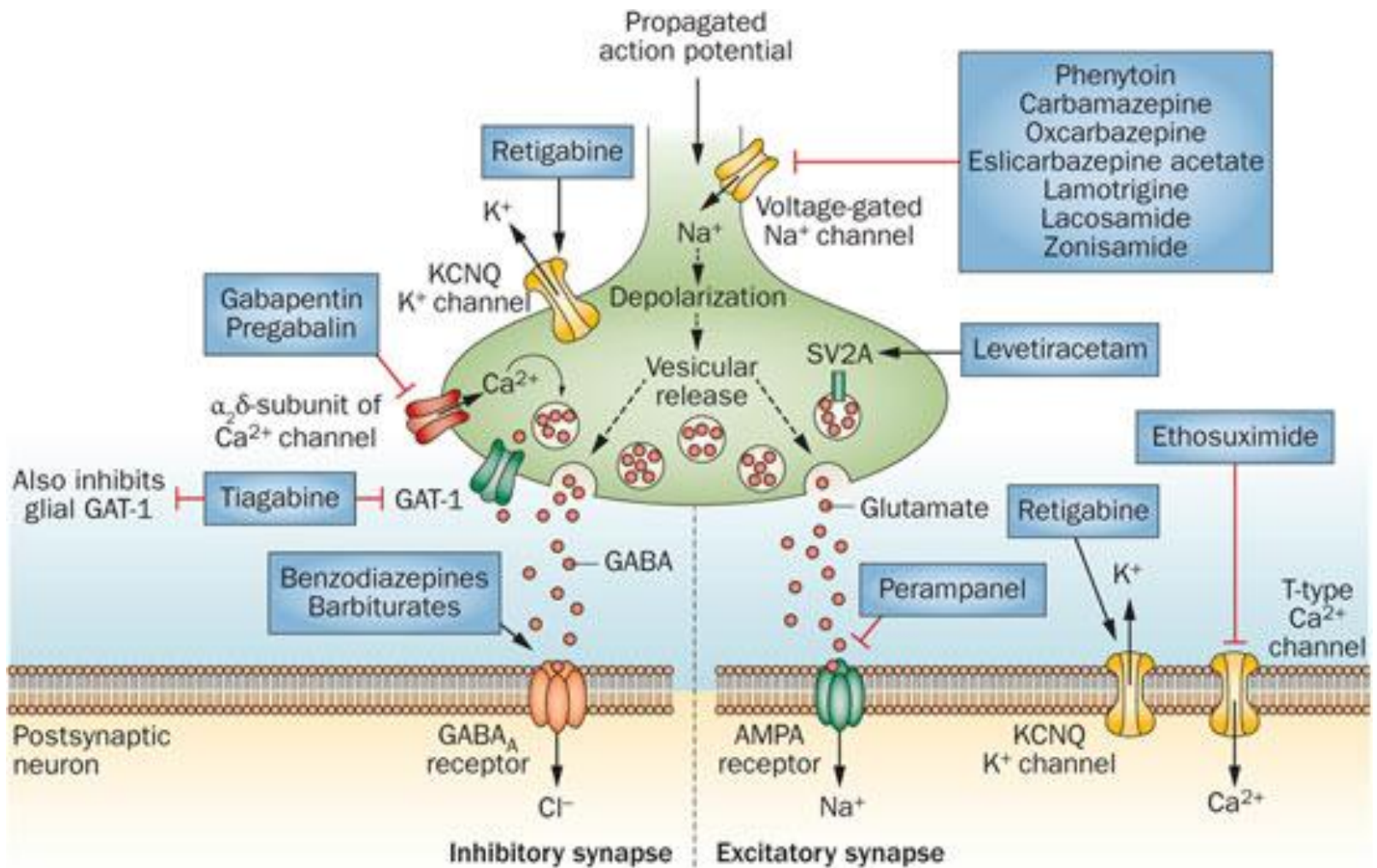
BARB site

Glu receptor

Na^+

Glu

Glu



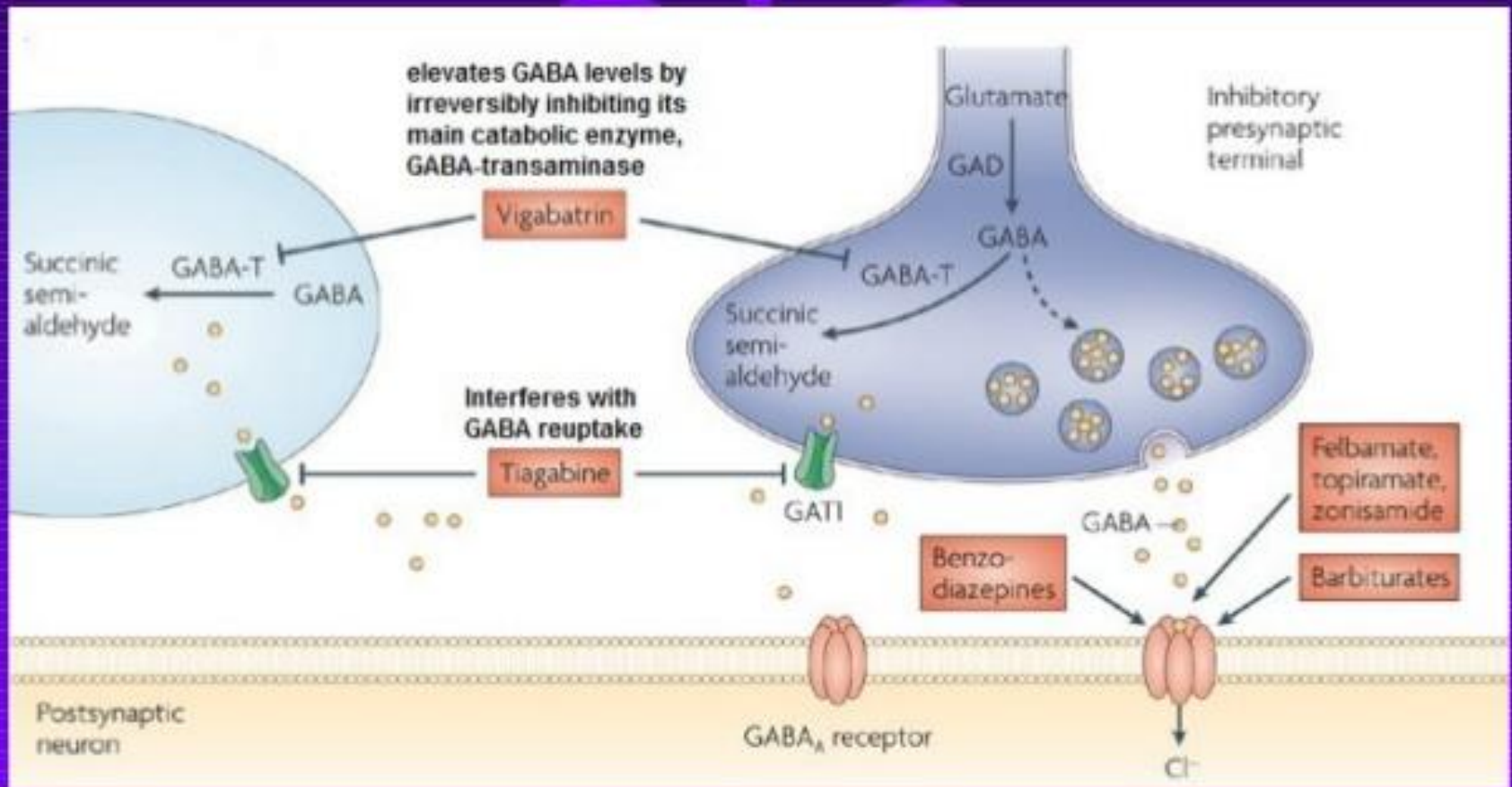
Not illustrated:

- Vigabatrin → ↓ GABA degradation and drugs with multiple mechanisms:
- Valproate → ↑ GABA turnover, ↓ Na⁺ channels, ↓ NMDA receptors
- Topiramate → ↓ Na⁺ channels, ↓ AMPA/kainate receptors, ↑ GABA_A receptors
- Felbamate → ↓ Na⁺ channels, ↑ GABA_A receptors, ↓ NMDA receptors

AEDs:

Mechanisms of Action

GABA



DRUG	MECHANISM OF ACTION	ADVERSE EFFECTS AND COMMENTS
<i>Carbamazepine</i>	Blocks Na⁺ channels	Hyponatremia, drowsiness, fatigue, dizziness, and blurred vision. Drug use has as been associated with Stevens-Johnson Syndrome. Blood dyscrasias: neutropenia, leukopenia, thrombocytopenia, pancytopenia, and anemias.
<i>Divalproex</i>	Multiple mechanisms of action	Weight gain, easy bruising, nausea, tremor, hair loss, weight gain, GI upset, liver damage, alopecia, and sedation. Hepatic failure, pancreatitis, and teratogenic effects such have been observed. Broad spectrum of antiseizure activity.
<i>Ethosuximide</i>	Blocks Ca²⁺ channels	Drowsiness, hyperactivity, nausea, sedation, GI upset, weight gain, lethargy, SLE, and rash. Blood dyscrasias can occur; periodic CBCs should be done. Abrupt discontinuance of drug may causes seizures.
<i>Felbamate</i>	Multiple mechanisms of action	Insomnia, dizziness, headache, ataxia, weight gain, and irritability. Aplastic anemia; hepatic failure. Broad spectrum of antiseizure activity. Requires patient to sign informed consent at dispensing.
<i>Gabapentin</i>	Unknown	Mild drowsiness, dizziness, ataxia, weight gain, and diarrhea. Few drug interactions. One-hundred percent renal elimination.
<i>Lamotrigine</i>	Multiple mechanisms of action	Nausea, drowsiness, dizziness, headache, and diplopia. Rash (Stevens-Johnson syndrome—potentially life-threatening). Broad spectrum of antiseizure activity.
<i>Levetiracetam</i>	Multiple mechanisms of action	Sedation, dizziness, headache, anorexia, fatigue, infections, and behavioral symptoms. Few drug interactions. Broad spectrum of antiseizure activity.
<i>Oxcarbazepine</i>	Blocks Na⁺ channels	Nausea, rash, hyponatremia, headache, sedation, dizziness, vertigo, ataxia, and diplopia.
<i>Fosphenytoin</i>	Blocks Na⁺ channels	Gingival hyperplasia, confusion, slurred speech, double vision, ataxia, sedation, dizziness, and hirsutism. Stevens-Johnson syndrome—potentially life-threatening. Not recommended for chronic use. Primary treatment for status epilepticus.
<i>Pregabalin</i>	Multiple mechanisms of action	Weight gain, somnolence, dizziness, headache, weight gain, diplopia, and ataxia. One hundred percent renal elimination.
<i>Primidone</i>	GABA receptor	Sedation, lethargy, behavioral changes, ataxia, hyperactivity, and nausea. Not recommended for chronic use.
<i>Tiagabine</i>	GABA receptor	Sedation, weight gain, fatigue, headache, tremor, dizziness, and anorexia. Multiple drug interactions.
<i>Topiramate</i>	Multiple mechanisms of action	Paresthesia, weight loss, nervousness, depression, anorexia, anxiety, tremor, cognitive complaints, headache, and oligohidrosis. Few drug interactions. Broad spectrum of antiseizure activity.
<i>Zonisamide</i>	Multiple mechanisms of action	Nausea, anorexia, ataxia, confusion, difficulty concentrating, sedation, paresthesia and oligohidrosis. Broad spectrum of antiseizure activity.

Checklist

When you complete this chapter, you should be able to:

List the drugs of choice for partial seizures, generalized tonic-clonic seizures, absence and myoclonic seizures, and status epilepticus.

Identify the mechanisms of antiseizure drug action at the levels of specific ion channels and/or neurotransmitter systems.

Describe the main pharmacokinetic features, and list the adverse effects of carbamazepine, phenytoin, and valproic acid.

Identify the distinctive toxicities of new antiseizure drugs.

Describe the important pharmacokinetic and pharmacodynamic considerations relevant to the long-term use of antiseizure drugs.

A nine-year-old boy is sent for neurologic evaluation because of episodes of confusion. Over the past year, the child has experienced episodes during which he develops a blank look on his face and fails to respond to questions. However, it appears to take several minutes before the boy recovers from the episodes. Which one the following best describes this patient's seizures?

- A. Simple partial.
- B. Complex partial.
- C. Tonic-clonic.
- D. Absence.
- E. Myoclonic.

