# BY THE NAME OF ALLAH THE MOST GRACIOUS THE MOST MERCIFUL

## Intestinal Obstruction

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To be read in Bailey & Love's Short Practice of Surgery 26th Edition.

Ch 70 ( 1181 - 1198 )

## **OBJECTIVES**

- -Concept of Intestinal Obstruction.
- Classification.
- Assessment & Evaluation.
- Interpretation of Imaging.
- How you can deal with such a case.
- Clinical Solved Problems.
- Follow Up.

## **DEFINITION**

- -It is a state of impairment of normal peristaltic transmission or evacuation of bowel contents or both.
- Result: (1) Accumulation of bowel content with propulsve evacuation (Vomitus). (Proximal).
- Or (2) bowel distention (Middle), leading to Midline pain with subsequent (1).
- Or (3) Constipation (Distal) with subsequent (2), then (1).
- It is an Acute Abdomen State.

## **Pathophysiology**

### Mechanical I.O.

### Proximal to Obstruction

- -Proximal peristalsis started to increased to over come the obstruction.
- If the is not relieved, the bowel continues to dilate.
- Ultimately, there is reduction in peristaltic strength resulting in flaccidity and peristalsis.
- Proximal distention is due to (gas and fluid).

## Pathophysiology cont.

- -Next dehydration and electrolytes imbalance started to develop.
- At the end Bacterial transmigration will ensue due to decrease bowel wall immunity.
- Exudates would pass out of the bowel into the sac or peritoneal cavity.
- The bowel may blow out due to increase intraluminal pressure and sloughed bowel wall (Focused ischemia).

## **Pathophysiology**

#### Distal to Obstruction

- The bowel which is distal to the obstruction exhibits normal peristalsis and absorption until it becomes empty and collapse.

## **Pathophysiology**

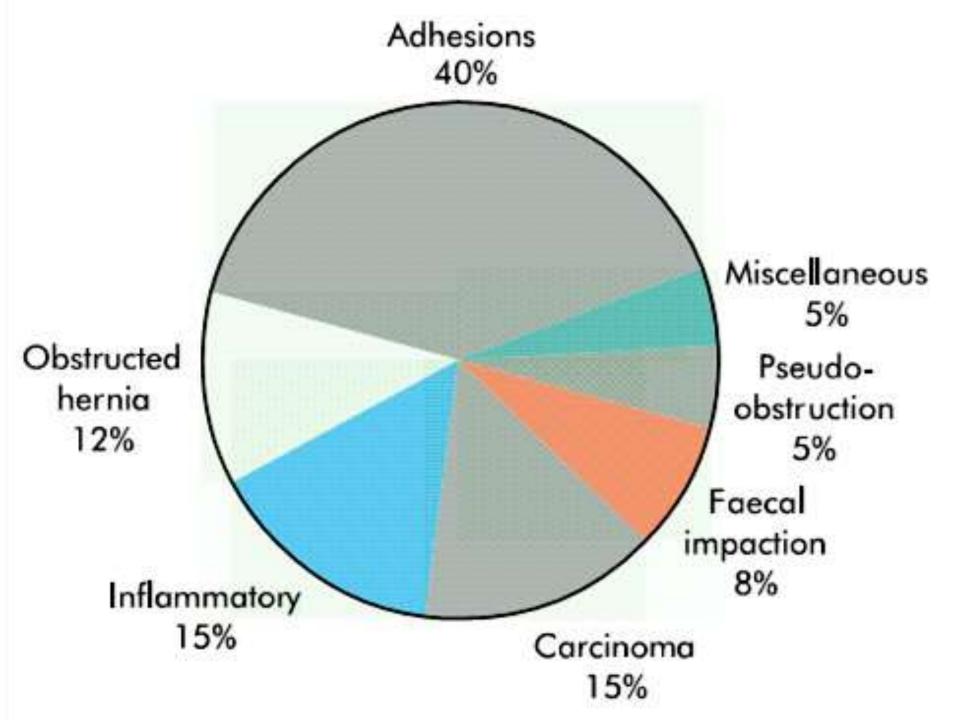
#### **Functional I.O.**

- -Electrolytes Disturbance.
- -Post-Operative.( Type of surgery).
- Vascular deprivation: (Mesenteric Vascular Occlusion).
- Drugs (anticholinergics, Anasthesea).
- Metabolic .
- Neuronal.
- Myopathies.

### CONTINUE

#### Classified into.

- -Dynamic I.O. (Mechanical):
  - IntraLuminal.
  - IntraMural.
  - ExtraMural.
- Adynamic I.O. (Functional).



## WORK UP

#### - Assessment

(History, Examination and Investigation).

#### YOU HAVE TO REACH THE DIAGNOSIS.

Which type of obstruction and you have to define the cause.

- Resuscitation (Emergency).
- Evaluation

(Assessment with suitable Treatment considering anesthesia).

## HISTORY (Symptoms)

**High Small** 

Low Small

**VOMITING** (profuse).

**PAIN** (mild)

**Abdominal Distention (mild).** 

**Constipation** 

PAIN (severe).

**Abdominal Distention (central).** 

**VOMITING** 

**Constipation** 

**Large Bowel** 

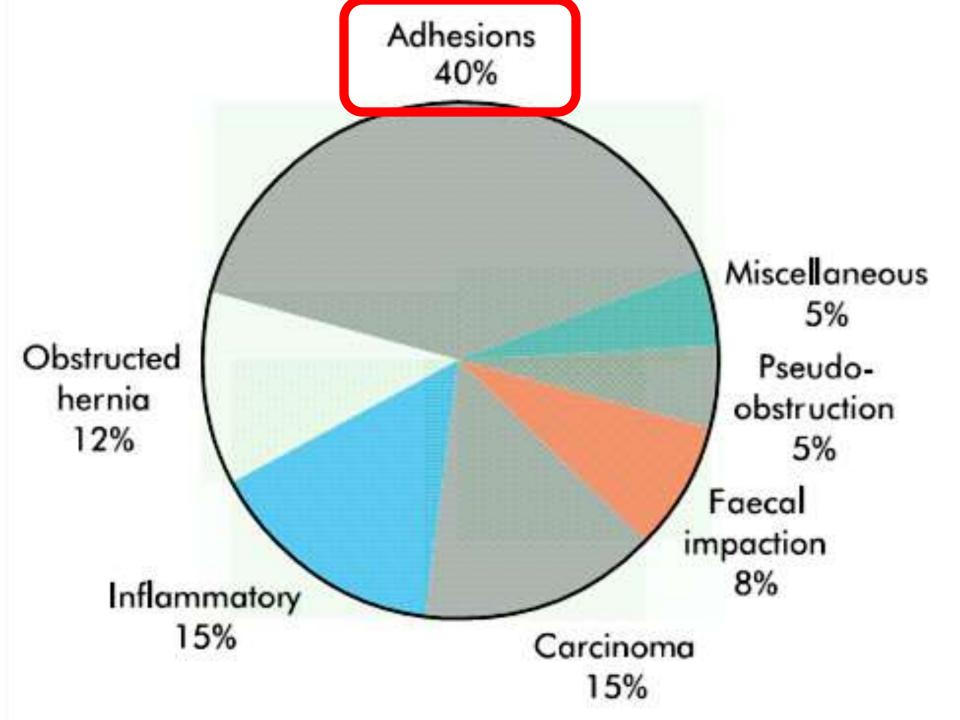
**Constipation** 

PAIN (suprapupic).

Abdominal Distention (segmental) +/- small B. dilatation VOMITING (faecal)

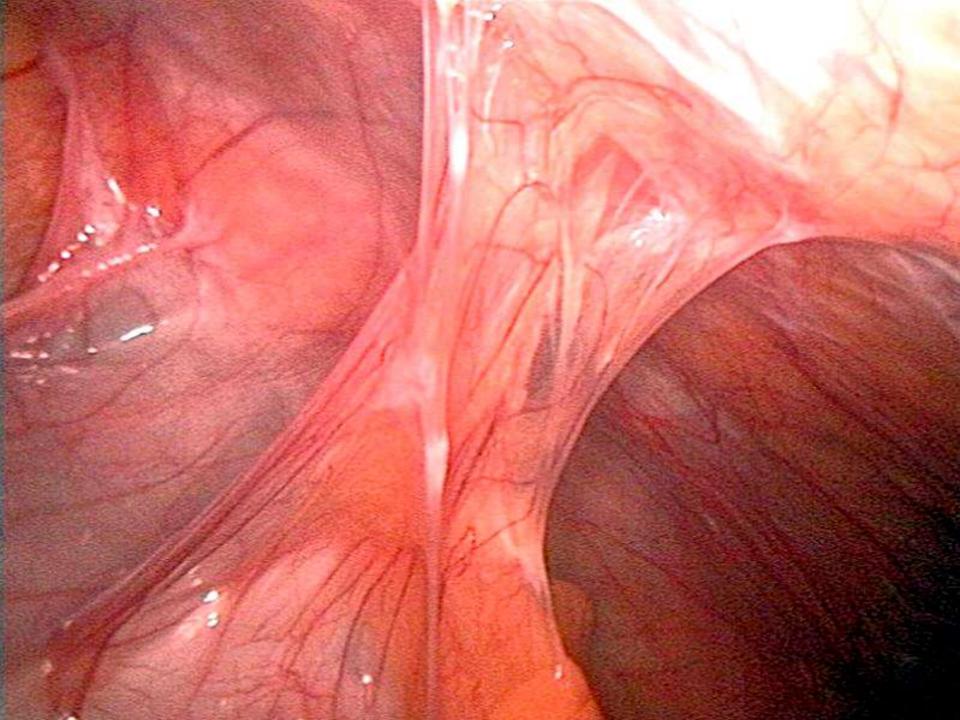
## EXAMINATION (SIGNS)

- Signs of Dehydration including vital signs.
- Signs of Electrolytes Disturbances.
- Abdominal Distension.
- Tense Abdomen.
- Tympanic on percussion.
- Bowel Sounds:
  - (Aggressive / Exaggerated) = Dynamic O.
- (Sluggish / Absent) = A dynamic or dynamic with fatigability in late stage.
- L.N., Ascitis, Hernial Orifices.
- Per-Rectal Examination.



### OBSTRUCTION BY ADHESION OR BAND

- The most common cause.
- -It is common due to abdominal surgical operations.
- Two Types:
- Fibrinous (<u>Easy Flimsy</u>): Early post-op. period, it would disappear when the cause is removed. The fibrin acts like a glue to seal the injury and builds the fledgling adhesion.
- Fibrous (<u>Difficult dense</u>): If above becomes vascularized and replaced by mature fibrous tissue.
- -It is due Peritoneal irritation.
- It usually involves lower small bowel, and almost never involve the large bowel.



### Table 70.1 The common causes of intra-abdominal adhesions.

Acute inflammation Sites of anastomoses,

reperitonealisation of raw areas, trauma, ischaemia

Foreign material Talc, starch, gauze, silk

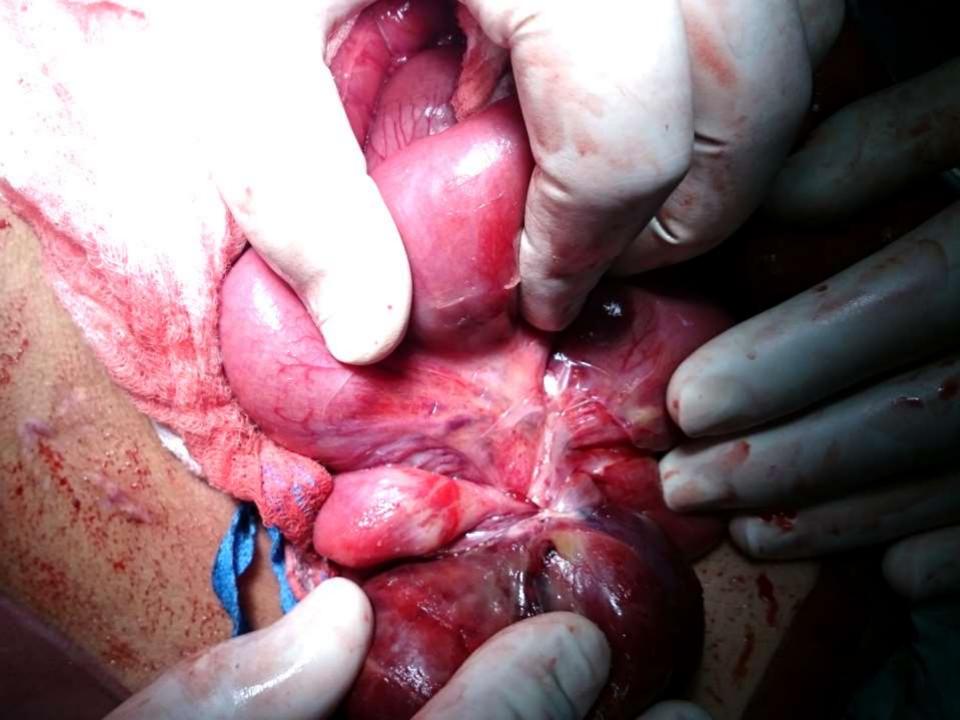
Infection Peritonitis, tuberculosis

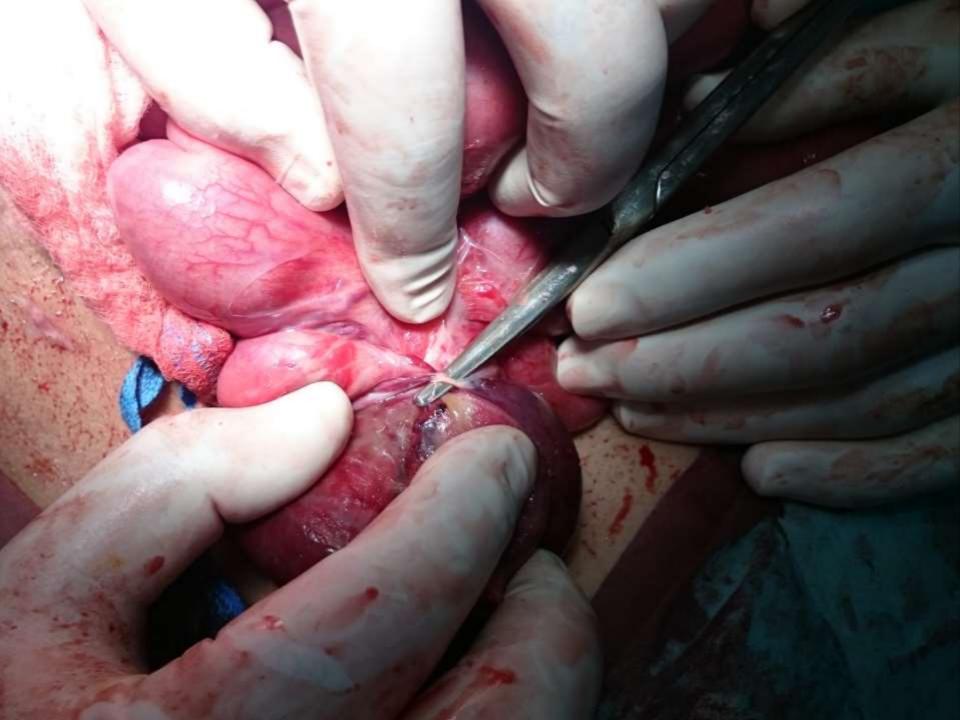
Chronic inflammatory conditions Crohn's disease

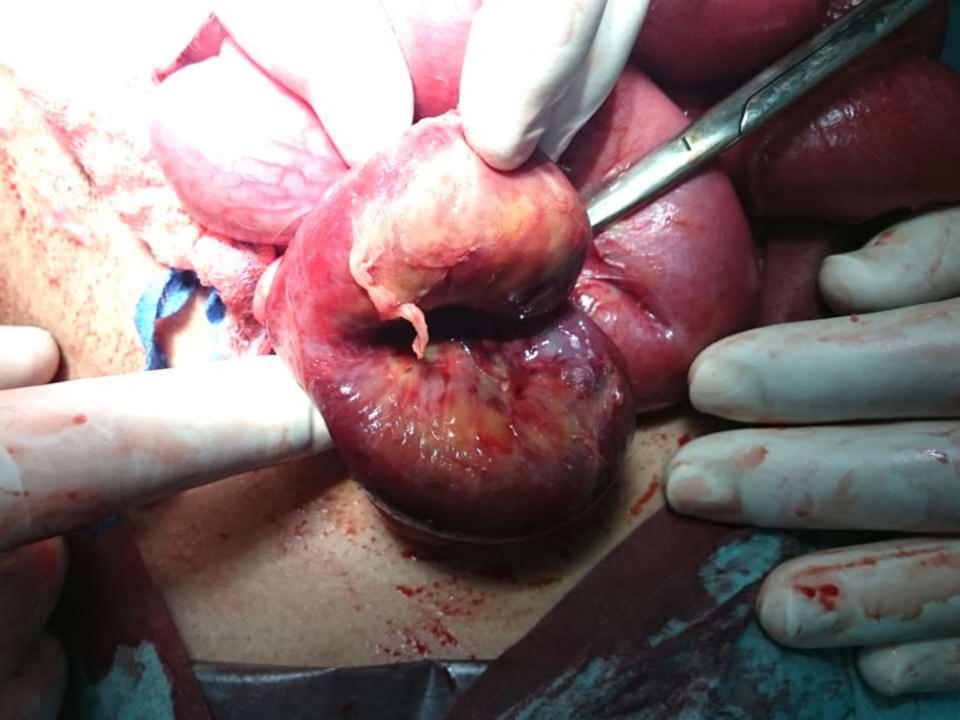
Radiation enteritis

### OBSTRUCTION BY BAND

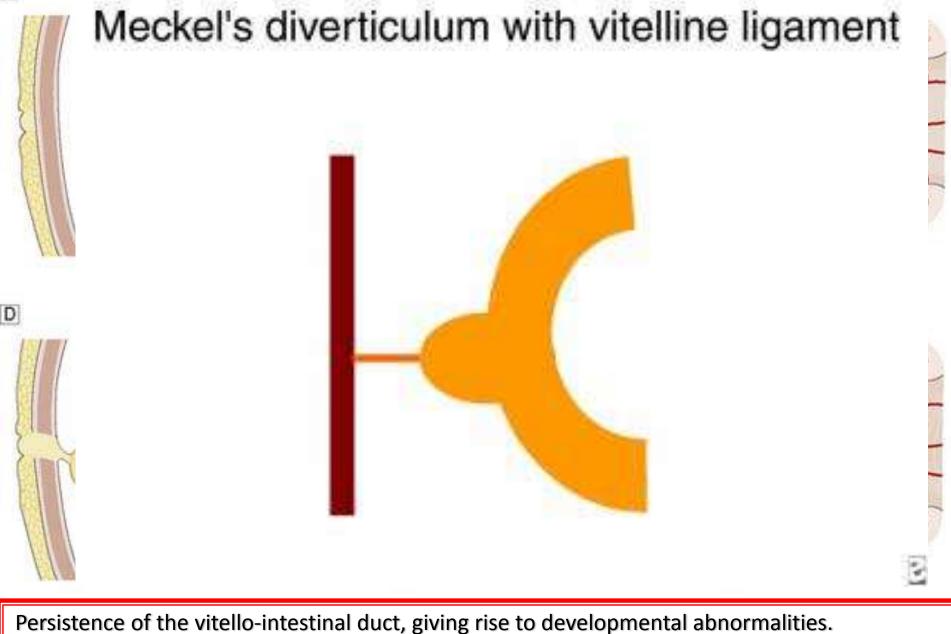
- -Band is a fibrous stalk of a peritoneal tissue attaching the bowel to the abdominal wall.
- Types:
  - Congenital: Obliterated vitello-intestinal duct, Band of Ladd.
  - String band following previous peritonitis (bacterial or inflammatory ).
  - Portion of G. omentum, usually adherent to the parietes.
- Treatment : Surgical incision.



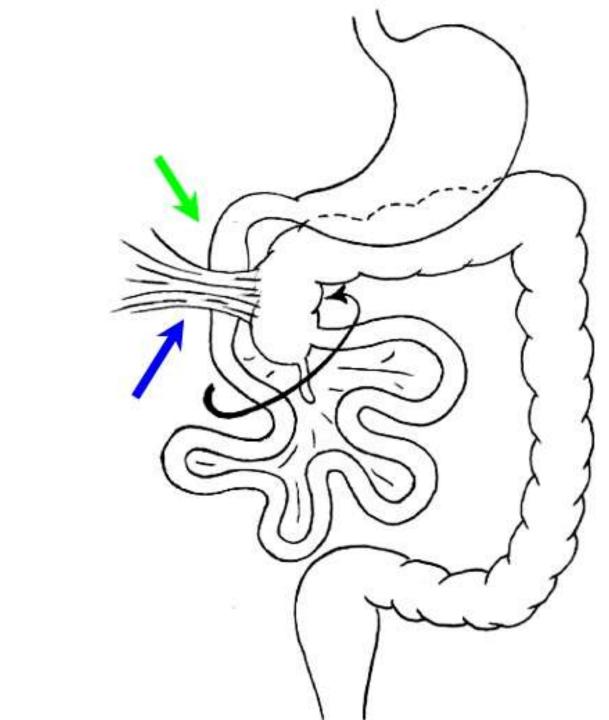




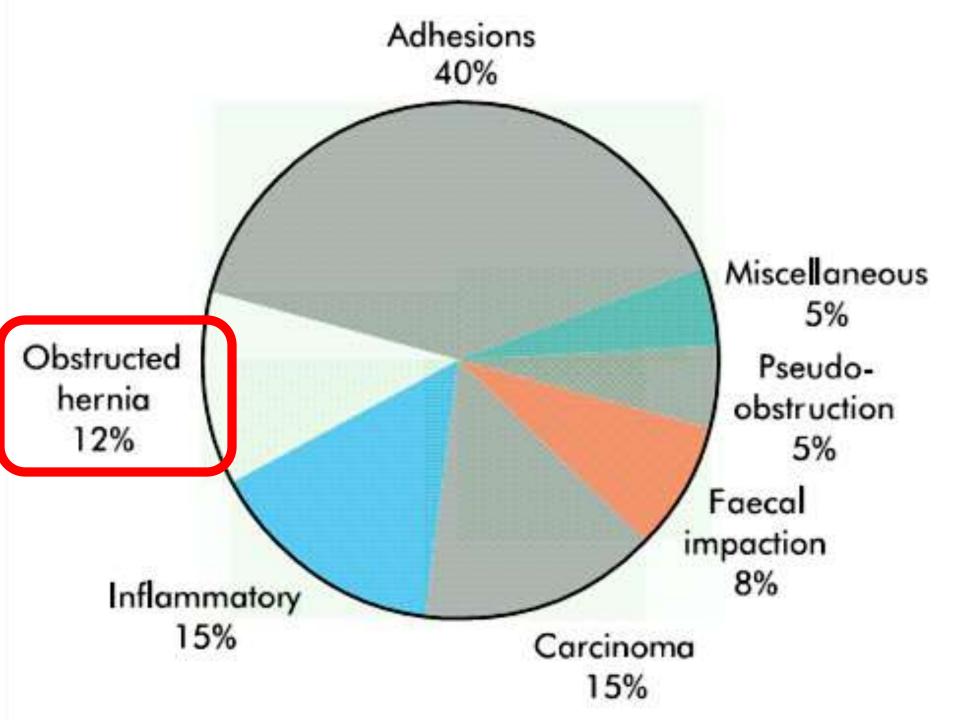




**A** A Meckel's diverticulum. **B** A fibrous cord to the ileum. **C** An umbilical intestinal fistula. **D** An enterocystoma. **E** An umbilical sinus. **F** An enteroteratoma.



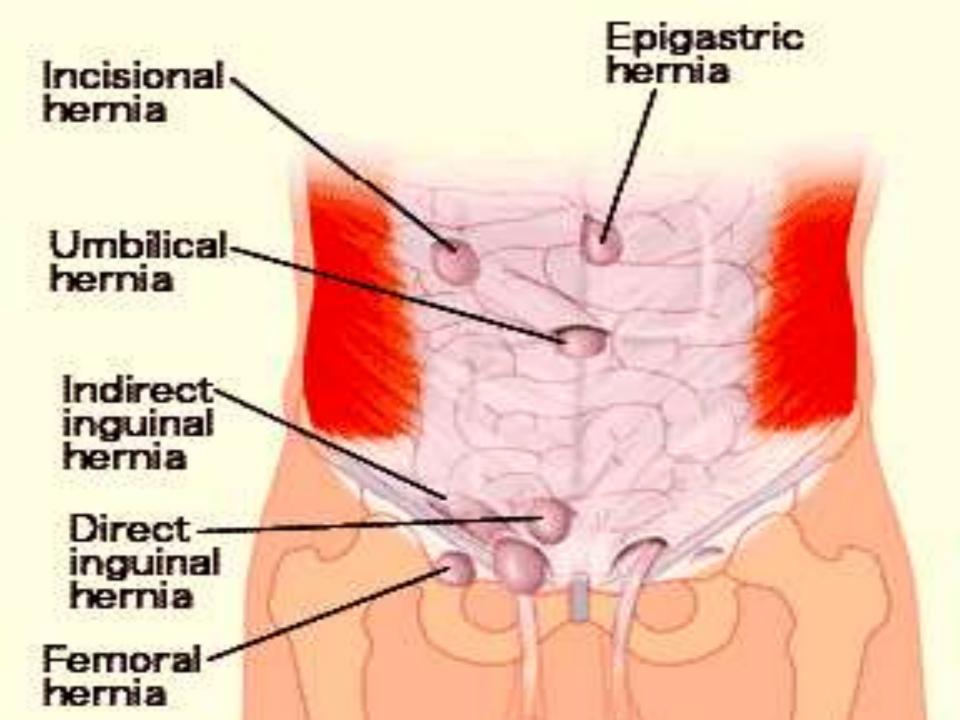


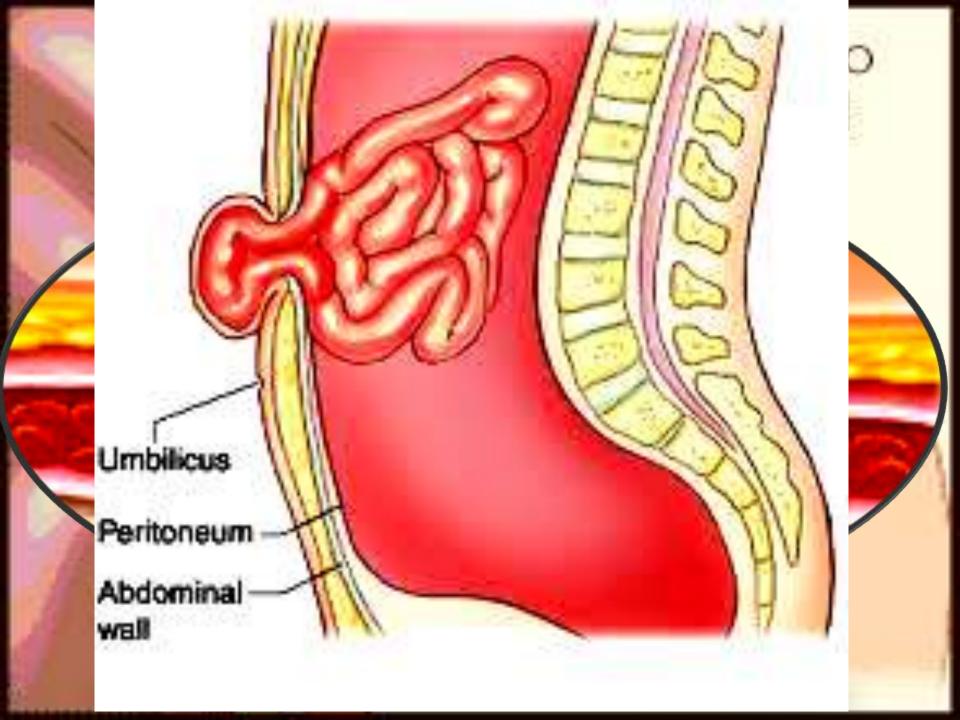


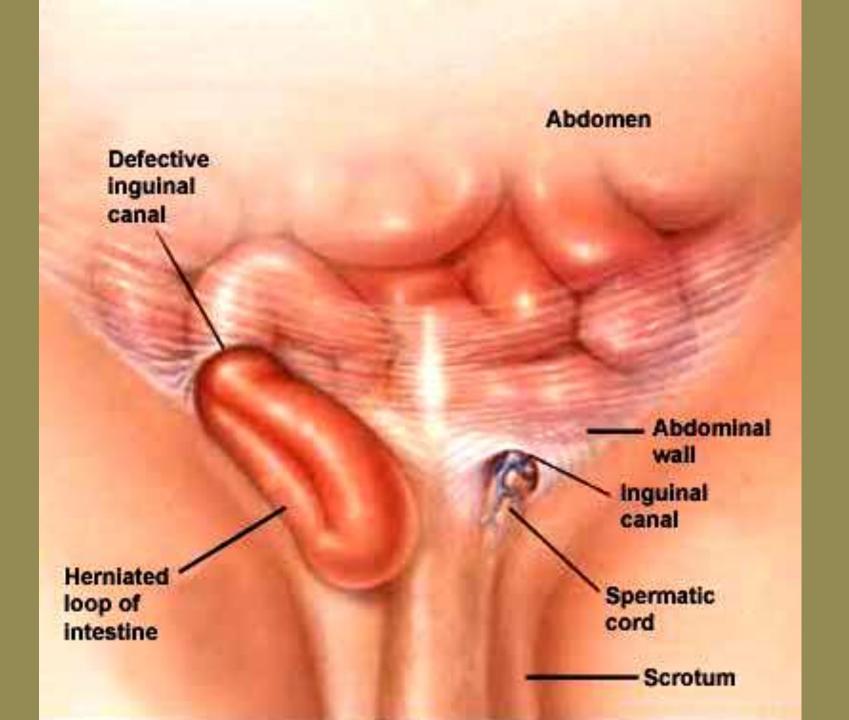
## HERNIA (EXTERNAL, INTERNAL)

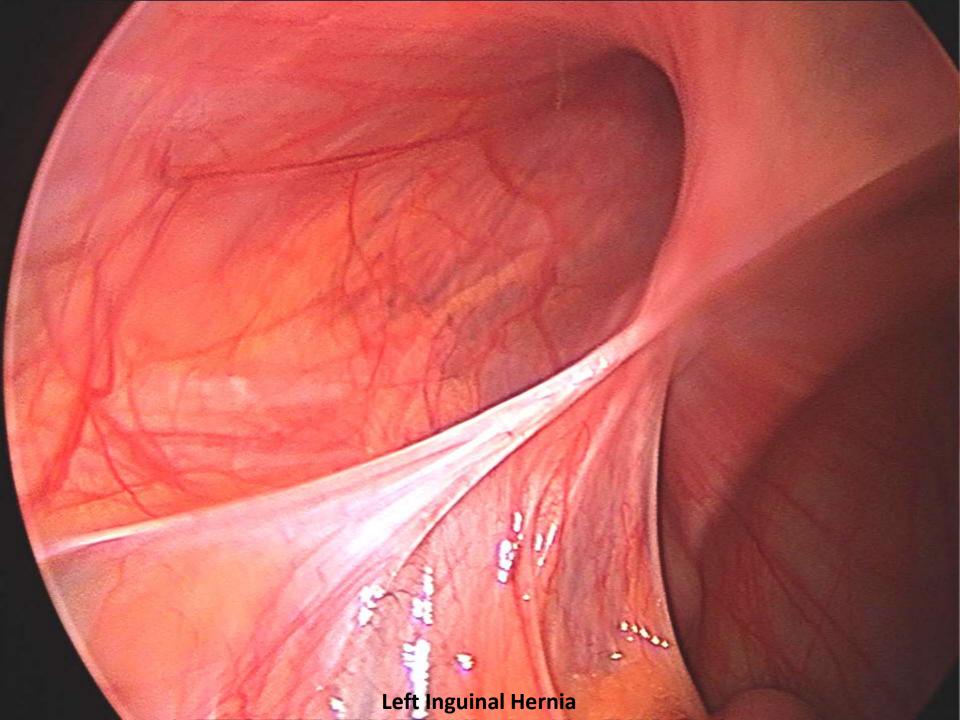
#### External Hernia

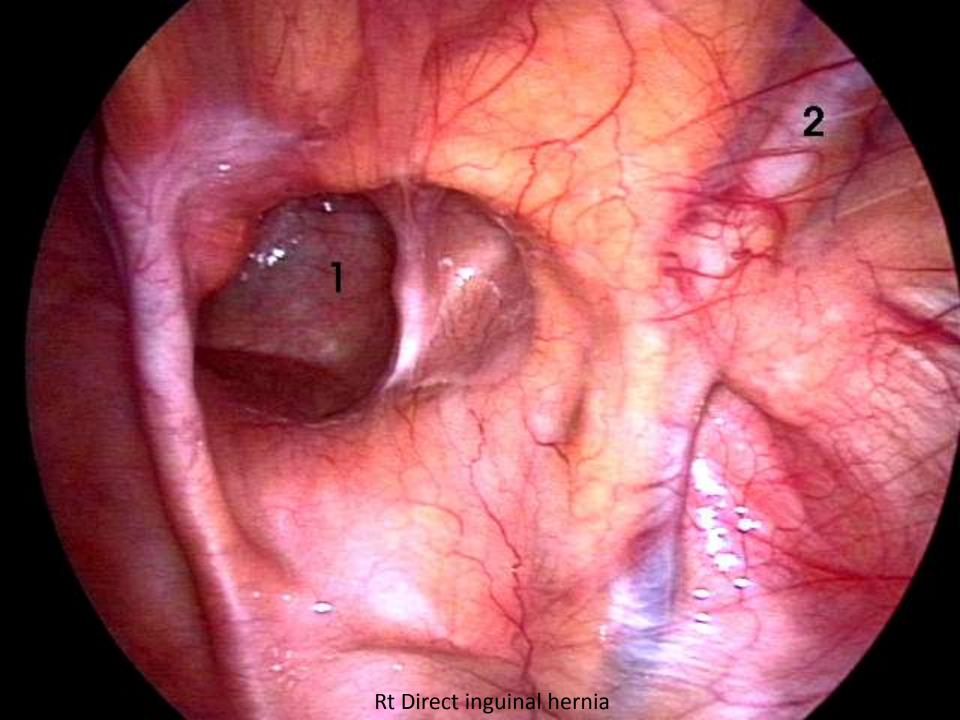
- Normal Hernia Orifices.
- Extra-luminal.
- Depends on the level.
- Compound (Two component).
- -Incarciration.
- Obstruction
- Strangulation.

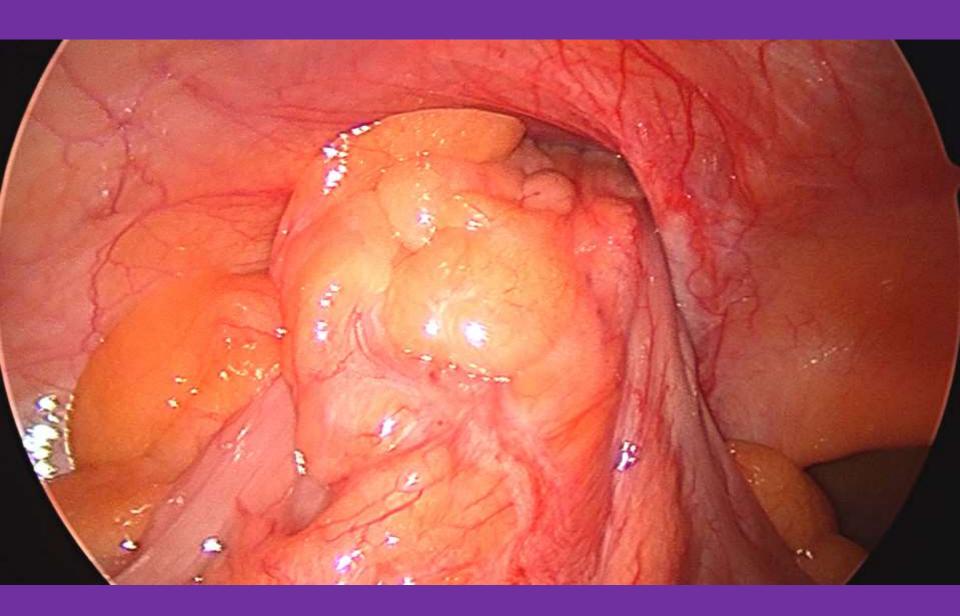




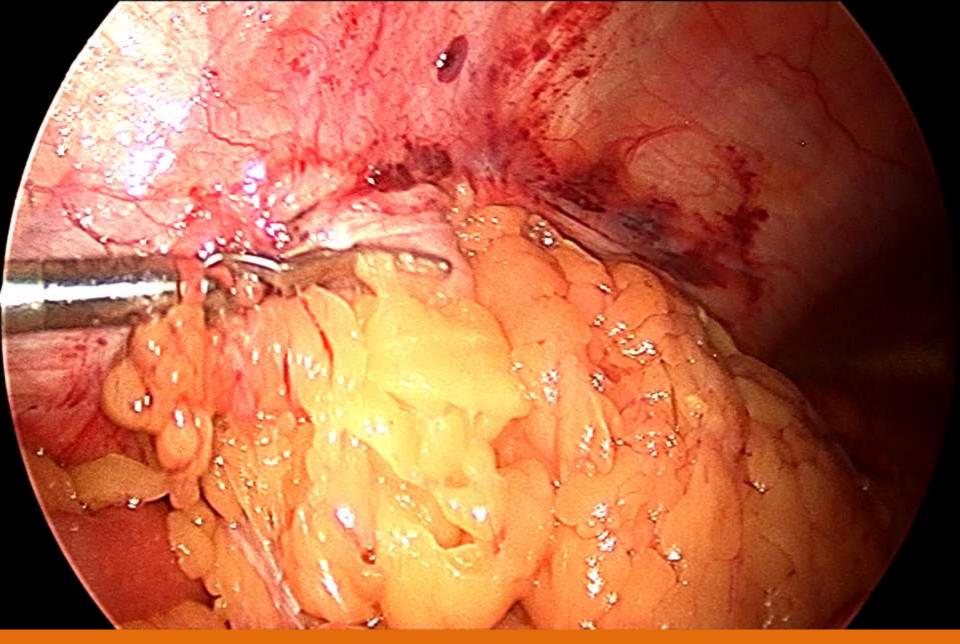




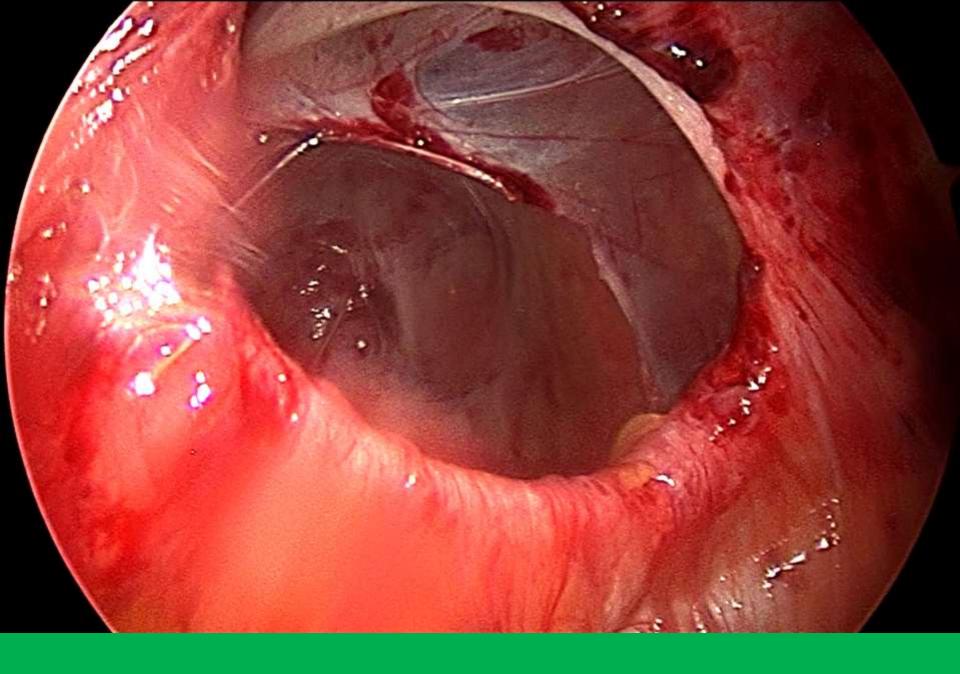




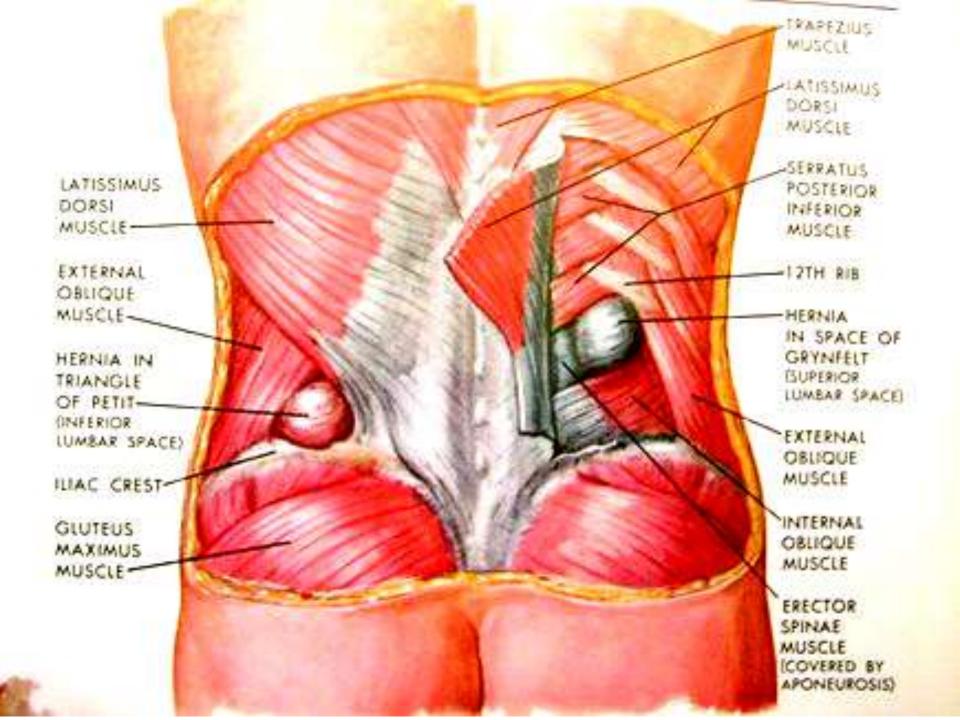
Large RIH



**Ventral Hernia** 



**Abdominal Wall Defect After Reduction of Hernia Contents** 



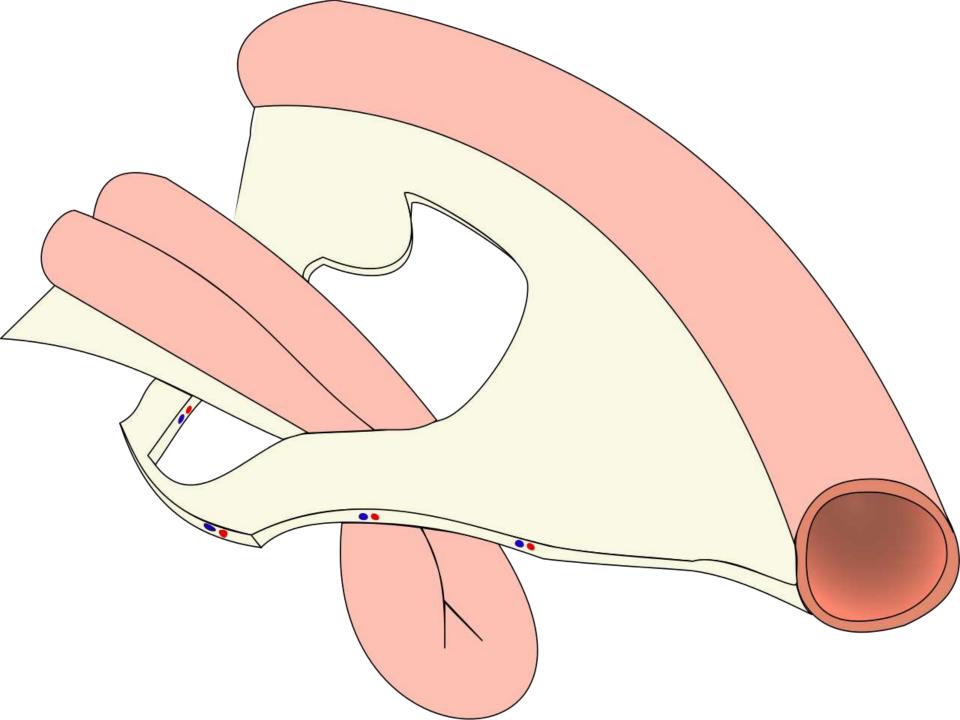
## HERNIA (EXTERNAL, INTERNAL)

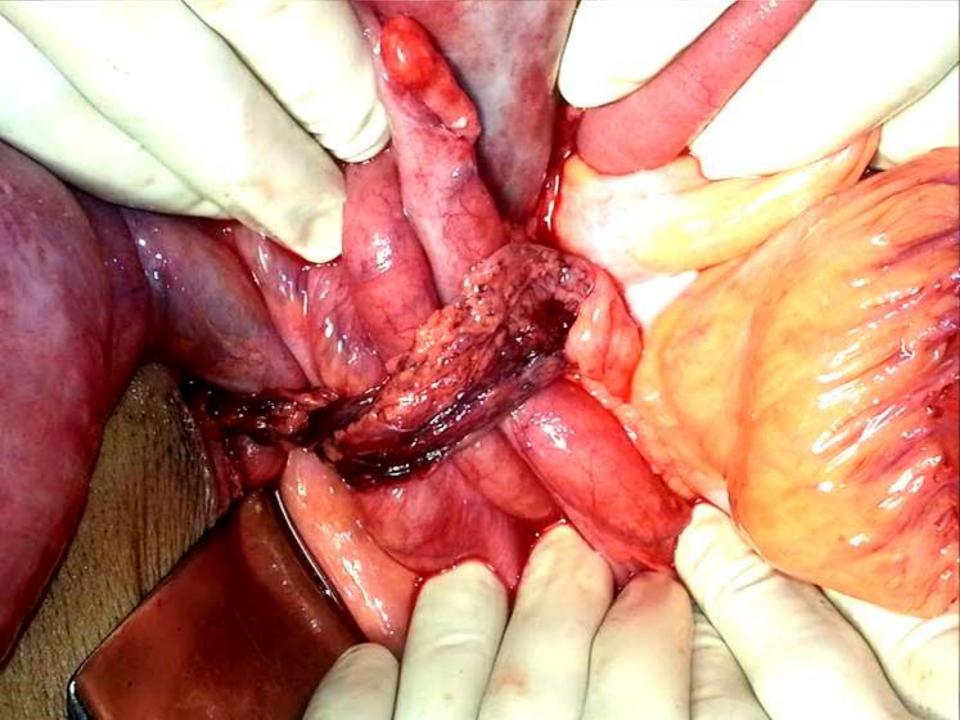
#### Internal Hernia

- -Entrapment of the bowel loops in the retroperitoneal fossae or a congenital mesenteric defect.
- They are rare.
- Preoperative diagnosis is unusual.
- Rx: is to release the constricting agent by division, except if a major blood vessels is running in the edge of constricting ring.

The following are potential sites of internal herniation (all are rare):

- the foramen of Winslow;
- a defect in the mesentery;
- a defect in the transverse mesocolon;
- defects in the broad ligament;
- congenital or acquired diaphragmatic hernia;
- duodenal retroperitoneal fossae left paraduodenal and right duodenojejunal;
- caecal/appendiceal retroperitoneal fossae superior, inferior and retrocaecal;
- intersigmoid fossa.
- Following Surgery (Gastro-jejunostomy)





# Hernias.

### Internal hernias:

A: Foramen of Winslow

B: Right paraduodenal hernia

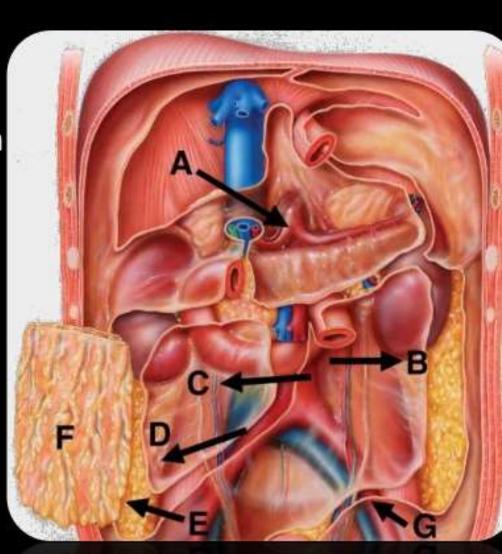
C: Left paraduodenal hernia

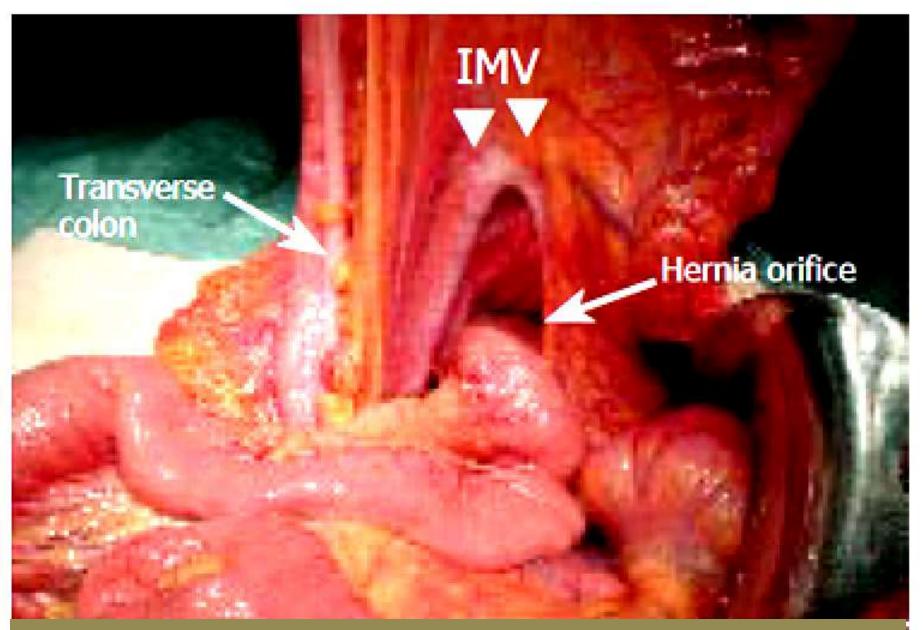
D: hernia transmesentérica

E: hernia pericecal

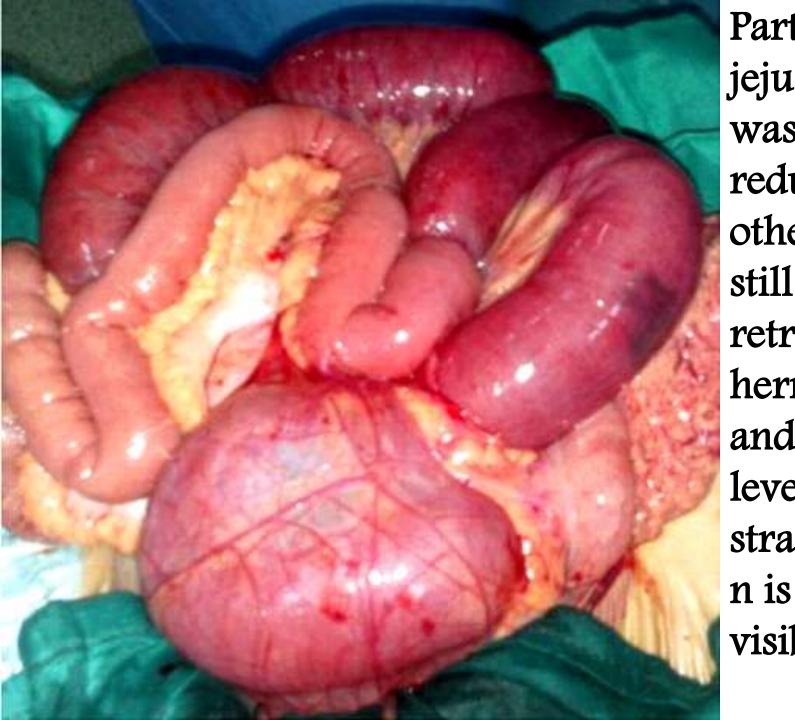
F: hernia transomental

G: intersigmoidea hernia.

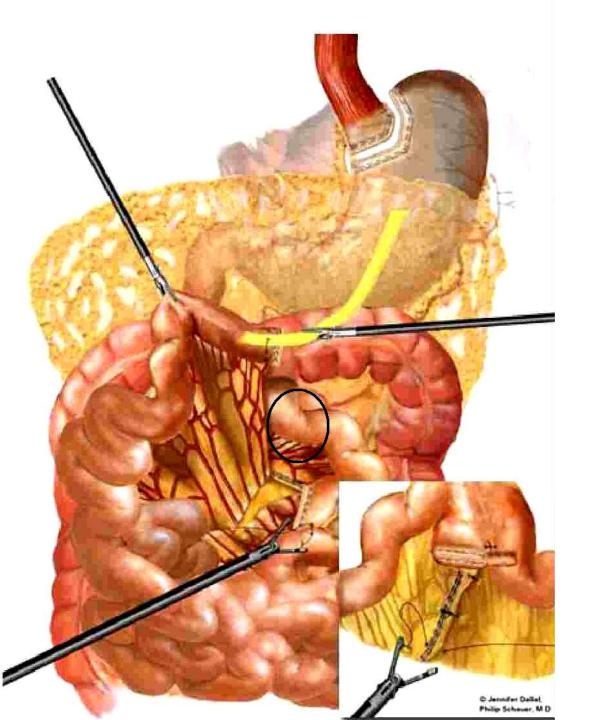


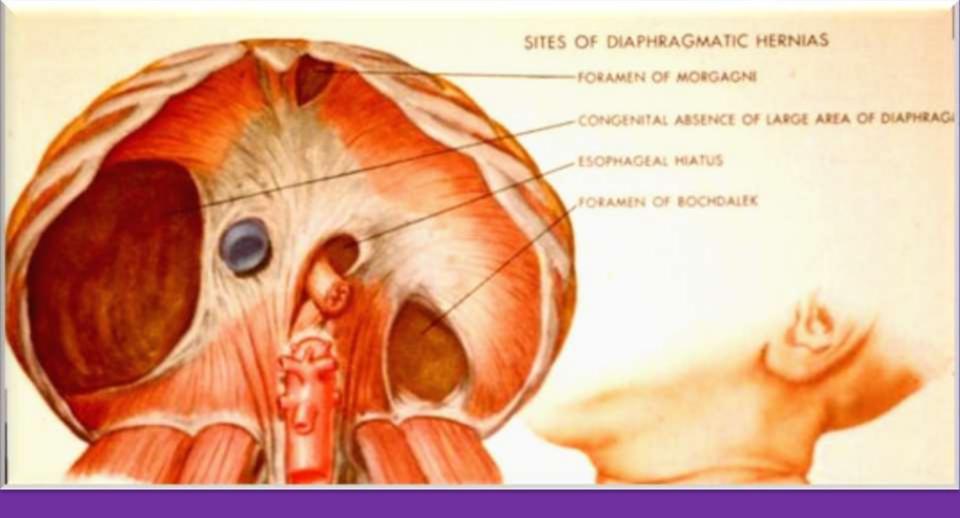


Large orifice of the hernia sac (white arrow) in the transverse mesentery and IMV formation. The small intestine had herniated through hernia orifice.



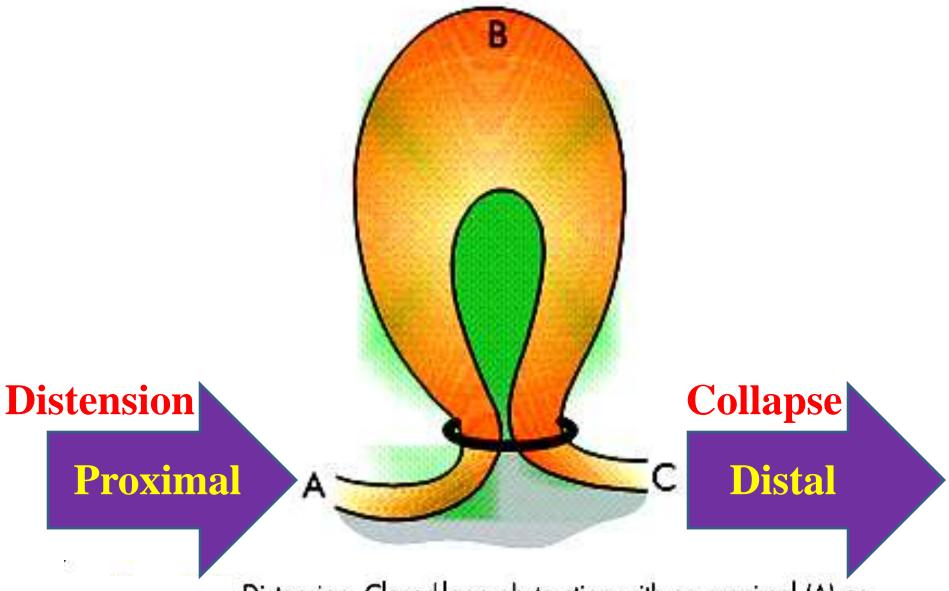
Part of the jejunum was reduced, the other part is still in the retrocolic hernial bag and the level of strangulatio n is clearly visible.



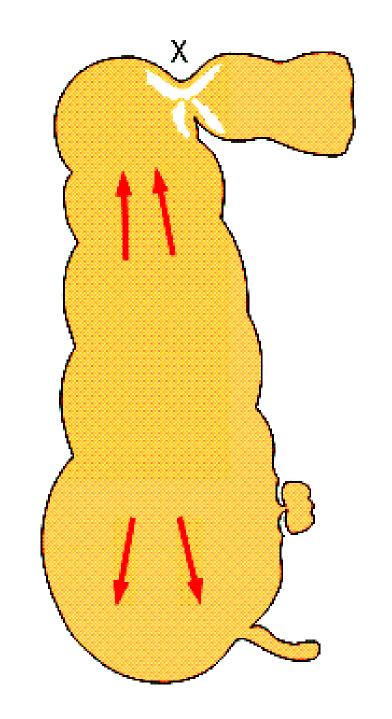


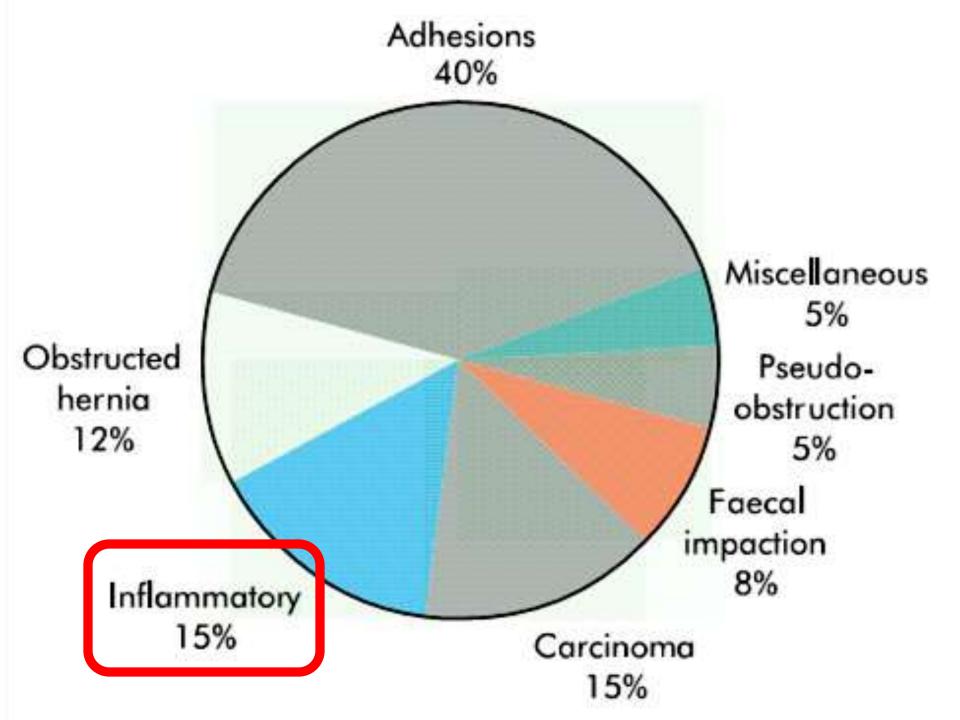


# Closed Loop Obstruction

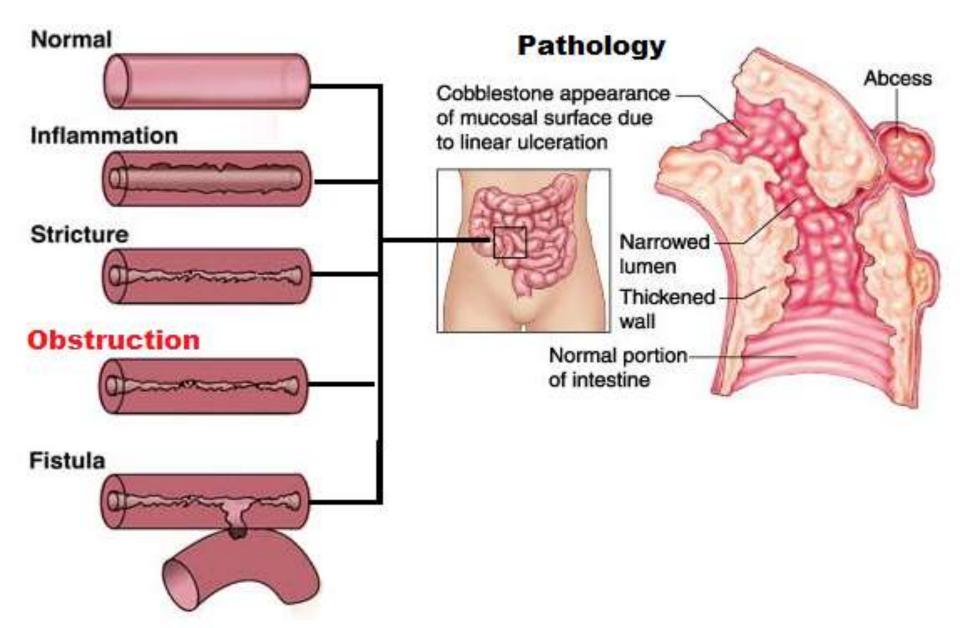


Distension. Closed-loop obstruction with no proximal (A) or distal (C) distension and impending strangulation (B).





#### Complications of Crohn's disease



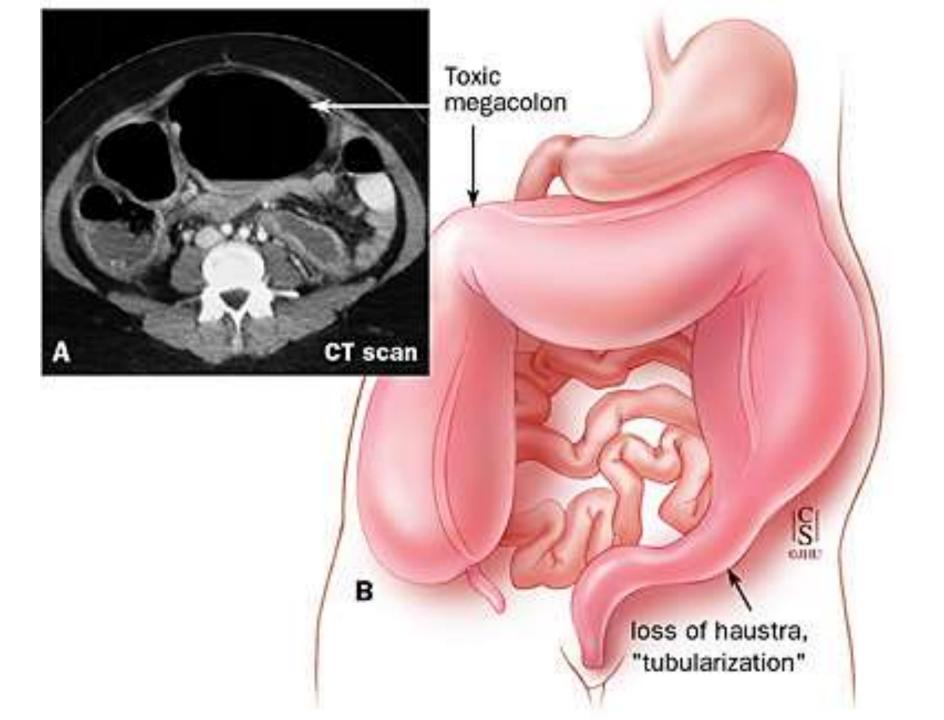
# Clinical Manifestations

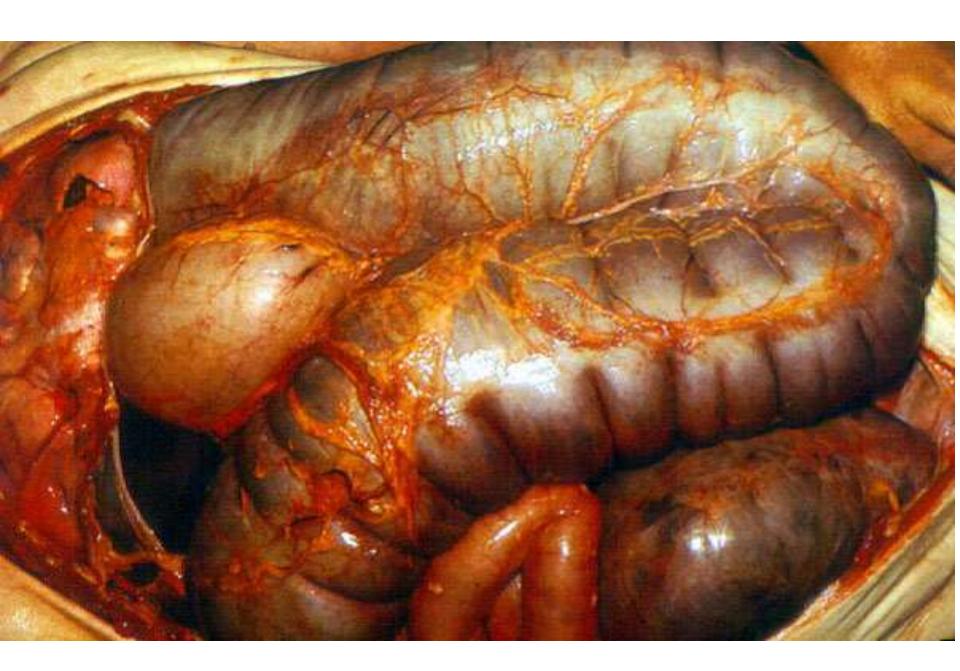
### **Crohns**

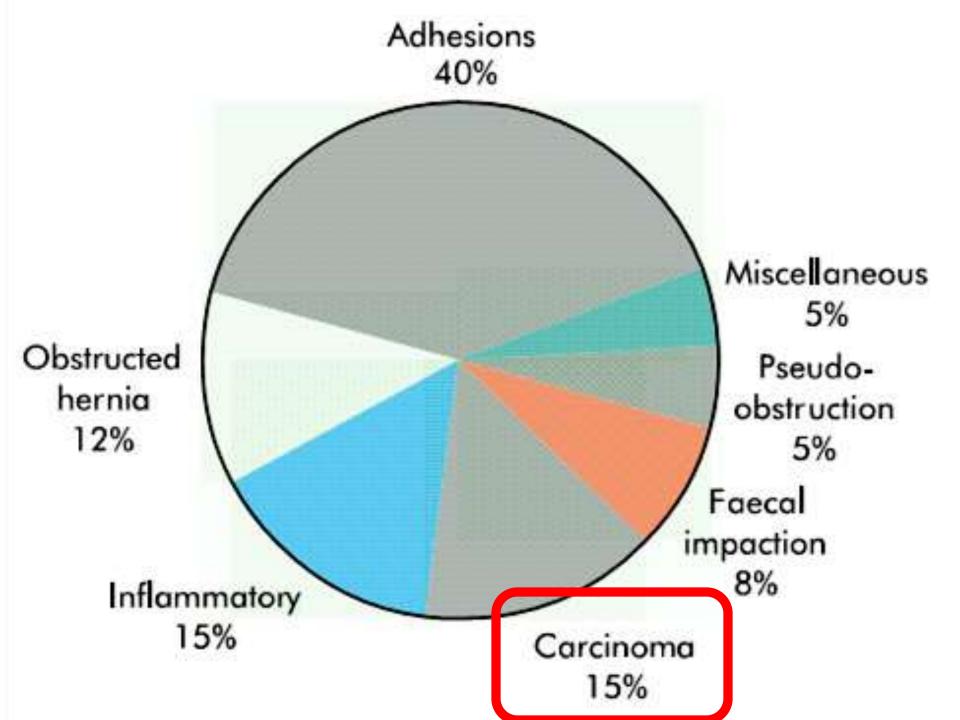
Onset is usually insidious
 with nonspecific
 complaints of
 diarrhea, fatigue abdominal
 pain weight loss and
 fever, dehydration, malnutri
 tion, anemia and increased
 peristalsis

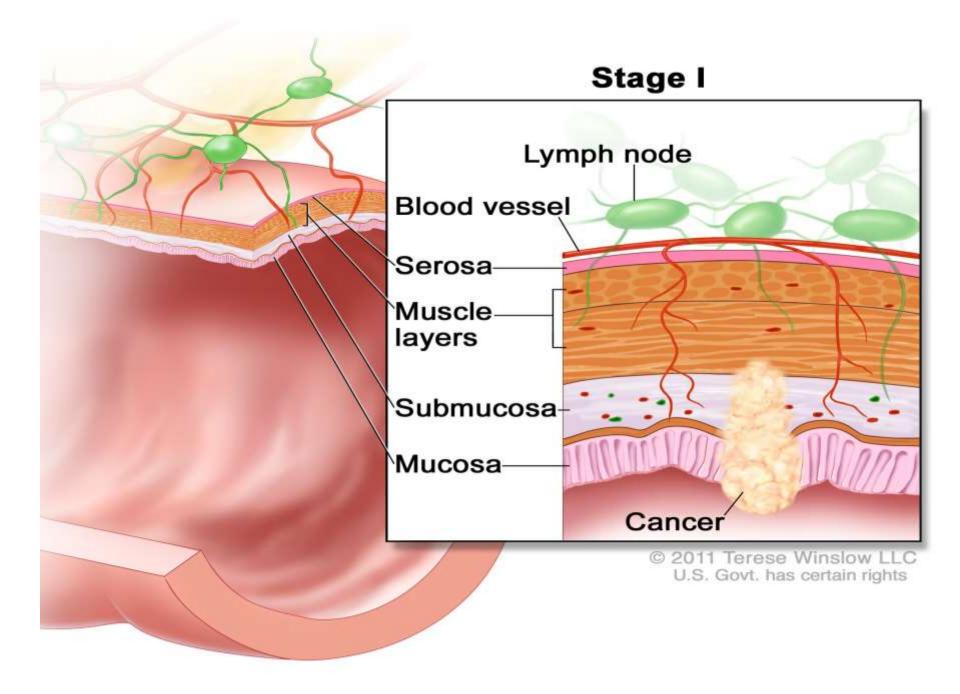
### **Ulcerative** colitis

- Diarrhea is a predominate sign
- Usually 15-20 liquid stools a day containing blood, mucus and pus.
- Abdominal cramps
- Involuntary leakage of stools
- May include toxic megacolon (toxic dilation of large bowel) a lifethreating condition.

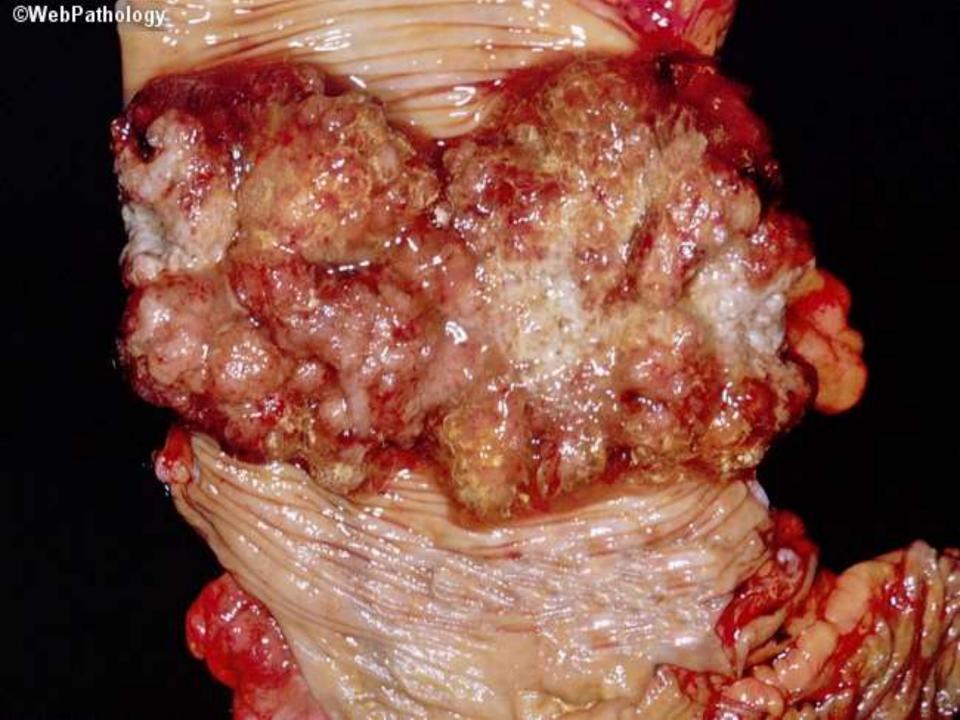


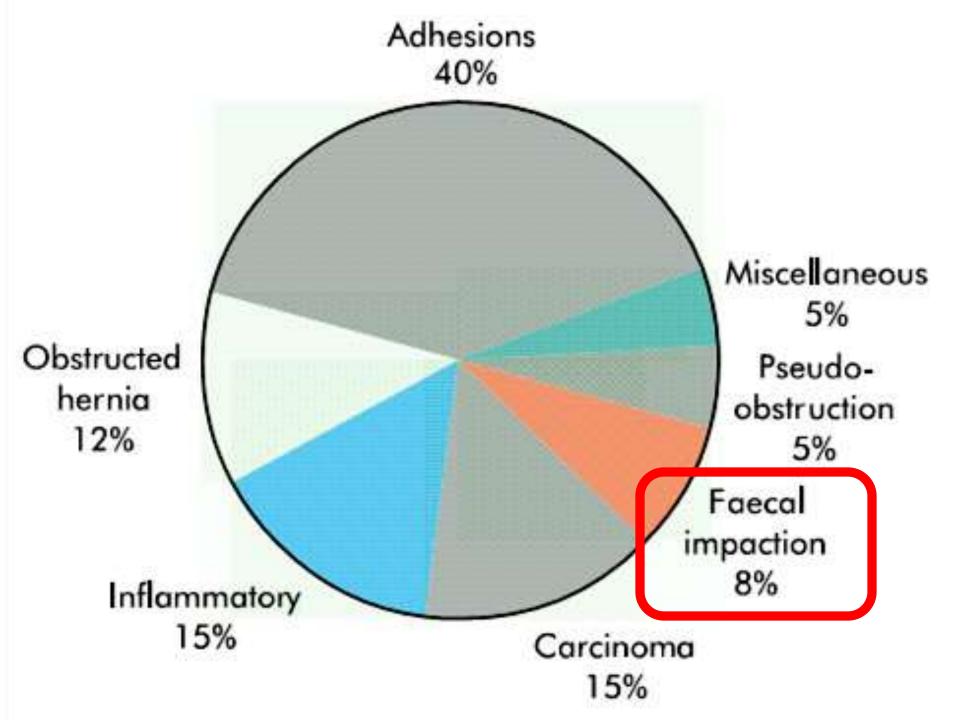


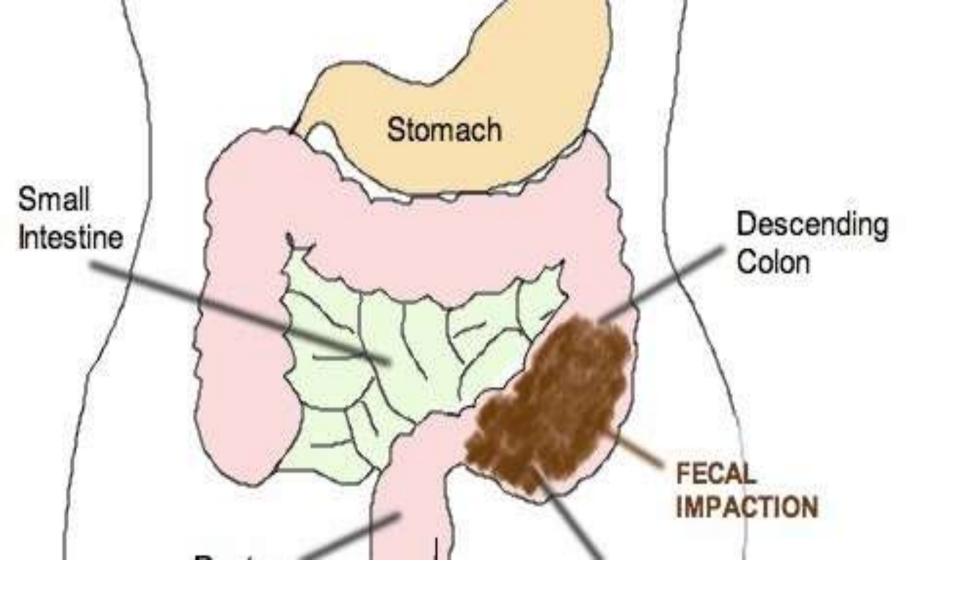


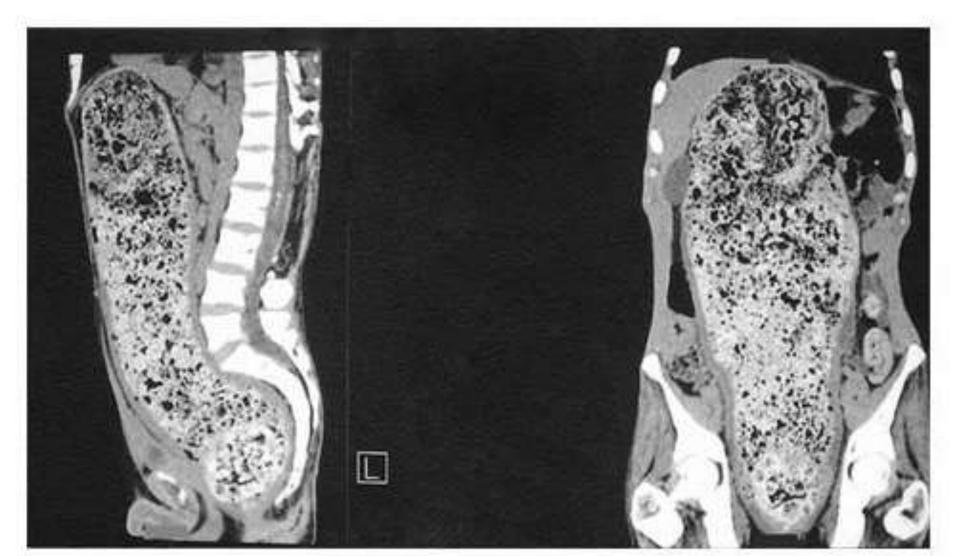


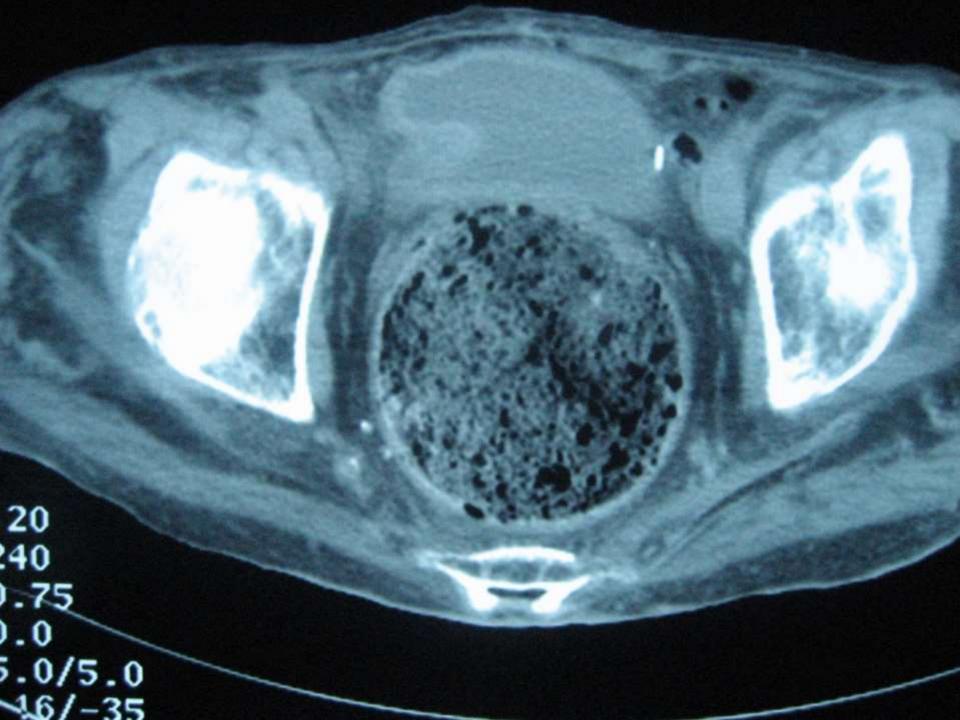






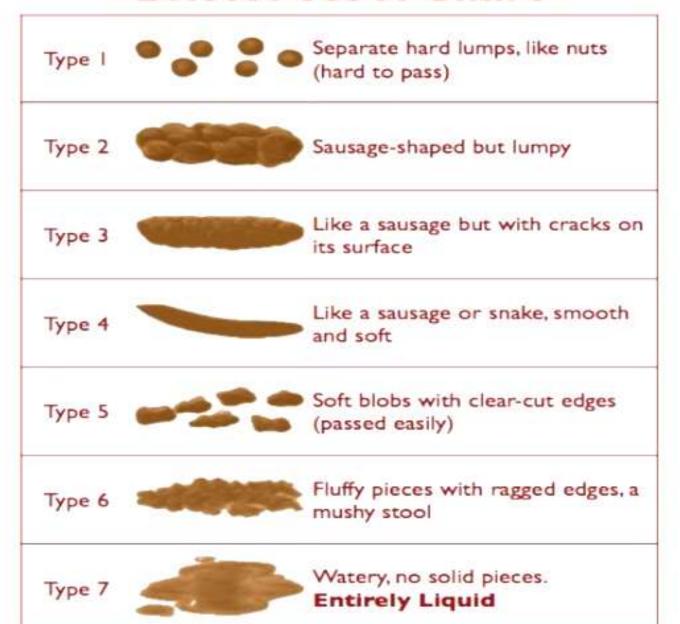


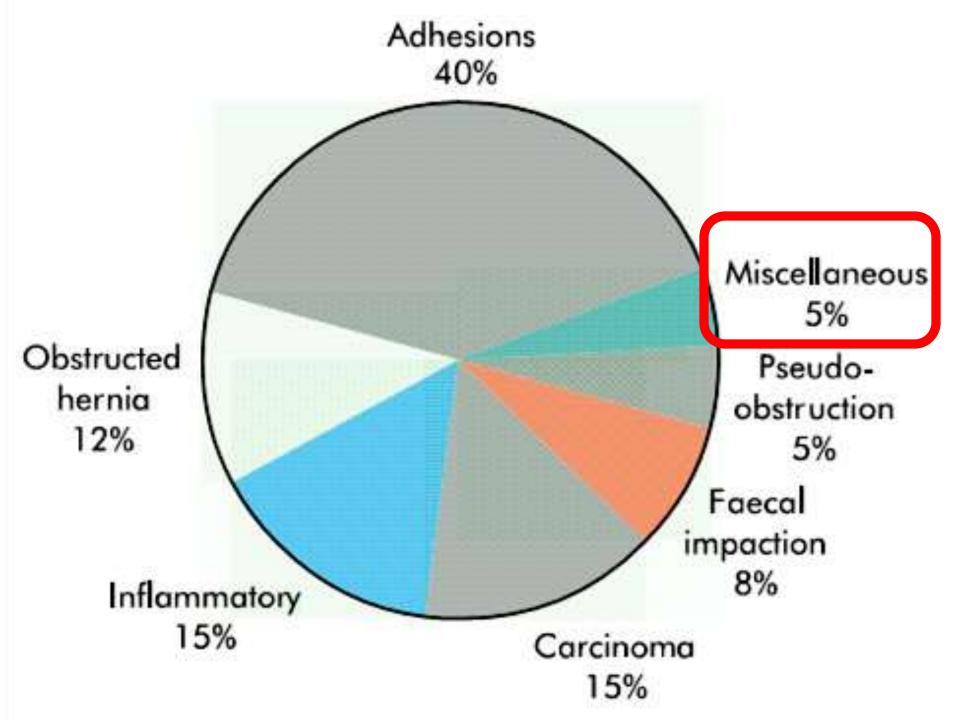






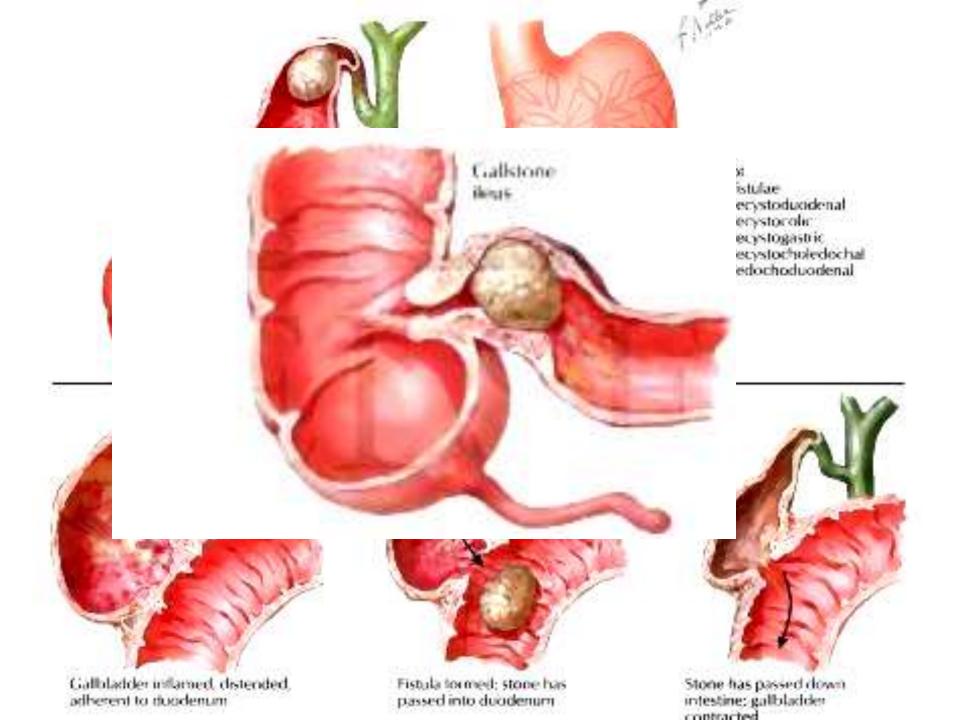
#### **Bristol Stool Chart**

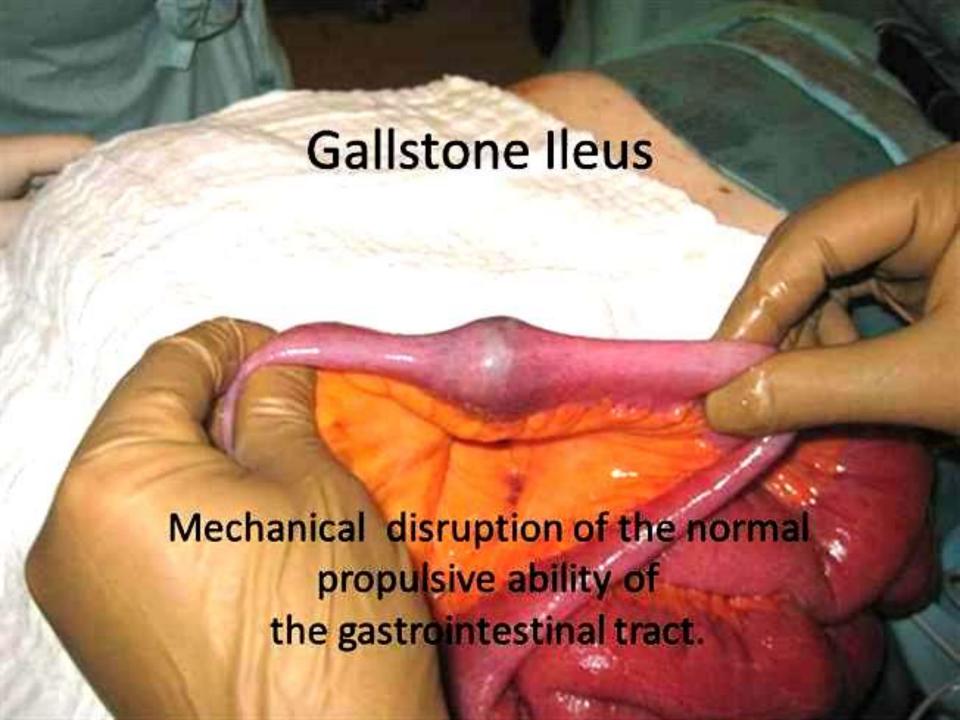




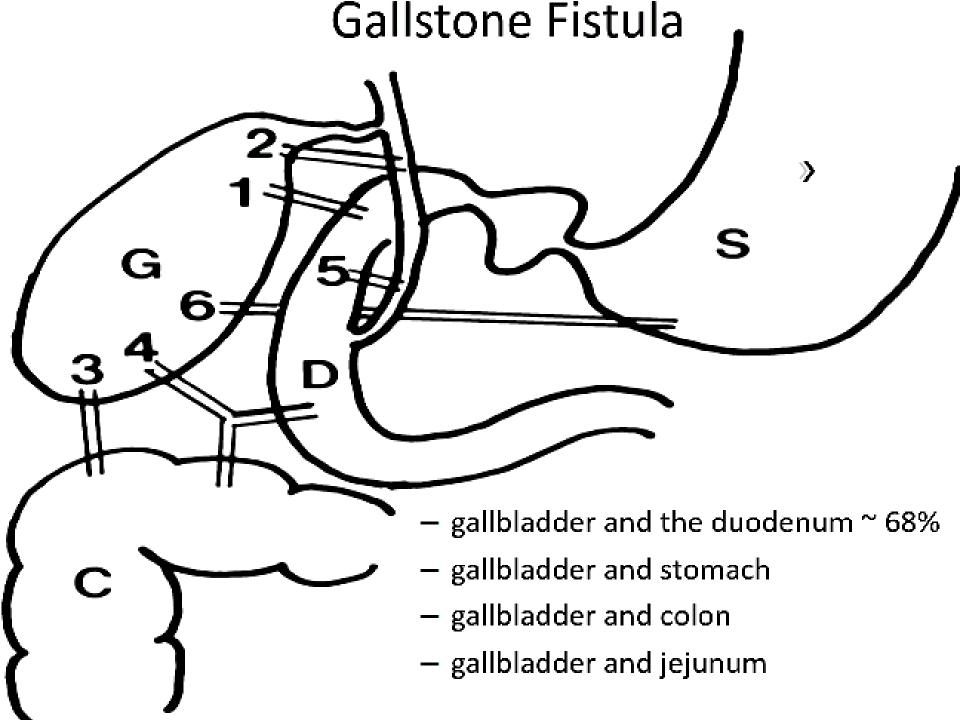
## Gall Stone Ileus

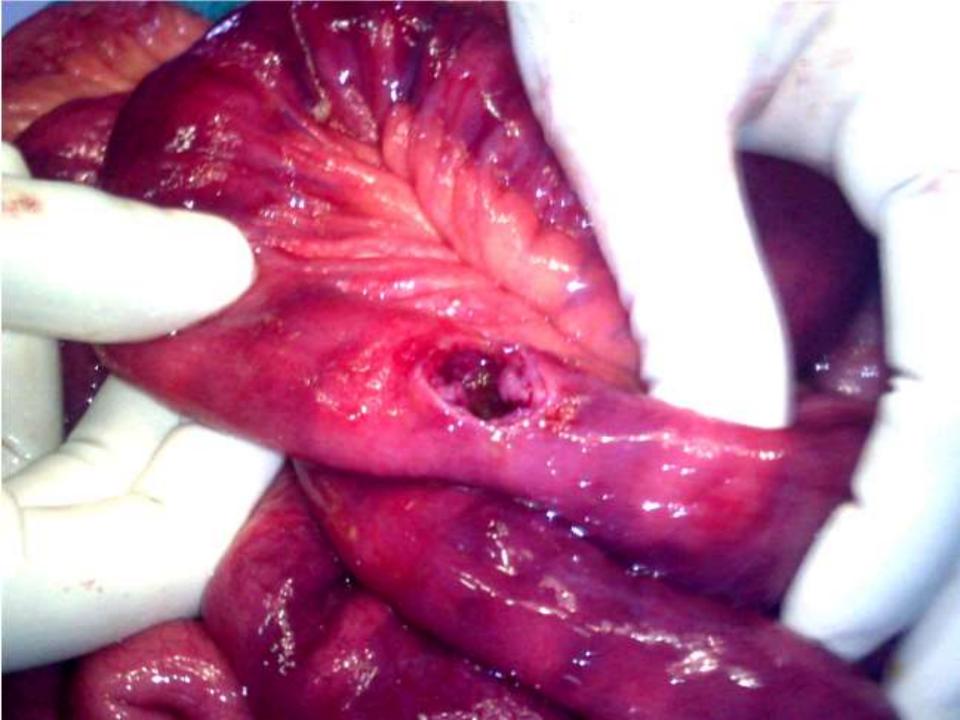
- -Intraluminal.
- Cholecystoduodedenal fistula.
- Impaction of gall stone 60 cm from ICV,
- Partial obstruction, ball valve effect.
- Plain X ray: Rigler's Triad
- (S.bowel obstruction, pneumobilia and an atypical mineral shadow). 2 of 3.
- Rx: Proximal milking (crush / enterotomy).

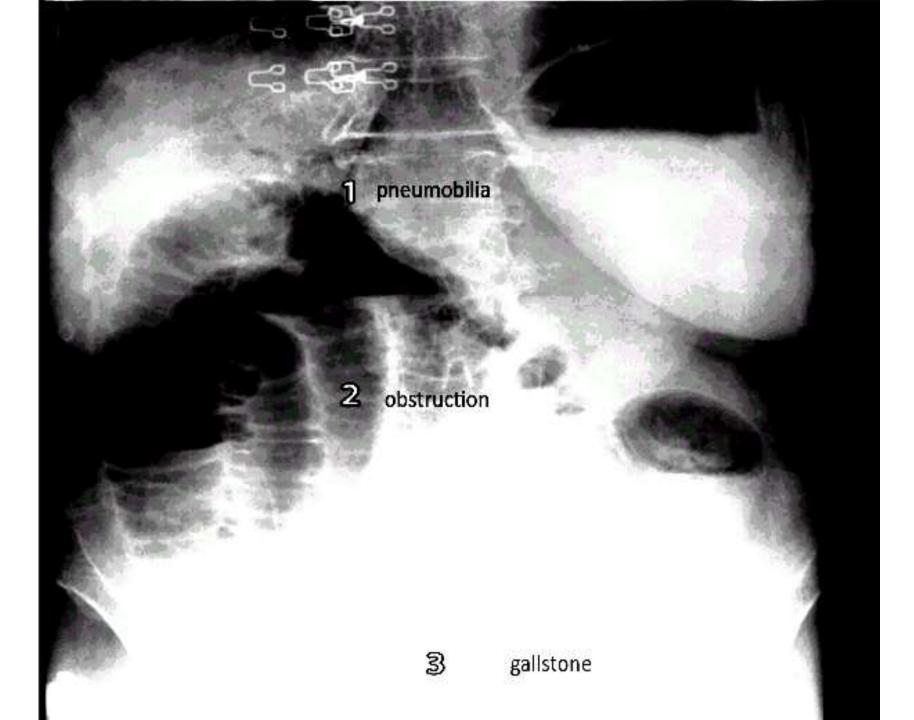












pneumobilia 2 obstruction 3 gallstone ERECT



# BOLUS OBSTRUCTION

#### Food

- -After Gatrectomy (unchewed articles passing directly to the s. bowel.
- Rx as above.

#### Trichobizoar & Phytobizore

- Trichobizoar: Hair chewing. (Psychological).
- Phytobizore: Food.

#### Stercolith

- Jujenal diverticuum & ileal stricure

#### Worms

- Ascariasis.
- Caecal mass.

# ENTERIC STRICTURE

- Intramural.

Benign

T.B., Crohn's disease, anastomosis.

Malignant

Carcinoma, Sarcoma & Lymphoma

Rx

- -Stricturoplasty.
- Resection & Reanastomosis.



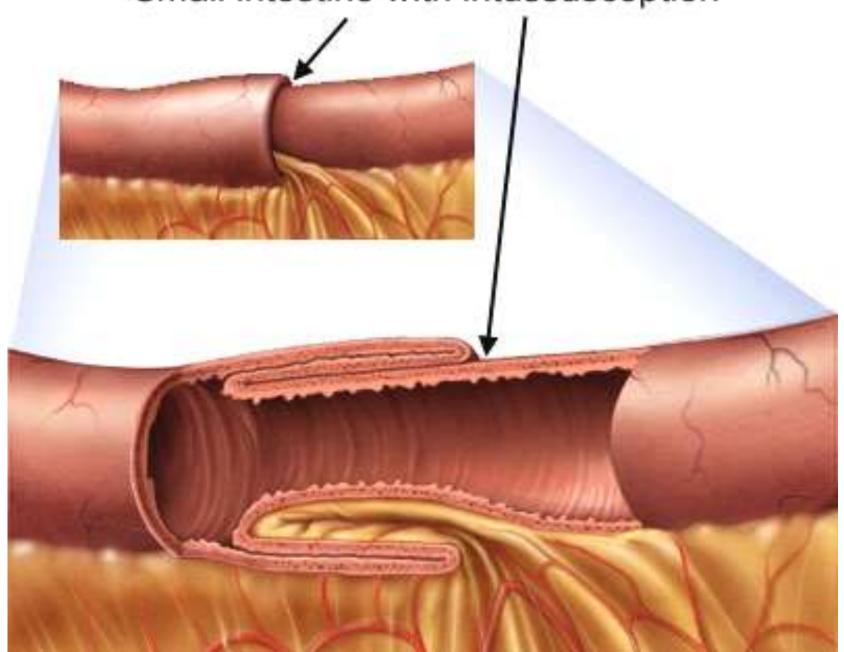


Lymphoma of small bowel

## INTUSSUSCEPTION

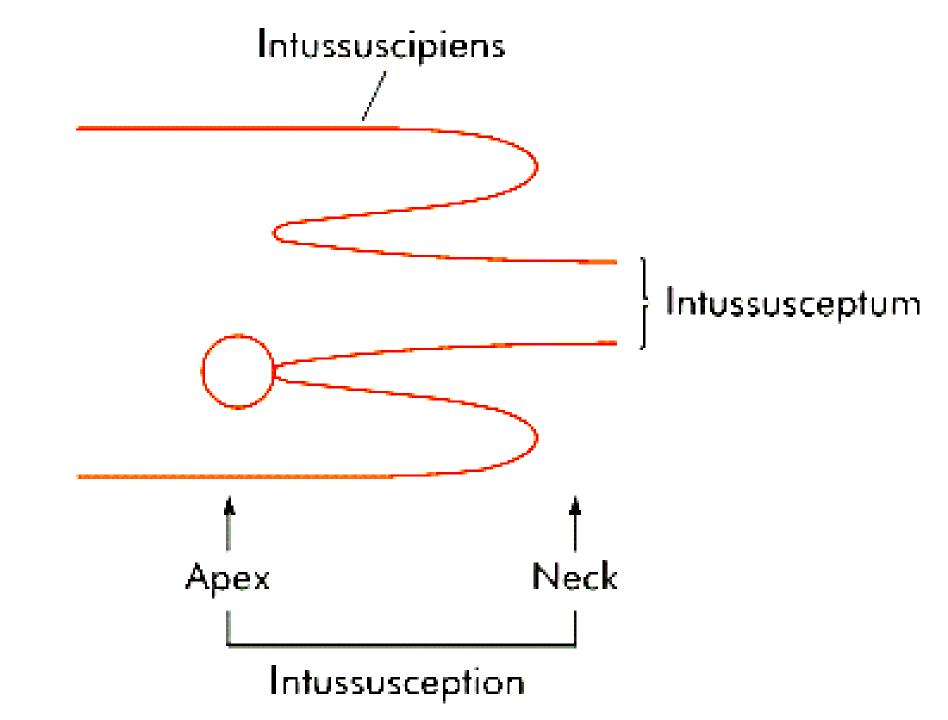
- -Invagination of proximal segment to distal segment.
- Could be:
  - Idiopathic (5<sup>th</sup> -9<sup>th</sup>) month, 90 %, Peyer's patches.
  - $-2^{\text{nd}} > 2$  years. (pathological lead point), Iliocolic.
  - Adult (polyp, submucosal lipoma & other tumour ). Colocolic.
- Redcurrant jelly stool
- Dx: Mass, Empty Rt.I.F. (Dance's sign), C.T. scan Target sign.

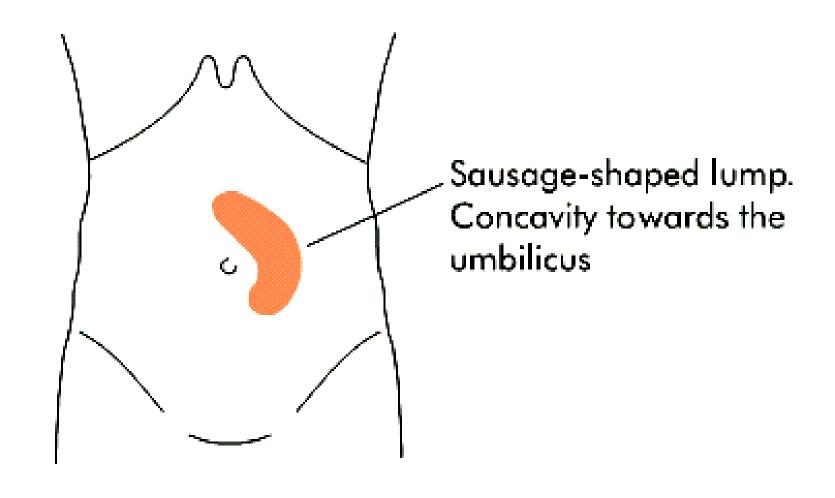
# Small intestine with intussusception

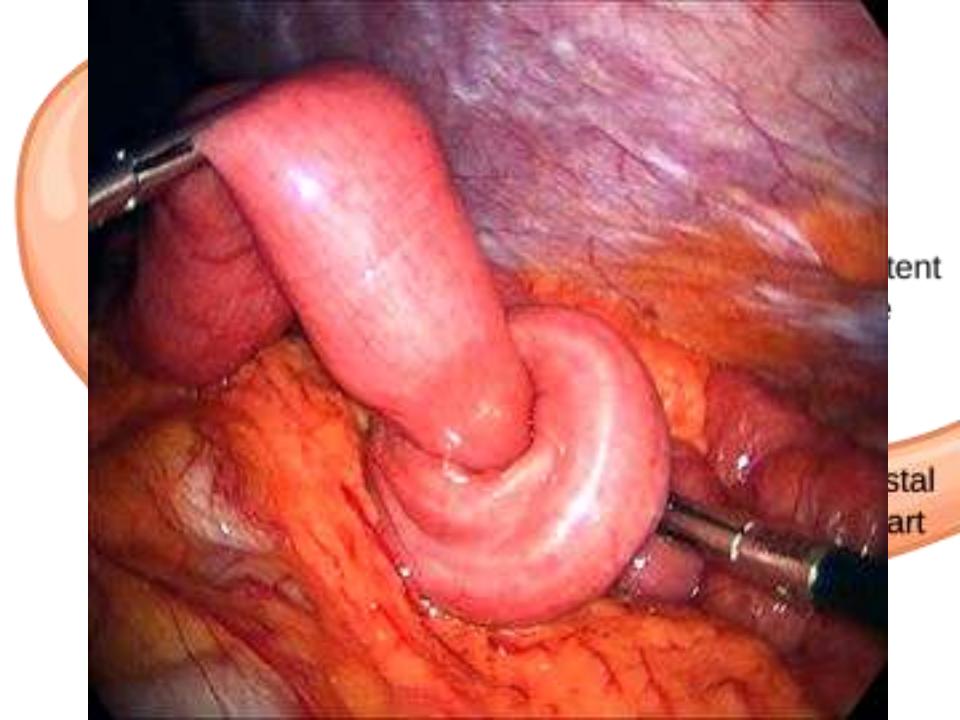












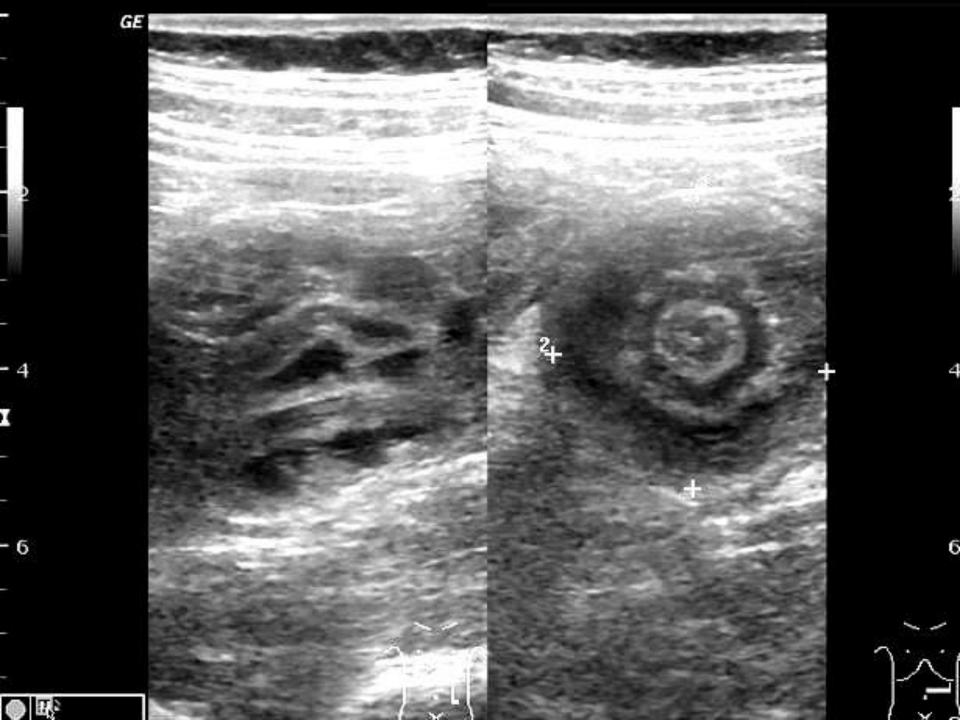
Types of intussusception in children (after RE Gross)

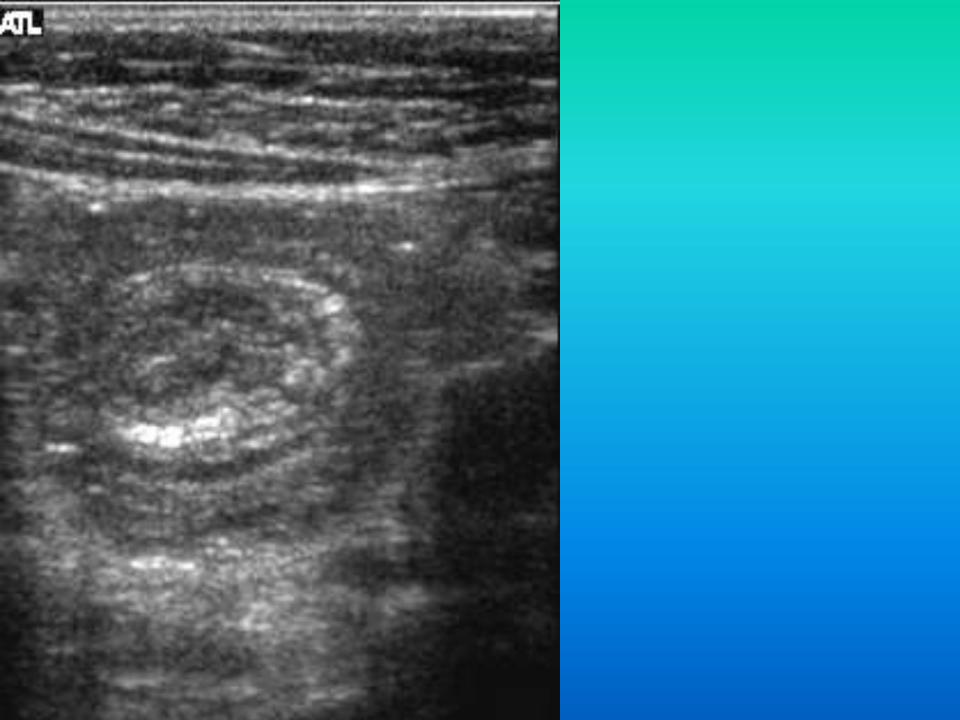
(n = 702).

	Percentage of series
lleoileal	5
lleocolic	77
lleoileocolic	12
Colocolic	2
Multiple	
Retrograde	0.2
Others	2.8



Extended right hemicolectomy (transverse colon opened) with necrotic caecal mucosal mass and prolapsing caecum/ascending colon.





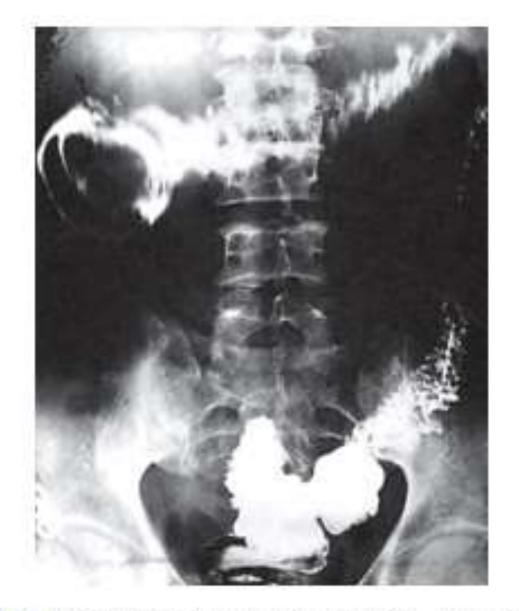
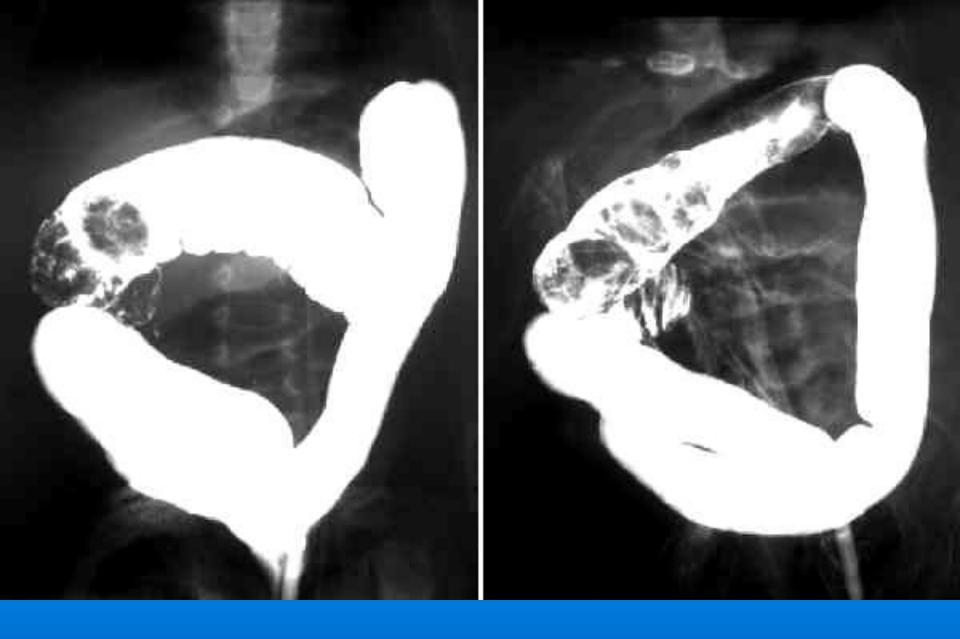


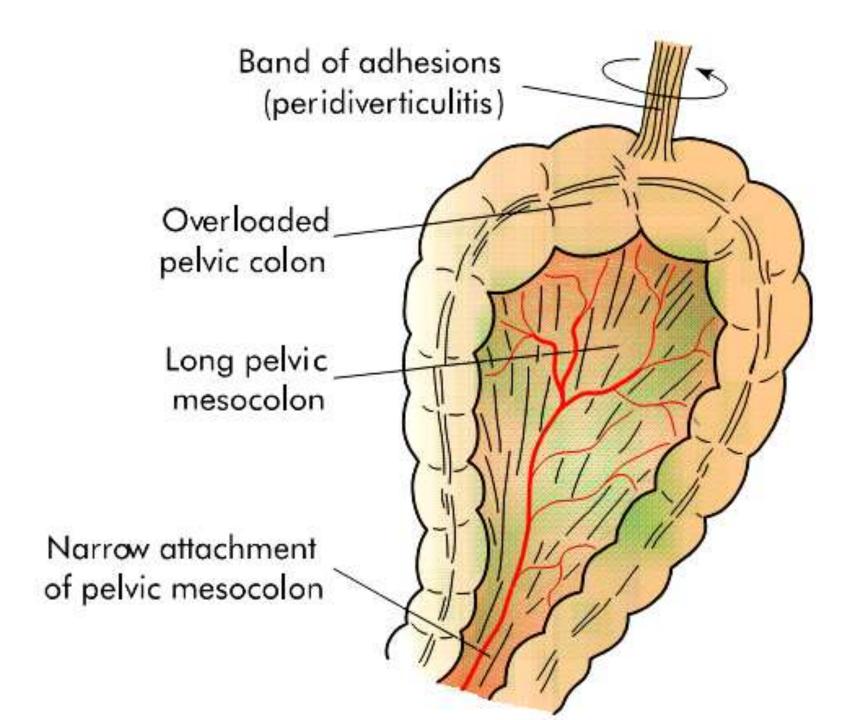
Figure 70.13 'Claw' sign of iliac intussusception. The barium in the intussusception is seen as a claw around a negative shadow of the intussusception (courtesy of RS Naik, Durg, India).







# SIGMOID VOLVULUS



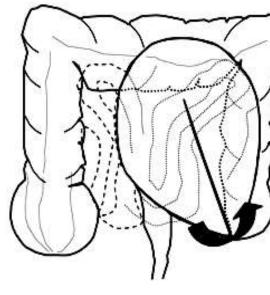


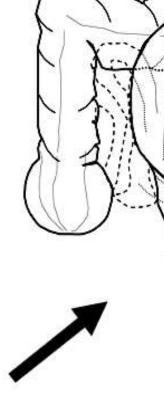
Coffee-bean sign





#### Dilated colon







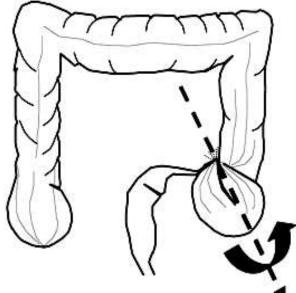


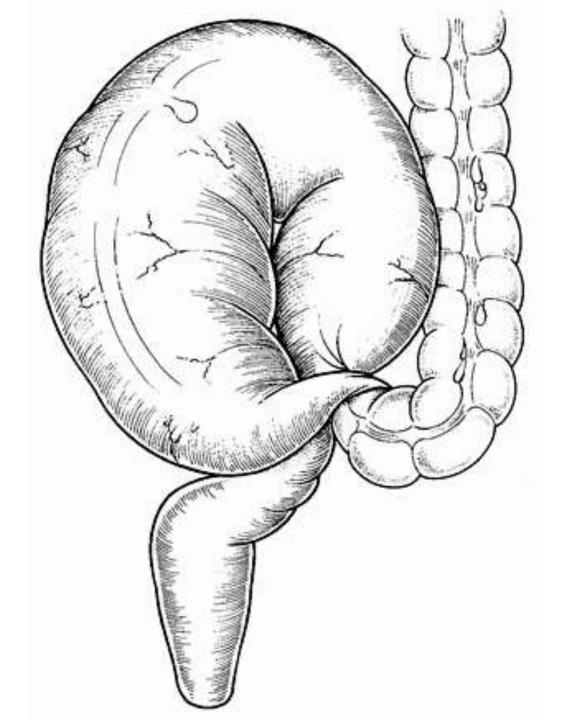


Axis of rotation



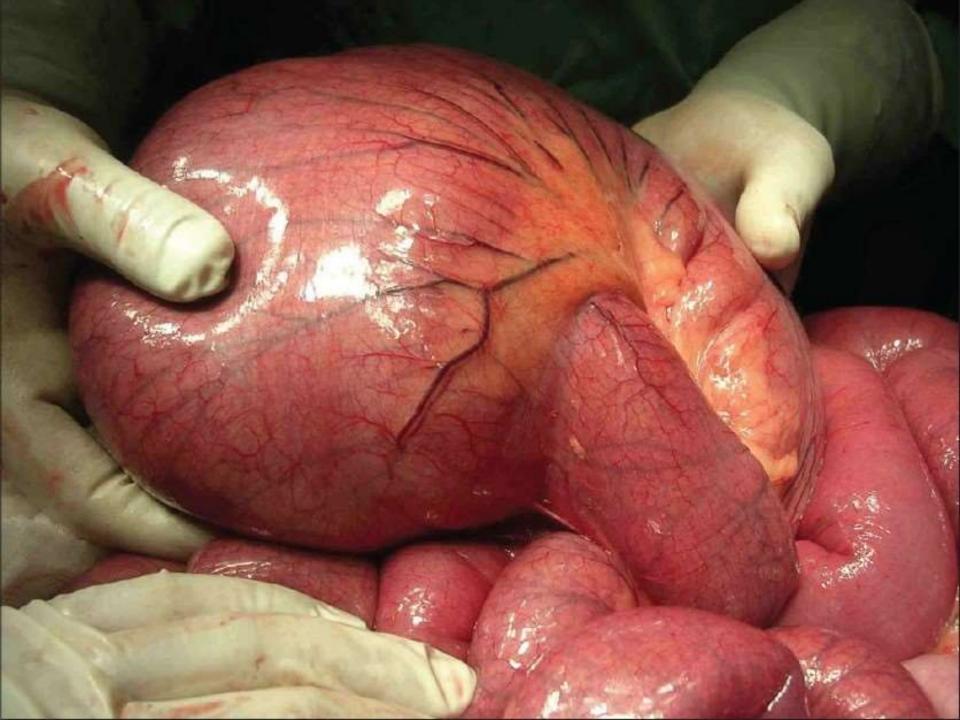
Sigmoid volvulus

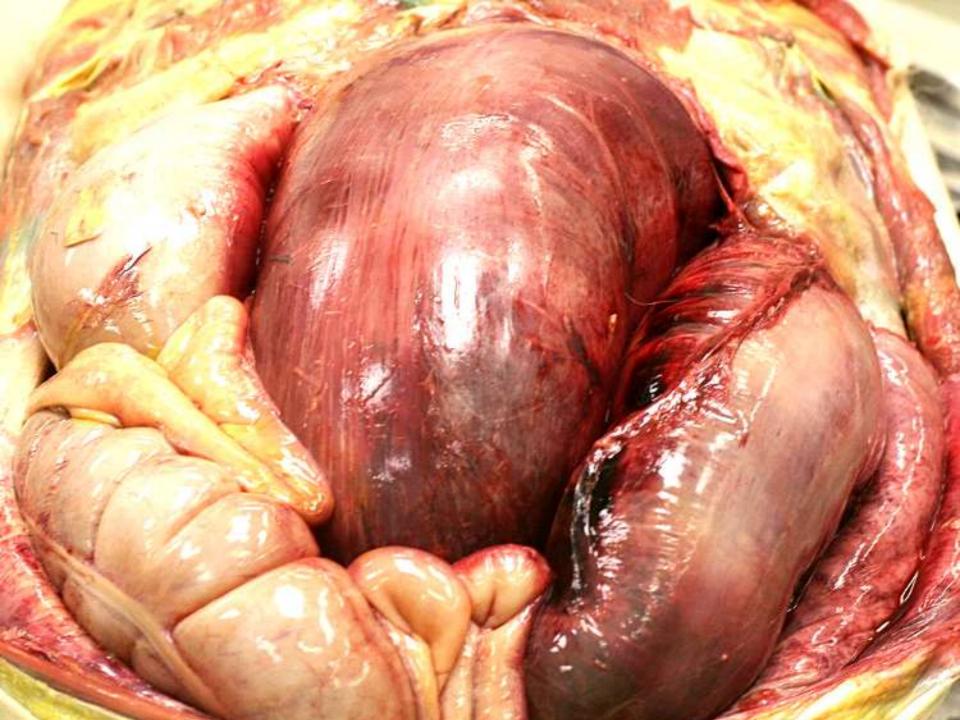




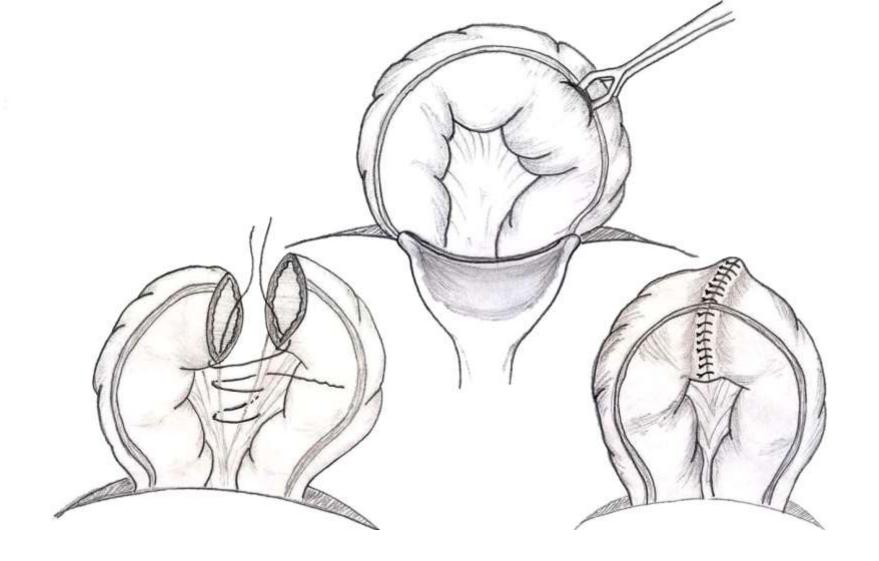


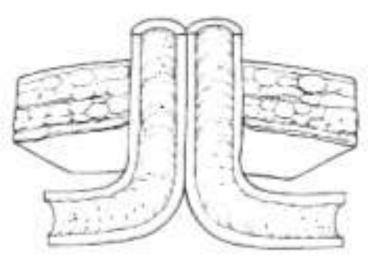




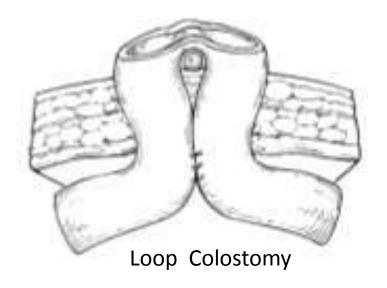




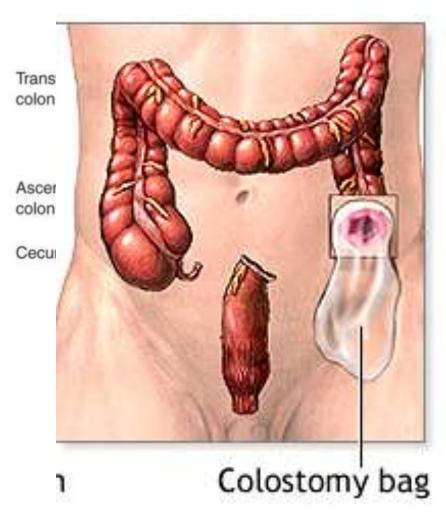




**Double Barrel Colostomy** 



### Hartmann's Procedure



il margin stoma stomy)

ump

# Radiological features of obstruction (on plain x-ray)

- The obstructed small bowel is characterised by straight segments that are generally central and lie transversely. No/minimal gas is seen in the colon
- The jejunum is characterised by its valvulae conniventes, which completely pass across the width of the bowel and are regularly spaced, giving a 'concertina' or ladder effect
- Ileum the distal ileum has been piquantly described by Wangensteen as featureless
- Caecum a distended caecum is shown by a rounded gas shadow in the right iliac fossa
- Large bowel, except for the caecum, shows haustral folds, which, unlike valvulae conniventes, are spaced irregularly, do not cross the whole diameter of the bowel and do not have indentations placed opposite one another

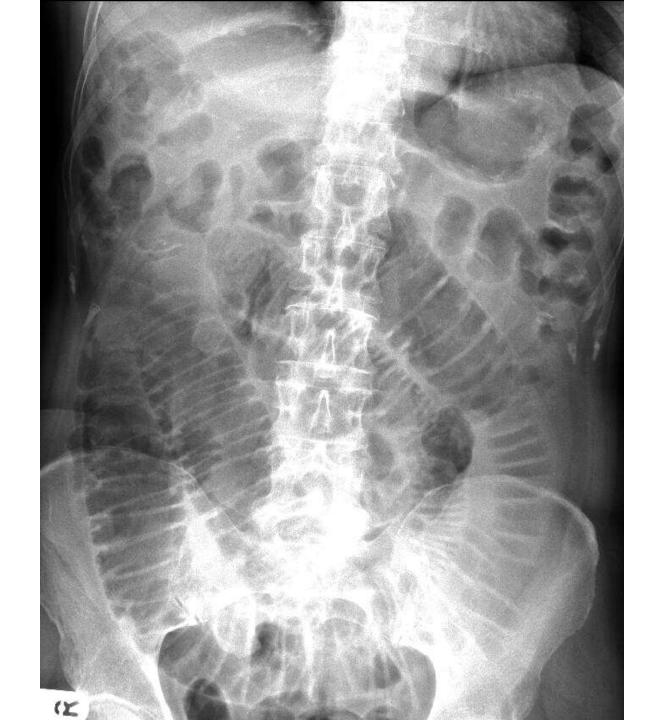










Figure 70.24 Stomal stenosis causing large bowel obstruction.

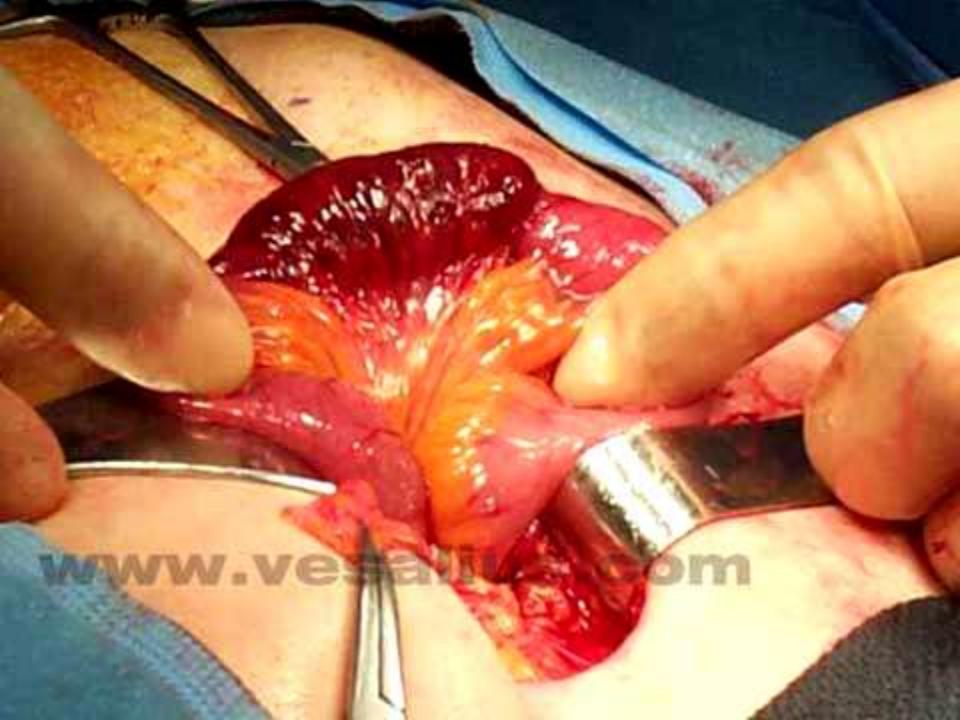
### Functional Intestinal Obstruction

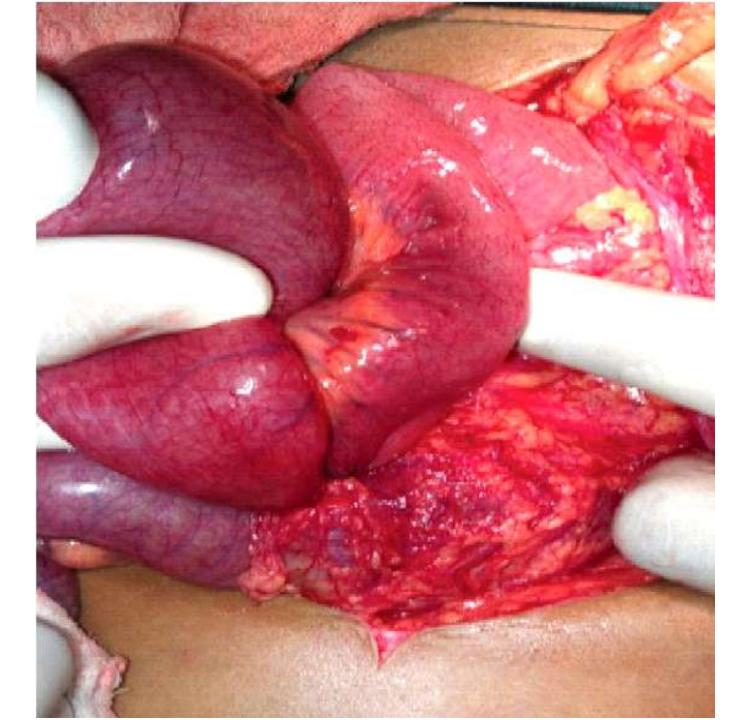
# Causes of strangulation

- Direct pressure on the bowel wall
  Hernial orifices
  Adhesions/bands
  - Interrupted mesenteric blood flow Volvulus
    - Intussusception
  - Increased intraluminal pressure Closed-loop obstruction

#### Differentiation between viable and non-viable intestine.

	Viable	Non-viable
Circulation	Dark colour becomes lighter	Dark colour remains
	Visible pulsation in mesenteric arteries	No detectable pulsation
General appearance	Shiny	Du <b>ll</b> and lustreless
Intestinal musculature	Firm	Flabby, thin and friable
	Peristalsis may be observed	No peristalsis





### LARGE BOWEL OBSTRUCTION

#### Acute

- -Carcinoma.
- Diverticular disease.

#### Chronic

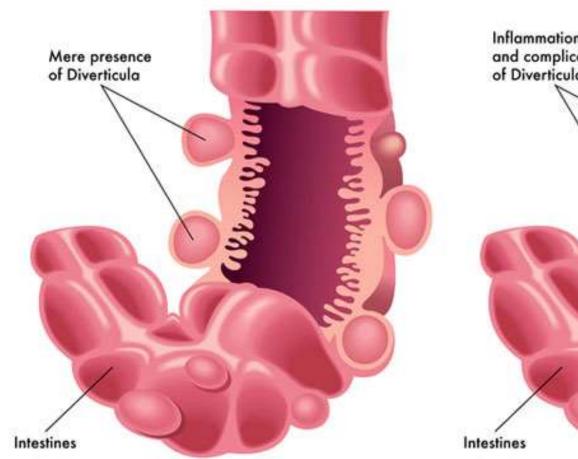
- intraluminal (rare) faecal impaction;
- intrinsic intramural strictures (Crohn's disease, ischaemia, diverticular), anastomotic stenosis;
- extrinsic intramural (rare) metastatic deposits (ovarian), endometriosis, stomal stenosis;

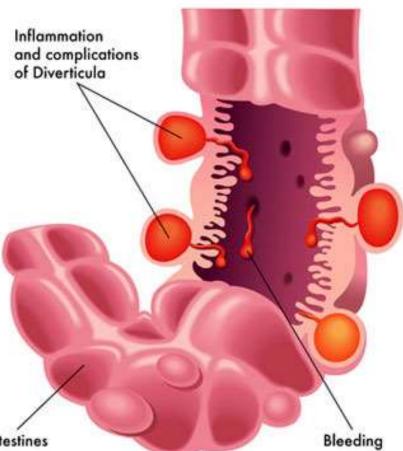
#### or functional:

 Hirschsprung's disease, idiopathic megacolon, pseudoobstruction.

#### **Diverticulosis**

#### **Diverticulitis**





### Paralytic Ileus

The following varieties are recognised:

- **Postoperative**. A degree of ileus usually occurs after any abdominal procedure and is self-limiting, with a variable duration of 24–72 hours. Postoperative ileus may be prolonged in the presence of hypoproteinaemia or metabolic abnormality (see below).
- Infection. Intra-abdominal sepsis may give rise to localised or generalised ileus.
- Reflex ileus. This may occur following fractures of the spine or ribs, retroperitoneal haemorrhage or even the application of a plaster jacket.
- Metabolic. Uraemia and hypokalaemia are the most common contributory factors.

### Factors associated with pseudo-obstruction

Retroperitoneal irritation
 Blood
 Urine
 Enzymes (pancreatitis)
 Tumour

Drugs
 Tricyclic antidepressants
 Phenothiazines
 Laxatives

 Secondary gastrointestinal involvement Scleroderma Chagas' disease

### OGILVIE'S SYNDROME

- -Acute colonic pseudo-obstruction.
- The probable explanation is imbalance in the regulation of colonic motor activity by the autonomic nervous system
- Plain X ray, Single water soluble contrast study, CT scan, Colonoscopy.
- May be associated with caecal perforation, Peritonitis, Surgery.
- RX: cause, Neostigmine., colonoscopic decompression.











## THANKS FOR LISTENING