**Are you getting enough sleep?**

**Overview**

The text talks about a test that was done by Randy Garder, a high school student in the United States. He wanted to see the effect of sleeplessness. He kept awake for eleven days and nights without sleep!

Dr. William C. Dement from Stanford University and two friends helped him to do this test.

**Vocabulary**

**Experiment**: a scientific test

**Effect of sleeplessness**: things that happen when you don't get enough sleep

**Speech**: way of talking

**A counting test**: a test of saying numbers in order; 1, 2, 3, etc.

**Fur**: hair on an animal's body

**Eventually**: after some time

**Famous**: well-known

**Even though**: although