**Are you getting enough sleep?**

**Exercises:**

**Vocabulary/ Page 5**

Underline these words in the reading passage on pages 3-4. Then, match each word with its definition to the right.

1- blurry e. not looking clear

2- eventually f. after a long time

3- experiment c. test done to prove something

4- hallucinating a. seeing things that aren't really there

5- slurred b. not sounding clear

6- speech d. talking

**Words to Remember**

|  |  |  |
| --- | --- | --- |
| Nouns | Verbs | Adjectives |
| Brain | Find out | Blurry |
| Effects of | Have trouble | Dangerous |
| Experiment | Nap | Normal |
| Purpose | Spend time | Sleepy |
| Researcher | Stay awake |  |
| Sleep |  |  |
| stress |  |  |