Scientific Translation Date: 12, Feb, 2020

Fourth Stage – Morning Classes Time: 08:30 & 09:30

Lecturer: Farah A. Abo Al-Timen

# What Is Alzheimer’s Disease?

# Alzheimer is a type of dementia that causes problems with memory, thinking and behavior. Symptoms usually develop slowly and get worse over time, becoming severe enough to interfere with daily tasks.

**Understanding Alzheimer**

* Alzheimer is the most common cause of dementia, a general term for memory loss and other cognitive abilities.
* Alzheimer is not a normal part of aging. The greatest known risk factor is increasing age, and the majority of people with Alzheimer's are 65 and older. Alzheimer's is not just a disease of old age, under the age of 65 can have Alzheimer’s disease also.
* Alzheimer is a progressive disease that worsens over time. In its early stages, memory loss is mild, but with late-stage individuals begin to lose the ability to carry on a conversation and respond to their environment.
* Alzheimer has no current cure, but treatments for symptoms are available and can temporarily slow the worsening of dementia symptoms.

**Persons Suffering with Alzheimer (Symptoms)**

* Repeating phrases and questions several times.
* Forgetting conversations, appointments, or events.
* Putting things not in their usual place, and it is often unfamiliar places.
* Losing their way home.
* Forgetting the names of family members and the things they use on a regular basis.
* Having difficulty to find the right words to identify things, express ideas or participate in conversations.