#### Pooh-Pooh Theory

The pooh-pooh theory proposes that language evolved from involuntary vocalizations such as cries, sighs, and groans. This theory was first proposed by British linguist Henry Sweet in the 19th century. According to this theory, early humans used these vocalizations to express their emotions or intentions before they developed sophisticated languages with words and syntax structures. Over time, these vocalizations evolved into more complex structures that eventually became modern languages.

This theory has some advantages over the bow-wow theory; for instance, it takes into account the complexity of modern languages and explains how such complexity could have arisen from simple vocalizations over time. However, it does not provide any evidence for its claims; it relies solely on speculation about what might have happened in prehistory instead of providing concrete evidence for its assertions about the origins of language.