



وزارة التعليم العالي والبحث العلمي

الجامعة المستنصرية

كلية التربية

قسم العلوم التربوية والنفسية

# علاقة أساليب التفكير بالانتران الانفعالي لدى طلبة الجامعة

رسالة مقدمة إلى

مجلس كلية التربية وهي جزء من متطلبات نيل شهادة  
الماجستير في التربية / علم النفس التربوي

من

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## **Abstract**

### **The Relation Between the thinking styles with the Emotional Stability for students University**

Can be called to our time as the era of ideological concerns, including the amazing variables occur every day, and the evolution of technology in all areas of life, and that makes the man standing in front of bewildered and dazed. An individual who does not keep pace with progress of the times, it is likely to become infected with so-called shock future (Future Shock) as the education of the individual how to get the information much more important than teaching the information itself, because the individual who does not learn how to get the information will remain Aatmadia on the other, and it remains unable to access to the information necessary for him, which it hinders progress in various life respects, which may make him feel frustrated, faces difficulty AVI to communicate knowledge. How can an individual to live in this era without taking style of scientific thinking in resolving the face of phenomena and problems. Mentions Smith Hlvh, 1963, that we have to teach people how to think, and not why school Nlhakhm. Education Besorhaama of standing on the conservation and indoctrination.

The negative effects of emotions make thinking individual stops and disturbed that the issue provisions intact, and lose the ability to control himself and control his will, and makes it vulnerable fast, ratification is easy, which makes up for grabs in the hands of the more stable and balanced emotionally it .

That of thinking and tactics of great importance in human life, help to solve many of the problems, and to avoid many of the dangers, and that by anticipating danger as a result of what he is doing inferences and analysis, and helps solve a lot of problems, through the use of the meanings of things without need to be addressed, or testing, or treatment to address practical and realistic, and sees Harrison & Bramson Harrison and Bramson, 1982 that in order to create knowledge, one must possess techniques and skills to solve problems

process of thinking is an essential part of solving the problem. That all people do not think the same way, so they have different ways of thinking. As the person's ability to think is important, because it will enable the individual to improve methods of communication and influence others .

The emotional Stability necessary for integration psychological, and integration of processes of thinking and feeling in ways that organization and consistent aims to achieve the objectives of a healthy and reasonable, that the importance emotional Stability when a student, assisted by the performance of its functions mental system and format, and it paves the way for making the mind can control freaks, and rein psychology, reduce Httha, and this is something which makes the student inclined to work and active thinking, and more accepted by the group, the more successful in influencing them, and increases its ability to establish successful relationships. The loss of emotional Stability, making the student get out of its boundaries, and cripple his thinking, leading to a decline in the level of intelligence and disrupt his will

So, this study Asking About the relationship between stiles of thinking Styles And the emotional Stability .

The researcher had not seen during his research in the sources and literature available on the study linking these two variables with each other, especially in the Iraqi society, which makes the current research on the basis of other researchers in addressing such variables. Accordingly, current research aimed to identify the following:

- know ways of Thinking Styles among the students of the university
- Know the differences in ways of Thinking Styles among university students according to the variables:
  - gender (females – males) .
  - kind of Specialization ( material sciences – Humanist sciences) .
- measuring emotional Stability among the students of the university.

- know the differences in emotional Stability among the students of the university, according to the variables:
  - gender (females – males) .
  - kind of Specialization ( material sciences – Humanist sciences) .
- know the relationship between the Thinking Styles and emotional Stability among the students of the university.
- know the differences in the relationship between the five ways of Thinking Styles and emotional Stability among university students according to the variables:
  - gender (females – males) .
  - kind of Specialization ( material sciences – Humanist sciences) .

In order to achieve objectives of the research, the researcher adopt a measure of thinking styles for Harrison and Bramson 1982 (Harrison & Bramson 1982,) and expressed by (Habib 1995), and consists scale (90), paragraph Besorth preliminary and final, spread over (18) the position of the everyday situations faced by the individual and the rate of five phrases for each position, has been verified sincerity and firmness, and has also researcher to adopt a measure unbalance emotional Stability for (Jumaili, 2005) because it is prepared based on the theory (Eric Ericsson) consists scale Besorth primary (52) paragraph, and (48) Besorth The final has been checked sincerity and firmness.

Thus, the researcher applying scales have been selected sample stratified random manner at (400) male and female students, and after the application of the two and use tools appropriate statistical methods in the light of the current research objectives have been reached following results:

- 1- The current research sample has the Idealistic Thinking Style higher than the average imposition.
- 2- There are no differences in thinking styles depending on gender (females – males) .

and kind of Specialization ( material sciences – Humanist sciences) .

3- that the current sample has poise emotional Stability than average imposition.

4- There are no differences in emotional Stability by gender (females – males) .

and kind of Specialization ( material sciences – Humanist sciences) .

5- There is a correlation between the Idealistic Thinking Style and Emotional Stability .

6- There are no differences in the correlation between the thinking Style and emotional Stability by gender (females - males)

and in light of these findings, kind of Specialization ( material sciences – Humanist sciences ) .

Researcher put a number of recommendations and proposals