



**Republic of Iraq**  
**Ministry of higher education**  
**and Scientific Research**  
**University of Al-Mustansiriyah**  
**College of Pharmacy**

# **LOADING OF CLARITHROMYCIN AND PACLITAXEL ON PREPARED**

**CdS/NiO NANOPARTICLES AS  
PROMISING NANOCARRIER**

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*Submitted to the Department of Pharmaceutics and the Committee  
of Graduate Studies of the College of Pharmacy/University of Al-  
Mustansiriyah in Partial Fulfillment of the Requirements for the  
Degree of Master of Science in Pharmacy "Pharmaceutics"*

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# Dedication

**To My Dear Parents ...  
I am grateful for your endless**

**love, support and encouragement.**

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**Thank you for your continuous  
support, assistance and patience.**

...

**Mustafa**

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# Abbreviations

AFM	Atomic force microscopy
ANOVA	Analysis of variance
BCS	Biopharmaceutical classification system
°C	Celsius degree
Caco	Colorectal adenocarcinoma cells
CLA	Clarithromycin
COPD	Chronic obstructive pulmonary
DMEM	Dulbecco modified Eagle's medium
DSC	Differential scanning calorimetric
e.e	Entrapment efficiency
FDA	Food and drug administration
FTIR	Fourier transform infra-red spectroscopy
log	Logarithm
MCF-7	Michigan cancer foundation-7
MCF-10A	Michigan cancer foundation-10A
MNPs	Magnetic nanoparticles

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m.p	Melting point
MRI	Magnetic resonance imaging
MTT	(3-(4,5 Dimethylthiazol-2-yl)-2,5-Diphenyltetrazolium Bromide)
NIR	Near Infrared Radiation
o/w	Oil-in-water
PAMAM	Polyamidoamine
pH	Negative logarithm of hydrogen ion concentration

PTX

Paclitaxel

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RES

Respiratory epithelial system

siRNA

Small interfering ribonucleic acid

SLN	Solid lipid nanocarriers
TEM	Transmission electron microscopy
TGA	Thermal gravimetric analysis
U/mL	Unit/milliliter
US	United states
USP	United states pharmacopeia
USP-NF	United states pharmacopeia-National formulary

UV	Ultraviolet
w/o	water-in-oil
XRD	X-ray diffraction
$\lambda$ max	Wave length with maximum absorbance
$\xi$	Zeta potential

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# ABSTRACT

Nanotechnology is the understanding and control of matter at dimensions of roughly 1 to 100 nm while nanocarriers are nanomaterials being used as a transport modules for another substances such as drugs.

Clarithromycin (CLA) is a macrolide antibiotic that have a dissolution rate-limited absorption and low bioavailability after oral administration due to its low solubility in which CLA belongs to the class II of biopharmaceutical classification system (BCS) with low solubility and good permeability, while paclitaxel (taxol) is a widely used chemotherapeutic drug and belong to class

IV drug of BCS with poor solubility and poor permeability, in which the high lipophilicity with very poor aqueous solubility as well as lack of ionizable functional groups are the major challenges in the paclitaxel absorption and

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clarithromycin and anticancer drug paclitaxel by simple one step reaction to improve their pharmaceutical properties and / or their biological activities. The yield and drug content percentages for CLA were 66.34%, 56.66% using CdS nanoparticles while they were 64.1%, 86.6% using NiO nanoparticles, while for PTX they were 62.9%, 76.65% using CdS nanoparticles and 95.04%, 95.67% using NiO nanoparticles.

The Fourier Transform Infra-Red (FTIR), Scanning Electron Microscopy (SEM), Atomic Force Microscopy (AFM), X-Ray Diffraction (XRD), Differential Scanning Calorimetric (DSC), Thermo-Gravimetric Analysis (TGA) and zeta potential measures were applied for drugs-nanocarriers complexes in comparison with the pure drugs and blank CdS and NiO

nanoparticles. These measures revealed that the reaction was by physical complex formation rather than chemical modification for surface loading of the drugs on the nano-sized prepared CdS and NiO nanoparticles. The solubility/dissolution study was applied and revealed that it had been significantly ( $p < 0.05$ ) improved for CLA after loading on CdS and NiO nanoparticles, knowing that the improvement using NiO nanoparticles was much more higher than on CdS nanoparticles. While the antibacterial activity test for CLA was non-significantly improved after loading with the nanocarriers.

For PTX loaded on CdS and NiO nanoparticles showed non-significant change in its solubility, but significant ( $p < 0.05$ ) increase in its antitumor activity on MCF-7 cell line accompanied with significant ( $p < 0.05$ ) reduction

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## Chapter One

### 1. Introduction:

#### 1.1 Nanomedicine:

Nanomedicine is the application of nanotechnology to medicine<sup>(1)</sup> or it is the science and technology of preserving and improving human health, and of diagnosing, treating and preventing disease and traumatic injury of relieving pain using molecular tools and molecular knowledge of the human body<sup>(2)</sup>.

Nanotechnology is the understanding and control of matter at dimensions of roughly 1 to 100 nm, where unique phenomena enable novel applications including the forming and use of structures, materials, devices, and systems that have unique properties because of their small size<sup>(3)</sup>.

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#### 1.1.1 Advantages of nanotechnology:

1. Nanotechnology-based drug delivery systems can protect drugs from degradation by coating the drug<sup>(5)</sup>.
2. It may reduce number of doses and increases efficacy of active ingredient leading to decreased risk of side effect and toxicity<sup>(6)</sup>.
3. Nanotechnology-based systems permit delivery of water insoluble or poorly soluble drugs<sup>(7)</sup>.
4. Tumors vasculature allows an enhanced permeability and retention effect of nanoparticles<sup>(8)</sup>.
5. Nanotechnology gives a solution for using numerous chemical entities for treating brain disorders that are not clinically useful due to the presence of

the blood-brain barrier<sup>(9)</sup>, for example nanoparticle-conjugated small-molecule activator of an epigenetic enzyme in the brain<sup>(10)</sup>.

6. Improve the oral bioavailability of the agents that are not effective orally for example Rapamune® (drug-sirolimus) which is an immune suppressant agent<sup>(11)</sup>.

7. Nanoparticles can be administered by several routes of administration like parentally, orally, nasally and by ocular route<sup>(12)</sup>.

8. Nanotechnology based drug delivery systems can lead to controlled release over short or long durations, improved half-life, and highly specific site-targeted drug delivery of therapeutic compounds<sup>(13)</sup>.

### 1.1.2 Disadvantages of nanotechnology:

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1. Difficulties in implementation.

2. Expensive (high cost technology)<sup>(14)</sup>

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3. Because of its small size, it can access the nucleus and cause harmful consequences, e.g. it can cross the nuclear envelope of a cell and cause unintended genetic mutations and damage<sup>(16)</sup>.

### 1.1.3 Applications of nanomedicine:

- **Drug delivery and targeting:** Nanoparticles as carriers for drug can be designed to improve the therapeutic and pharmacological properties of conventional drugs, additionally the method of incorporation of drug molecules into nanocarrier offer possibilities of targeting and controlled release as well as protect the drug from premature degradation resulting in more effective and selective therapy than traditional form of drugs<sup>(17)</sup>.

The use of nanoparticles can overcome the limitations accompanied with conventional cancer chemotherapy including drug resistance, lack of

solubility and lack of selectivity<sup>(18)</sup>, where many functional groups are allowed to be attached to nanoparticle due to their high surface area to volume ratio that can seek out and bind to certain tumor cells and preferentially accumulate at tumor sites because of the small size of nanoparticles<sup>(19)</sup>.

Drug delivery from nanocarriers can be classified into<sup>(20)</sup>:

1. Sustained and controlled delivery system.
2. Site-specific targeting (tissue, cellular, intracellular).
3. Functional system for bioactives delivery.
4. Multi-functional system for combined delivery of therapeutic, diagnostic and biosensing.
5. Stimuli sensitive delivery system.

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- **Diagnosis:** Diagnosis of cancer in the early stages from a few drops of a patient's blood can be done by the use of sensor test chips which contain thousands of nanowires to detect proteins and other biomarkers of cancer cells left behind<sup>(19)</sup>.
- **Blood purification:** Purification with nanoparticles allow specific targeting of substances and depend on functionalized carbon coated metal or iron oxide nanoparticles with ferromagnetic or super paramagnetic properties in contrast to dialysis which depend on ultrafiltration of fluid across a semi-permeable membrane and size related diffusion of solutes<sup>(22)</sup>. Binding agents such as antibodies, proteins or antibiotics are linked covalently to the particle surface forming an agglomerate and then particles can be separated from the

bulk fluid by applying an external magnetic field gradient resulting in cleaning it from the contaminants<sup>(23)</sup>.

- **In-vivo imaging:** Quantum dots are attached to proteins that penetrate cell membranes, these dots can be random in size and made up of bio-inert material with a nanoscale property that its color is size-dependent and therefore sizes are selected so that to make a group of quantum dots fluoresce, the frequency of light used is an even multiple of the frequency required to make another group glow and then both groups can be lit with a single light source<sup>(24)</sup>.
- **Tissue engineering:** To fabricate mechanically strong biodegradable polymeric nanocomposites for bone tissue engineering nanoparticles such as

carbon nanotubes, graphene, molybdenum disulfide and tungsten disulfide are being used as reinforcing agents in which significant improvements in

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## **1.2 Nanocarriers:**

Nanocarriers are nanomaterials being used as a transport modules for another substances, such as drugs <sup>(26)</sup>, with sizes of diameter range from 1-100 nm<sup>(27)</sup>. Optimized biological and physicochemical properties of nanocarriers make them taken up by cells more easily than larger molecules, so they can be successfully used as delivery tools for currently available bioactive compounds<sup>(28)</sup>. For a targeted therapy the way of conjugation of the drug to the nanocarrier and the strategy of its targeting is important. A drug may be encapsulated into nanocarrier or else it can be adsorbed or covalently attached to the nanocarrier's surface. Covalent linking has the advantage over other ways of attachment as the number of drug molecules connected

to the nanocarrier can be controlled, i.e., a precise control of the amount of therapeutic compound delivered<sup>(29)</sup>.

### **1.2.1 Ideal nanocarrier properties necessary for drug delivery:**

Stable in blood, non-toxic, non-inflammatory, non-immunogenic, non-thrombogenic, no activation of neutrophils, biodegradable, avoidance of the reticuloendothelial system, applicable to different molecules (such as small molecules, peptides, proteins and nucleic acids), inexpensive manufacturing process and scalable<sup>(30)</sup>.

### **1.2.2 Physiochemical properties of nanoparticles and their**

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higher uptake compared to 10  $\mu\text{m}$  microparticles in Caco-2 cell line<sup>(32)</sup>.

**2. Surface charge:** The nanoparticles surface charge reflects the electrical potential of particles and it is affected by the medium at which it is dispersed and by the chemical composition of the particles, where nanoparticles with a high positive or negative zeta potential would be stable in suspension, as the surface charge prevents aggregation of the particles<sup>(33)</sup>. In drug delivery, opsonisation (a process that involves the adsorption of proteins especially of the complement system, to any foreign material) is also affected by zeta potential. These proteins make the nanoparticles more susceptible to phagocytosis leading to their clearance from the body<sup>(34)</sup>.

**3. Hydrophobicity:** By changing the hydrophobicity of a nanocarrier, the structure and composition of the polymer / copolymer or the molecular weight, the polymer degradation and hence the drug release mechanism and/or duration is changed<sup>(35, 36)</sup>.

**4. Surface area:** The decreased particle size to nano-scale would result in an increased surface-to-volume ratio and that size is inversely proportional to the specific surface area<sup>(37)</sup>. During formulation the drug would be adsorbed onto the outer layer of the nanoparticles, particularly in emulsion based techniques of preparation, resulting in an initial burst release because of the large surface area, hence affecting the drug release kinetics<sup>(38)</sup>.

**5. Crystallinity:** Crystallinity is important during development process of nanoparticles formulation that greatly affects the solubility and dissolution

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### 1.2.3 Methods of drug loading:

Two methods are available for drug loading as follow:

- **Incorporation method:** Involve incorporation of the drug at the time of nanoparticles production.
- **(Adsorption /Absorption) method:** Involve incubation of the carrier with a concentrated drug solution resulting in absorption of the drug by nanoparticles after their formation<sup>(40)</sup>.

### 1.2.4 Types of nanocarriers:

#### Organic Nanocarriers

- **Nanocrystals and nanosuspensions:** Nanocrystals are aggregates consisting of several hundred to tens of thousands of atoms that are clustered with typical sizes of these aggregates between 10-400 nm and exhibit physical and chemical properties between bulk solids and molecules<sup>(41)</sup>. Nanocrystallisation advantages include enhancement of saturation solubility, dissolution velocity and adhesiveness to surface/cell membranes<sup>(42)</sup>. A nanosuspension is a submicron colloidal dispersion of drug particles and pharmaceutical nanosuspension is defined as very finely colloid, dispersed,

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• **Polymeric nanocarriers and dendrimers:** Polymeric nanoparticles are colloid solid particles with a size range (10 to 1000nm) with different shapes like spherical, branched or shell structures. Their first fabrication was about 35 years ago as carriers for cancer chemotherapeutics and vaccines<sup>(44)</sup>. They are produced from biodegradable and non- biodegradable polymers. Drugs are incorporated into nanoparticles by dissolution, adsorption entrapment, attachment or by encapsulation, and the nanoparticles provide a sustained release of the drugs for longer periods of time, e.g., days and weeks<sup>(45)</sup>. Dendrimers are highly branched nano sized polymer mainly polyamidoamine (PAMAM), which are three dimensional, monodisperse, globular macromolecules with high number of surface functional groups. Their unique properties like different functional end groups, lesser viscosity and higher density make them applicable in different fields like as drug

delivery, dendrimer based nanomedicine, light harvesting, dendritic nanomaterials, gene delivery, electrode design, solubility enhancers and for various biotech applications<sup>(46)</sup>.

- **Protein nanoparticles:** proteins are a class of natural molecules which are ideal for nanoparticle preparation due to its amphiphilicity that allow them to interact well with both the drug and solvent. Nanoparticles derived from natural proteins are metabolizable, biodegradable and easily subject to surface modifications to allow drugs and targeting ligands attachment<sup>(47)</sup>. For example Albumin–paclitaxel nanoparticle (Abraxane®) which has been approved for the treatment of lung, breast, small cell lung and pancreatic cancers<sup>(48)</sup> as well as bovine serum albumin nanoparticles loaded with sodium ferulate to target the liver<sup>(49)</sup>.

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biodegradable<sup>(50)</sup>. Its bioapplication include intracellular delivery systems for anti-sense molecules, proteins/peptides, ribosomes, and DNA<sup>(51)</sup>. While niosomes are hydrated non-ionic surfactant vesicles with unique structure make them capable of encapsulating both hydrophilic and lipophilic substances. They are very useful drug delivery system in which niosomes have the ability of entrapping different types of drugs, proteins, gene and vaccines<sup>(52)</sup>.

- **Nanoemulsions and solid lipid nanocarriers (SLN):** Nanoemulsions are novel drug delivery systems that consist of emulsified oil and water systems with average droplet diameters ranging from 50 to 1000 nm and can exist as water-in-oil (w/o) or oil-in-water (o/w) form<sup>(53)</sup>. Their pharmaceutical

application include ocular delivery, topical delivery, in cell culture technology, antimicrobial, in cancer treatment and cosmetics<sup>(54)</sup>. While Solid lipid nanocarriers (SLN) are produced by replacing the oil in an emulsion by a solid lipid resulting in lipid nanoparticles being solid at both body and room temperature. SLN advantages include protection of sensitive molecules from the environment, use of physiological lipids, avoidance of organic solvents in preparation process, and controlled release characteristics<sup>(55)</sup>. They have wide biomedical applications<sup>(56)</sup>.

- **Nanocapsules:** Nanocapsules are capsules in which drug particles are surrounded within a layer of polymers<sup>(57)</sup>. They are nano-vesicular systems that exhibit a typical core-shell structure in which the drug is confined within

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and mechanical properties. Their application include drug delivery, bioimaging, sensing, antifouling, DNA or siRNA delivery and tissue engineering<sup>(59)</sup>. While nanosponges are hyper-crosslinked polymer colloidal structures that consist of solid nanoparticles with colloidal sizes and nanosized cavities<sup>(60)</sup>. Nanosponges pharmaceutical applications include drug targeting, controlled and sustained drug release, topical and pulmonary drug delivery system, blood purification and protein ultrafiltration<sup>(61)</sup>.

- **Implantable thin films carrying drug:** These defined as nanoscaled thin films that can control chemical agents release precisely by applying an electrostatic field. Their advantages include versatility, ease of preparation and high loading incorporation of biomolecules into films. The implanted

film can carry discrete packets of drugs that can be released separately thereby useful for chemotherapy particularly<sup>(62)</sup>.

- **Carbon nanomaterials:** Nanocarbon materials including fullerenes, carbon nanotubes, carbon nanohorns and graphene are extremely useful in various biological applications such as drug delivery, nanomedicine and biolabeling. Fullerenes are novel agents for gene therapy. Carbon nanotubes and carbon nanohorns show high drug-loading capacity and extended blood circulation times. Nanodiamonds have recently emerged as a novel platform for imaging, sensing and drug delivery<sup>(63)</sup>.

### **Inorganic Nanocarriers**

- **Ceramic and silica nanoparticles:** Ceramic nanoparticles such as alumina,

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in nature and easily engineered to a desired size and porosity. They protect doped molecules (drugs, enzymes, etc.) from denaturation by external pH changes. They are used to deliver drugs, proteins, and genes<sup>(64)</sup>. Silica materials are attractive for several important biological applications, such as imaging, drug delivery, controlled release and oxygen carrier<sup>(65)</sup>. Nanoporous silica materials have high surface areas and large pore volumes, allowing the absorption of drugs in large amounts providing enough concentrations for local treatment. Silica materials surface is reactive due to the presence of silanol groups thereby allow facile modification by silanization reactions and therefore enhance the drug loading and for controlling the drug release<sup>(66)</sup>.

- **Quantum dots Magnetic nanoparticles (MNPs):** Quantum dots (QDs) are pellucid semiconductors nanoparticles (group III-V and II-VI elements of periodic table) that have physical dimensions of 1–10 nm and under a light source like laser evident as fluorescence. Their inherent photophysical

properties made them attractive for the purposes imaging and targeted drug delivery<sup>(67)</sup>. Their biomedical application include labeling cells, tracking different particles, drug delivery system as well as used as biomarkers for cancer cells detection for diagnosis, forecasting of disease stage and clinical management<sup>(68)</sup>. While Magnetic nanoparticles (MNPs) are particulate materials that engineered to less than 100 nm and can be manipulated under the effect of an external magnetic field. Commonly used magnetic elements like iron, cobalt, nickel and their oxides<sup>(69)</sup>. Biomedical applications involve targeted drug and gene delivery, magnetic resonance imaging, protein bioseparation and magnetic hyperthermia<sup>(70)</sup>.

### 1.3 Metallic nanocarriers:

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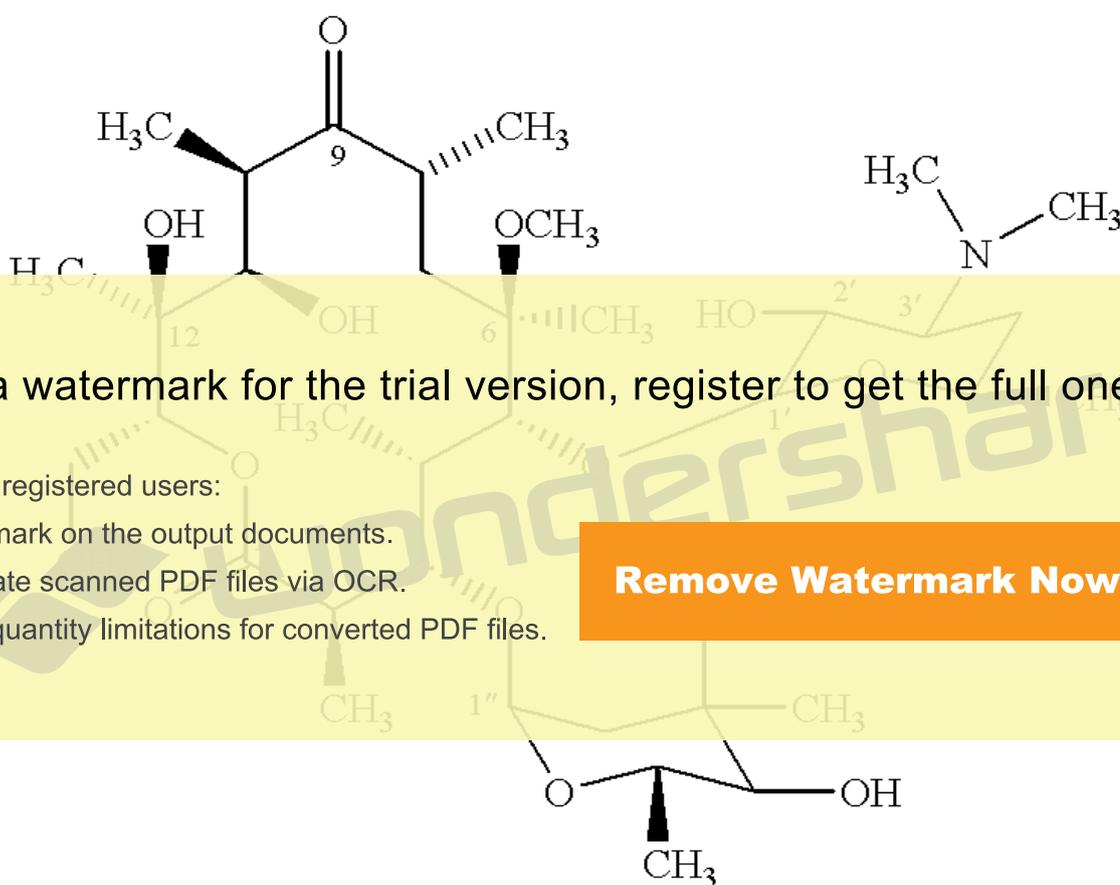
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which are nanosized metals with dimension (width, length or thickness) explanation was given by Mie in 1908<sup>(71)</sup>. Among nanoparticles with biomedical advantages are inorganic nanoparticles which include metals (gold, copper, silver, magnesium and iron), metal oxides (iron oxide, zinc oxide, titanium dioxide and cerium oxide) and quantum dots (cadmium selenide and cadmium sulfide) <sup>(72)</sup>. Metal NPs are unique with various biomedical applications involving drug and gene delivery, highly sensitive diagnostic assays, radiotherapy enhancement and thermal ablation<sup>(73)</sup>.

## 1.4 The model drugs:

### 1.4.1 Clarithromycin (CLA):

The molecular formula of clarithromycin is  $(C_{38}H_{69}NO_{13})$  and its molecular weight is  $747.953 \text{ g/mol}^{(74, 75)}$ . Figure (1-1) shows the chemical structure of clarithromycin.



**Figure (1-1): Structure of clarithromycin**

#### 1.4.1.1 Properties of clarithromycin:

Clarithromycin belongs to class II of BCS with low solubility that result in an absorption limited by dissolution rate leading to low bioavailability<sup>(76)</sup>. It is soluble in acetone, slightly soluble in ethanol, methanol and acetonitrile and practically insoluble in water<sup>(77)</sup>.

Clarithromycin has high melting point (m.p 220 °C) and aqueous solubility of (0.342 µg/mL H<sub>2</sub>O at 25 °C) <sup>(78)</sup> i.e., very slightly soluble. Its solubility is pH dependent which is sparingly soluble at stomach (pH 1.2) and very slightly soluble in the upper region of the small intestine (pH 5.0) where CLA absorbed, CLA solubility at pH 2.4 as 9.22 mg/mL and less than 1mg/mL at pH 6.8 and this decrease in CLA solubility in small intestine pH may contribute to its limited oral bioavailability which is not more than 50%, where CLA degrades quickly in acidic conditions obeying pseudo first-order kinetics with a degradation half-lives of 10.2 min at pH 1.2 and 17 min at pH 1.39<sup>(79)</sup>. The non-ionized form of clarithromycin had partition coefficient (log P) was 3.24<sup>(80)</sup>. It has a biological half-life of about 3-5 h<sup>(81)</sup>.

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#### 1.4.1.2 Mode of action of clarithromycin:

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#### 1.4.1.3 Pharmacokinetic of clarithromycin:

Clarithromycin undergoes first pass metabolism in which 25% of the parent drug converted to the active metabolite 14-hydroxy clarithromycin.

Food slightly delays the onset of absorption for single 500 mg dose of CLR thereby increase the peak plasma concentration by about 24% and the peak time from approximately 2 to 2.5 hours, without change in the drug bioavailability extent. The absolute bioavailability of 250 mg CLR tablets was approximately 50%. CLR over a concentration range from 0.25 to 5 µg/L has serum protein binding ranging from 42 to 50% to the albumin fraction predominantly and high affinity for α1-acid glycoprotein<sup>(83)</sup>.

#### 1.4.1.4 Indications of clarithromycin:

Clarithromycin used for respiratory tract infection, Chlamydia infection, skin soft tissue infection, helicobacter pylori infection, acute maxillary sinusitis, pharyngitis, tonsillitis, acute bacterial exacerbation of chronic bronchitis and pneumonia<sup>(84)</sup>. Macrolides, like clarithromycin (CLA) and azithromycin, are the drugs of choice for the treatment of community acquired pneumonia due to their activity that is combined against pneumococcus and atypical bacteria, especially in areas with low macrolide resistance<sup>(85)</sup>. It is also used as prophylactic antibiotic for patients with mild to moderate chronic obstructive pulmonary disease (COPD)<sup>(86)</sup>.

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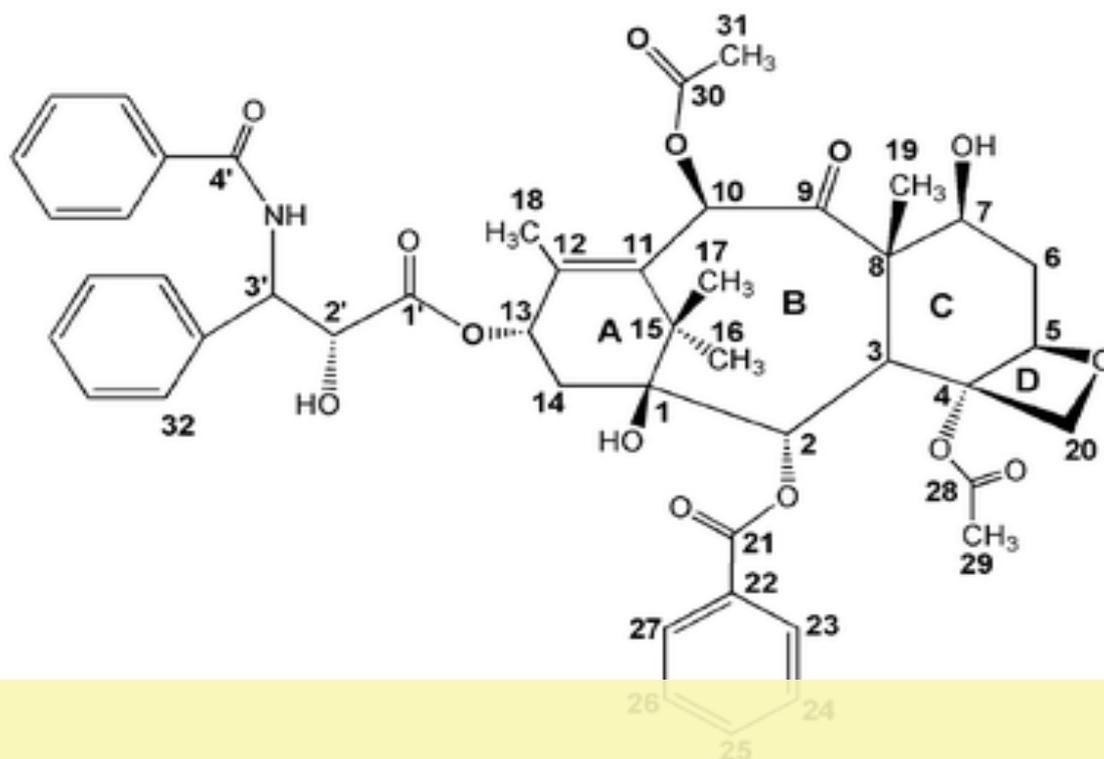
- child from 1 month - 12 years.
- Powder for solution Injectable infusion vial powder for solution (500 mg), twice a day given through a large proximal vein<sup>(87, 88)</sup>.

#### 1.4.2 Paclitaxel (PTX):

The chemical name of paclitaxel is:

(2 $\alpha$ ,4 $\alpha$ ,5 $\beta$ ,7 $\beta$ ,10 $\beta$ ,13 $\alpha$ )-4,10-Bis(acetyloxy)-13-{[(2R,3S)-3-(benzoylamino)-2-hydroxy-3-phenylpropanoyl]oxy}-1,7-dihydroxy-9-oxo-5,20-epoxytax-11-en-2-yl benzoate.

Its molecular formula is (C<sub>47</sub>H<sub>51</sub>NO<sub>14</sub>) and its molecular weight is 853.93 g/mol<sup>(89, 90)</sup>. Figure (1-2) shows the structure of paclitaxel.



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Figure (1-2): Structure of paclitaxel

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Paclitaxel is a diterpenoid natural product that was first isolated from the bark of *Taxus brevifolia* (northwest Pacific Yew Tree) in 1967. It is a white to off-white crystalline powder that is highly lipophilic, insoluble in water, and melts at around 216° to 217°C<sup>(91)</sup>.

Paclitaxel is a diterpenoid centered around a complex, bulky and fused taxane ring that composed of hydrophobic substituents and therefore has very poor aqueous solubility of less than 0.01 mg/mL and log P value of 3.96. Paclitaxel lacks ionizable functional groups which might potentially lead to an increase in its solubility with pH alteration. PTX nonaqueous solvents solubility is found to be ~20 mM in methylene chloride or acetonitrile, ~46 mM in ethanol and ~14 mM in isopropanol as well as it is soluble in methanol, , dimethyl sulfoxide and tertiary-butanol<sup>(92, 93)</sup>. Paclitaxel belong to Class IV of BCS ( low solubility and low permeability)<sup>(94)</sup>.

### **1.4.2.2 Mode of action of paclitaxel:**

Paclitaxel acts primarily as anticancer by suppression of microtubule spindle dynamics resulting in the blockage of metaphase-anaphase transitions, thereby inhibit mitosis and induction of apoptosis, in which paclitaxel binds to the polymeric tubulin and specifically stabilizes microtubules, thereby preventing tubulin disassembly<sup>(95)</sup>.

### **1.4.2.3 Pharmacokinetic of paclitaxel:**

Paclitaxel Pharmacokinetics shows a wide variability. The volume of distribution (steady-state) was found to be  $\sim 87.1 \text{ L.m}^{-2}$  and terminal half-life

was found to be in range 1.3-8.6 h. The drug undergoes an extensive hepatic metabolism mediated by P-450 and less than 10% of drug excreted in the urine and most drug is eliminated in feces. Paclitaxel plasma protein binding

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Benefits for registered users: 100% and it's rapid as well as extensive<sup>(96,97)</sup>.

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Paclitaxel is U.S. Food and Drug Administration (FDA) approved for the treatment of several carcinomas including breast, advanced ovarian, non-small cell lung, head and neck, colon, and AIDS-related Kaposi's sarcoma<sup>(98)</sup>. Paclitaxel showed serious adverse effects including; pain, redness and swelling at the injection site, unusual bruising or bleeding, , Hand-foot syndrome, fever, chills, cough, sore throat, change in normal bowel habits for more than two days, swallowing difficulty, dizziness, severe exhaustion, shortness of breath, skin rash, facial flushing, female infertility by ovarian damage. Common side effects include loss of appetite, nausea and vomiting, change in taste, thinned or brittle hair, changes in the color of the nails, pain in the joints of the arms or legs lasting two to three days, and tingling in the hands or toes<sup>(99)</sup>.

### 1.4.2.5 Marketed dosage forms and doses of paclitaxel:

Paclitaxel FDA approved formulations include:

- TAXOL (Bristol-Myers Squibb); paclitaxel is dissolved in Cremophor EL and ethanol, as a delivery agent.
- ABRAXANE or nab-paclitaxel (American Bioscience, Inc.); paclitaxel is bound to albumin<sup>(100)</sup>.

TAXOL is usually given slowly through an IV infusion up to 24 hours to complete every 3 weeks. The recommended ABRAXANE regimen for Injectable Suspension (paclitaxel protein-bound particles for injectable suspension) is 260 mg/m<sup>2</sup> that administered intravenously over 30 minutes every 3 weeks<sup>(101)</sup>.

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morphology as well as by fourier transform infra-red (FTIR), differential scanning calorimetric (DSC) and UV-Visible spectroscopy<sup>(102)</sup>. In 2012, Lotfipour and et al prepare CLA nanoparticles by Modified Quasi Emulsion Solvent Diffusion (MQESD) method and loaded with PLGA (poly lactic-co-glycolic acid) nanoparticles as nanosuspension with improved antibacterial activity against *Staphylococcus aureus* in comparison with the pure drug<sup>(103)</sup>. Particle size and morphology of loaded drug was evaluated using SEM. In 2014, Esfandi and the other co-workers prepare aqueous nanosuspension of CLA by sonoprecipitation technique with enhanced antibacterial and dissolution rate in comparison with course powder of CLA<sup>(104)</sup>. The prepared nanosuspension particle size was measured using SEM, while thermal

behavior was studied using DSC. In 2016, Oktay and et al prepare nanocomposite hydrogel containing surface modified  $\text{Fe}_3\text{O}_4$  nanoparticles and loaded with CLA for prolonged sustain release of the drug which was approved by *in-vitro* release study. The morphological and structural characterizations of loaded CLA were performed by FTIR, SEM and TEM<sup>(105)</sup>.

In 2002, Fonseca and et al prepare paclitaxel (PTX) loaded poly(lactic-co-glycolic acid) (PLGA) nanoparticles with enhanced cytotoxicity of PTX against lung cancer cell line<sup>(106)</sup>. In 2005, the U.S. Food and Drug Administration (FDA) approved PTX bound protein (albumin) nanoparticles

for injectable suspension (ABRAXANE) for the treatment of several carcinomas including breast, advanced ovarian, non-small cell lung, head and neck, colon, and AIDS-related Kaposi's sarcoma<sup>(98)</sup>.

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loaded drug morphology and particle size were characterized by TEM and AFM microscopy<sup>(107)</sup>.

In 2013, Aygul and et al prepare PTX loaded PLGA and polyvinyl alcohol (PVA) nanoparticles by emulsification solvent diffusion method and evaluated for particle size and particle size distribution using zeta potential with enhanced cytotoxicity of loaded PTX against human colon cancer cell line<sup>(108)</sup>. In 2014, J. Lu and et al prepare PTX loaded poly ethylene glycogylated nanoparticles (PEGylated-paclitaxel nanoparticles) with increased cellular uptake of breast cancer cell line (MCF-7), higher stability and enhanced cytotoxicity than unloaded PTX<sup>(109)</sup>.

In 2015, Yang and et al prepare PTX loaded glycyrrhizic acid (GA) micelles to improve the oral bioavailability of PTX using ultrasonic dispersion method. DSC thermograms was applied and indicated that PTX was entrapped in the GA micelles and existed as an amorphous state, while zeta

potential sensitizer was applied to measure particle size and particle size distribution. PTX-loaded GA micelles displayed a delayed drug release compared to Taxol in the in vitro release experiment<sup>(92)</sup>. In 2015, Bayindir and et al prepare PTX-loaded Span 40 niosomes using thin-film method with higher area under curve and improved volume of tissue distribution than Taxol (FDA approved PTX with cremophor el and ethanol) after intravenous injection to rats<sup>(110)</sup>.

In 2013, M. Ahamed and et al study the effect of nickel oxide (NiO) nanoparticles on human liver (HepG2) cells and revealed that NiO nanoparticles exert cytotoxicity via reactive oxygen species (ROS) and induce apoptosis to human liver (HepG2) cells in dose-dependent manner

causing DNA damage, chromatin condensation, and micronuclei induction

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assess the cytotoxicity of synthesized NiO (by sol-gel solution method)

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and that the synthesized NiO nanoparticles were more active towards the cancer cells with less toxicity toward normal cells<sup>(112)</sup>. In 2015, Vinardell and

et al study the anticancer activity of metal oxides (CeO, CuO, Fe<sub>3</sub>O<sub>4</sub>, TiO<sub>2</sub>, CoO and ZnO) and conclude that these metal oxides have cytotoxic effect on a variety of cancer cell lines (Squamous carcinoma, breast cancer, non-small cell lung, human myeloid, HeLa, .. etc cell lines) by the generation of reactive oxygen species or apoptosis and necrosis<sup>(113)</sup>. In 2015, Rashid and et al prepare metal oxides (NiO, Fe<sub>3</sub>O<sub>4</sub>, SnO and CoO) and loaded with the anticancer drug doxorubicin (DOX) that characterized by SEM, XRD and UV-Vis spectroscopy<sup>(114)</sup>. In 2015, Adhikary and et al prepare NiO nanoparticles varieties [NiO(I), NiO(Br) and NiO(Cl)] and conjugated with erythromycin (broad spectrum antibiotic) to develop NiO(I)-Ery, NiO(Br)-Ery and NiO(Cl)-Ery that show effective antimicrobial activity against

erythromycin resistant *Staphylococcus aureus* and *Escherichia coli*. These conjugated NiO varieties were characterized by FTIR, UV-Vis, XRD, DLS, SEM, and TEM methods<sup>(115)</sup>.

In 2014, Hayder J. Essa prepare cadmium sulfide (CdS) nanoparticles loaded with the widely used anticancer drug 5-fluorouracil (5-FU) and then functionalized with iron oxide (Fe<sub>2</sub>O<sub>3</sub>) nanoparticles. The prepared CdS nanoparticles loaded drug were characterized using FTIR and UV-Visible spectroscopy. The anticancer activity of CdS loaded 5-FU against cervical carcinoma cell line revealed an enhanced anticancer activity after loading of 5-fluorouracil with CdS nanoparticles<sup>(116)</sup>. In 2014, Malarkodi and et al prepare cadmium sulfide (CdS) and zinc sulfide (ZnS) nanoparticles by green method and characterize them using FTIR, UV-Vis

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activity of the prepared CdS and ZnO nanoparticles against all pathogens (Staphylococcus aureus, Escherichia coli, Bacillus cereus, Pseudomonas aeruginosa) was successfully demonstrated by well diffusion method<sup>(117)</sup>. In 2015, Shivashankarappa and et al prepare CdS nanoparticles by green synthesis using *Bacillus licheniformis* bacteria and characterized using FTIR, UV-Vis, XRD and SEM methods. They revealed that the prepared CdS nanoparticles possess significant antimicrobial activity against different food borne bacteria (*E coli*, *Bacillus licheniformis*, *Pseudomonas aeruginosa*, *Bacillus cereus* and *Staphylococcus aureus*) and fungi (*Fusarium oxysporum*, *Aspergillus flavus* and *Penicillium expansum*) which was successfully demonstrated by well diffusion method<sup>(118)</sup>. In 2015, Grinyte and et al study the catalytic role of CdS nanoparticles and found that the colorimetric sensitive assays for glucose oxidase and glutathione reductase based on enzymatic generation of CdS nanoparticles acting as light-powered catalysts by photo-oxidation of the chromogenic enzymatic substrate 3,3',5,5'-tetramethylbenzidine by oxygen<sup>(119)</sup>.

### Aim of the study

The aim of this work involves preparation of cadmium sulfide (CdS) and nickel oxide (NiO) nanoparticles and incorporation (loading) of clarithromycin (class II) and paclitaxel (class IV) as model drugs and to characterize them as a promising nanocarriers that may improve physiochemical properties and/or biological activity of the drugs as well as may contribute to reducing the adverse effect of both drugs and applied metals.

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## Chapter Two

**2. Materials and Methods:****2.1 Materials:**

The following table summarizes the materials used and their manufacturer.

**Table (2-1): Materials**

Materials	Formula	Molecular Weight	Manufacture
Clarithromycin	$C_{38}H_{69}NO_{13}$	747.957 g/mol	Jiangsu Yew Pharmaceutical Co., Limited (China)
Ethanol	$C_2H_6O$	46.068 g/mol	Sigma Chemical Co., Limited (USA)
Methanol	$CH_3OH$	32.04 g/mol	
Acetonitrile	$C_2H_3N$	41.05 g/mol	Sinopharm Chemical Reagent Co., Limited (China)
Ammonia solution	$NH_4(OH)$	35.04 g/mol	

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Cadmium acetate dihydrate	$(\text{CH}_3\text{COO})_2\text{Cd} \cdot 2\text{H}_2\text{O}$	266.53 g/mol	Qualikems Fine Chem Co., Limited (India)
Nickel nitrate	$\text{Ni}(\text{NO}_3)_2 \cdot 6\text{H}_2\text{O}$	290.76 g/mol	Barcelona Co., Limited (Spain)
Sodium sulfide	$\text{Na}_2\text{S} \cdot 10\text{H}_2\text{O}$	258.04 g/mol	Thomas Baker Co., Limited (India)
Dimethylsulfoxide (DMSO)	$\text{C}_2\text{H}_6\text{OS}$	78.13 g/mol	Loba Chemie Pvt. Ltd (India)

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Instrument	Model	Company
Atomic Force Microscopy (AFM)	Augestrom advance inc.	USA
Differential Scanning Calorimetric (DSC)	Linsies	Germany
USP Dissolution Apparatus Type 2	Copley	UK
Fourier Transform Infra-Red Spectroscopy (FTIR)	8400S	Shimadzu Japan

Melting Point Apparatus	Stuart SMP 30	UK
pH Meter	WTW-INO LAB	Switzerland
X-Ray Diffraction (XRD)	220V/50Hz	Shimadzu Japan
Scanning Electron Microscopy (SEM)	FET company	Netherlands
Sonicator	Elma	Germany
UV-Visible Spectrometer	1800	Shimadzu Japan
Thermal Gravimetric Analysis (TGA)	Linsies	Germany

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## **2.3 Methods:**

### **2.3.1 Melting point (m.p) determination method:**

Melting point of clarithromycin and paclitaxel was achieved using capillary method, by taking a small amount of the drug through tipping the powdered drug in a capillary tube closed at one end then it was placed in melting point apparatus and the temperature at which the drug melts was noted to be compared with the standards reported in USP-NF<sup>(120)</sup>.

### **2.3.2 Preparation of metallic nanoparticles:**

#### **2.3.2.1 Preparation of cadmium sulfide (CdS) nanoparticles:**

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Cadmium sulfide (CdS) nanoparticles were prepared by chemical co-precipitation technique by drop wise titration of 0.1M of  $\text{Na}_2\text{S} \cdot 10\text{H}_2\text{O}$  aqueous solution (by dissolving 1.29g in 50 mL of deionized water) using 50 mL of  $\text{CdCl}_2 \cdot 2\text{H}_2\text{O}$  solution with a rate of (1) drop/minutes) to 0.1M of  $\text{CdCl}_2 \cdot 2\text{H}_2\text{O}$  solution heating at 50°C. While dropping and stirring, the solution color change from yellow to orange then red and finally return back to orange color, after dropping was finished, stirring was continued for 4 hours and then filtered and washed with deionized water three times to remove impurities. The residue was then left in desiccator containing silica gel for three days to be dried and finally, the product (orange nanoparticles) was collected, grinded by mortar and pestle and placed in a preweighed plastic container to be weighed and characterized<sup>(121, 122)</sup>.

### **2.3.2.2 Preparation of nickel oxide (NiO) nanoparticles:**

Nickel oxide (NiO) nanoparticles were prepared by thermochemical processing by drop wise titration of 100 mL of  $\text{NH}_4(\text{OH})$  solution using 100 mL burette with a rate of (10 drops/minutes) to the preheated 0.5M of  $\text{Ni}(\text{NO}_3)_2 \cdot 6\text{H}_2\text{O}$  (by dissolving 7.269g in 50 mL of deionized water and heated to  $70^\circ\text{C}$  with stirring at 1000 rpm) with increased stirring to 1500 rpm. After dropping has been finished, stirring was continued for 4 hours and then filtered and washed with 1:1 (v/v) of deionized water and ethanol five times to remove impurities. The resulted light green residue was then placed in the oven at  $70^\circ\text{C}$  for 24 hours, then the temperature was raised to  $220^\circ\text{C}$  for 2 hours to dry the product and finally, the product (black nanoparticles) was grinded with mortar and pestle and placed in a preweighed plastic container

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metallic nanoparticles (CdS and NiO nanoparticles) by two different methods (incorporation) method and (adsorption/absorption) method, respectively.

### **2.3.3.1 Loading of clarithromycin and paclitaxel on CdS nanoparticles:**

Clarithromycin and Paclitaxel each one separately was loaded to CdS nanoparticles by incorporation method which involves the addition of the drug in the last step of nanoparticles synthesis, where 0.1M of clarithromycin using acetone as a solvent (by dissolving 3.739g in 50mL of acetone) and 0.1M of paclitaxel using acetonitrile as a solvent (by dissolving 2.134g in 25mL of acetonitrile) was added (each one separately) by fast dropping to

the mixture of cadmium acetate and disodium sulfide while it is vigorously stirred (1500 rpm) at 50°C and just before dropping of disodium sulfide has been finished. After finishing the disodium sulfide dropping, the stirring was continued for 4 h and then filtered, washed with ethanol, desiccated and finally collected as light yellow powder to be characterized and evaluated<sup>(40)</sup>.

### **2.3.3.2 Loading of clarithromycin and paclitaxel on NiO nanoparticles:**

Loading of clarithromycin and Paclitaxel each one separately on NiO nanoparticles was done by (Adsorption/Absorption) method that involves addition of 0.1M of each drug by fast dropping to the preheated solution of

NH<sub>4</sub>OH containing NiO nanoparticles at 60°C with vigorous stirring (1500rpm) that continued for 2 h after drug addition has been completed

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### **2.3.4 Determination of calibration curve of drugs method:**

Clarithromycin stock solution was prepared by dissolving 100 mg of clarithromycin in 6mL of acetonitrile and then complete the volume to 100 mL by phosphate buffer (pH 7.4). The stock solution was then scanned by UV-Visible spectrophotometer at the range of 200-400 nm using 6mL acetonitrile completed to 100mL phosphate buffer pH 7.4 as a blank and the  $\lambda$  max of the drug was determined. Calibration curve of clarithromycin in phosphate buffer pH 7.4 was done by preparing serial dilutions from the prepared stock solution (1mg/1mL) including 1, 0.9, 0.8, 0.7, 0.6, 0.5, 0.4, 0.3, 0.2 and 0.1mg/mL and the samples were scanned spectrophotometrically at 210 nm ( $\lambda$  max of CLA) and then the measured absorbance values of the

samples were plotted versus related concentrations to obtain the standard calibration curve<sup>(126-128)</sup>.

While paclitaxel stock solution was prepared by dissolving 4.5 mg of Paclitaxel in 50 mL methanol then the volume was completed to 100 mL by phosphate buffer (pH 7.4). The stock solution was scanned by UV-Visible spectrophotometer at the range of 200-400 nm using 50:50(v/v) of methanol and phosphate buffer (pH 7.4) as a blank and the  $\lambda$  max of the drug was determined. Calibration Curve of Paclitaxel in phosphate buffer pH 7.4 was done by preparing serial dilutions from the prepared stock (45 $\mu$ g/mL) including 45, 40.5, 36, 31.5, 27, 22.5, 18, 13.5, 9 and 4.5 $\mu$ g/mL and the samples were scanned spectrophotometrically at 230 nm ( $\lambda$  max of PTX),

then the measured absorbance values of samples were plotted versus related

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#### 2.3.5.1 Fourier Transform Infra-Red (FTIR) measurement:

Characterization by FTIR spectroscopy ( $4000-500\text{ cm}^{-1}$ ) using potassium bromide disc was performed for pure clarithromycin, CLA loaded on CdS and NiO nanoparticles each separately, pure paclitaxel and paclitaxel loaded CdS and NiO nanoparticles each separately<sup>(132)</sup>.

#### 2.3.5.2 Scanning Electron Microscopy (SEM) measurement:

Scanning Electron Microscope (SEM) was applied for the prepared metallic nanoparticles before and after drug loading as well as for pure drugs (each separately). It was done by taking 1-2 mg of powdered material and mounted on a sample small aluminum holder followed by coating with gold (conductive metal) and remove large molecules by nitrogen gas, then the

sample is scanned with a focused fine beam of electrons in SEM machine to take images<sup>(133)</sup>.

### **2.3.5.3 Zeta Potential ( $\xi$ ) measurement:**

Zeta potential ( $\xi$ ) analysis for CdS and NiO nanoparticles before and after loading with Clarithromycin and Paclitaxel was achieved by dissolving 2mg of each sample separately in 10mL of phosphate buffer pH 7.4 with sonication, then filtered using 0.2 $\mu$ l filter syringe and finally introduced to the zeta potential analyzer to read the zeta potential data for each sample<sup>(134)</sup>.

### **2.3.5.4 X-Ray Diffraction (XRD) measurement:**

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### **2.3.5.5 Thermal Gravimetric Analysis (TGA) measurement:**

Powder samples of pure drug, blank CdS and NiO nanoparticles and nanoparticles loaded drugs were analyzed by TGA during heating process (0-400 °C), where each sample was located separately in TG instrument pan to record the weight loss with increase temperature by subjecting them to a constant heating rate of 5 C°/min and air atmosphere with a gas (nitrogen) flow of 50 mL/min. As a result, thermal scan was recorded as plot of heat flow versus temperature<sup>(136)</sup>.

### **2.3.5.6 Differential Scanning Calorimetric (DSC) measurement:**

Differential Scanning Calorimetric (DSC) analysis was performed for pure drugs, blank CdS and NiO nanoparticles and drugs loaded nanoparticles by taking 1-2 mg of each sample and dispersed in 5mL of phosphate buffer PH 7.4, then take 1mL of the dispersed sample and heated from 25°C to 300°C at the rate of 10°C per minute under nitrogen gas carrier supplied at 10 mL/min<sup>(137)</sup>.

### **2.3.5.7 Atomic Force Microscopy (AFM) measurement:**

Atomic Force Microscopy (AFM) was performed for pure drugs (clarithromycin and paclitaxel), blank nanoparticles (CdS and NiO) and drugs loaded nanoparticles. Powder sample was dissolved by methanol and few drops of each sample was dropped separately on a slide glass that an

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### **2.3.6 In-vitro drug release study:**

Clarithromycin *in-vitro* release study was achieved for CLA loaded on CdS and NiO nanoparticles each one separately as well as for pure CLA as control using a USP type II rotating paddle apparatus at  $37 \pm 0.5^\circ\text{C}$  and rotating speed of 100 rpm in 500 mL of phosphate buffer solution (pH 7.4). Equivalent to 100mg CLA of the prepared drug loaded CdS and NiO nanoparticles as well as 100mg of pure CLA were dispersed in the dissolution medium and samples of 5 mL were withdrawn at predetermined time intervals and replaced with the same volume of fresh media after each withdrawal, then the withdrawn samples were filtered and the content of CLA was determined spectrophotometrically by using UV-Visible

spectrophotometer at 210 nm, each experiment was analyzed in triplicate<sup>(139, 140)</sup>.

The same was applied to paclitaxel by dispersing 10 mg of the standard PTX as well as equivalent to 10 mg PTX of the prepared drug loaded CdS and NiO nanoparticles in 500mL of phosphate buffer solution pH 7.4 using USP type II rotating paddle apparatus at  $37 \pm 0.5^\circ\text{C}$  and rotating speed of 100 rpm. The withdrawn samples was determined spectrophotometrically by using UV-Visible spectrophotometer at 230 nm, each sample was analyzed in triplicate<sup>(141, 142)</sup>.

### 2.3.7 Calculation of yield, drug loading and entrapment

efficiency percentages methods<sup>(143, 144)</sup>:

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$$\% \text{Yield} = \frac{\text{weight of nanoparticles after drug incorporation}}{\text{weight of nanoparticles and drug before incorporation}} \times 100\%$$

The percentage of drug loading (% drug loading) was calculated as a percentage ratio of the weight of drug in nanoparticles alone to the weight of nanoparticles loaded with the drug, as follow:

$$\% \text{ Drug loading} = \frac{\text{weight of drug in nanoparticles}}{\text{weight of nanoparticles loaded with the drug}} \times 100\%$$

The weight of clarithromycin loaded on CdS and NiO nanoparticles was determined by dissolving 20mg of drug loaded CdS and NiO nanoparticles each one separately in 3mL of acetonitrile and then complete the volume to 50mL with phosphate buffer pH 7.4 and scanned spectrophotometrically at  $\lambda$  max 210 nm by UV spectrophotometer. While the weight of paclitaxel in nanoparticles was determined by dissolving 5mg of CdS and NiO nanoparticles loaded drug each separately in 50mL of methanol and then complete the volume to 100mL with phosphate buffer pH 7.4 and scanned spectrophotometrically at  $\lambda$  max 230 nm by UV spectrophotometer.

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### **2.3.8 Solubility determination of drugs before (pure drug) and after loading on CdS and NiO nanoparticles method:**

A widely spread method to determine the equilibrium solubility of drug molecules is saturation shake-flask method. An excess amount of pure CLA (10 mg/mL), pure PTX (0.1 mg/mL) and an equivalent amount of each drug loaded CdS and NiO nanoparticles were dispersed separately in phosphate buffer pH 7.4 containing stoppered flask in water bath at 37°C and stirred for 48 hours. After 48 hours the undissolved material was filtered and the concentration of dissolved drug was quantified using UV-Visible spectrophotometer at the specified  $\lambda$  max of each drug in triplicate <sup>(145, 146)</sup>.

### **2.3.9 Antibacterial activity test of clarithromycin loaded on CdS and NiO nanoparticles method:**

The antibacterial activity of clarithromycin loaded CdS and NiO nanoparticles each separately was compared with pure CLA as well as with blank CdS and NiO nanoparticles. Each sample was tested against two types of gram +ve bacteria (*Staphylococcus aureus* and *Streptococcus pyogenes*) and two types of gram –ve bacteria (*Serratia marcescens* and *Klebsiella oxytoca*) using a concentration of 100 µg/mL of pure CLA and an equivalent concentration of CLA loaded with CdS and NiO nanoparticles as well as blank CdS and NiO nanoparticles. The samples were dissolved using dimethylsulfoxide (DMSO) as a solvent and cultured in Muller Hinton agar for 24 h at 37°C<sup>(104, 147)</sup>.

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and NiO nanoparticles, as well as the blank CdS and NiO nanoparticles was performed by Centre for Natural Product Research and Drug Discovery in the University of Malaya in Malaysia country using the following procedures:

#### • **Cell culture:**

The human cancer breast cell line (MCF-7) and human normal mammary epithelial cell line (MCF-10A) were grown each separately in Dulbecco modified Eagle's medium (DMEM) with 10% (v/v) heat-inactivated newborn calf serum and antibiotics (100 mg/mL of streptomycin and 100 U/mL of penicillin) at 37°C in a humidified atmosphere containing 5% CO<sub>2</sub><sup>(148)</sup>.

- **MTT assay:**

MCF-7 cells and MCF-10A cells were seeded separately in 96-well plate ( $0.8 \times 10^4$  cells/well) in triplicate and incubated for 24 h to be attached to the plates. After incubation for 24 h, cells were treated with increasing concentrations (2.5, 5, 10, 20 nM) of pure paclitaxel, paclitaxel loaded CdS and NiO nanoparticles and blank CdS and NiO nanoparticles for 24, 48 and 72 h, respectively. After respective incubation periods, 20  $\mu$ L (5 mg/mL) of MTT (3-(4,5 Dimethylthiazol-2-yl)-2,5-Diphenyltetrazolium Bromide) was added to each well and incubated for 4 h at 37°C. Then the formazan crystals formed by the viable cells were dissolved by the addition of 200  $\mu$ L from DMSO to each well and the color intensity value of the processed cells was

measured at 550 nm that present the cell survival percentage in corresponding wells in contrast with their respective control.

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of quantitative data obtained from antibacterial and antitumor activity of clarithromycin and paclitaxel respectively were analyzed using one-way and two-way ANOVA tests as well as Student t-test was used for clarithromycin quantitative data comparison for *in-vitro* release, the results were expressed as mean  $\pm$  standard deviation. Statistical analysis was performed using the statistical package SPSS for windows (version 13, SPSS Inc., Chicago, IL, USA). The statistical significance for each test a *P* value of less than 0.05 was adopted<sup>(153, 154)</sup>.

## Chapter Three

**3. Results and Discussions:****3.1 Determination of drugs melting point (m.p):**

Melting points of clarithromycin and paclitaxel were used to characterize drugs and determine their purity and they were 218-220°C for CLA and 215-217°C for PTX, which are consistent to the reported values (220°C for clarithromycin and 217°C for paclitaxel) in USP-NF indicating a high degree of purity of the drugs<sup>(120)</sup>.

**3.2 Preparation of cadmium sulfide (CdS) and nickel oxide**

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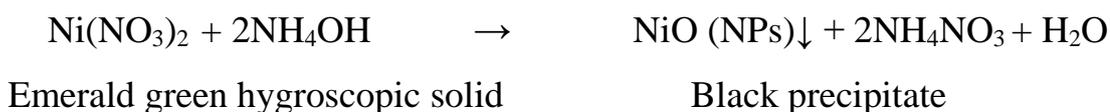
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Colorless crystals      Orange precipitate

**Equation (3-1): Preparation of cadmium sulfide (CdS) nanoparticles**

While nickel oxide nanoparticles (NiO) were black, indicating NiO (which adopts the NaCl structure, with octahedral Ni(II) and O<sup>2-</sup> sites) are non-stoichiometric, as displayed in equation (3-2)<sup>(156)</sup>:

**Equation (3-2): Preparation of nickel oxide (NiO) nanoparticles**

### **3.3 Loading of drugs on the prepared CdS and NiO nanoparticles:**

Clarithromycin (white powder) and paclitaxel (white powder) are loaded on cadmium sulfide (orange powder) and nickel oxide (black powder) nanoparticles by physical complexation between them without any chemical reaction, in which a yellow powder was obtained for both CLA and PTX loaded on CdS nanoparticles as a new compound and grey powder was resulted due to the complexation of the drugs with NiO nanoparticles.

Furthermore loading of CLA and PTX on the prepared CdS/NiO nanoparticles was approved according to the characterization techniques used (FTIR, SEM, zeta potential, XRD, TGA, DSC and AFM).

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#### **3.4 Determination of calibration curve of drugs**

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law within the used range of concentrations. The same result was obtained for paclitaxel (figure 3- 2) and it is also obeys Beer's law.

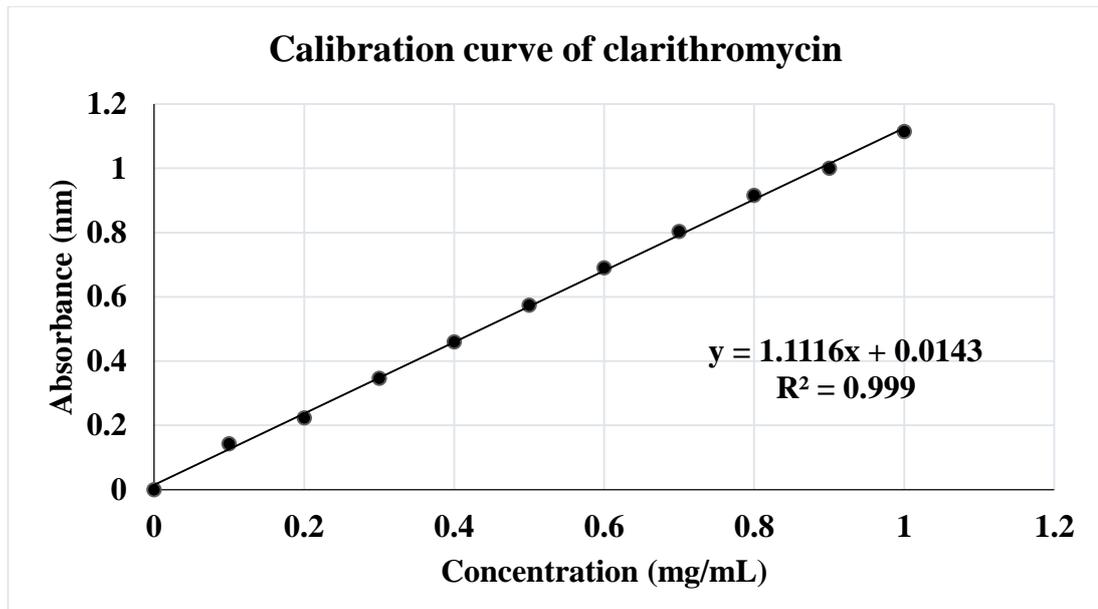


Figure (3-1): Calibration curve of clarithromycin in phosphate buffer

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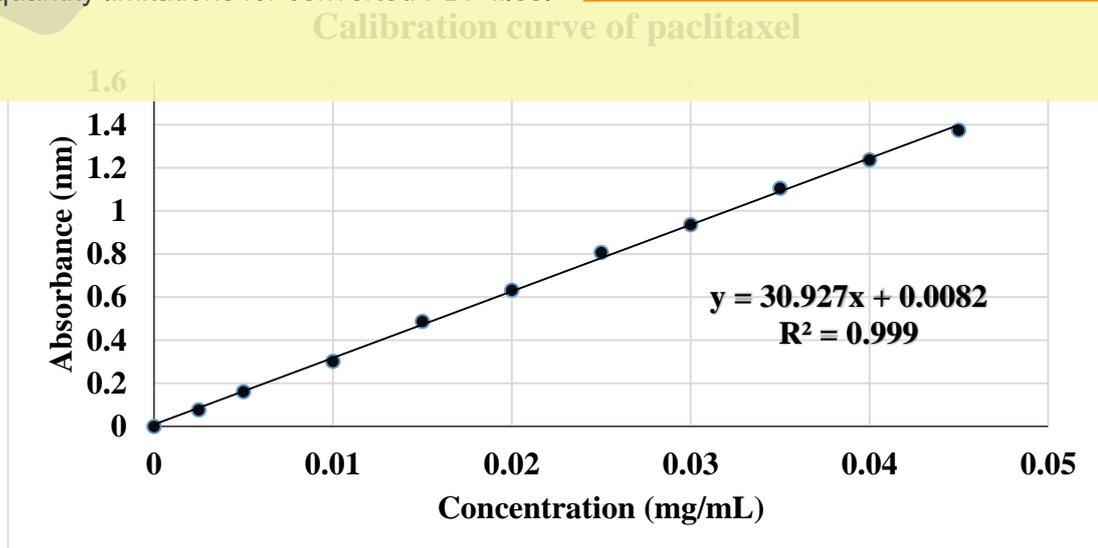


Figure (3-2): Calibration curve of paclitaxel in phosphate buffer  
(pH 7.4)

### **3.5 Characterization of clarithromycin and paclitaxel loaded on CdS and NiO nanoparticle:**

#### **3.5.1 Fourier Transform Infra-Red (FTIR):**

The FTIR spectrum of pure clarithromycin (figure 3-3 A) displayed bands at the range (3618 – 3420  $\text{cm}^{-1}$ ) attributed to multiple hydroxyl groups (OH) in the backbone structure of CLA. The bands at 1722  $\text{cm}^{-1}$  and 1697  $\text{cm}^{-1}$  assign to the two carbonyl groups of ester and ketone respectively, while the aliphatic groups ( $\text{CH}_3$  and  $\text{CH}_2$ ) appeared in the expected area for the stretching (asymmetrical and symmetrical) in the range (2781-2840  $\text{cm}^{-1}$ ), while the finger prints area showed the bending bands of the drug. The FTIR spectra of CLA loaded CdS and NiO nanoparticles (figures 3-3 B and C)

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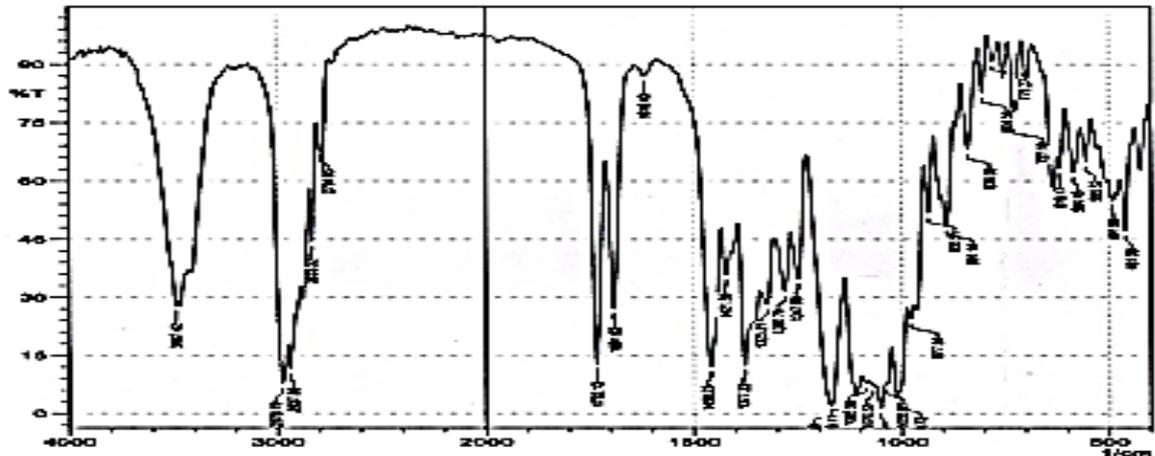
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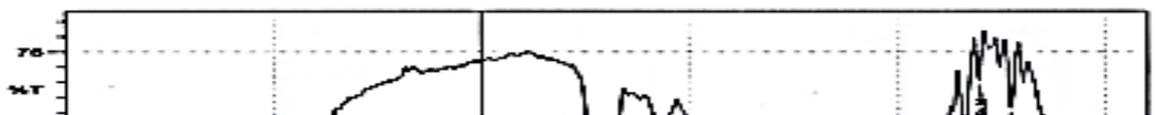
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environments of these groups at 1712, 1700 and 1647  $\text{cm}^{-1}$ . The FTIR spectra of PTX loaded on CdS and NiO nanoparticles (figures 3-4 B and C) showed the same functional groups of pure PTX with small shifting.

The FTIR spectra showed the same main functional groups of CLA and PTX before and after loading on CdS and NiO nanoparticles (figures 3-3, 3-4) with small shifting, indicating physical complexes formation between drug and metal nanoparticles rather than chemical interaction <sup>(139, 157-159)</sup>.



A



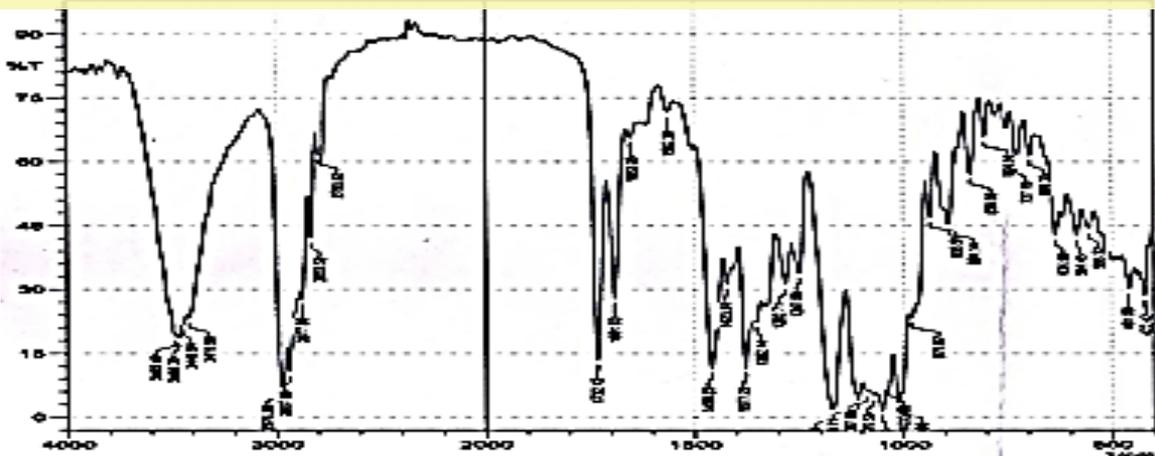
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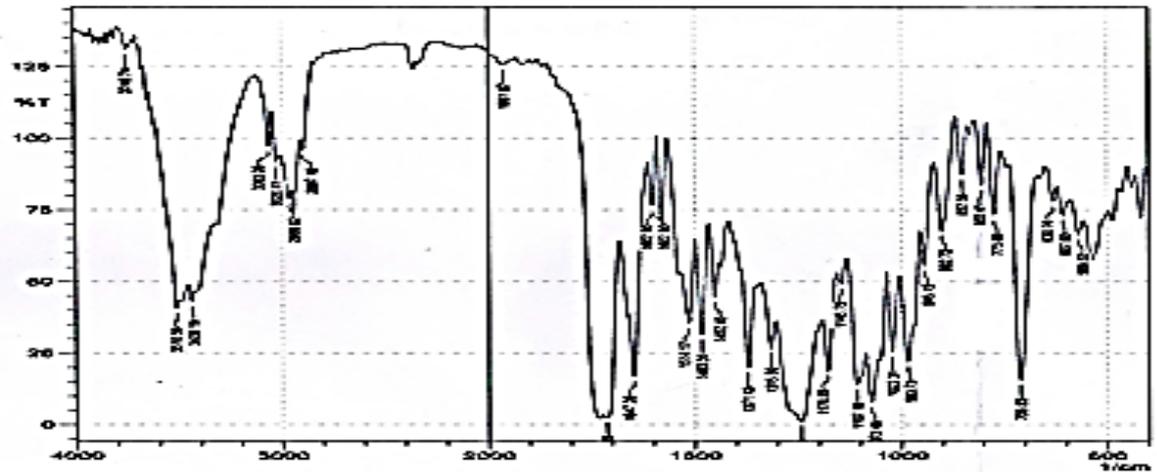
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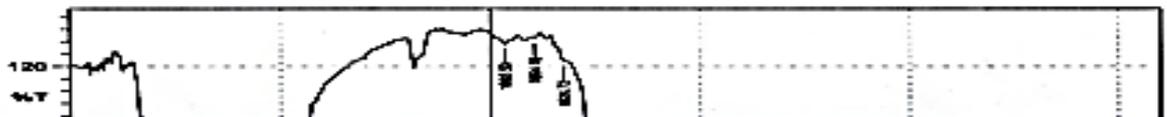


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**Figure (3-3): FTIR spectra of (A) pure clarithromycin, (B) CLA loaded CdS nanoparticles and (C) CLA loaded NiO nanoparticles.**



A



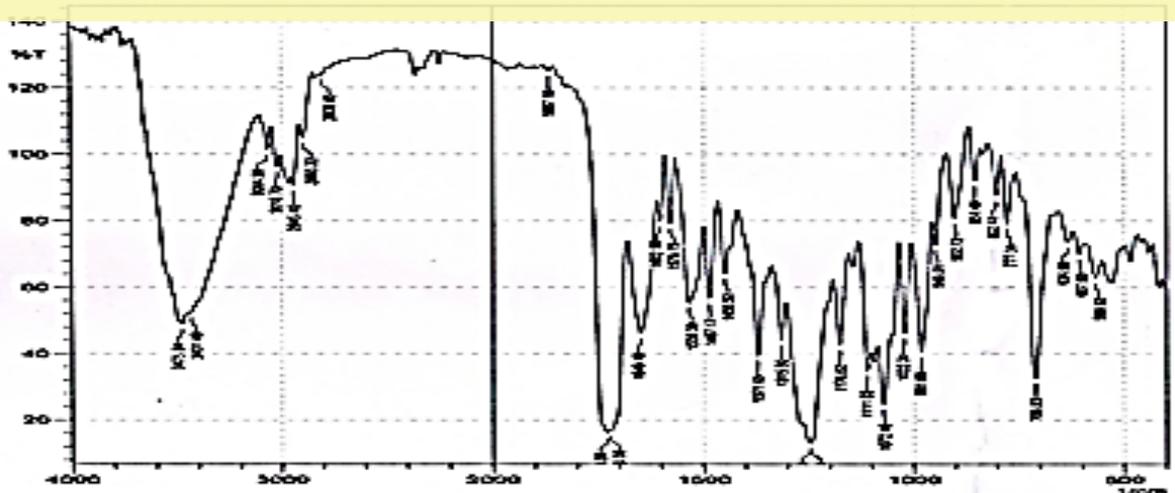
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C

**Figure (3-4): FTIR spectra of (A) pure paclitaxel, (B) PTX loaded CdS nanoparticles and (C) PTX loaded NiO nanoparticles.**

### 3.5.2 Scanning Electron Microscopy (SEM):

Scanning electron microscope instrument is used to determine the shape, size and morphologies of formed nanoparticle to give high resolution images of the sample surface by magnifying images up to 200.000 times<sup>(160)</sup>. The scanned electronic microscope (SEM) images (figure 3-5) of blank CdS and NiO nanoparticles and pure drugs provide informations about their particle size and morphology. The images showed that blank CdS and NiO nanoparticles had fine particles and homogenous distribution more than the particles of pure drugs as well as more regular shape with sharp edges. The SEM images of clarithromycin loaded on CdS / NiO nanoparticles (figures 3-5 E and G) showed different shape and size in comparison with the pure

CLA (figure 3-5 C) and blank CdS and NiO nanoparticles (figures 3-5 A and

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size with smoother surfaces that indicate the loading of CLA on the surface of CdS and NiO nanoparticle<sup>(157, 161)</sup>. The same changes were observed on the surface of CLA after loading on CdS and NiO nanoparticles. They appeared more compact with smoother surfaces and higher particle size than that of free PTX (figure 3-5 D) and blank nanoparticles (figures 3-5 A and B) with flakes like shape for PTX-NiO complex (figure 3-5 H) referring to surface loading of PTX with the nanocarriers<sup>(158, 162, 163)</sup>.

### 3.5.3 Zeta Potential ( $\xi$ ):

Zeta ( $\xi$ ) potential is the electrostatic potential that exists at the particle shear plane and it is related to surface charge as well as the local environment of the particle<sup>(164)</sup>. Zeta potential measurement was performed for blank CdS and NiO nanoparticles (figure 3-6) as well as for pure clarithromycin and paclitaxel before and after loading on CdS and NiO nanoparticles (figures 3-7 and 3-8) as an indicator of their stability in suspension. The zeta potential values are summarized in table (3-1), indicating the good stability of CLA loaded on CdS and NiO nanoparticles (below -30 mV). The zeta potential of PTX loaded on CdS and NiO nanoparticles displayed excellent stability (below -60 mV). The higher electric surface charge will prevent the

aggregation of drug loaded metal nanoparticles in buffer solution due to

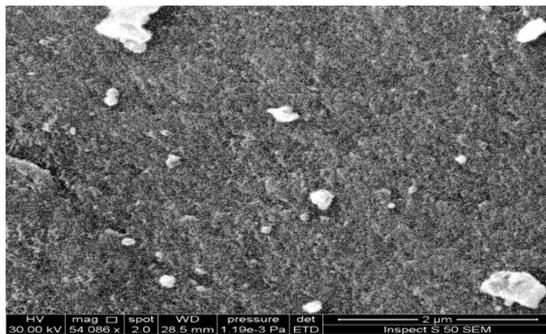
strongly excellent surface charge on nanoparticles (33, 165)

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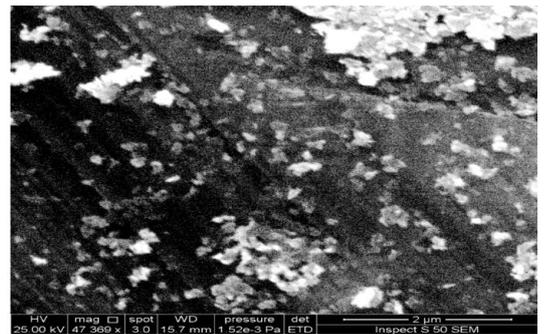
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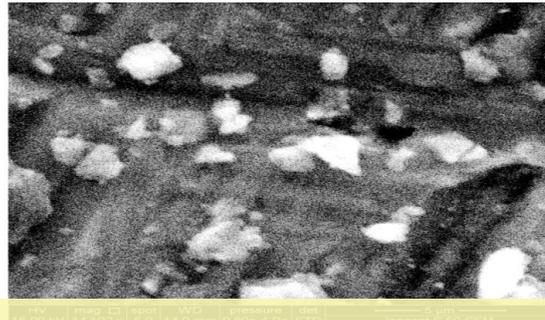
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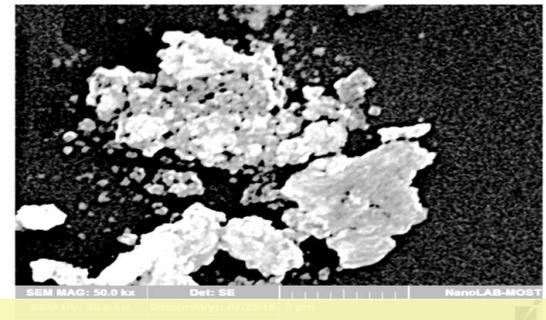
A



B



C



D

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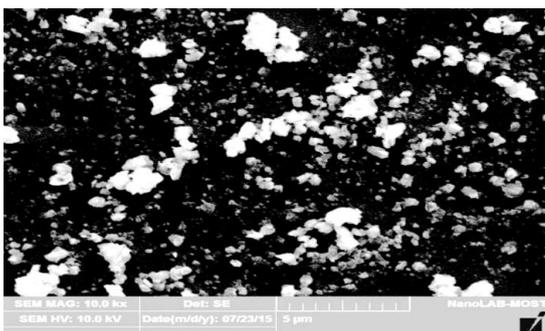
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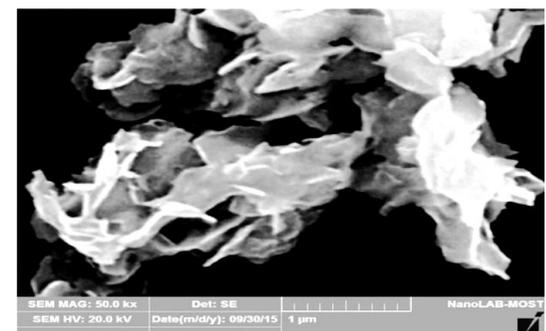
E



F



G



H

**Figure (3-5): SEM images of (A) blank CdS nanoparticles, (B) blank NiO nanoparticles, (C) pure clarithromycin, (D) pure paclitaxel, (E) CLA loaded CdS nanoparticles, (F) PTX loaded CdS nanoparticles, (G) CLA loaded NiO nanoparticles and (H) PTX loaded NiO nanoparticles.**

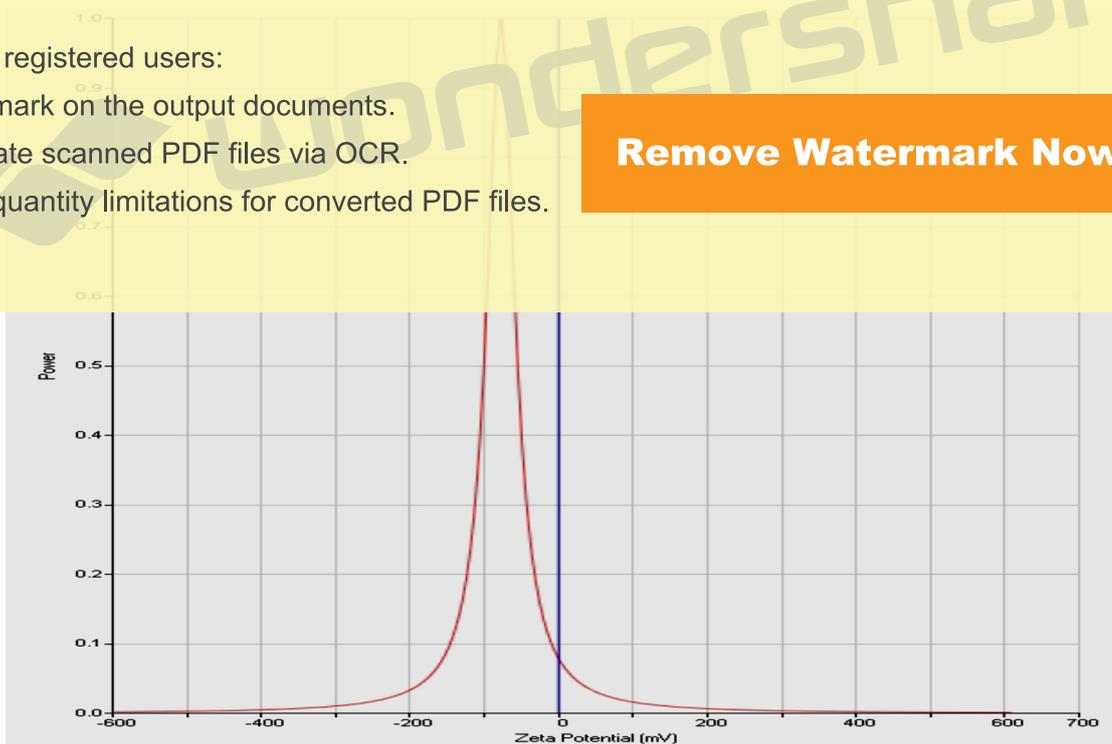


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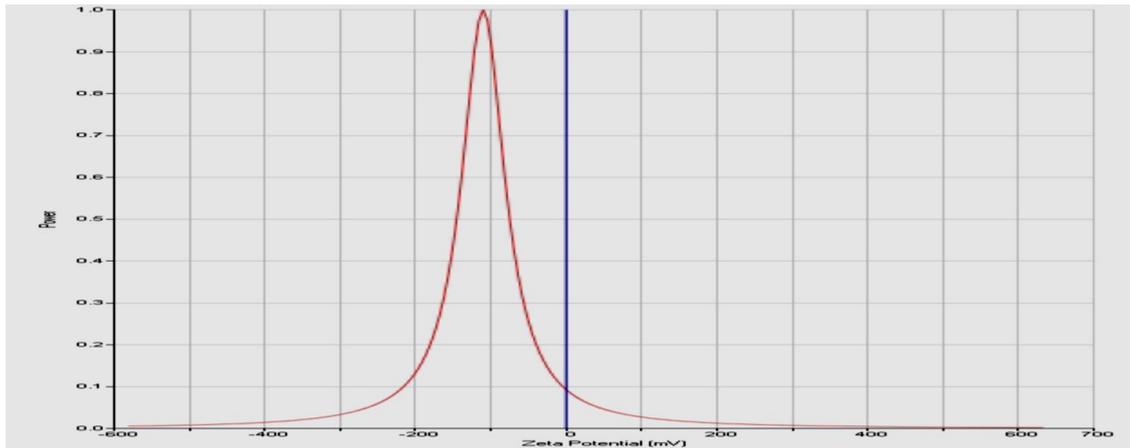
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**B**

**Figure (3-6): Zetapotential monographs of (A) blank CdS nanoparticles and (B) blank NiO nanoparticles.**



A



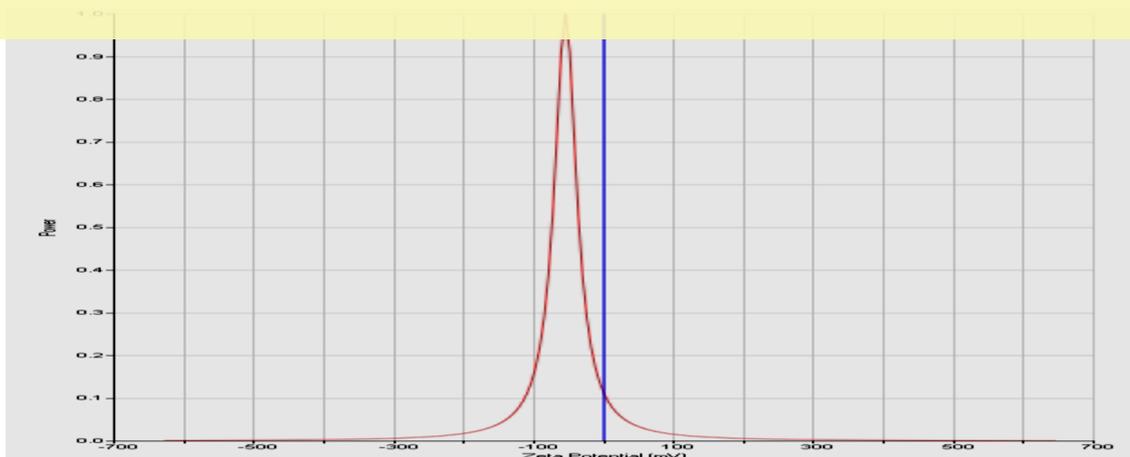
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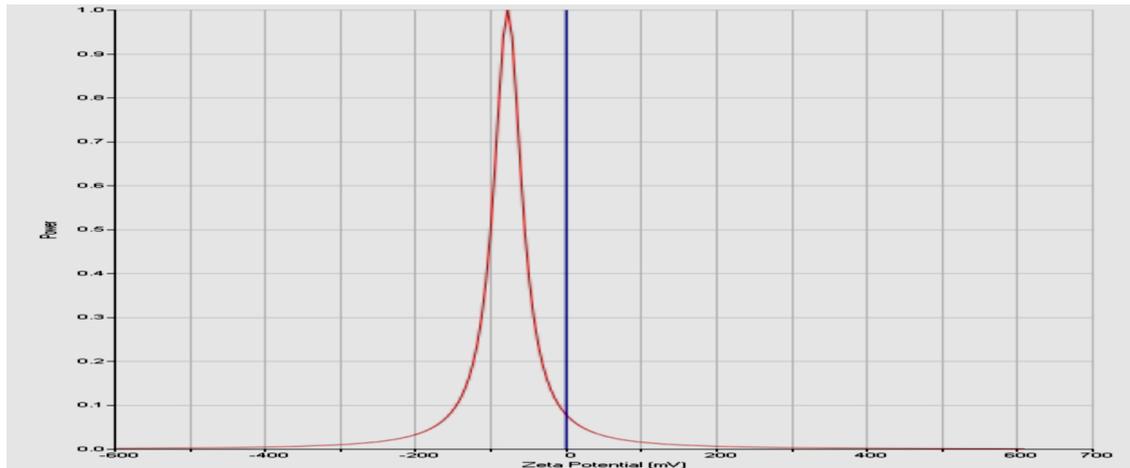
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C

**Figure (3-7): Zeta potential monographs of (A) pure clarithromycin, (B) CLA loaded CdS nanoparticles and (C) CLA loaded NiO nanoparticles.**



A



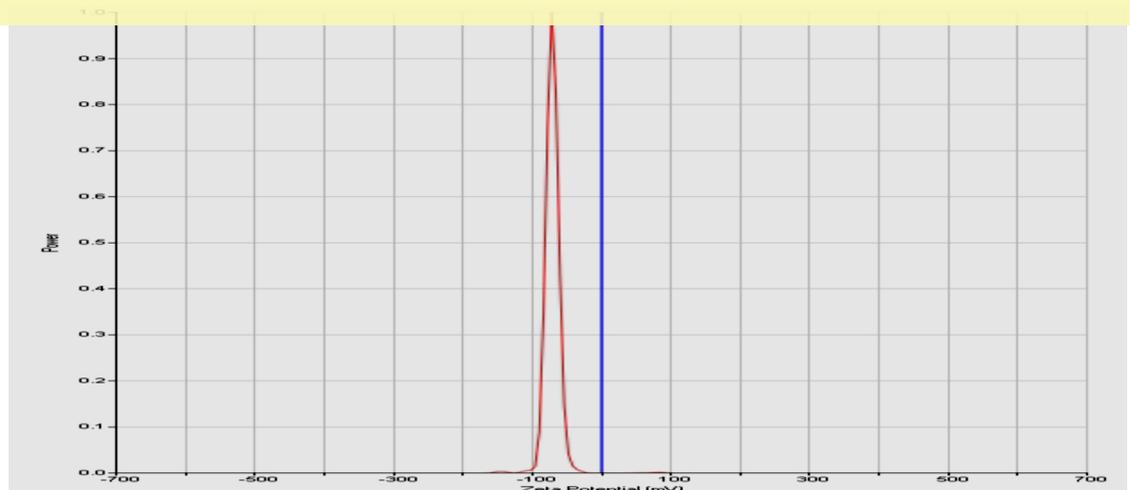
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**Figure (3-8): Zeta potential monographs of (A) pure paclitaxel, (B) PTX loaded CdS nanoparticles and (C) PTX loaded NiO nanoparticles.**

**Table (3-1): Zeta potential of CdS and NiO nanoparticles before and after loading with clarithromycin and paclitaxel as well as pure drugs in phosphate buffer (pH 7.4).**

Sample	Zeta Potential (mV) $\pm$ SD	Mobility ( $\mu$ /s)/(V/cm) $\pm$ SD	Frequency (Hz) $\pm$ SD	Frequency Shift (Hz) $\pm$ SD
Cds nanoparticles	-152.45 $\pm$ 4.8	- 3.03 $\pm$ 0.10	223.44 $\pm$ 0.62	- 27.04 $\pm$ 0.95
NiO nanoparticles	- 90.82 $\pm$ 4.1	-1.80 $\pm$ 0.08	235.03 $\pm$ 0.64	-16.84 $\pm$ 1.71
Pure clarithromycin	-119.67 $\pm$ 8.23	- 2.38 $\pm$ 0.16	230.45 $\pm$ 1.26	-19.25 $\pm$ 2.41
Clarithromycin loaded NiO nanoparticles	- 32.54 $\pm$ 6.21	- 0.97 $\pm$ 0.07	232.01 $\pm$ 1.26	-16.70 $\pm$ 1.83
Clarithromycin loaded NiO nanoparticles	- 59.58 $\pm$ 6.94	-1.18 $\pm$ 0.14	240.65 $\pm$ 1.10	-7.68 $\pm$ 1.83
Pure paclitaxel	- 77.76 $\pm$ 4.08	-1.54 $\pm$ 0.08	237.13 $\pm$ 0.67	-13.98 $\pm$ 1.57
Paclitaxel loaded CdS nanoparticles	-117.90 $\pm$ 8.95	- 2.34 $\pm$ 0.18	231.57 $\pm$ 1.44	-18.84 $\pm$ 1.69
Paclitaxel loaded NiO nanoparticles	-72.93 $\pm$ 2.85	-1.45 $\pm$ 0.06	238.44 $\pm$ 0.46	-11.78 $\pm$ 1.65

**Data represent mean  $\pm$  SD (n=3).**

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### 3.5.4 X-Ray Diffraction (XRD):

The X-ray diffraction technique is the most important characterization tools used in solid state chemistry for the determination of shape, size and lattice parameter (crystallinity). The X-Ray Diffraction (XRD) spectrum of blank CdS nanoparticles (figure 3-9 A) displayed neither sharp nor intense peaks indicating highly amorphous property, while for blank NiO nanoparticles (figure 3-9 B) displayed highly crystalline multiple intense diffraction peaks. The XRD spectrum of pure clarithromycin (figure 3-10 A) displayed numerous narrow strongly intense diffraction peaks indicating its highly crystalline structure, while the XRD spectrum of CLA loaded CdS and NiO nanoparticles (figures 3-10 B and C) showed less intense and less

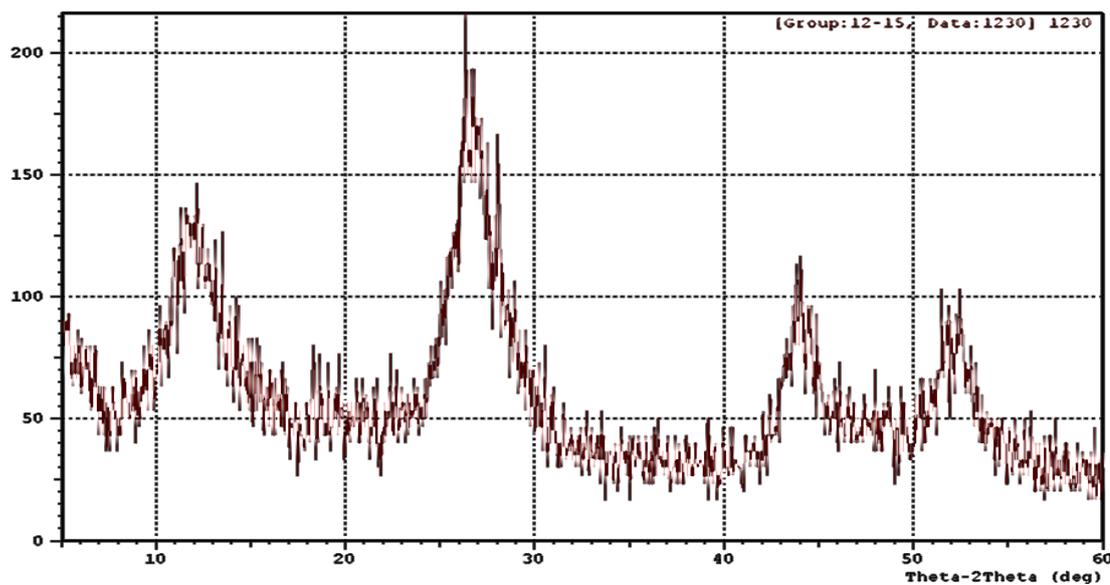
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The XRD spectrum of pure paclitaxel (figure 3-11 A) displayed many characterized intense multiple diffraction peaks indicating PTX crystalline structure, while the XRD spectrum after loading of PTX on CdS and NiO nanoparticles (figures 3-11 B and C) displayed decreased multiplicity of sharp diffraction peaks with lower intensities (except some characteristic diffraction peaks of pure PTX) referring to decreased crystalline property of PTX loaded nanocarriers in comparison with the pure PTX, although the PTX-CdS and PTX-NiO complexes showed decreased crystallinity this did not improve the solubility of the drug <sup>(157, 158, 168)</sup>.



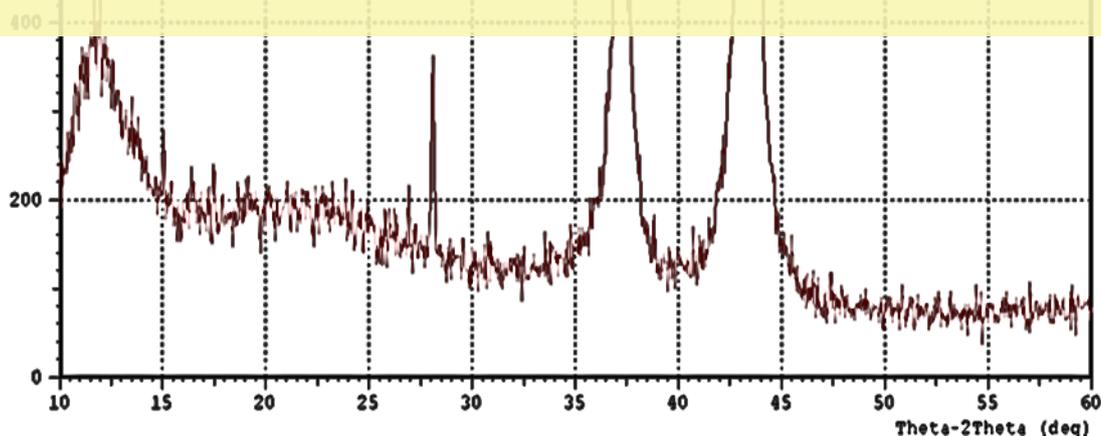
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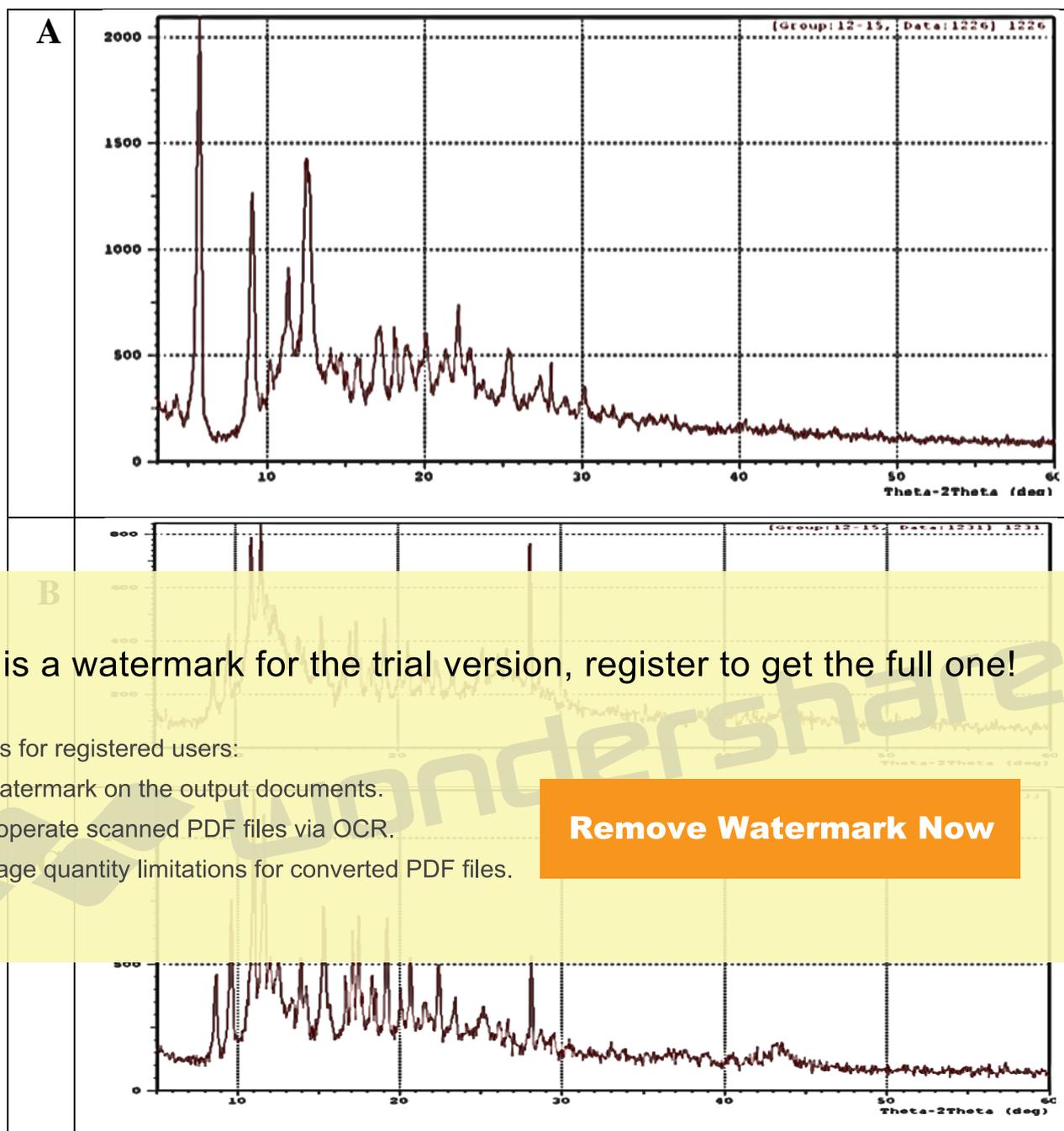
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B

**Figure (3-9): XRD spectra of (A) blank CdS nanoparticles and (B) blank NiO nanoparticles.**



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**Figure (3-10): XRD spectra of (A) pure clarithromycin CLA, (B) CLA loaded CdS nanoparticles and (C) CLA loaded NiO nanoparticles.**



**Figure (3-11): XRD spectra of (A) pure paclitaxel, (B) PTX loaded CdS nanoparticles and (C) PTX loaded NiO nanoparticles.**

### 3.5.5 Thermo Gravimetric Analysis (TGA):

Thermal analysis measurement was carried out from (0 – 400 °C) with heating rate 5 °C/min to evaluate thermal behavior of blank CdS and NiO nanoparticles, pure drugs (pure clarithromycin and pure paclitaxel) and drugs loaded CdS and NiO nanoparticles. Thermal analysis of the prepared blank CdS nanoparticles (figure 3-12 A) showed a degradation weight loss peak at 398.8°C, while the TGA of blank NiO nanoparticles (figure 3-12 B) showed its degradation peak at 399°C. Thermal analysis of pure clarithromycin (figure 3-13 A) showed a peak at 279°C, while TGA spectra of CLA after loading with CdS and NiO nanoparticles (figures 3-13 B and C) showed

thermal weight loss peaks at 255.5°C and 276°C respectively, that is close

to the peak of pure CLA (279°C) indicating surface loading of CLA on CdS and NiO nanoparticles. The peak of CLA loaded CdS nanoparticles is a

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thermal peak at 276°C indicating loss of drug by melting followed by its decomposition above this temperature<sup>(169, 170)</sup>.

Thermal analysis of pure paclitaxel (figure 3-14 A) showed sharp thermal weight loss peak at 230.9°C, while TGA spectra of PTX loaded CdS and NiO nanoparticles (figures 3-14 B and C) showed thermal weight loss peaks at 213.8°C and 229.6°C respectively, that is also close to the peak of pure PTX (230.9°C) indicating surface loading of PTX on CdS and NiO nanoparticles. Where thermal analysis of PTX loaded CdS nanoparticles showed broad weight loss thermal peak at 213.8°C that result from partial drug decomposition at this peak followed by stationary thermal stability without degradation of PTX-CdS complex indicating its thermal stability in comparison to drug and nanoparticles each alone<sup>(171)</sup>.

Paclitaxel loaded NiO thermal analysis displayed two steps of weight loss by thermal effect, first thermal peak appears at 229.6°C indicating the melting followed by decomposition of PTX, while the second thermal peak appears at 359.8°C that may be resulted from degradation of most NiO nanoparticles<sup>(172, 173)</sup>.

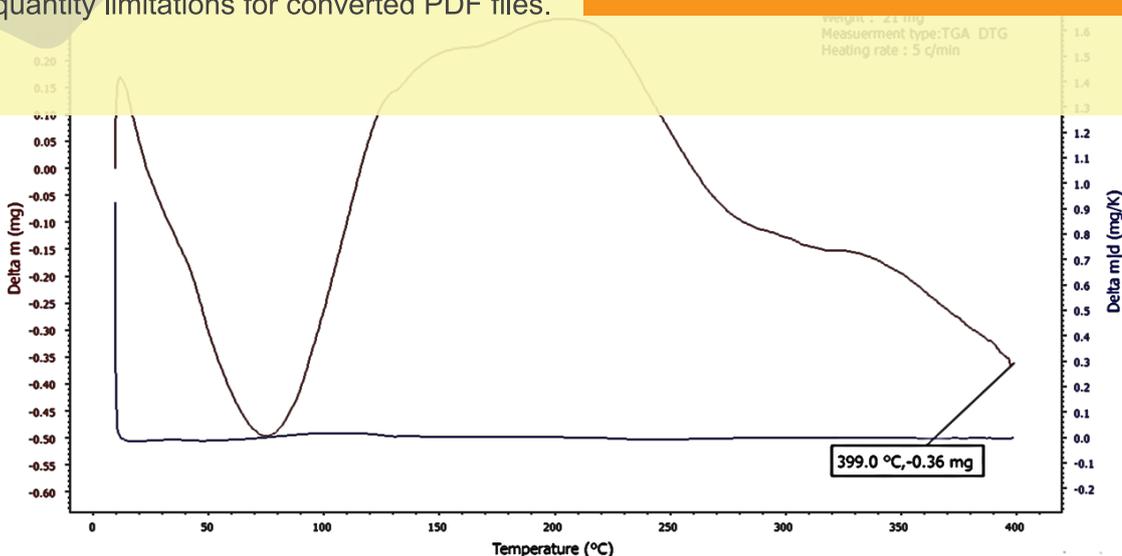


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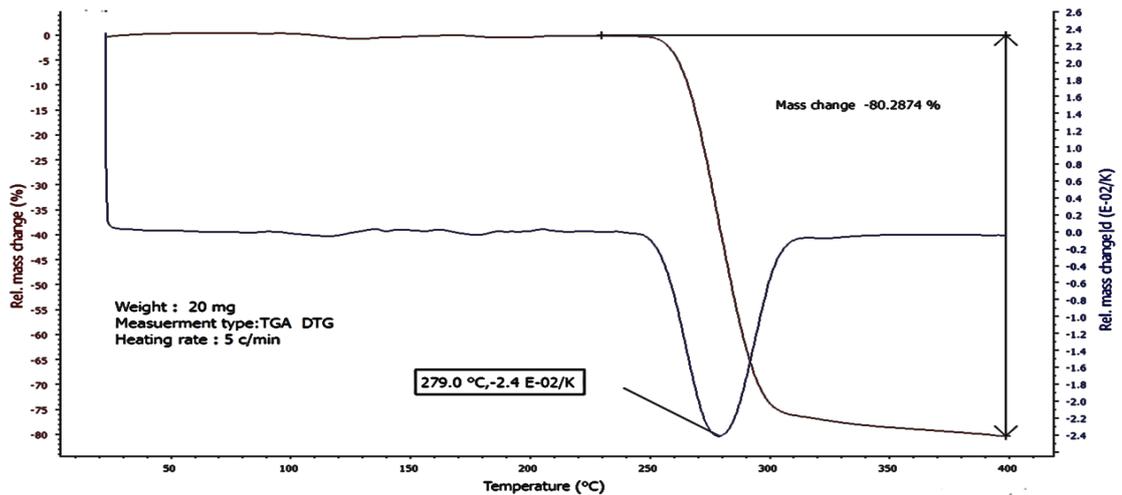
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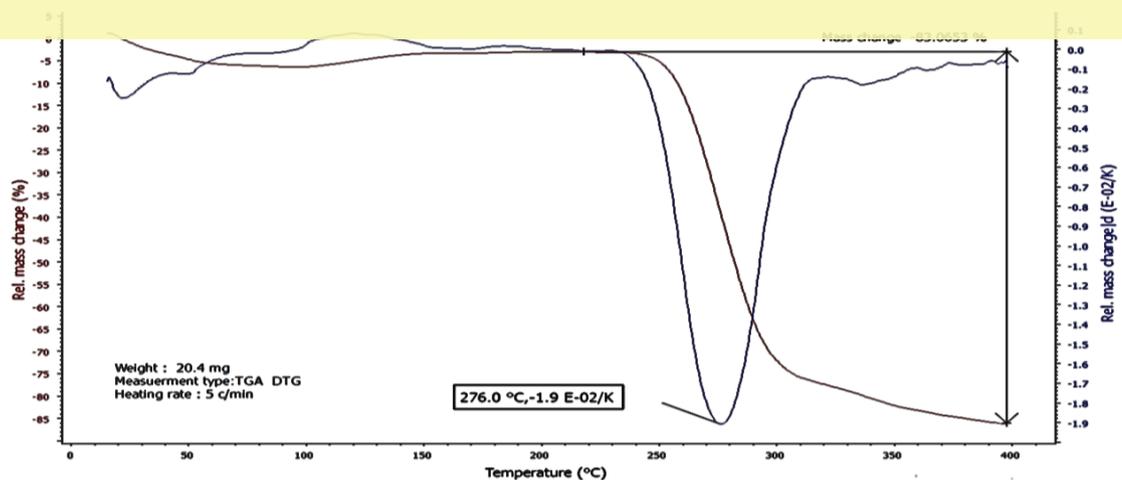
**Figure (3-12): TGA spectra of (A) blank CdS nanoparticles and (B) blank NiO nanoparticles.**



A

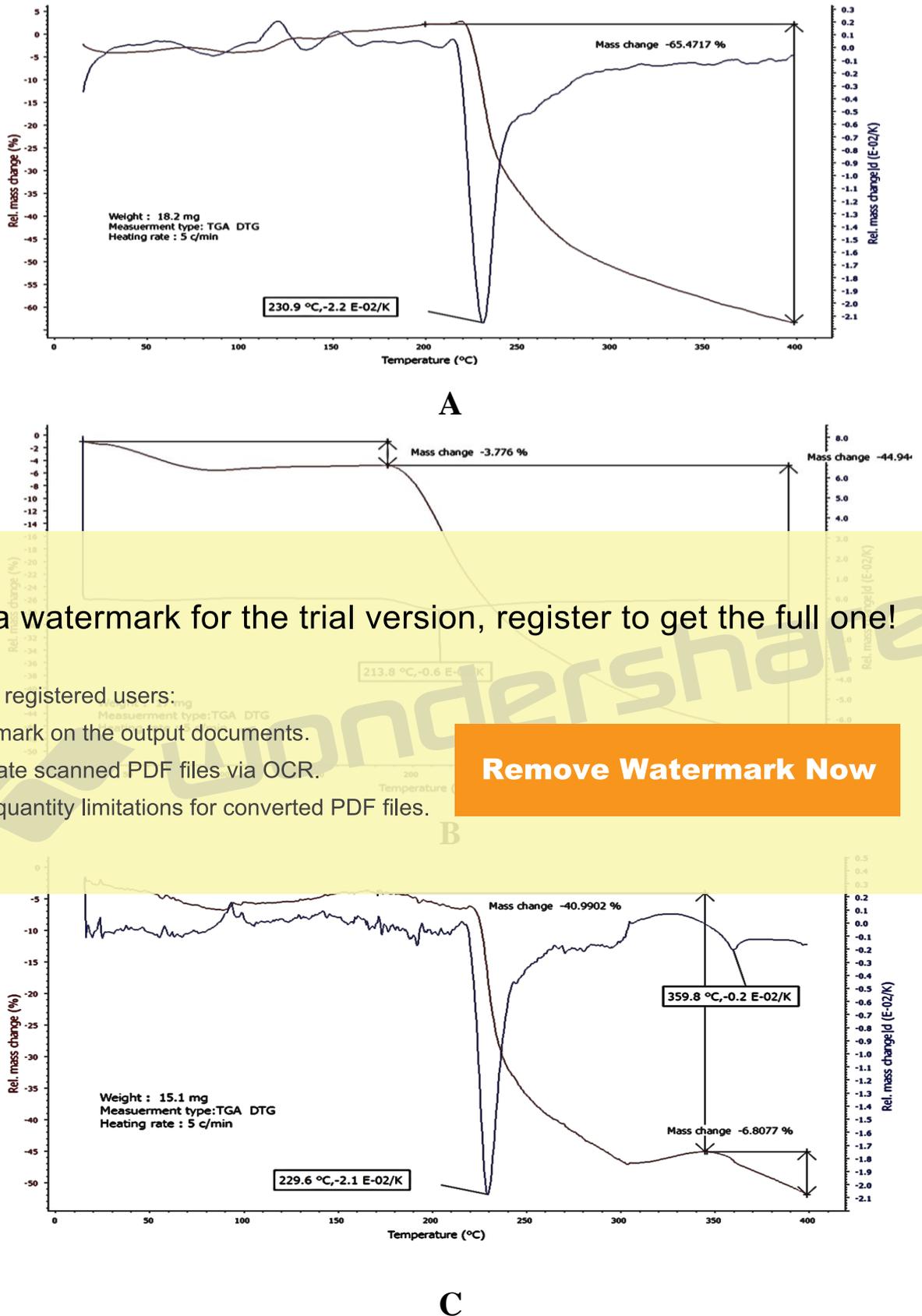


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C

**Figure (3-13): TGA spectra of (A) pure clarithromycin, (B) CLA loaded CdS nanoparticles and (C) CLA loaded NiO nanoparticles.**



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**Figure (3-14): TGA spectra of (A) pure paclitaxel, (B) PTX loaded CdS nanoparticles and (C) PTX loaded NiO nanoparticles.**

### 3.5.6 Differential Scanning Calorimetric (DSC):

Differential Scanning Calorimetric (DSC) analysis was carried out to characterize the physical state and phase transition of drugs<sup>(174)</sup>. Differential scanning calorimetric spectra of blank CdS and NiO nanoparticles (figure 3-15) displayed no sharp endothermic peak. The DSC spectrum of pure CLA (figure 3-16 A) displayed a sharp narrow intense endothermic peak at 228.58 °C that corresponds to the melting point of the drug indicating its crystallinity<sup>(161)</sup>, while DSC spectrum of CLA loaded CdS nanoparticles (figure 3-16 B) showed small non-intense peak at 92.1°C that indicate the initiation of melting of the complex followed by a sharp intense endothermic peak at 223.07°C referring to melting of CLA. For CLA-NiO complex, DSC

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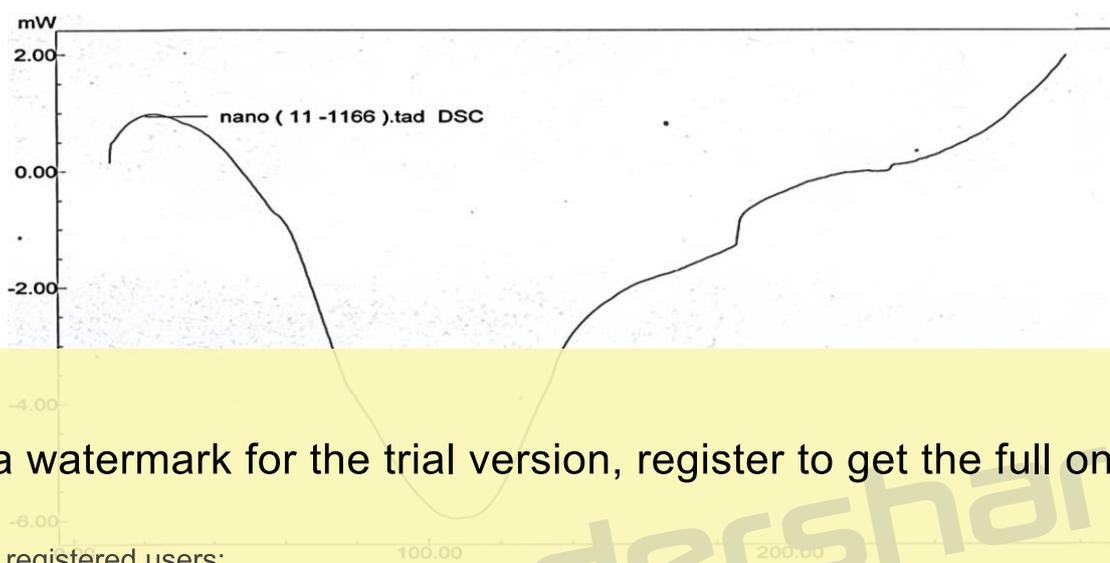
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The DSC spectrum of pure paclitaxel (figure 3-17 A) showed sharp narrow endothermic peak at 217.65°C that is attributed to the melting of the drug indicating its crystallinity<sup>(177)</sup>, while DSC spectrum for PTX-CdS complex (figure 3-17 B) showed wide broad non-sharp endothermic peak at 109°C that indicate the initiation of melting and another broad small endothermic peak at 165.04°C corresponding to further melting and degradation of PTX-CdS crystalline complex. The PTX-NiO complex (figure 3-17 C) showed DSC spectrum with multiple endothermic peaks that appeared as broad small peak at 163.8°C that indicate the initiation of melting, in addition to small intense peaks also appeared at 219.4, 245.54

and 256.68°C indicating a shifting of pure PTX melting peak within PTX-NiO complex. The DSC spectra of PTX loaded CdS and NiO nanoparticles showed more than one endothermic peak indicating more than one glass transition temperature and altered lattice property (150, 178-180).

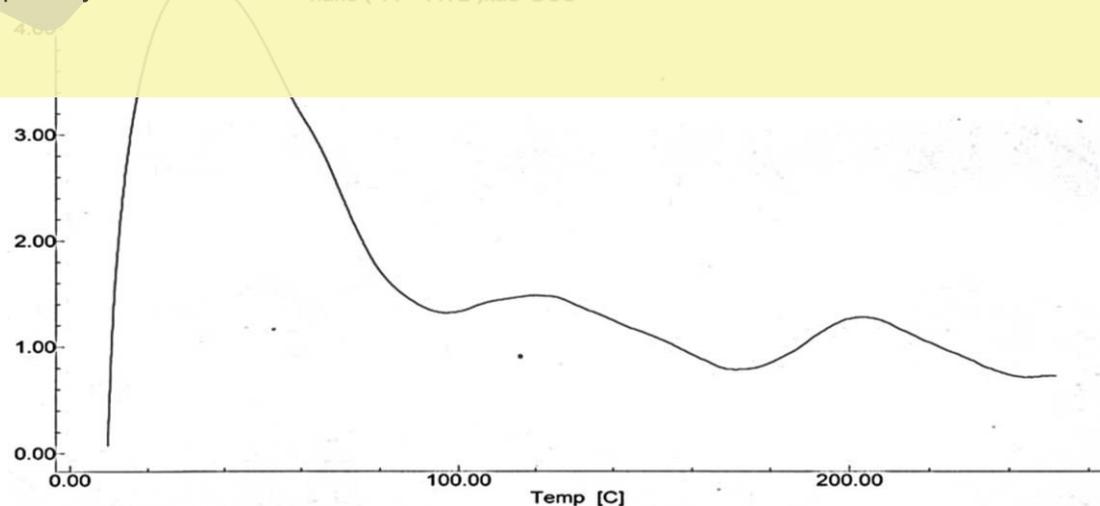


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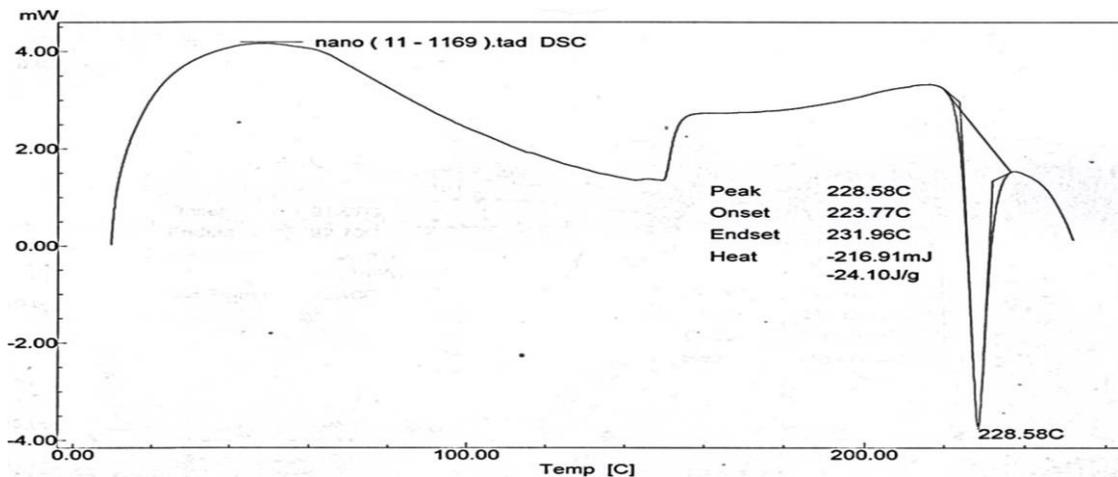
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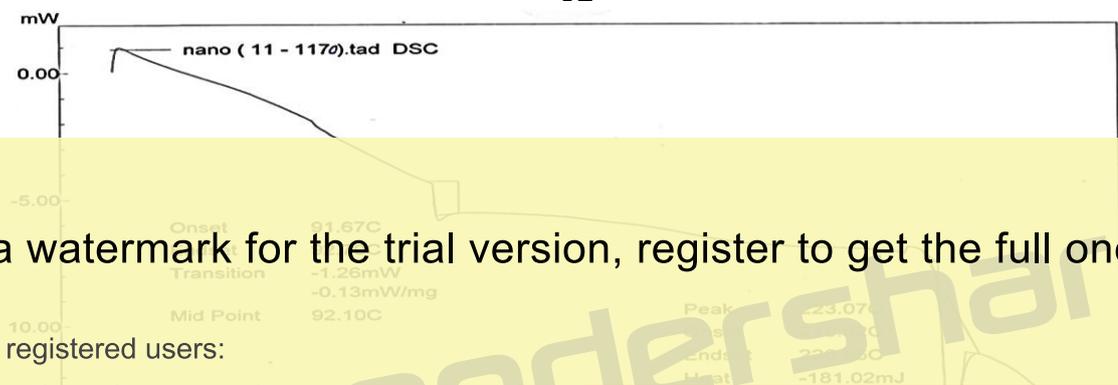


**B**

**Figure (3-15): DSC spectra of (A) blank CdS nanoparticles and (B) blank NiO nanoparticles.**



A



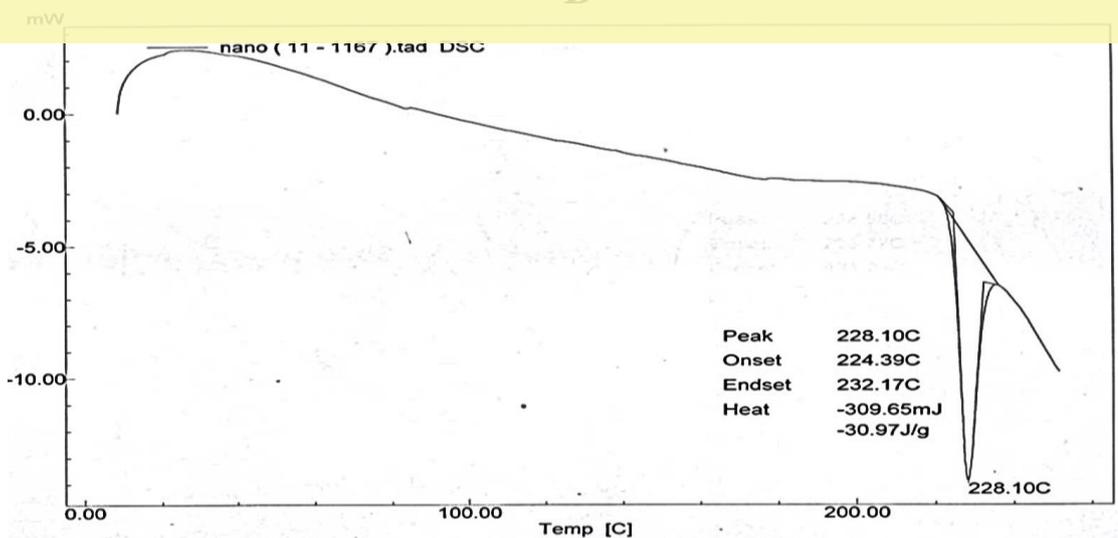
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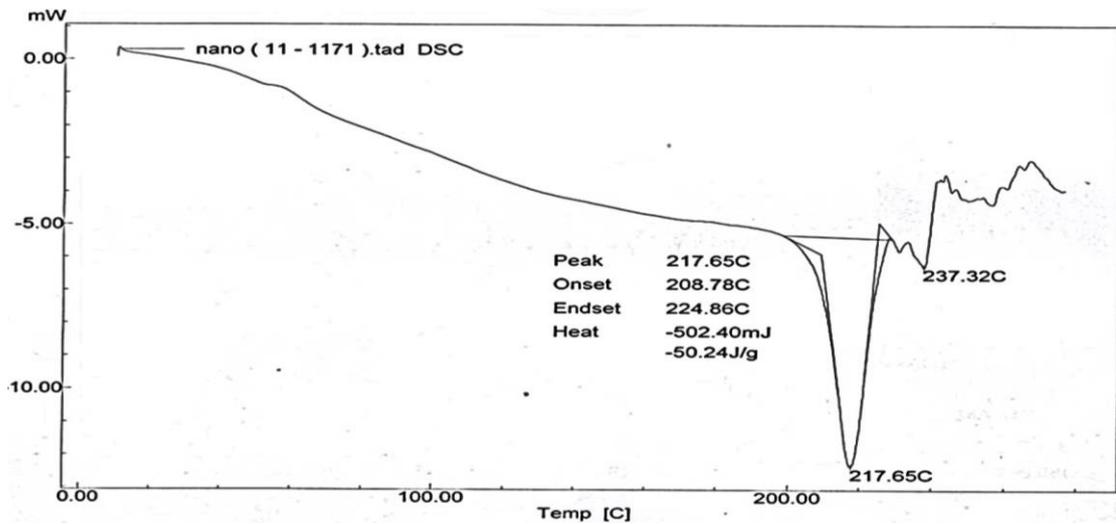
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C

**Figure (3-16): DSC spectra of (A) pure clarithromycin, (B) CLA loaded CdS nanoparticles and (C) CLA loaded NiO nanoparticles.**



A



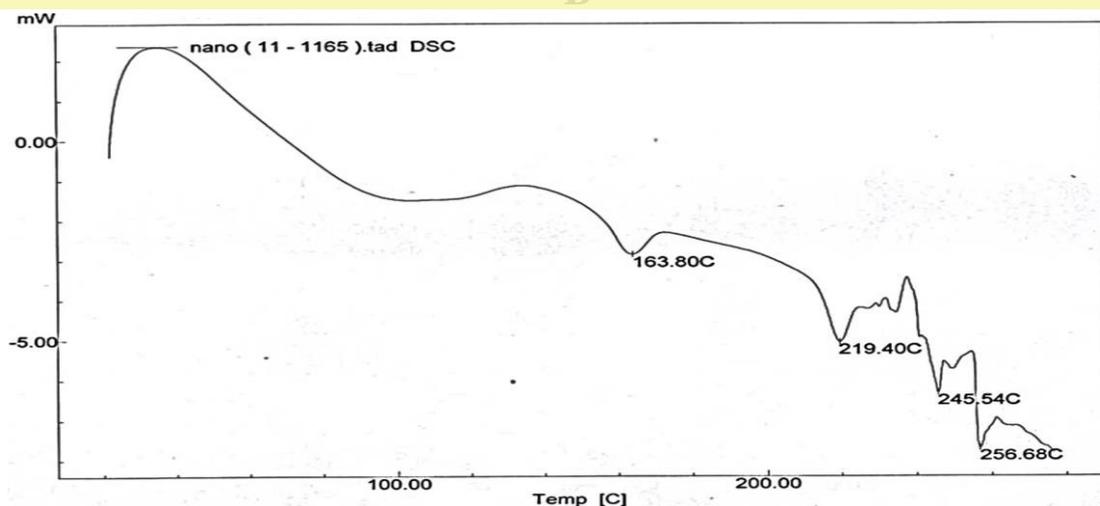
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**Figure (3-17): DSC spectra of (A) pure paclitaxel, (B) PTX loaded CdS nanoparticles and (C) PTX loaded NiO nanoparticles.**

### 3.5.7 Atomic Force Microscopy (AFM):

Atomic Force Microscopy (AFM) was used to determine shape, particle size and particle size distribution of nanoparticles by resolving individual particles and groups of particles in three dimensions analysis<sup>(181, 182)</sup>. The AFM images and particle size distribution of clarithromycin loaded CdS and NiO nanoparticles showed smooth surfaces (figures 3-19 B and C) with fine distribution of particles (figures 3-22 B and C) in comparison with pure CLA (figures 3-19 A and 3-22 A) and blank CdS and NiO nanoparticles (figures 3-18 and 3-21). The same was observed in paclitaxel, in which AFM images of PTX loaded CdS and NiO nanoparticles showed rice shaped particles with smooth surfaces (figures 3-20 B and C) and fine distribution (figures 3-23 B and C) than that of pure PTX (figures 3-20 A and 3-23 A).

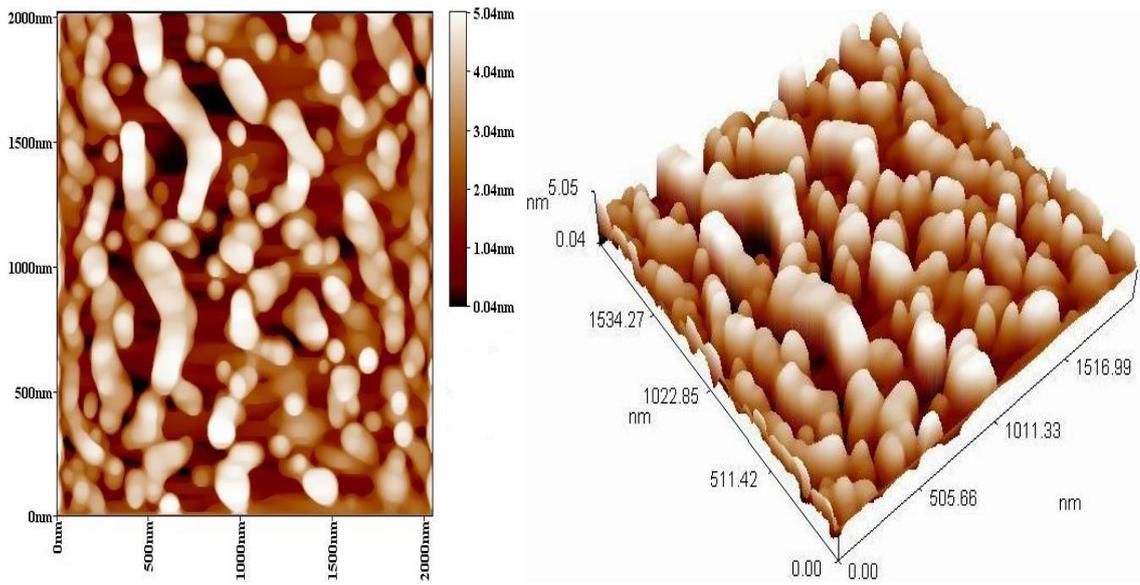
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in which the average particle size of CLA loaded CdS and NiO nanoparticles was 82.57 nm (82.57 nm) indicating the loading of the drug. The same was observed for paclitaxel, in which the average size of PTX before loading was 95.28 nm while the average sizes after loading with CdS and NiO nanoparticles were 116.7 nm and 106.03 nm respectively indicating complex formation between the drug and the CdS / NiO nanoparticles<sup>(179, 186, 187)</sup>.



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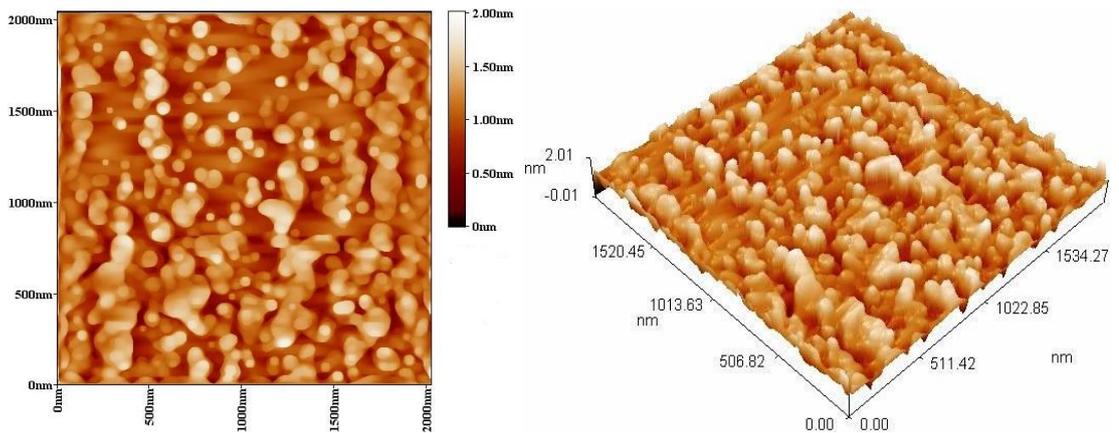
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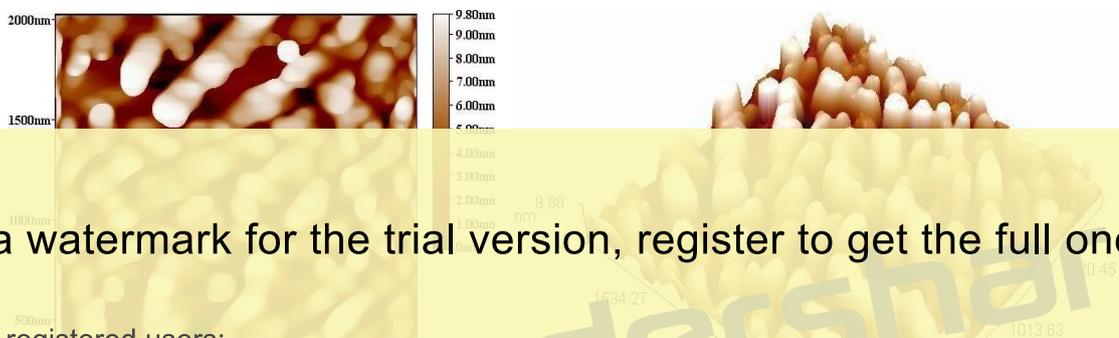


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**Figure (3-18): AFM two and three dimensional images of (A) blank CdS nanoparticles and (B) blank NiO nanoparticles.**



A



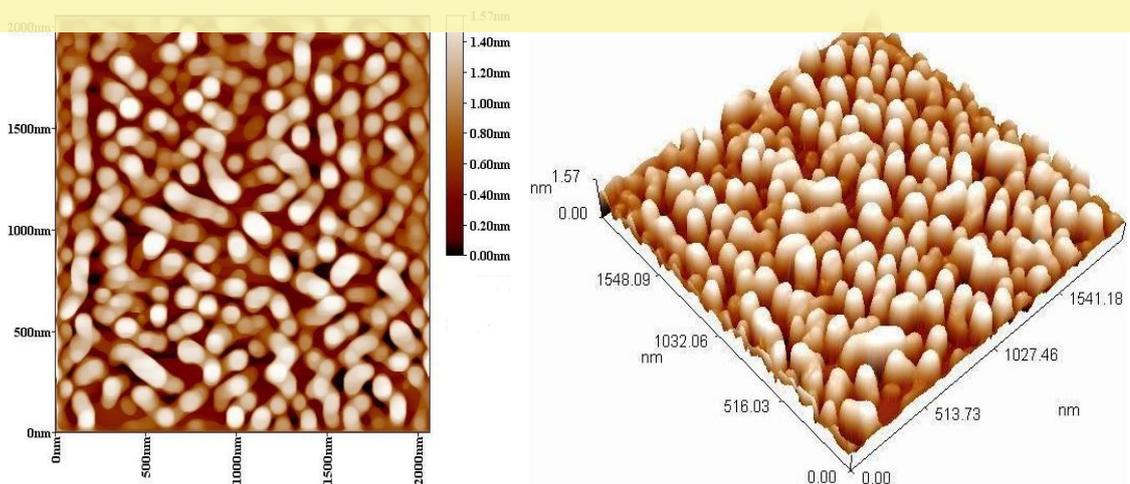
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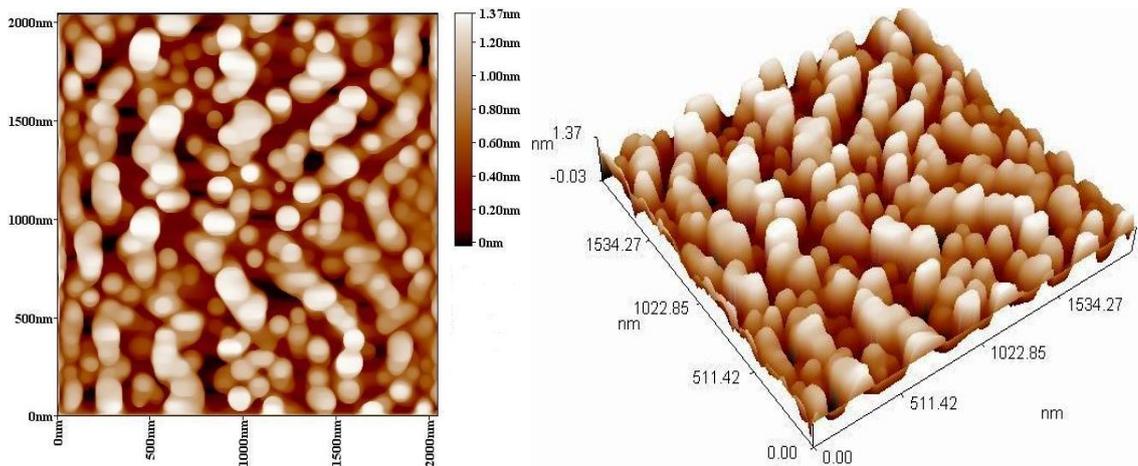
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**Figure (3-19): AFM two and three dimensional images of (A) pure clarithromycin, (B) CLA loaded CdS nanoparticles and (C) CLA loaded NiO nanoparticles.**



A



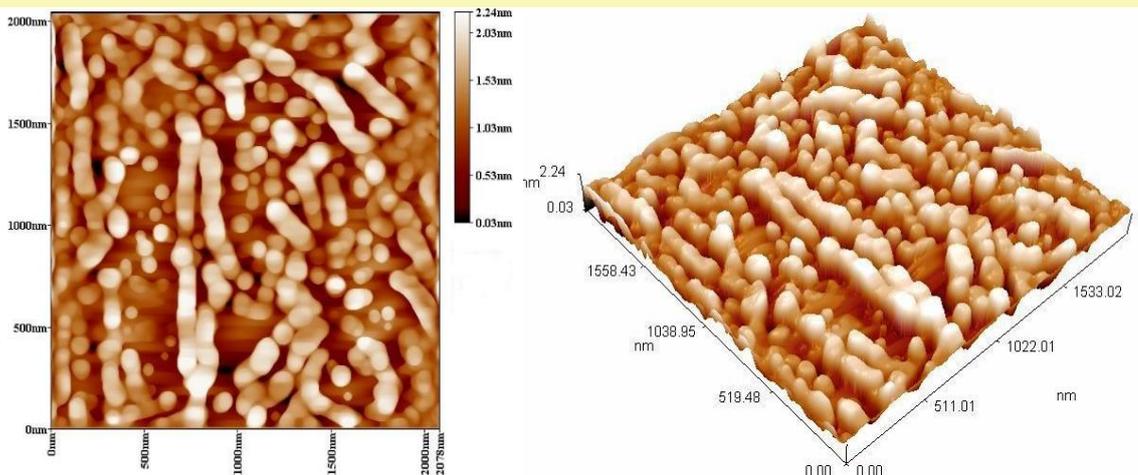
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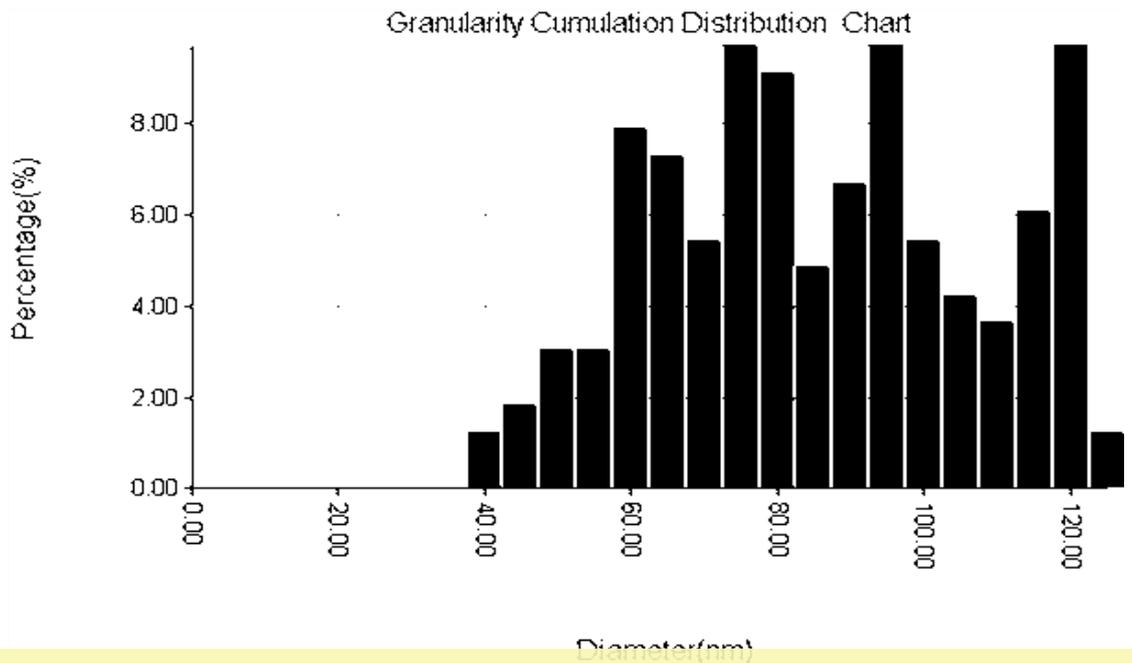
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**Figure (3-20): AFM two and three dimensional images of (A) pure paclitaxel, (B) PTX loaded CdS nanoparticles and (C) PTX loaded NiO nanoparticles.**

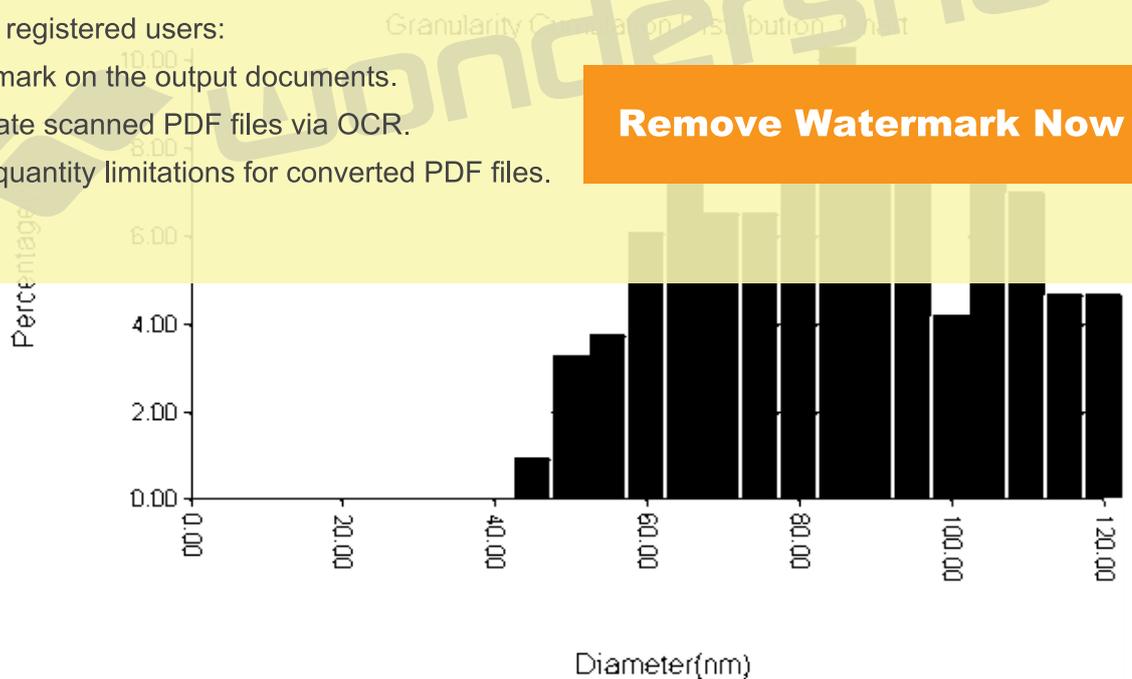


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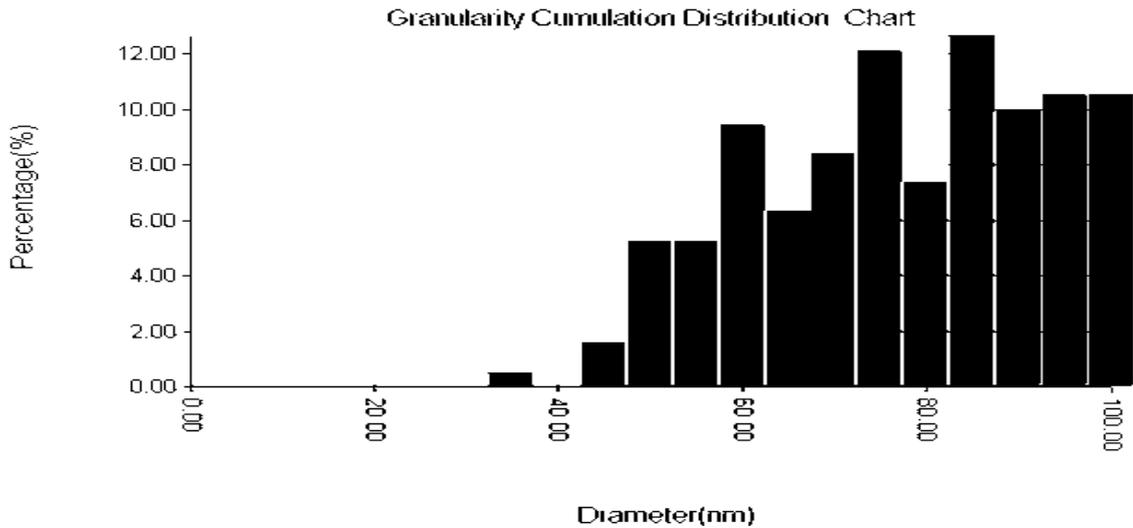
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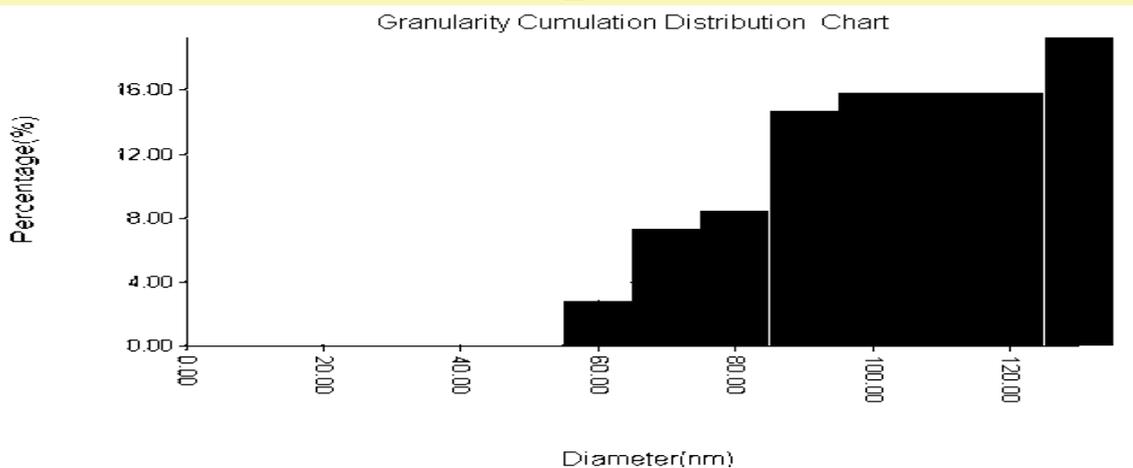
**Figure (3-21): AFM particle size distribution of (A) blank CdS nanoparticles and (B) blank NiO nanoparticles.**



A



B



C

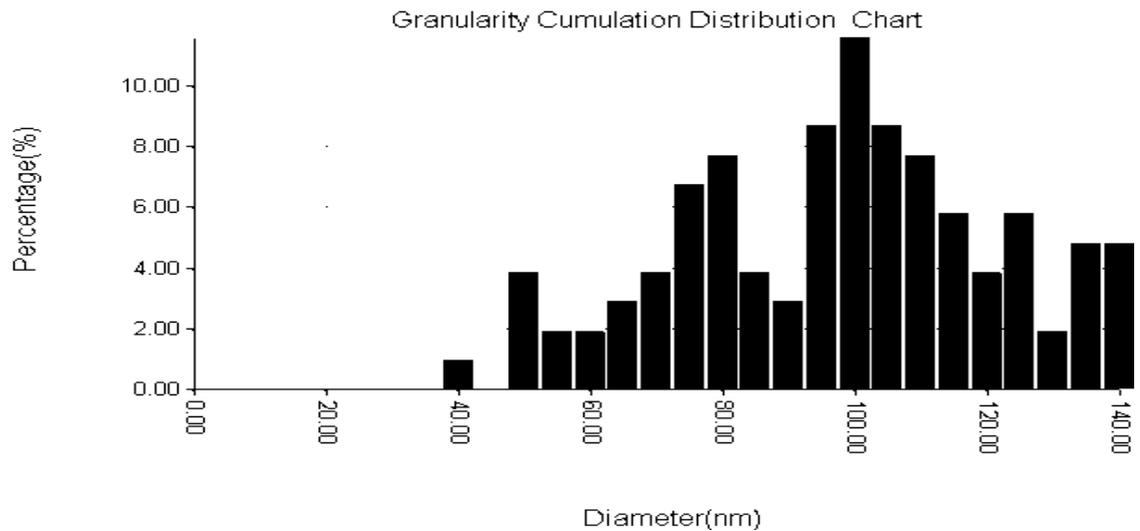
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**Figure (3-22): AFM particle size distribution of (A) pure CLA, (B) CLA loaded CdS nanoparticles and (C) CLA loaded NiO nanoparticles.**



**A**



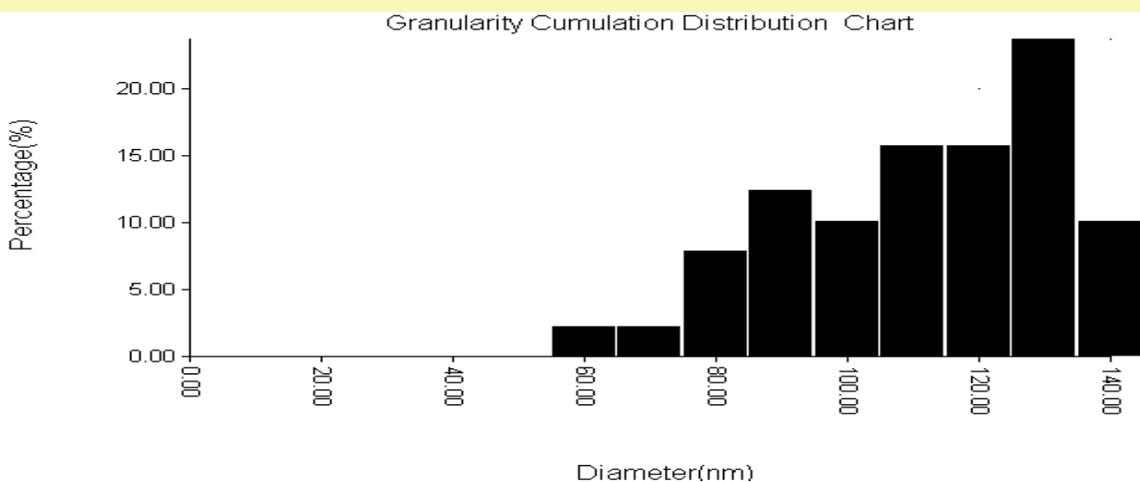
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**Figure (3-23): AFM particle size distribution of (A) pure Paclitaxel, (B) PTX loaded CdS nanoparticles and (G) PTX loaded NiO nanoparticles.**

### 3.6 In-vitro release of drugs:

The *in-vitro* release of clarithromycin and paclitaxel from CdS and NiO nanocarriers was performed in phosphate buffer PH 7.4 to simulate the PH value of extracellular fluid in normal tissues according to USP pharmacopeia. The experiment was also performed for pure CLA and pure PTX and the results were drawn as cumulative % release versus time curve.

The *in-vitro* release profile (figure 3-11) of clarithromycin had been significantly ( $p < 0.05$ ) improved with about 1 fold increment for CLA loaded on CdS nanoparticles and 3 fold increment for CLA loaded on NiO nanoparticles in comparison with the dissolution of pure CLA, where the

percentage release of CLA after 30 min equal 34.1% from pure CLA while

the release after 30 min was found to be 49.86% and 88.95% from CLA -

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CdS and CLA - NiO complexes respectively. The release percentages of CLA

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reached 100% from CdS and NiO nanocarriers with 150 and 45 min

respectively. This increase in release was due to phase transition from

indicated in XRD and DSC) as well as due to particle size reduction that was

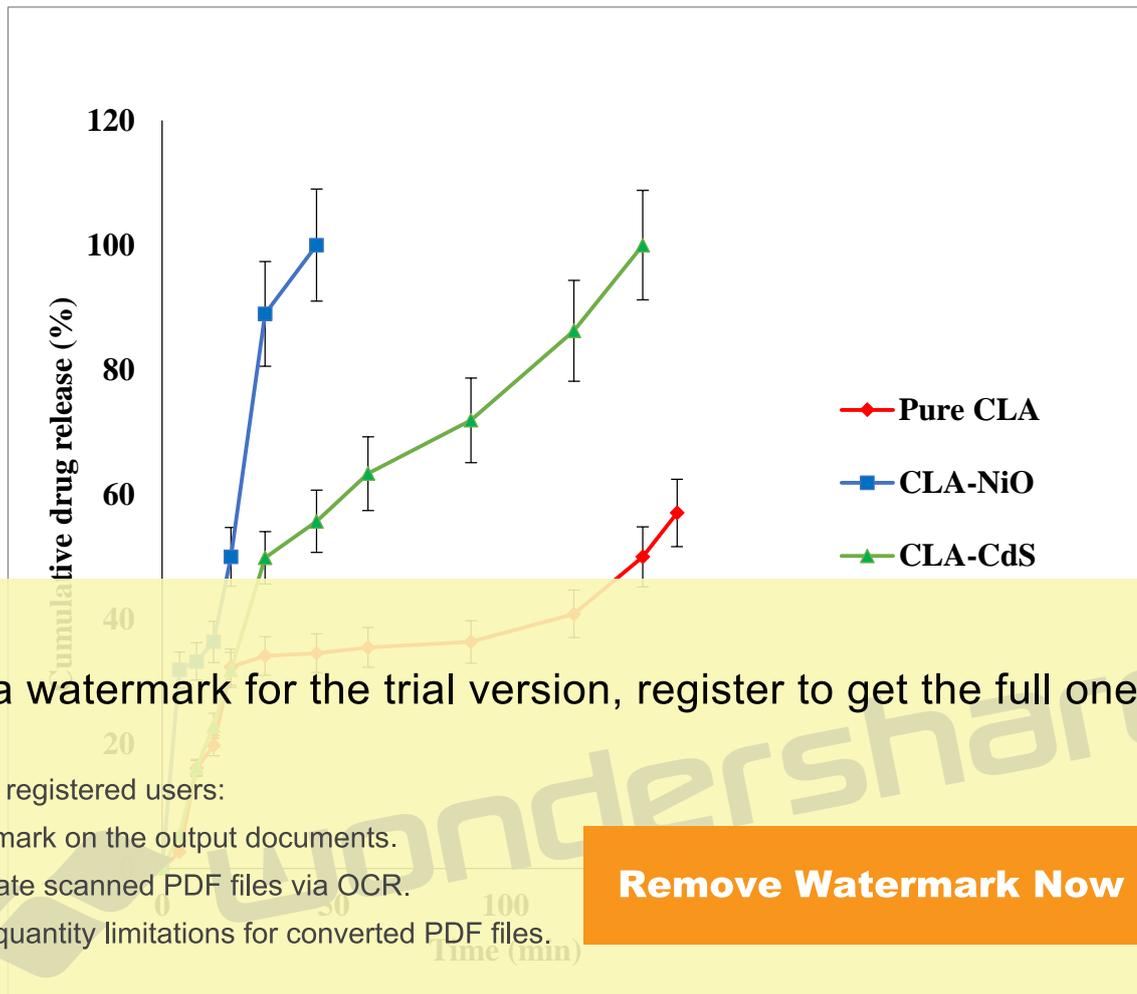
obviously observed from SEM and AFM study thereby increasing surface

area of exposed drug to the dissolution medium (139, 188-190).

No release-profile was detected for paclitaxel from CdS and NiO

nanocarriers as well as for pure PTX after 8 h due to its very low solubility

of the drug.



**Figure (3-24):** Comparative *in-vitro* release of pure clarithromycin, CLA loaded CdS nanoparticles and CLA loaded NiO nanoparticles in phosphate buffer (pH 7.4). Data points represent mean  $\pm$  SD (n=3).

### **3.7 Calculation results of yield, drug loading and entrapment efficiency percentages:**

The results are illustrated in table (3-2) and showed the yield percentage of the reaction involving clarithromycin with CdS and NiO nanoparticles after complexation was 66.34% and 64.1% respectively, while the yield percentage of the reaction involving paclitaxel loaded CdS and NiO nanoparticles was 62.9% and 95.04% respectively. The drug content of clarithromycin and paclitaxel that has been loaded on CdS and NiO nanocarriers was expressed as percentage of drug loading, in which for CLA loaded CdS and NiO nanoparticles was 56.66% and 86.6% respectively and

for PTX loaded CdS and NiO nanoparticles was 76.65% and 95.67%

respectively. The percentage of clarithromycin that has been efficiently entrapped with CdS and NiO nanoparticles was 92.77% and 91.6%

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applicability of CdS and NiO nanoparticles as drug nanocarriers due to their

compatibility, uniformity and low drug loss, as well as carrying enough drug to the targeted area<sup>(191-193)</sup>.

**Table (3-2): Percentages of yield, drug loading and entrapment efficiency for clarithromycin and paclitaxel loaded CdS / NiO nanoparticles.**

Drugs Percentages	Clarithromycin		Paclitaxel	
	CLA-CdS	CLA-NiO	PTX-CdS	PTX-NiO
% Yield	66.34%	64.1%	62.9%	95.04%
% Drug loading	56.66%	86.6%	76.65%	95.67%
% Entrapment efficiency	92.67%	94.6%	96.74%	98.66%

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### 3.8 Solubility determination of drugs before and after loading

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this is may be due to their amorphous property in comparison with the highly stable crystalline structure of pure CLA (in consistence with the results obtained from X-ray diffraction; different study mentioned before), as well as could be attributed to the decreased particle size and thereby enhanced surface area exposed to the dissolution medium<sup>(194, 195)</sup>,

While paclitaxel showed non-significant difference in its saturated solubility before and after loading due to enhanced crystalline property of PTX loaded CdS and NiO nanoparticles.

**Table (3-3): Saturation solubility of clarithromycin and paclitaxel before and after loading with CdS and NiO nanoparticles in phosphate buffer (pH 7.4).**

Sample	Solubility (mg/mL)
Pure clarithromycin	0.203 ± 0.017
Clarithromycin loaded CdS nanoparticles	0.397 ± 0.035
Clarithromycin loaded NiO nanoparticles	0.510 ± 0.048
Pure paclitaxel	0.0145 ± 0.0012
Paclitaxel loaded CdS nanoparticles	0.0127 ± 0.0011
Paclitaxel loaded NiO nanoparticles	0.0112 ± 0.0012

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(CdS and NiO) was determined by measuring the zone of inhibition (ZOI) caused by each sample separately in Muller Hinton agar at 37°C after 24 h incubation. The results illustrated in table (3-3) where there was non-significant difference in the activity of CLA before and after loading with CdS and NiO nanoparticles on gram +ve bacteria *Staphylococcus aureus* and *Streptococcus pyogen* and on gram –ve bacteria *Serratia marcescens*, while there was no effect on gram-ve bacteria *Klebsiella oxytoca*. Blank CdS nanoparticles showed no activity against all

examined bacteria while NiO nanoparticles showed a little antibacterial activity against gram +ve bacteria. The solvent used (DMSO) showed no effect in all samples. Therefore, loading of clarithromycin on metal nanoparticles showed no further improvement in its antibacterial activity in comparison with the pure drug.

**Table (3-4): Antibacterial activity of pure clarithromycin, clarithromycin loaded on CdS and NiO nanoparticles and blank CdS and NiO nanoparticles represented by zone of inhibition in (mm).**

Sample	<i>Staphylococcus aureus</i>	<i>Streptococcus pyogenes</i>	<i>Serratia marcescens</i>	<i>Klebsiella oxytoca</i>
Control	–	–	–	–
Clarithromycin oxide (DMSO)	–	–	–	–
Clarithromycin loaded CdS nanoparticles	32 ± 3	34 ± 3.1	20 ± 1.5	–
Clarithromycin loaded NiO nanoparticles	32 ± 2.8	35 ± 3.3	22 ± 2	–
CdS nanoparticles	–	–	–	–
NiO nanoparticles	20 ± 1.7	16 ± 1.2	–	–

Data represent mean ± SD (n=3).



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**Figure (3-25):** Zone of inhibition (ZOI) images of (1) pure clarithromycin, (2) CLA loaded CdS nanoparticles, (3) CLA loaded NiO nanoparticles, (4) CdS nanoparticles and (5) NiO nanoparticles on (A) *Staphylococcus aureus*, (B) *Streptococcus pyogenes*, (C) *Serratia marcescens* and (D) *Klebsiella oxytoca*.

### **3.10 Cytotoxic activity of paclitaxel loaded on CdS and NiO nanoparticles:**

MCF-7 and MCF-10A cells were treated with increasing concentrations of paclitaxel before and after loading with CdS and NiO nanoparticles as well as with blank CdS and NiO nanoparticles, where each sample was dissolved (separately) in dimethylsulfoxide (DMSO), knowing that DMSO showed no or negligible cytotoxic activity (inhibition rate percent IR %) on both tumor and normal cells.

The anticancer activity (figures 3-26 and 3-27) of paclitaxel against breast cancer cells (MCF-7) for PTX loaded CdS and NiO nanocarriers

showed significantly ( $p < 0.05$ ) higher cytotoxic effect (high IR %) than that

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The results also showed that loading of PTX on the metal nanoparticles led to significantly ( $p < 0.05$ ) increase in its anticancer activity (using MCF-7 breast cancer cell line) in comparison with the pure drug. This could be due to the formation of stable PTX loaded CdS / NiO complexes (150, 162, 196, 197) that may release the drug in slow and continuous (sustained) manner (198, 199), in addition to the synergistic effect of CdS and NiO nanoparticles (113) although these metals showed limited anticancer activities.

To evaluate the undesirable cytotoxic effect (figures 3-28 and 3-29) of paclitaxel loaded CdS and NiO nanoparticles on MCF-10A human normal mammary epithelial cell line, the same concentrations and times of

exposure were applied. It was found that the undesirable cytotoxic effect of PTX from PTX loaded CdS and NiO nanoparticles on MCF-10A cell line was significantly ( $p < 0.05$ ) lower than that of pure PTX and the blank CdS and NiO nanoparticles from all used concentrations and at different times of exposure. The undesirable cytotoxicity of all examined samples on MCF-10A normal cell line had variable dose-dependent kinetics, where above 2.5 nM concentration PTX from PTX loaded CdS and NiO nanoparticles showed steep decline after 48 h (for all concentrations). While after 72 h, the steep decline in drug cytotoxic effect on MCF-10A cell line was observed until 10 nM. In all cases, the loading of PTX on metal nanoparticles led to

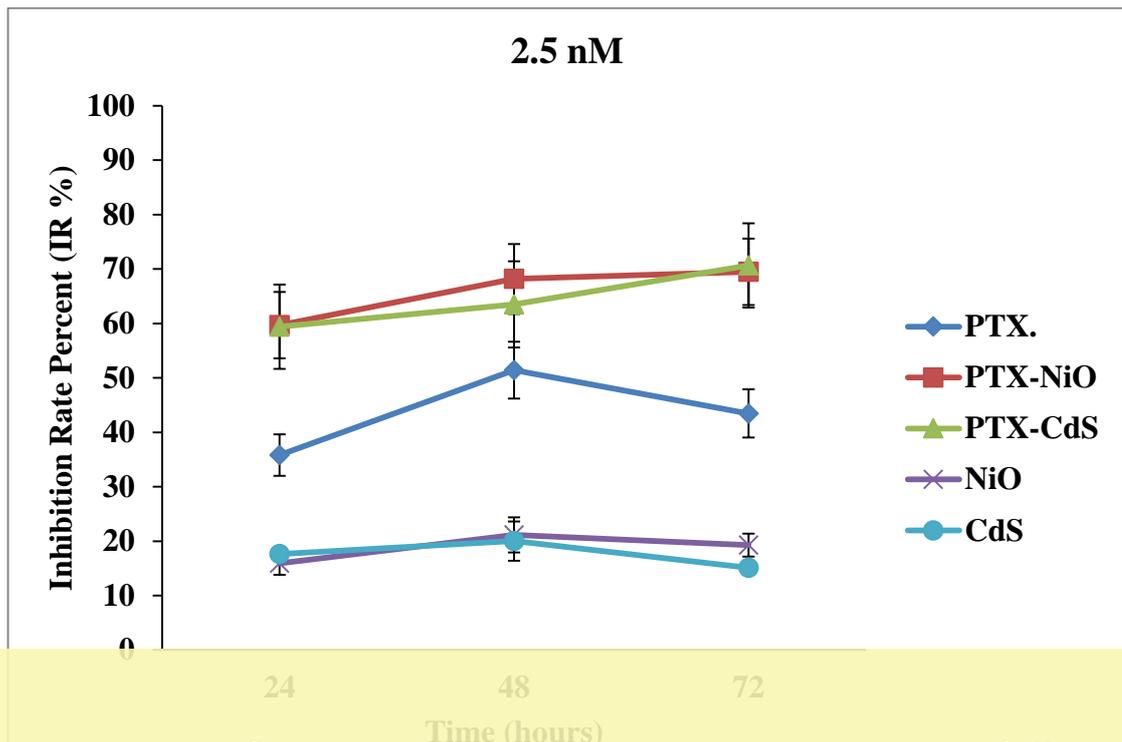
significantly ( $p < 0.05$ ) reduced the undesirable cytotoxic effect of the drug on normal cell line. This could be attributed to the decreased permeability or increased resistance of normal cells toward the drug in its complex form with

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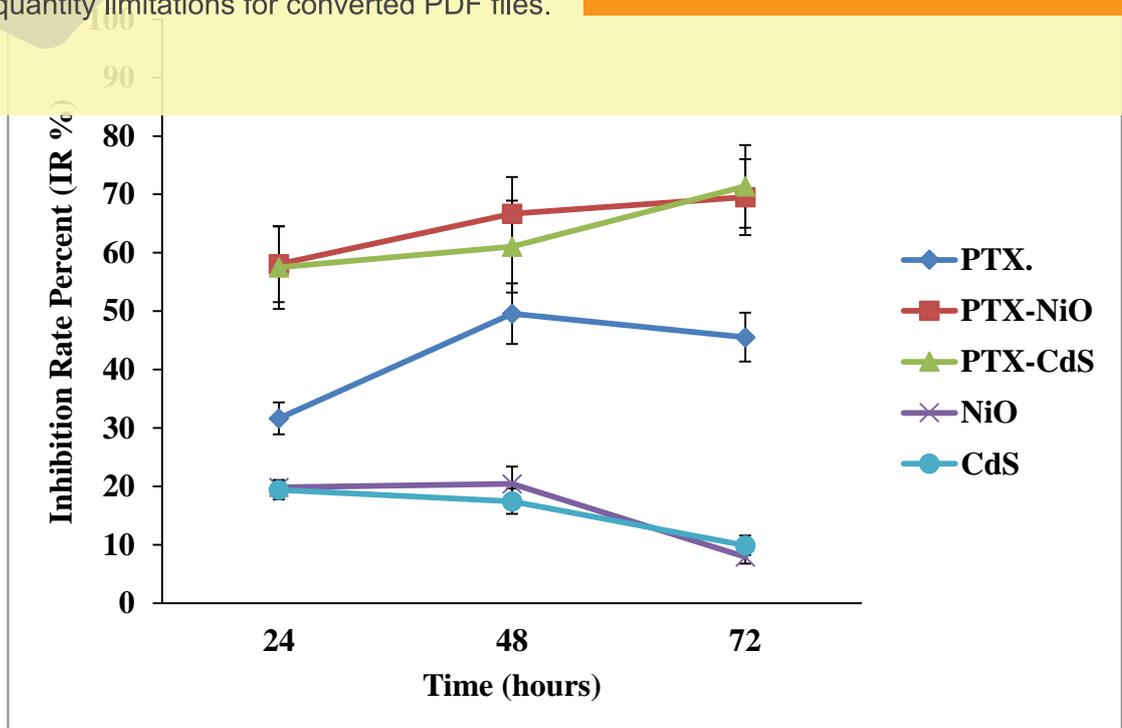


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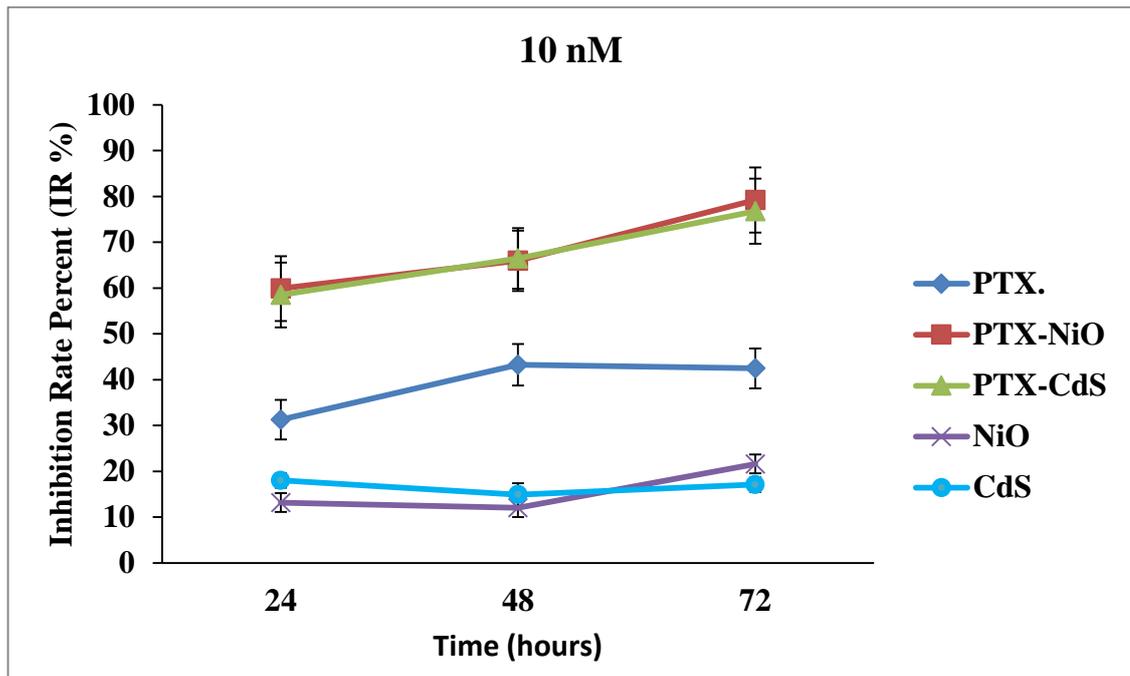
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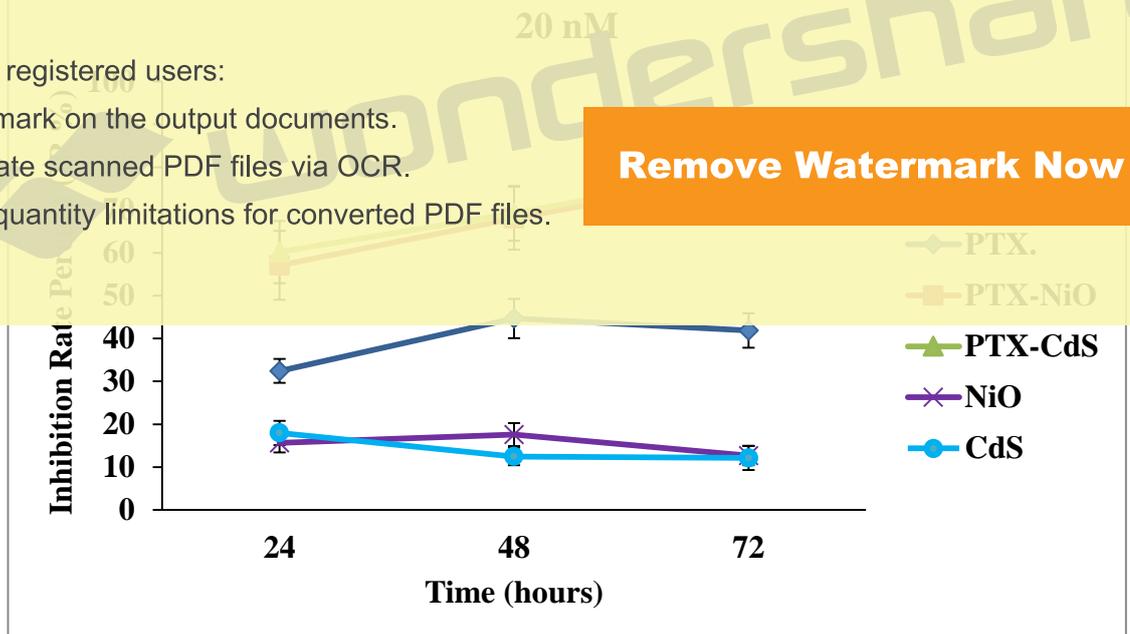


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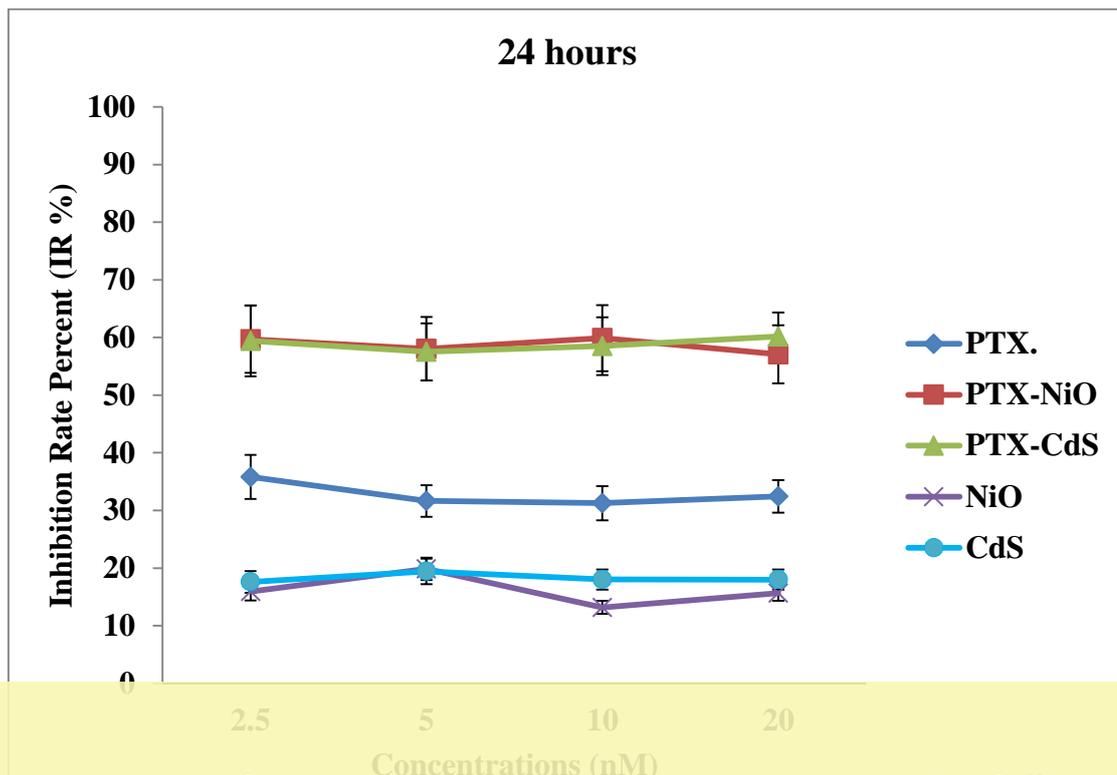
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**Figure (3-26):** Time-response curves for comparative *in-vitro* cytotoxicity of pure paclitaxel, PTX loaded CdS nanoparticles, PTX loaded NiO nanoparticles, blank CdS nanoparticles and blank NiO nanoparticles on MCF-7 cancer cell line using (A) 2.5 nM, (B) 5 nM, (C) 10 nM and (D) 20 nM. Data points represent mean  $\pm$  SD (n=3).

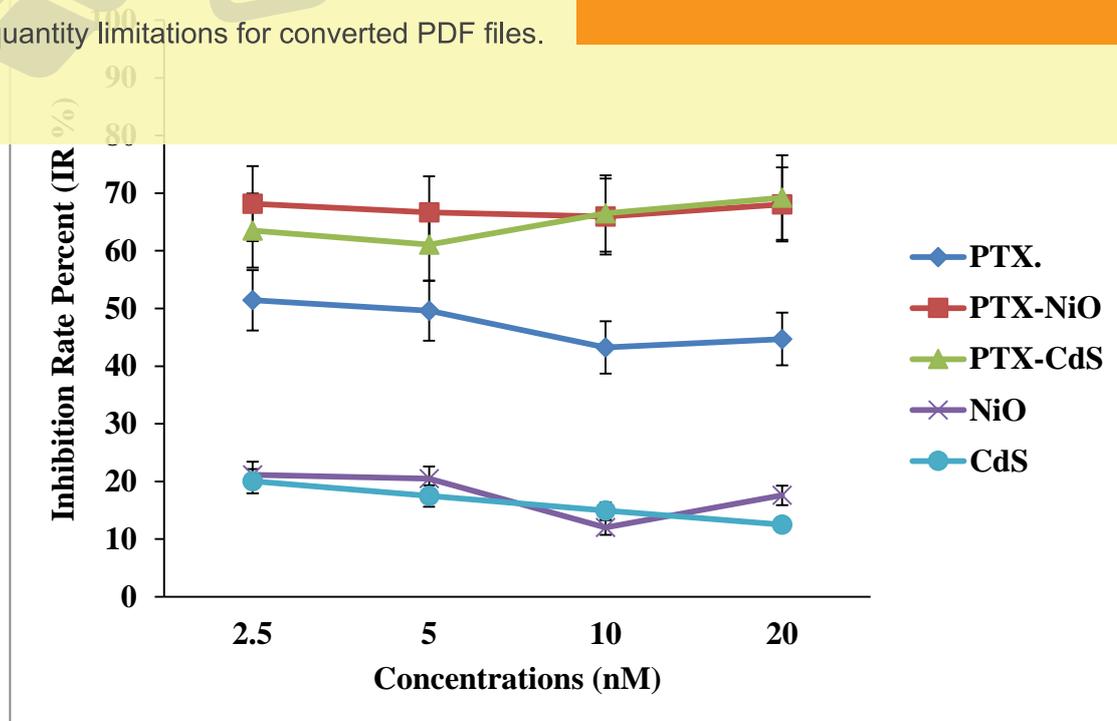


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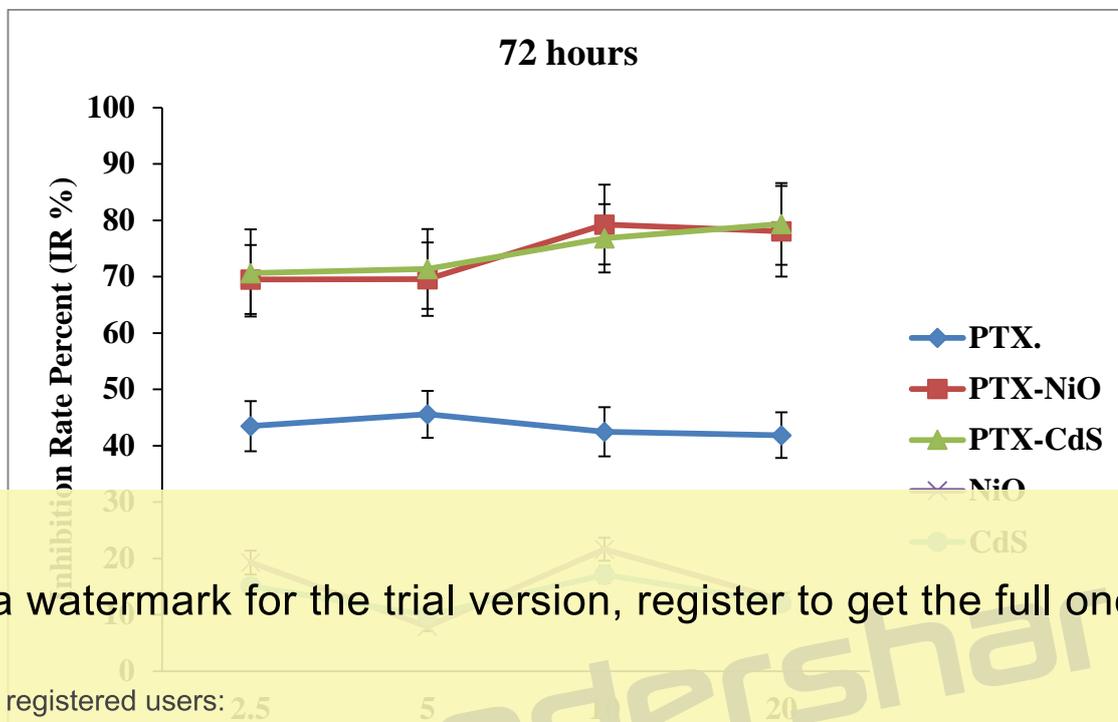
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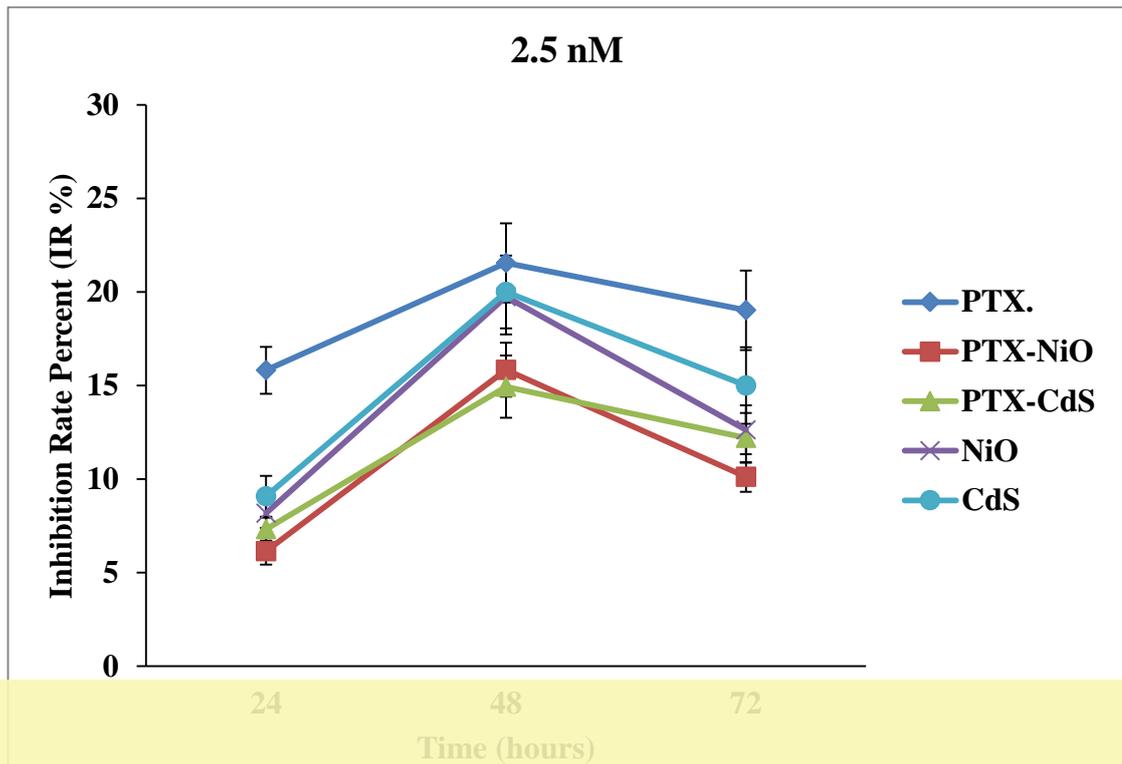
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**Figure (3-27): Comparative *in-vitro* cytotoxicity of pure paclitaxel, PTX loaded CdS nanoparticles, PTX loaded NiO nanoparticles, blank CdS nanoparticles and blank NiO nanoparticles showing the effect of concentration on their anticancer activity on MCF-7 cell line after (A) 24, (B) 48 and 72 h of exposure. Data points represent mean  $\pm$  SD (n=3).**

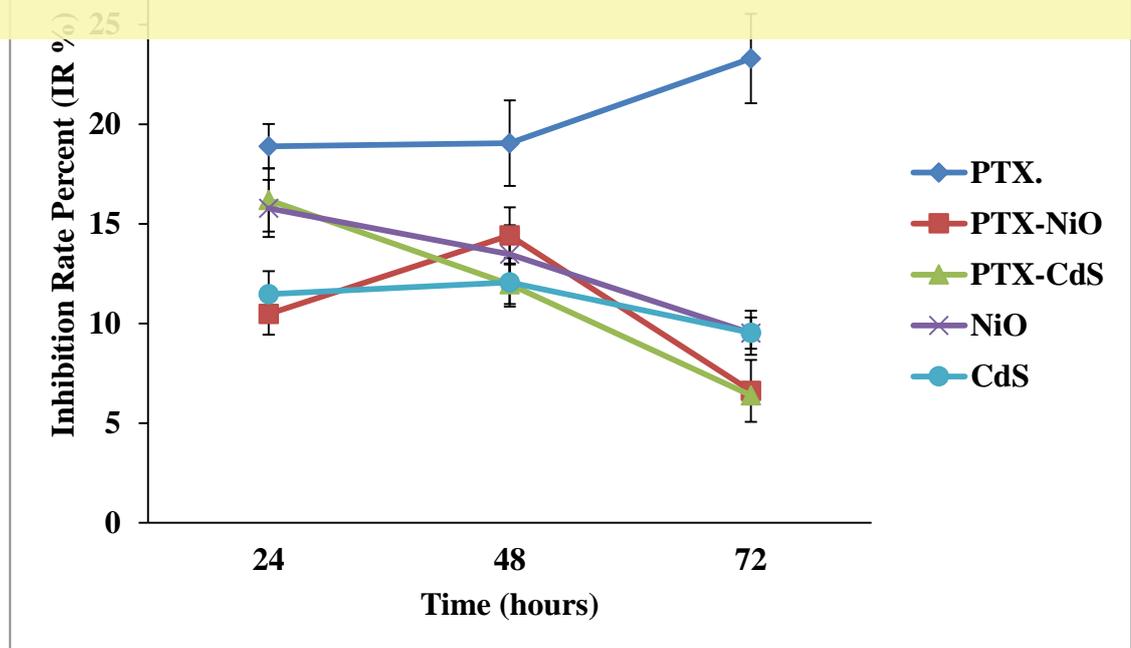


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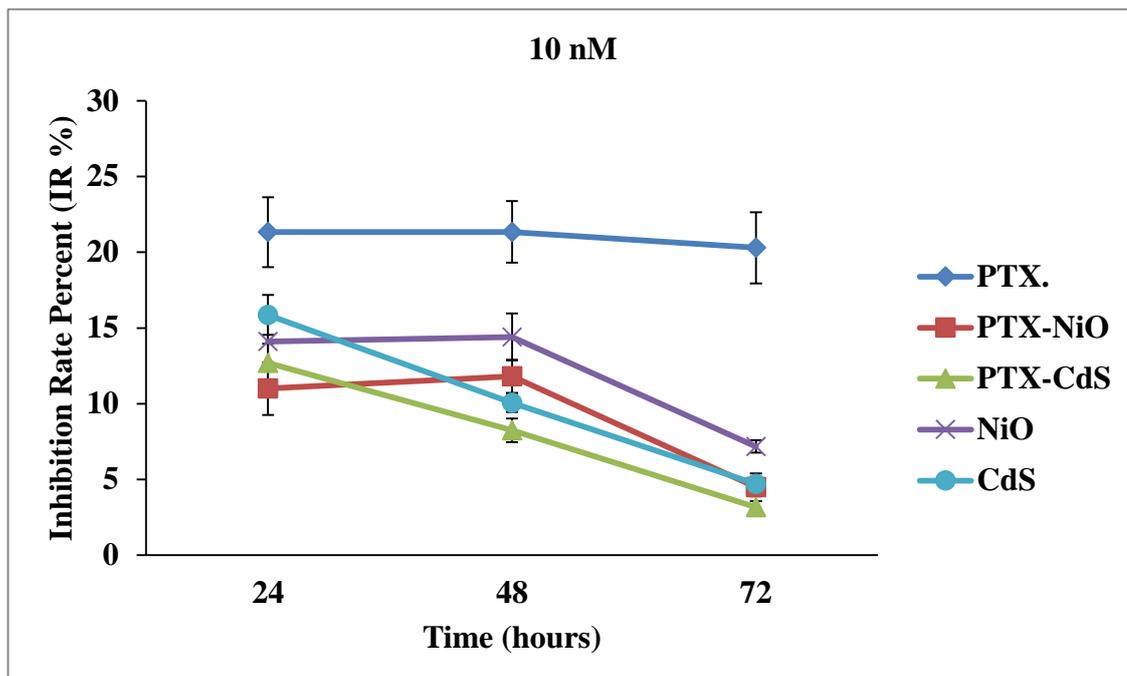
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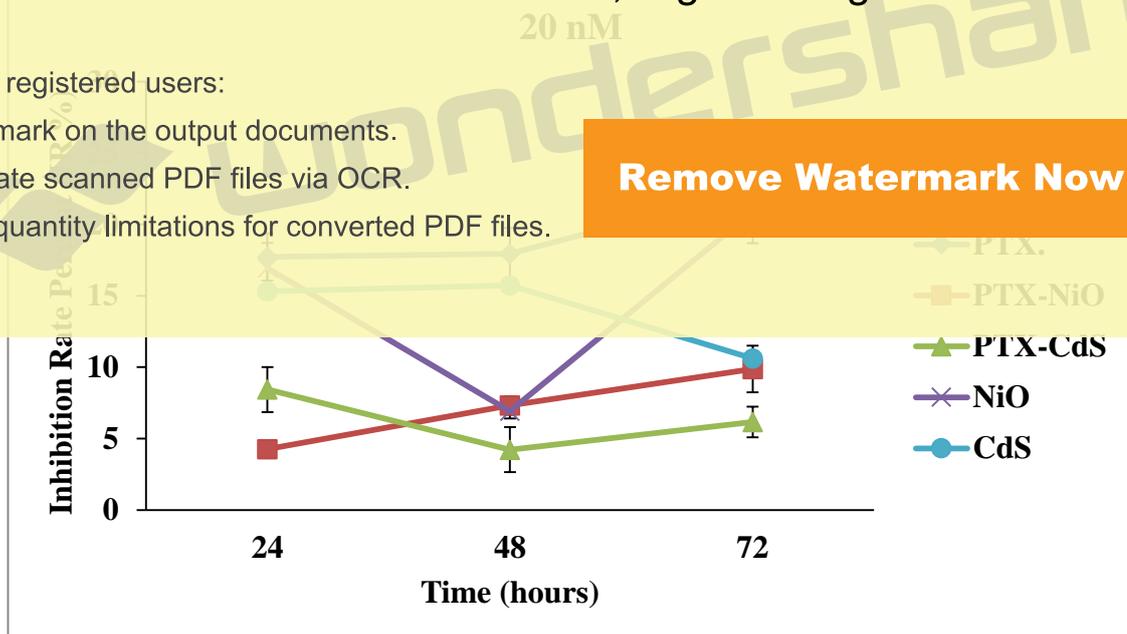


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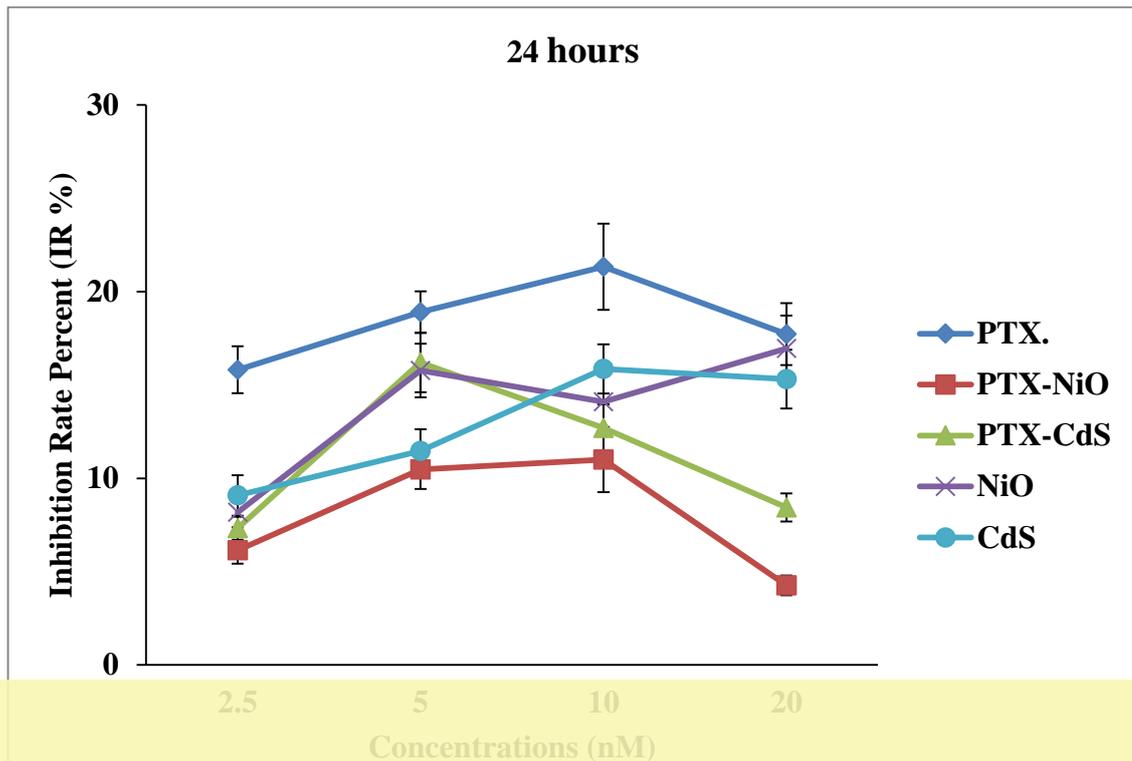
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**Figure (3-28):** Time-response curves for comparative *in-vitro* cytotoxicity of pure paclitaxel, PTX loaded CdS nanoparticles, PTX loaded NiO nanoparticles, blank CdS nanoparticles and blank NiO nanoparticles on MCF-10A normal cell line using (A) 2.5 nM, (B) 5 nM, (C) 10 nM and (D) 20 nM. Data points represent mean  $\pm$  SD (n=3).

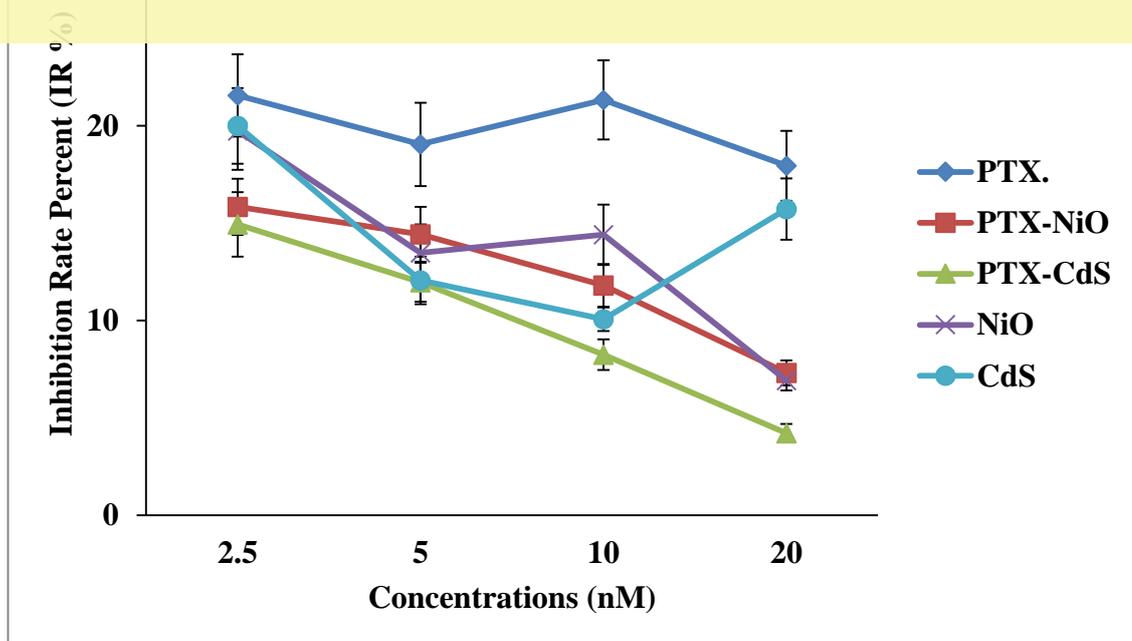


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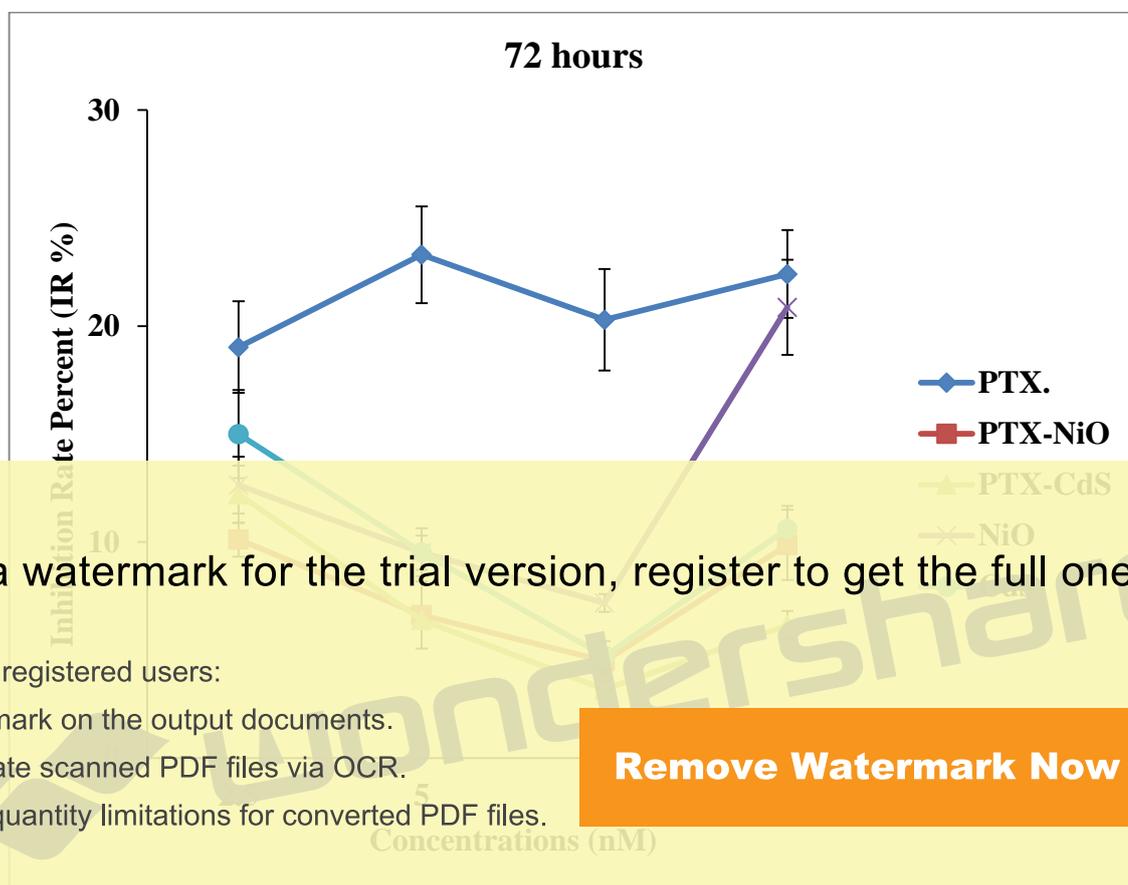
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**Figure (3-29): Comparative *in-vitro* cytotoxicity of pure paclitaxel, PTX loaded CdS nanoparticles, PTX loaded NiO nanoparticles, blank CdS nanoparticles and blank NiO nanoparticles showing the effect of concentration on their cytotoxic activity on MCF-10A cell line after (A) 24, (B) 48 and 72 h of exposure. Data points represent mean  $\pm$  SD (n=3).**

## Chapter Four

### **4. Conclusions and Recommendations:**

#### **4.1 Conclusions:**

1. Loading of clarithromycin and paclitaxel on the surface of the prepared CdS and NiO nanoparticles was performed by physical complex formation without any reaction of their functional groups which was approved by Ferrer Transform Infra-Red (FTIR), X-Ray Diffraction (XRD), zeta potential, Thermo-Gravimetric Analysis (TGA), Atomic Force Microscopy (AFM), Scanning Electron Microscopy (SEM) and Differential Scanning Calorimetric (DSC).

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3. Paclitaxel loaded on CdS and NiO nanoparticles showed non-significant change in its solubility, but significant ( $p < 0.05$ ) increase in its antitumor activity on MCF-7 cell line accompanied with significant ( $p < 0.05$ ) reduction in its undesirable cytotoxic effect on normal mammary cell line (MCF-10A) indicating the selectivity and targeting action of the prepared PTX-CdS/NiO nanocarriers with reduced cytotoxic effect of the drug and the used metal nanocarriers.

#### **4.2 Recommendations:**

1. Formulation of clarithromycin and paclitaxel loaded on CdS and NiO nanoparticles in a suitable dosage form is recommended utilizing the enhanced solubility of clarithromycin and increased anticancer activity toward cancer cells (MCF-7) as well as decreased cytotoxicity toward normal cells (MCF-10A).

2. Comparative study in pharmacokinetic (absorption, distribution and bioavailability) and biological activity between the prepared drugs loaded on CdS and NiO nanoparticles after suitable dosage form achievement and conventional marketed dosage forms of these drugs is necessary.

3. Alternative methods for preparation of nanoparticles is recommended (such as low laser radiation method) in comparison with the chemical

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# الخلاصة

تقنية النانو هي تقنية الفهم والتحكم في المادة بأبعاد تتراوح تقريبا من 1- 100 نانومتر بينما النواقل النانوية هي مواد بحجم النانو يتم استعمالها كوحدة نقل لمواد اخرى كالأدوية. الكلارثرومايسين هو مضاد حيوي ماكروليدي و الذي يمتلك إمتصاص تحدده سرعة الذوبان وتوافر بيولوجي منخفض بعد إعطائه فمويا بسبب ذوبانيته المنخفضة حيث أن الكلارثرومايسين ينتمي للصنف الثاني حسب نظام تصنيف الصيدلة الاحيائية و الذي يمتلك ذوبانية قليلة و نفاذية عالية, بينما الباكليتاكسيل هو دواء مضاد للسرطان من الصنف الرابع و الذي يمتلك ذوبانية قليلة و نفاذية قليلة, حيث أن طبيعته المنجذبه للدهون و ذوبانيته المائية القليلة جدا إضافة لعدم إمتلاكه مجموعه فعالة قابلة للتأين تمثل التحديات الرئيسية للباكليتاكسيل أمام تحلله وتحرره من شكله الدوائي.

إن جزيئات كبريتيد الكاديوم (CdS) و اوكسيد النيكل (NiO) النانوية قد تم تحضيرها وتحميلها

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إنجازة بواسطة تكوين معقد فيزيائي بدون اي تفاعل كيميائي لمجاميعها الفعالة. إن دراسة الذوبانية/التحلل قد تم تطبيقها وأظهرت تحسنا بشكل ملحوظ ( $p < 0.05$ ) وبمعدل الضعف مع جزيئات كبريتيد الكاديوم النانوية وبمعدل ثلاث أضعاف مع جزيئات اوكسيد النيكل النانوية, بينما فحص الفعالية المضادة للبكتيريا أظهر عدم تأثيرها بعد تحميل الكلارثرومايسين على النواقل النانوية. للباكليتاكسيل المحمل على جزيئات كبريتيد الكاديوم و اوكسيد النيكل النانوية قد أظهر تغير غير ملحوظ في الذوبانية ولكن أظهر زيادة بشكل ملحوظ ( $p < 0.05$ ) على فعالية المضادة للسرطان على خط خلايا سرطان الثدي (MCF-7) والمصحوبة بتقليل سمية الخلايا بشكل ملحوظ على خط خلايا الثدي الطبيعية (MCF-10A) بعد تحميله على جزيئات كبريتيد الكاديوم و اوكسيد النيكل النانوية موضحا الاختيارية والاستهداف للخلايا السلطانية وإنخفاض السمية الخلوية للباكليتاكسيل والنواقل النانوية المعدنية على الخلايا الطبيعية.



جمهورية العراق

وزارة التعليم العالي والبحث العلمي

الجامعة المستنصرية

كلية الصيدلة

## تحميل أدوية الكلارثرومايسين والباكليتاكسيل على

جزينات كبريتيد الكادميوم/أكسيد النيكل النانوية

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(بكلوريوس صيدلة 2009)

بإشراف

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