Mental Retardation

mental retardation, also known as Intellectual disability, is a term used when there are limits to a person’s ability to learn at an expected level and function in daily life .Mental retardation or intellectual disability, (MR/ID), exists in children whose brains do not develop properly or function within the normal range. There are four levels of retardation: mild, moderate, severe, and profound. Sometimes, MR/ID may be classified as other or unspecified. Mental retardation involves both a low IQ and problems adjusting to everyday life.

Intellectual disabilities happen because the brain gets injured or a problem prevents the brain from developing normally. These problems can happen while the baby is growing inside his or her mom, during the baby's birth, or after the baby is born. Many times, though, doctors don't know the cause.

During school, a kid with an intellectual disability will probably need help. Some kids have helpers that stay with them during the school day. other services to help them learn and develop,. gets help in learning "life skills." Life skills are the skills people need to take care of themselves as they get older, such as how to cook a meal or ride a public bus to get to work. Adults with intellectual disabilities often have jobs and learn to live independently ,Kids with intellectual disabilities want to develop their skills to the best of their abilities. They want to go to school, play, and feel support from loving families and good friends.

- How Is Mental Retardation Diagnosed?

A diagnosis of MR/ID requires that both intellectual and adaptive skills be well below average, There are three parts to the evaluation:

1.interviews with parents

2. observations of the child

3. standard tests: to determine IQ, such as the Stanford-Binet Intelligence Test.

1. Disability.

2. Intellectual.

3. Levels.

4. Mild.

5. Moderate.

6. Severe.

7. Profound.

8. Adjusting.

9. Growing.

10. Brain.

11. Services.

12. Develop.

13. Diagnoses.