

A collage of various sports including basketball, football, soccer, and horse racing. The background is a light, textured white. The word "Sports" is written in a large, black, serif font with a white outline. Below it, "Inst. Abdulridha Sholi" is written in a smaller, black, serif font.

Sports

Inst. Abdulridha Sholi

Sports

Sports are recreational or competitive activities that involve a degree of physical strength or skill.



The person who practices sports is called athlete or sportsman. An Athlete practices sports as a profession, while a sportsman practices sports as a hobby.



Every athlete is rated according to his level of skill:

1. In the first level the athlete is called Novice.



2. In the second level he is called
Amateur.



3. In the third level he is called
Professional.



4. The highest level is the fourth level and he is called Elite.



Usually an athlete wears sportswear



and practices his sports in a place specially made for that sport, either indoors or outdoors. For example, footballers play football in a field,



swimmers in a pool, basketball players
in a court etc.



Mainly sports are divided into: Individual Sports and Team Sports

Individual Sports are:

1. Swimming

2. Wrestling



3. Boxing



4. Weightlifting



5. Athletics



6. Gymnastics



7. Tennis



8. Fencing



Team Sports

1. Football



2. Handball



3. Volleyball



4. Basketball



Q/ Complete the following definitions:

1. Sports are recreational or competitive activities that involve a degree of physical strength or skill.

2. An athlete is the person who practices sports as profession.

3. A sportsman is the person who practices sports as a hobby.



Q/ Give the antonyms of the following words:

Amateur \neq **Professional**

Novice \neq **Elite**

Team \neq **individual**

Profession \neq **Hobby**

Athlete \neq **Sportsman**

Individual \neq **Team**

References:

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