

SWIMMING



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Swimming

Swimming is both an individual and team water sport. Swimmers compete in races and the first swimmer who completes the distance is the winner.



Male swimmers wear swimming trunks, while female swimmers wear one-piece bathing suits.



They both can wear caps and goggles.

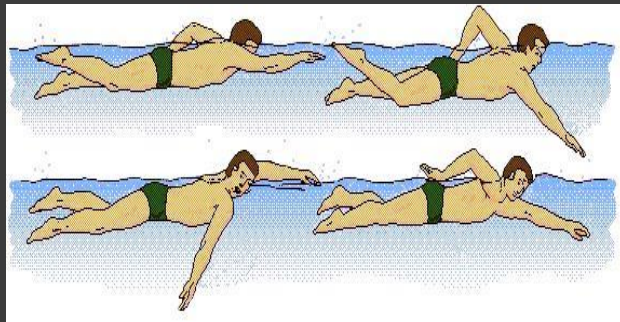


Swimmers usually swim in a pool that is divided into lanes.

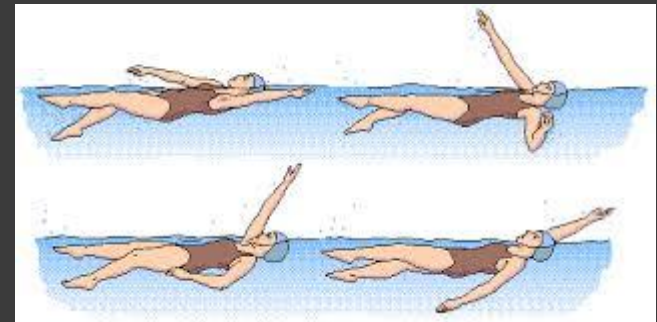


Swimming races are held in four major categories of swimming strokes:

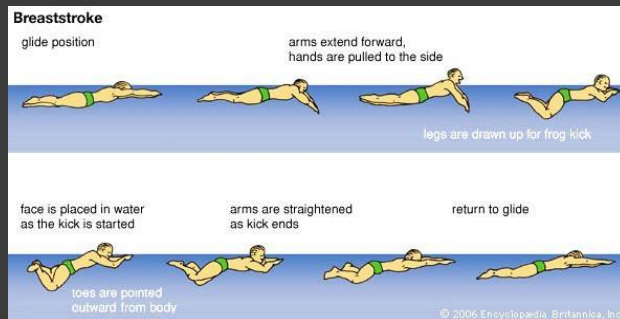
1. Freestyle



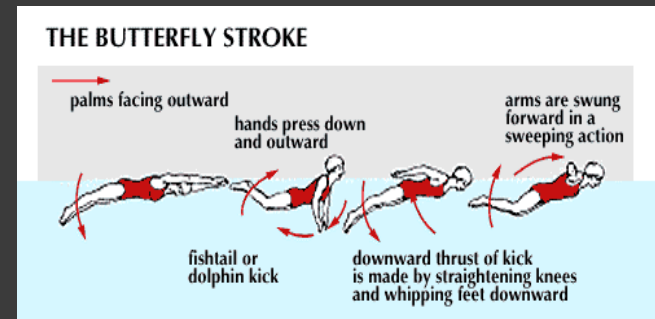
2. Backstroke



3. Breaststroke



4. Butterfly



The freestyle also called "the front crawl" or the "Australian crawl".



Q: What does a swimmer usually wear?

1. Swimming trunks for male swimmers.
2. One-piece bathing suits for female swimmers.
3. Caps.
4. Goggles.

Q: What are the four main swimming strokes:

1. Freestyle
2. Backstroke
3. Breaststroke
4. Butterfly

Q. Draw a table showing a particular type of sport, subject (the person who performs this type of sport), the place where it is practiced, sportswear and the general terms related to this type of sport.

| Sport | Subject | Sportswear | Place | Related Terms |
|--------------|----------------|---|--------------|--|
| Swimming | Swimmer | Trunks One-piece bathing suit Cap Goggles | Pool | Freestyle Backstroke Breaststroke Butterfly |

Q. Put (T) for true statements and (F) for false statements.

1. Swimming is an individual water sport. **F**

2. The first swimmer who completes the distance is the winner. **T**

3. Male Swimmers wear swimming Shorts. **F**

4. While female swimmers wear one-piece bathing suits. **T**

5. They both can wear caps and goggles. **T**

6. Swimmers usually swim in a track that is divided into lanes. **F**

References:

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