

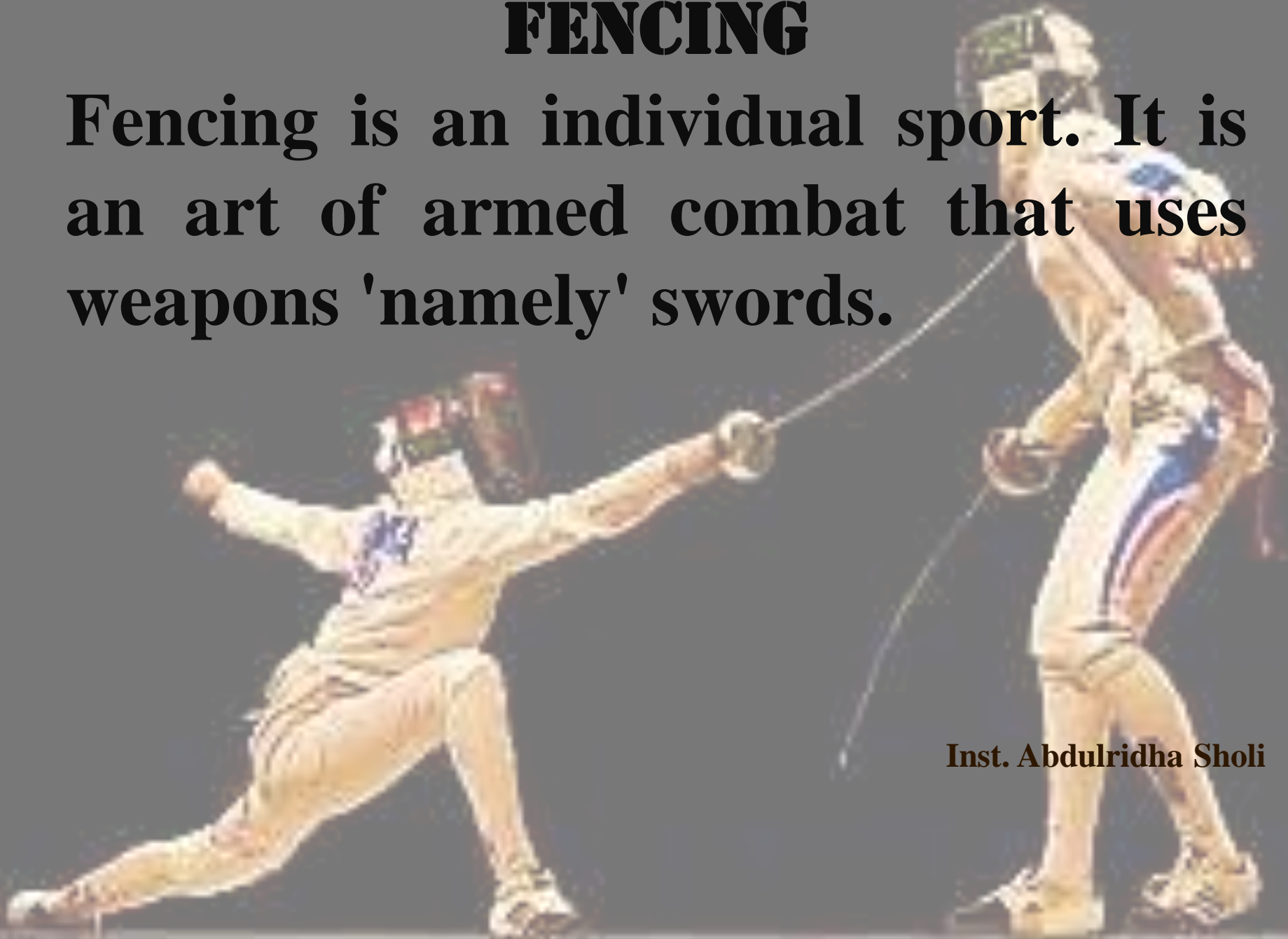
# Fencing

*Inst. Abdulridha Sholi*



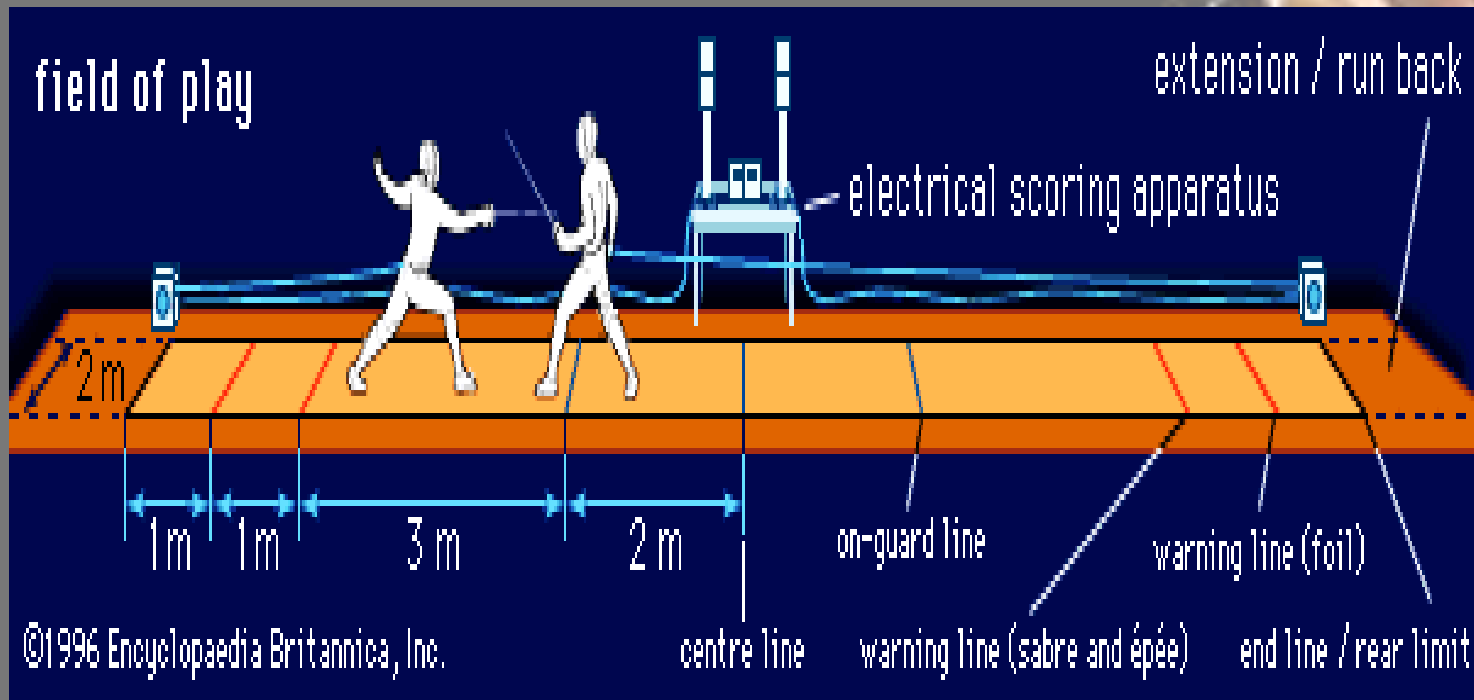
# **FENCING**

**Fencing is an individual sport. It is an art of armed combat that uses weapons 'namely' swords.**



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# It takes place on a Piste (or strip).



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**In modern competitive fencing,  
'electric' weapons are used.**



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**Green or red light means on-target touch. White light means off-target touch.**



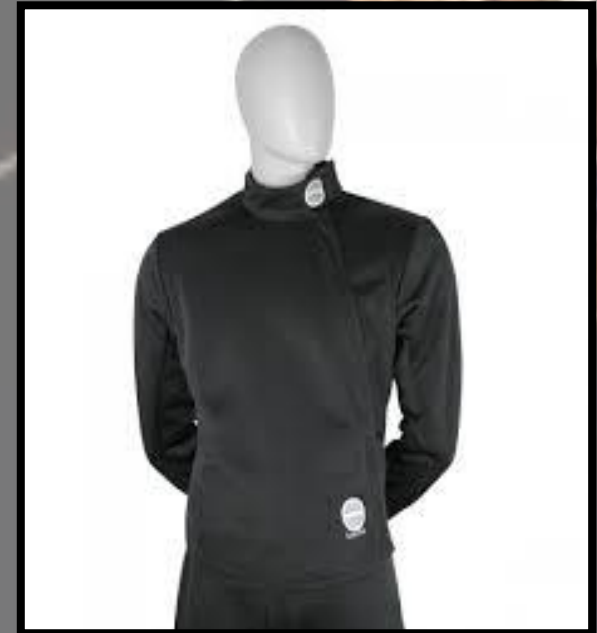
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**The fencer with more points (or touches) is the winner.**



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**The traditional uniform is white;  
black is for masters.**



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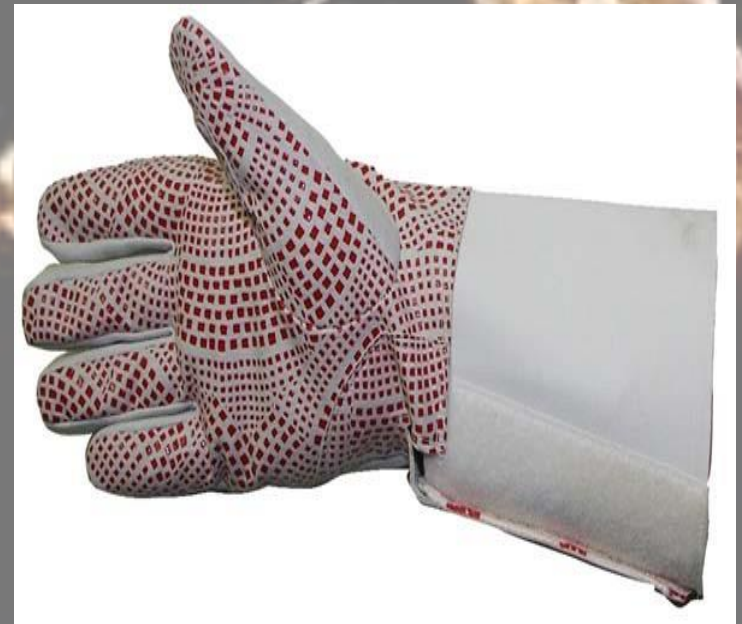


# Fencers usually wear:

1) Mask



2) One glove for the sword arm



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### 3) Jacket



### 4) Metallic over-jacket



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**5) Knickers or a pair of trousers (under Knee trousers)**



**6) Knee-length socks**



## 7) Fencing Shoes



## 8) Protectors



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# Weapons

1) Foil



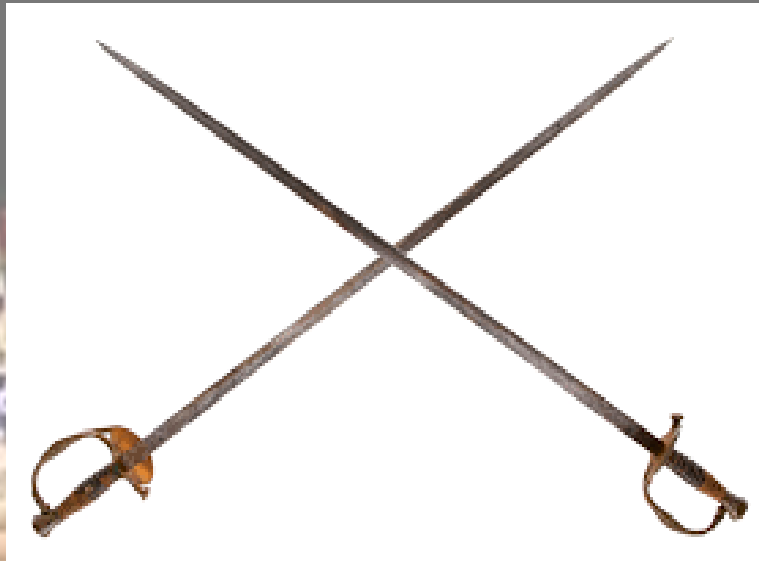
2) Epee



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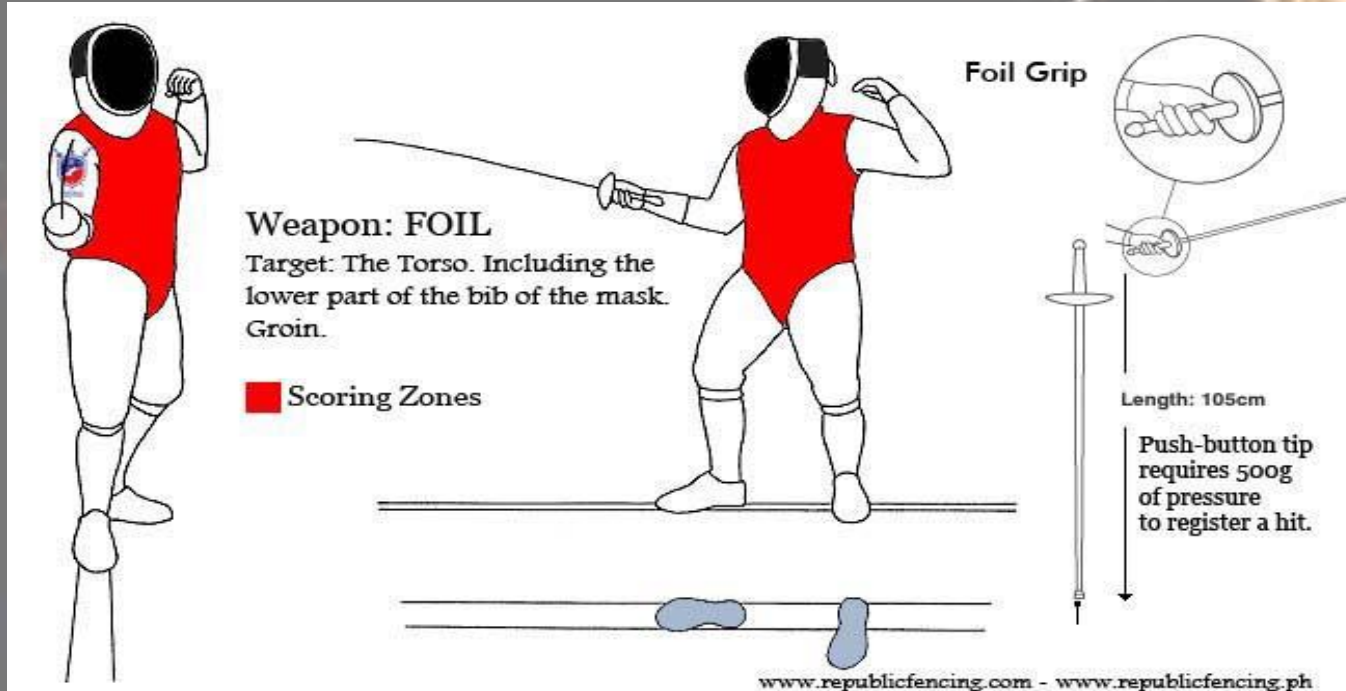
### 3) Saber



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# Body Targets

## The torso at foil



**Weapon: FOIL**  
Target: The Torso. Including the lower part of the bib of the mask. Groin.

■ Scoring Zones

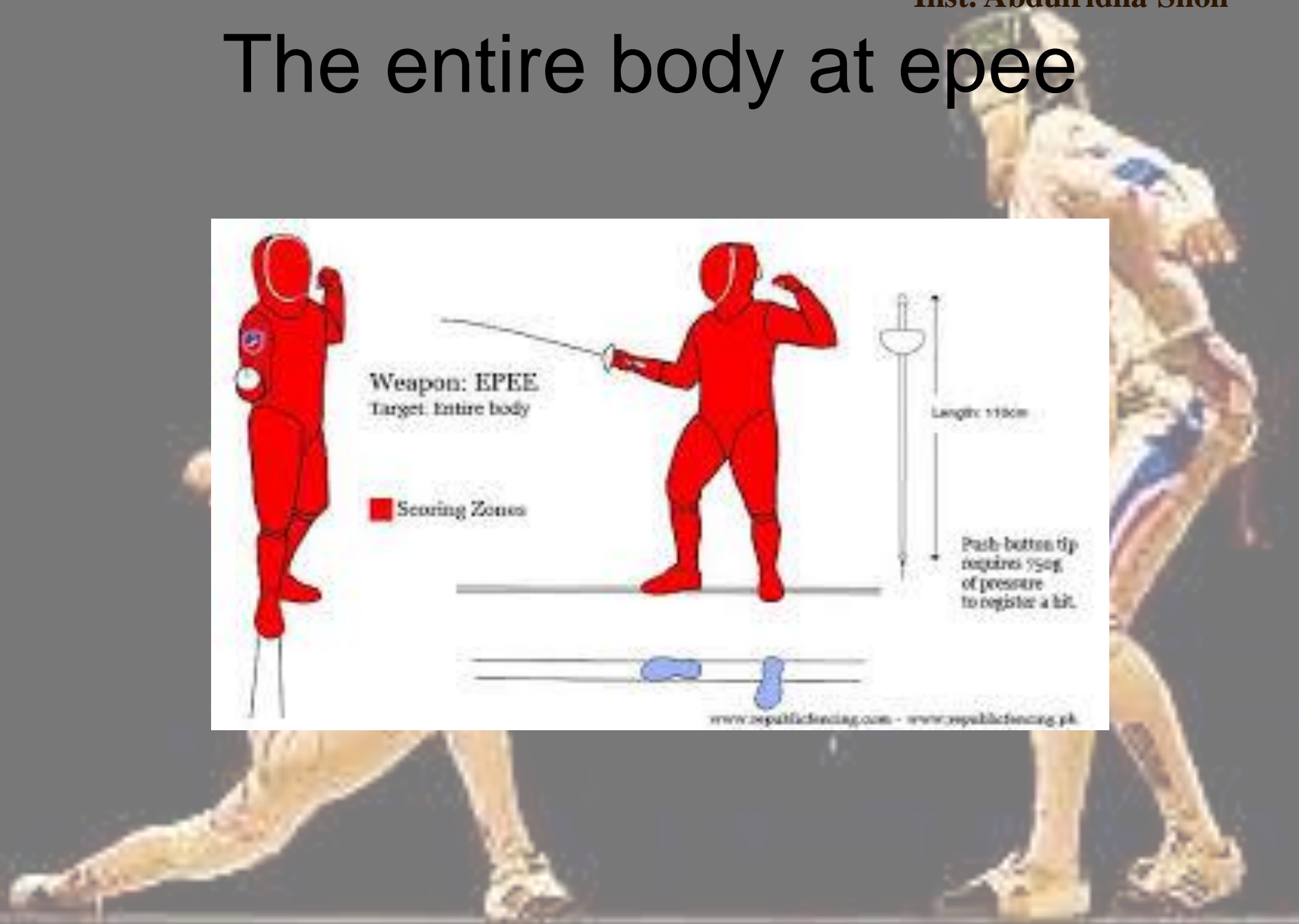
**Foil Grip**

Length: 105cm

Push-button tip requires 500g of pressure to register a hit.

www.republicfencing.com - www.republicfencing.ph

# The entire body at epee



# The upper half of the body at saber



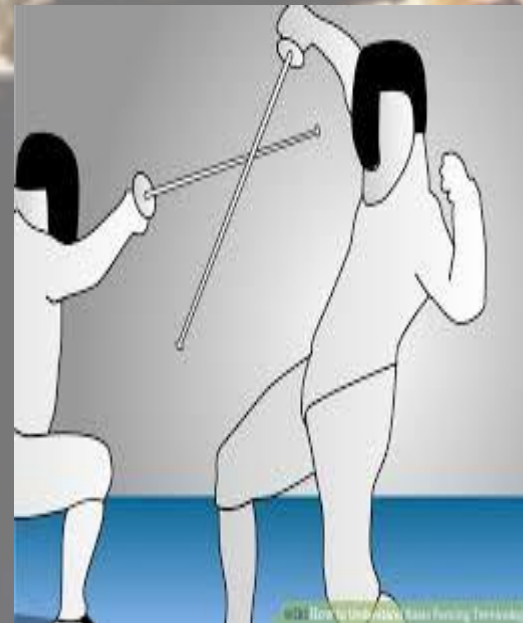


# In fencing, there are many skills and movements like:

**On Guard position**



**Parry**



# Lunge

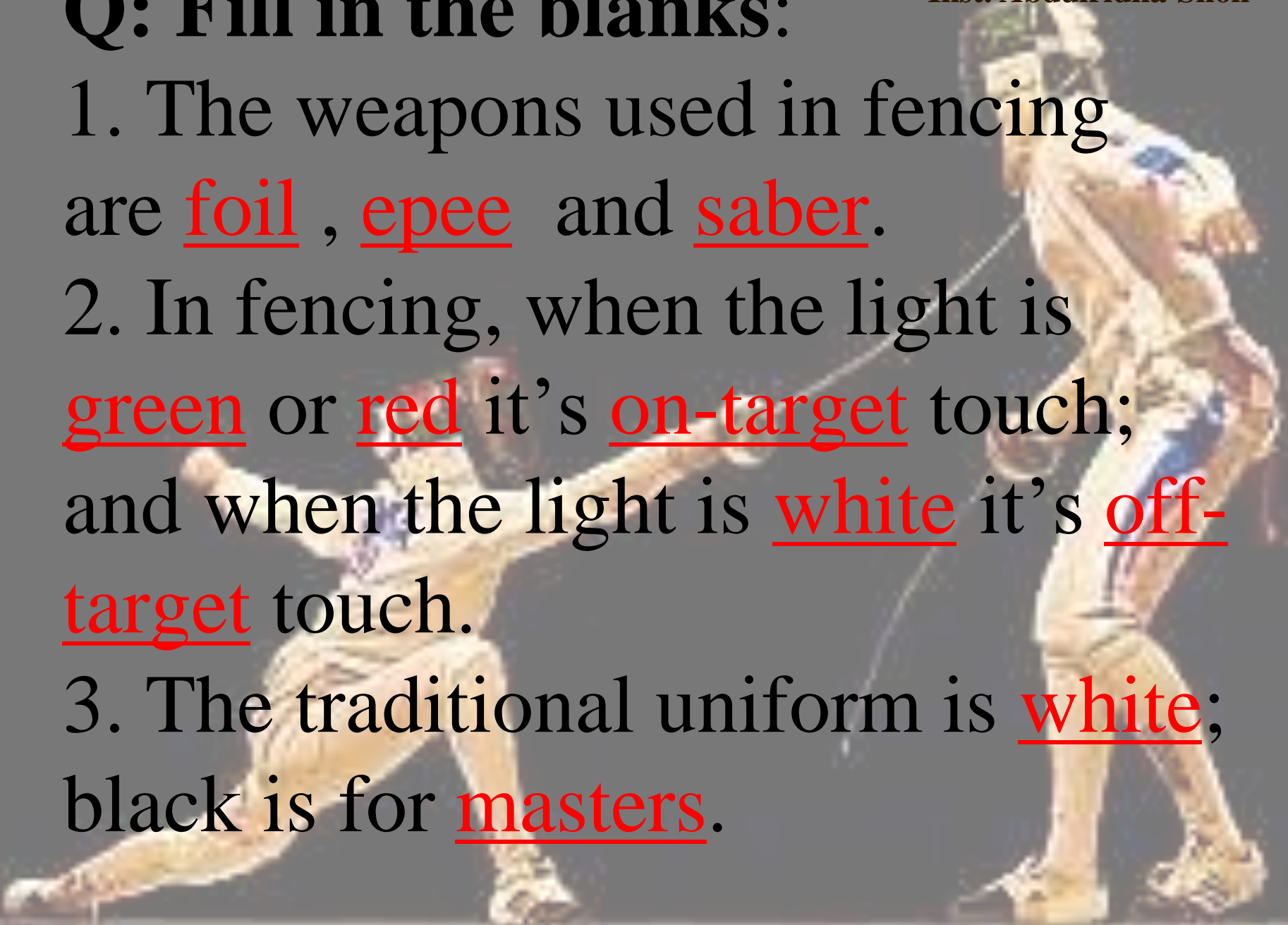


# Q: Fill in the blanks:

1. The weapons used in fencing are foil , epee and saber.

2. In fencing, when the light is green or red it's on-target touch; and when the light is white it's off-target touch.

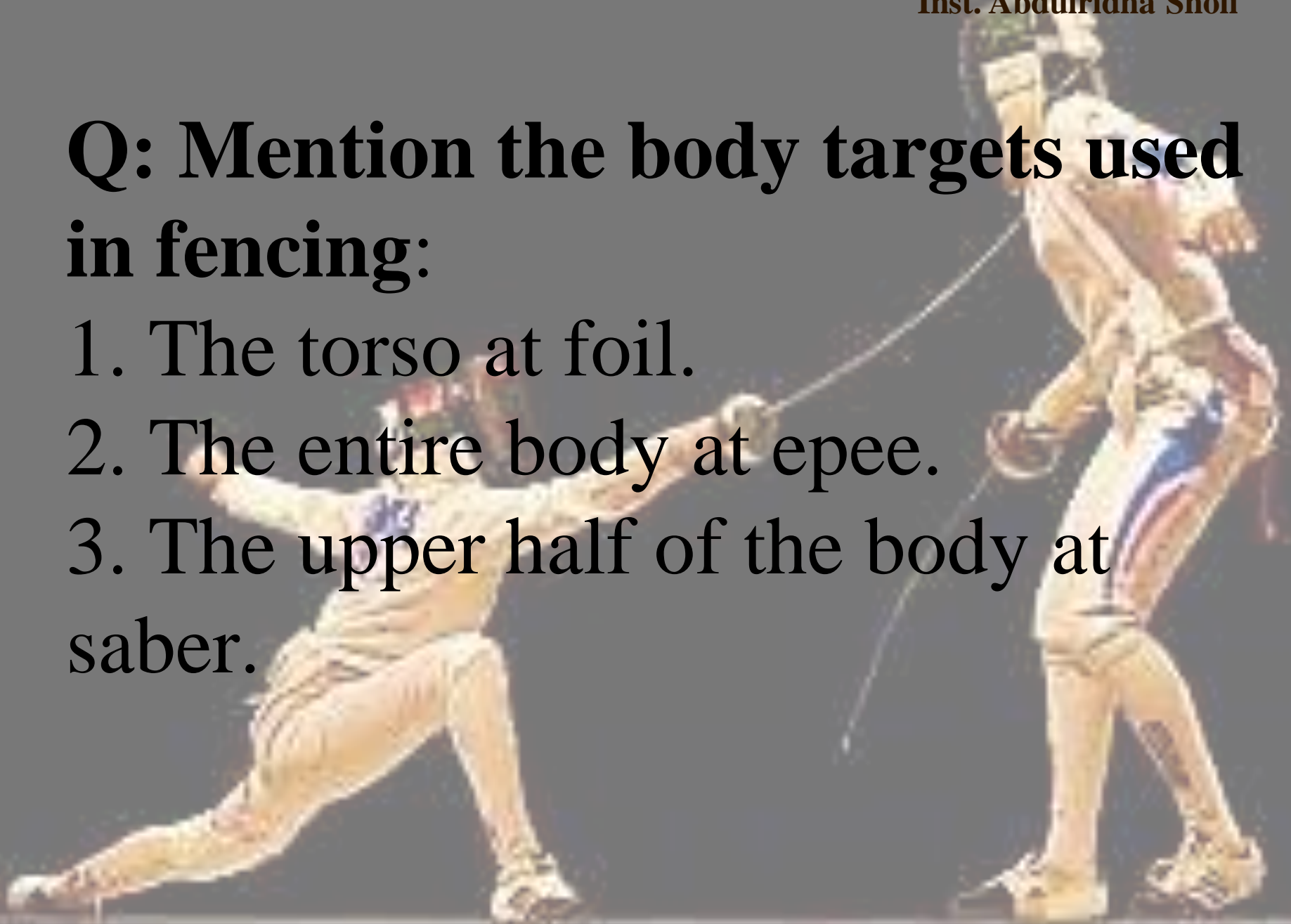
3. The traditional uniform is white; black is for masters.





**Q: Mention the body targets used in fencing:**

1. The torso at foil.
2. The entire body at epee.
3. The upper half of the body at saber.

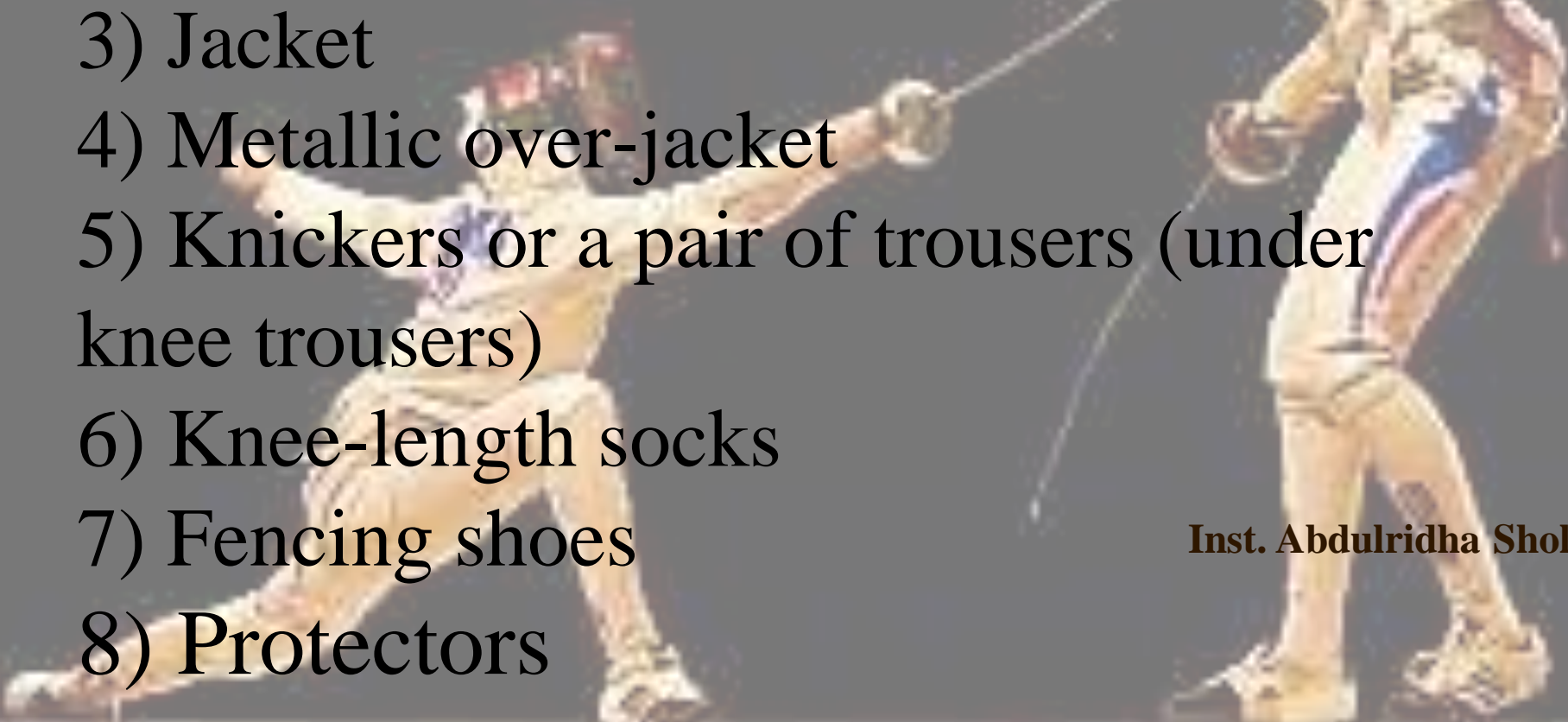




# Q: What does a fencer usually wear?

- 1) Mask
- 2) One glove for the sword arm
- 3) Jacket
- 4) Metallic over-jacket
- 5) Knickers or a pair of trousers (under knee trousers)
- 6) Knee-length socks
- 7) Fencing shoes
- 8) Protectors

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**Q: Choose and circle the right answer:**

1. What kind of sport is fencing?

a. an individual sport. b. a team sport c. neither

2. What kind of combat art is fencing?

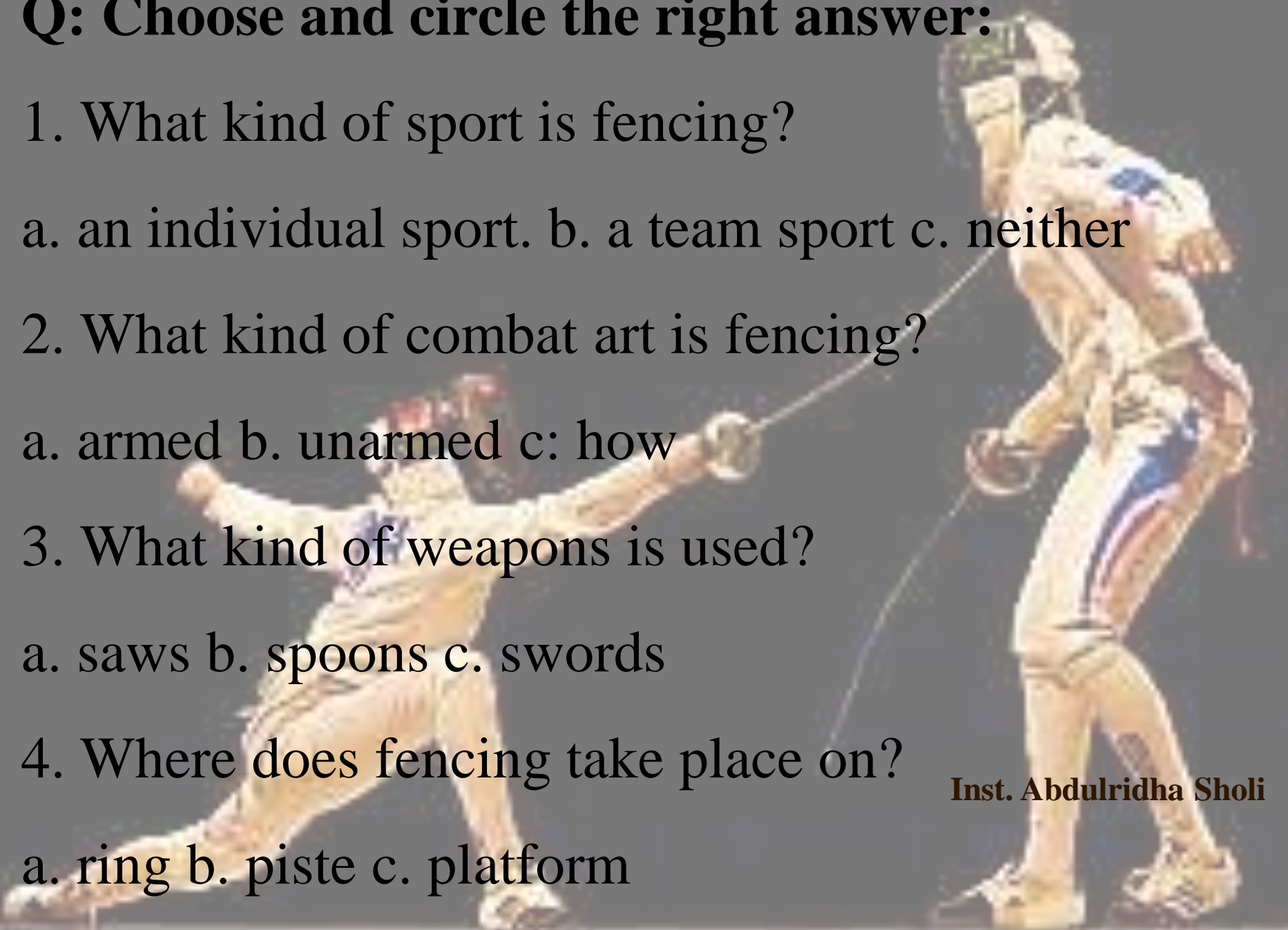
a. armed b. unarmed c. how

3. What kind of weapons is used?

a. saws b. spoons c. swords

4. Where does fencing take place on?

a. ring b. piste c. platform



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5. What are the new weapons in modern competitive fencing?

a. electric b. laser c. automatic

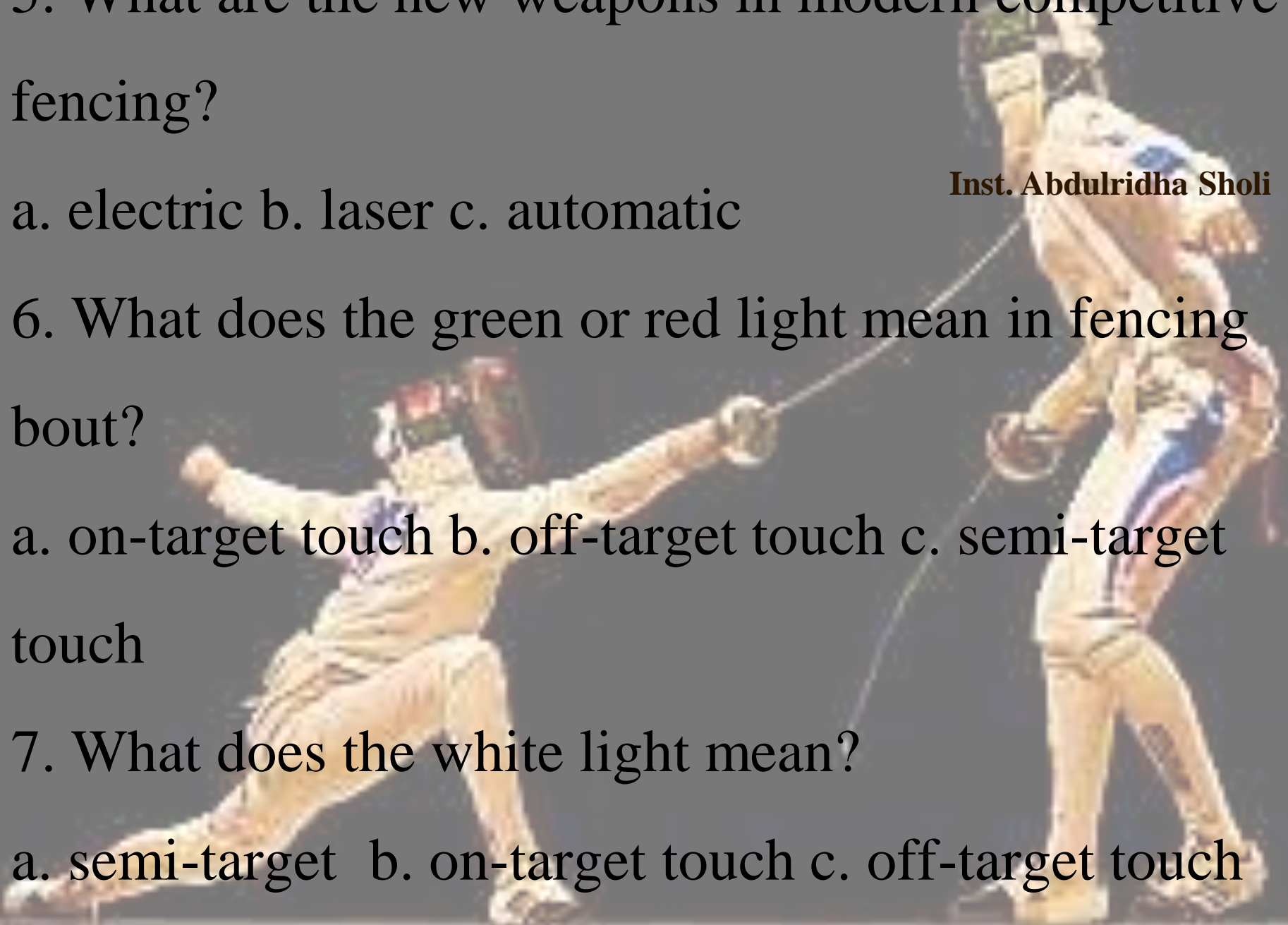
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6. What does the green or red light mean in fencing bout?

a. on-target touch b. off-target touch c. semi-target touch

7. What does the white light mean?

a. semi-target b. on-target touch c. off-target touch





8. What is the fencer with the most points?

a. The loser b. the winner c. the thinner

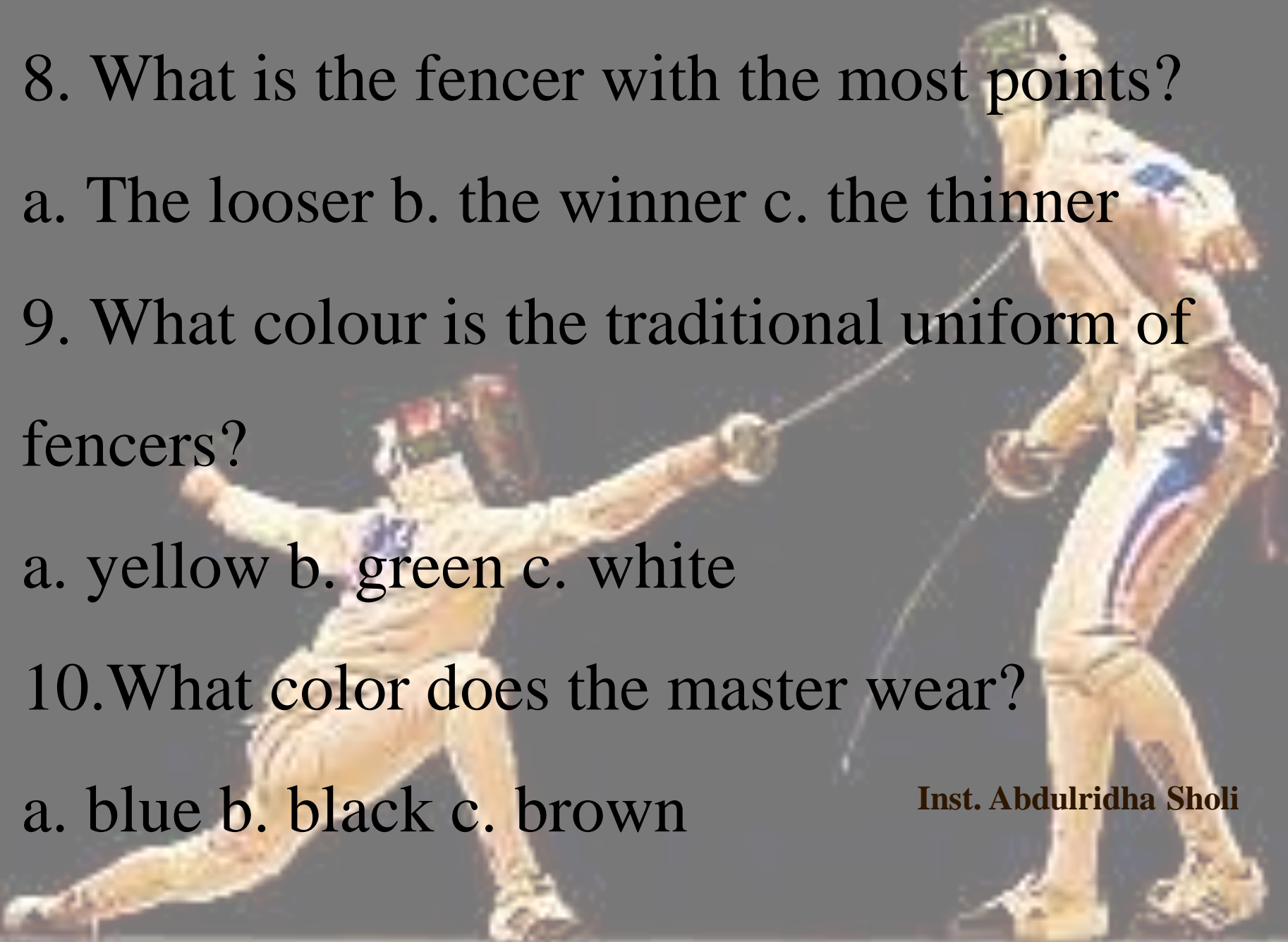
9. What colour is the traditional uniform of fencers?

a. yellow b. green c. white

10. What color does the master wear?

a. blue b. black c. brown

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## References:

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