

A collage of various sports including basketball, football, soccer, and horse racing. The background is a light, textured white. The word "Sports" is written in a large, black, serif font with a white outline. Below it, "Inst. Abdulridha Sholi" is written in a smaller, black, serif font.

Sports

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Sports

Sports are recreational or competitive activities that involve a degree of physical strength or skill.



The person who practices sports is called athlete or sportsman. An Athlete practices sports as a profession, while a sportsman practices sports as a hobby.



Every athlete is rated according to his
level of skill:

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1. In the first level the athlete is called Novice.



2. In the second level he is called
Amateur.

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3. In the third level he is called Professional.

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4. The highest level is the fourth level, and he is called Elite.

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Usually an athlete wears sportswear



and practices his sports in a place specially made for that sport, either indoors or outdoors. For example, footballers play football in a field,



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swimmers in a pool, basketball players
in a court, etc.

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Mainly, sports are divided into:
Individual Sports and Team Sports.

Individual Sports are:

1. Swimming

2. Wrestling



3. Boxing



4. Weightlifting



5. Athletics



6. Gymnastics



7. Tennis



8. Fencing



Team Sports

1. Football



2. Handball



3. Volleyball



4. Basketball



Q/ Complete the following definitions:

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1. Sports are recreational or competitive activities that involve a degree of physical strength or skill.

2. An athlete is the person who practices sports as a profession.

3. A sportsman is the person who practices sports as a hobby.



Q: Complete the Following definitions:

Sports are recreational or competitive activities that involve a degree of physical strength or skill.

Athlete is the person who practices sports as profession.

Sportsman is the person who practices sports as a hobby.



Q/ Give the antonyms of the following words:

Amateur \neq **Professional**

Novice \neq **Elite**

Profession \neq **Hobby**

Athlete \neq **Sportsman**

Individual \neq **Team**

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