# *Cell Adaptation, Cell Injury and Cell Death*

# PRACTICAL

### Stages in the cellular response to stress and injurious stimuli



Adaptive changes in cell growth & differentiation are include:

Atrophy (decrease in cell size)
Hypertrophy (increase in cell size).
Hyperplasia (increase in cell number).
Metaplasia (change in cell type).

### **Definition**, <u>Mechanisms</u>, <u>Examples</u>





### Atrophy (decreased cell size)



### Hypertrophy (increased cell size)



Hyperplasia (increased cell number)



Metaplasia (conversion of one cell type to another)



Dysplasia (disorderly growth)



### **Brain atrophy**

A, Normal brain of a young adult. B, Atrophy of the brain in an 82-year-old male with atherosclerotic disease. Atrophy of the brain is due to aging and reduced blood supply. Note that loss of brain substance narrows the gyri and widens the sulci. The meninges have been stripped from the right half of each specimen to reveal the surface of the brain.



Comparison between normal heart (above) & hypertrophied heart (below)



### Lt. ventricular hypertrophy

This is cardiac hypertrophy. The number of myocardial fibers never increases, but their size can increase in response to an increased workload, leading to the marked thickening of the left ventricle in this patient with hypertension. Note: normal Lt. ventricular wall thickness is 1.2 cm. to 1.5 cm

On the left is a normal uterus showing the normal mass of smooth muscle in its wall. On the right is a uterus from a pregnant women, in which the striking increase in mass of smooth muscle is evident. At cellular level this is due to both hyperplasia and hypertrophy of uterine smooth muscle.

# Uterine hypertrophy in pregnancy





### Normal Vs hypertrophied uterine smooth muscle cells

Lt. small spindle-shaped uterine smooth muscle cells from a normal uterus. Compare this with (Rt) large, plump hypertrophied smooth muscle cells from a gravid uterus (same magnification).

### **Endometrial hyperplasia**



The prominent folds of endometrium in this uterus (opened to reveal the endometrial cavity) are an example of hyperplasia. The hyperplasia involves both endometrial glands and stroma.

# 

# Cellular adaptations in disease Nodular hyperplasia of

prostate

Stevens & Lowe 1999

From a young man showing uniform texture of gland

Normal



From an elderly man showing irregular hyperplastic nodules. This would cause obstruction



### Verruca vulgaris

Multiple papules with rough, pebble-like surfaces at infection sites



### **Epithelial Metaplasia**

Metaplasia of normal columnar (left) to squamous epithelium (right) in a bronchus, shown (above) schematically and (down) histologically.

### **Columnar** (intestinal) metaplasia esophagus



Metaplastic transformation (arrow) of the normal esophageal stratified squamous epithelium (Lt) to mature columnar epithelium (Barrett esophagus)

## Cell injury is either

**Reversible Cell injury** the cells return back to their stable baseline state after removal the cause of cell injury. This is called **Degeneration** 

Irreversible Cell injury cells cant return to their baseline state after removal the cause of cell injury. This is called Cell death

### **MORPHOLOGY OF REVERSIBLE CELL INJURY**



**Cellular swelling (hydropic change)** 

The affected hepatocytes are distended by accumulated water that imparts cytoplasmic pallor.



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### **Cell necrosis: Nuclear changes**





### Liver cell necrosis: Nuclear changes





### normal

pyknosis



### karyorrhexis



# Neutrophils

# Necrotic tissue

**Types of Necrosis:** 

**1- Coagulative Necrosis** 

**2-Liquifactive Necrosis:** 

- **3- Caseous Necrosis**
- 4- Gangrenous Necrosis:
- 1.Dry gangrene
- 2. Wet gangrene
- 3. Gas gangrene
- 5- Fat Necrosis
- 1- TRAUMATIC Fat Necrosis.
- 2. ENZYMATIC Fat Necrosis.



Myocardil infarction coagulative necrosis





**Coagulative necrosis myocardium** 

The necrotic myocytes are intensely eosinophilic with loss of both cross striations & nuclei. The outlines of individual fibres are still maintained. There are inflammatory cells infiltration & RBCs inbetween the necrotic fibers.

Kidnet: there is a wedge-shaped firm pale area of coagulative necrosis (infarction) in the renal cortex of the kidney.

Diagnosis : Coagulative necrosis of kidney



Microscopically, the renal cortex has undergone anoxic injury so that the cells appear pale and ghost-like renal parenchyma at the far right

Diagnosis : coagulative necrosis of renal tissue



### Lung abscess

This is an example of liquefactive necrosis. There is confluent bronchopneumonia (scattered pale areas) complicated by abscess formation, which is seen here as a cystic cavity (arrow). The contained pus poured off during the sectioning of the lung tissue.



### slide on the right:

microscopical feature **of liquefactive necrosis of the brain** demonstrates many macrophages & edema at the right which are cleaning up the necrotic cellular debris.

### Slide on the left

affected area is wedge-shaped, pale, soft & cystic. this infarct in the brain is organizing and being

resolved, the liquefactive necrosis leads to resolution with cystic spaces





### **Caseous necrosis**

A tuberculous lung with a large area of caseous necrosis containing yellow-white and cheesy debris.

**Caseous necrosis-** the hilar lymph node is replaced by cheesy white material of caseous necrosis, this type of necrosis is usually due to pulmonary tuberculosis microscopically :the area of necrosis is seen as eosinophilic granular area surrounded by epithelioid cells & a peripheral rim of lymphocyte to form the granuloma characteristic of pulmonary TB



Microscopically, caseous necrosis is characterized by amorphous (acellular), granular pink areas of necrosis, as seen here, surrounded by a granulomatous inflammatory process



### **Caseous necrosis**

### **TB granulomas lung**





# Granuloma and giant cell

### **Ganagrene of lower limb**





Wet gangrene

### Dry gangrene

### Fat necrosis of acute pancreatitis



http://picasaweb.google.com/lh/photo/2bVfmGoECVga4crlneb67w

Injury to the pancreatic acini leads to release of powerful enzymes which damage fat through lipases; these liberate fatty acids which complex with calcium leading to the production of soaps, and these appear grossly as the soft, chalky white areas seen here on the cut surfaces.

### Slide on left:

**gross**: soft, chalky white areas with foci of hemorrhage seen on the cut surfaces of inflamed pancreas

**Diagnosis** : acute pancreatitis with fat necrosis & calcification

<u>slide on the right</u>: Microscopically, fat necrosis is seen here. Though the cellular outlines vaguely remain, the fat cells have lost their peripheral nuclei and their cytoplasm has become a pink amorphous mass of necrotic material.



### Fat necrosis in acute pancreatitis.



The areas of white chalky deposits represent foci of fat necrosis with calcium soap formation (saponification) at sites of lipid breakdown in the mesentery.



Fibrinoid necrosis of an artery in polyarteritis nodosa.

The wall of the artery shows a circumferential bright pink area of necrosis with protein deposition and inflammation (dark nuclei of

neutrophus).

### The cytoplasm is intensely esoniphilic (pinkish) and the nucleus condensed (pyknotic)

Apoptosis of epidermal keratinocyte



# Intracellular Accumulations

### **Fatty change liver**







Severe fatty change liver

In the liver mild fatty change shows no gross changes, but with progressive accumulation, the organ enlarges and become increasingly yellow, soft and greasy to touch. Fatty change liver



In the early stages: small fat vacuoles around the nucleus but with progression these coalesce into a large clear space that displaces the nucleus to the periphery (macrovesicular steatosis).

### **Fatty change liver**



Macrovesicular steatosis a higher power of previous figure.

# 1. Sudan IV



# 2. oil red O



### **Protein reabsorption droplets in the renal tubular epithelium**



In nephrotic syndrome, there is a abnormally large reabsorption of the protein. Pinocytic vesicles containing this protein fuse with lysosomes, resulting in the histologic appearance of pink, hyaline cytoplasmic droplets

# Russel bodies on MGG



### . Accumulation of cytoskeletal proteins

### ALCOHOLIC HYALINE (MALLORY HYALINE)

Eosinophilic globules seen in liver cells, consists predominantly of keratin intermediate filaments Seen to be accumulated in alcoholic liver disease



At high magnification can be seen globular red hyaline material within hepatocytes.



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### Normal vs. Alzheimer's Diseased Brain



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### Neurofibrillary Tangles

- Tangles develop inside nerve cells
- Abnormal collections of twisted protein fibers
- Protein threads are composed of the hyperphosphorylate d *tau* protein



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# Neurofibrilary Tangles-Alzheimers disease



α1 antitrypsin deficiency : cause: Protein folding defect Build up of partially folded proteins......Aggregate in ER of liver the synthesized protein lacks the ability to migrate from endoplasmic reticulum (ER) to Golgi zone and thus accumulates inside ER as hyaline globules



### **Calcification of the aortic valve.**



A view looking down onto the unopened aortic valve in a heart with calcific aortic stenosis. The semilunar cusps are thickened and fibrotic. Behind each cusp are large, irregular masses of dystrophic calcification that will prevent normal opening of the cusps.

### **Pigments:**

They are colored substances, either Exogenous (coming from outside) or Endogenous pigments (synthesized within the body itself).

### **Exogenous Pigments.**

ANTHRACOSIS (Carbon Accumulation) :

Tattooing:

**Endogenous Pigments.** 

Lipofuscin:

Melanin

hemosidren

# Coal workers pneumoconiosis



### Lung: coal worker's pneumoconiosis



Anthracotic pigment ordinarily is not fibrogenic, but in massive amounts (as in "black lung disease" in coal miners) a fibrogenic response can be elicited to produce excessive collagenous fibrosis impregnated with the black pigment.

### **Skin tattoo**





Lt. Here is a tattoo. The pigment in tattoos is transferred to the dermis with a needle. Rt. This is the microscopic appearance of tattoo pigment (black) in the dermis. Note that this pigment is well within the dermis and, therefore, difficult to remove.

### Lipofuscin granules in a cardiac myocytes



### Hemosiderin granules liver cells







### **Prussian blue stain**

# melanin



THANK YOU