

Epidemiology of Malaria

Mal-aria = bad environment

Chronic Protozoal disease caused by infection with <u>plasmodium</u> parasite transmitted by infected <u>anopheline</u> mosquito.

Occurrence: 250 million cases. Major cause of illness in tropical areas. Deserts & high mountains are free.

Mortality: 2 Million deaths/year, half in African children <5, due to anemia & cerebral malaria.

Risk groups: Young children & pregnant living in poor houses, farmers, travelers, outdoor sleepers. Males > females.





Causative agent

Plasmodium: vivax, falciparum, ovale, malarie.

Diagnosis: clinical 3 stages Confirmed by blood film

cold stage, hot stage, sweating stage.

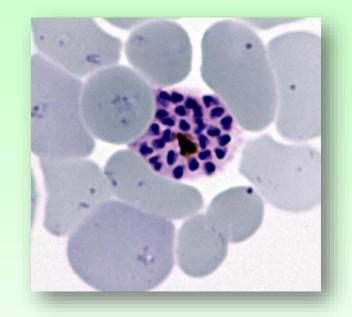
Severity: of malaria depends on:

- Plasmodium species
- Immunity

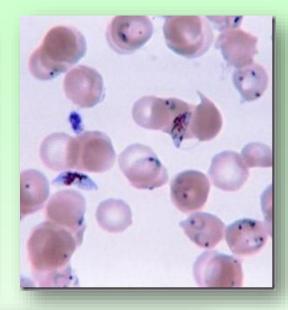
Relapses: may occur years after infection:

- → Dormant hepatic parasites: (Hypnozoites)
- → Low level Blood parasites

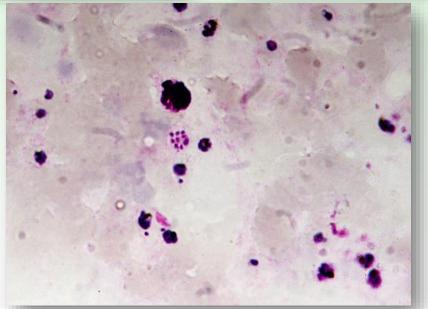














Host

- Definitive: Anopheline mosquito species
- Intermediate: human

Reservoir

Human: with gametocytes in blood

Modes of transmission

- → Bite of infective female mosquito.
- → Blood transfusion.
- Contaminated syringes.
- → Congenital transmission is rare.



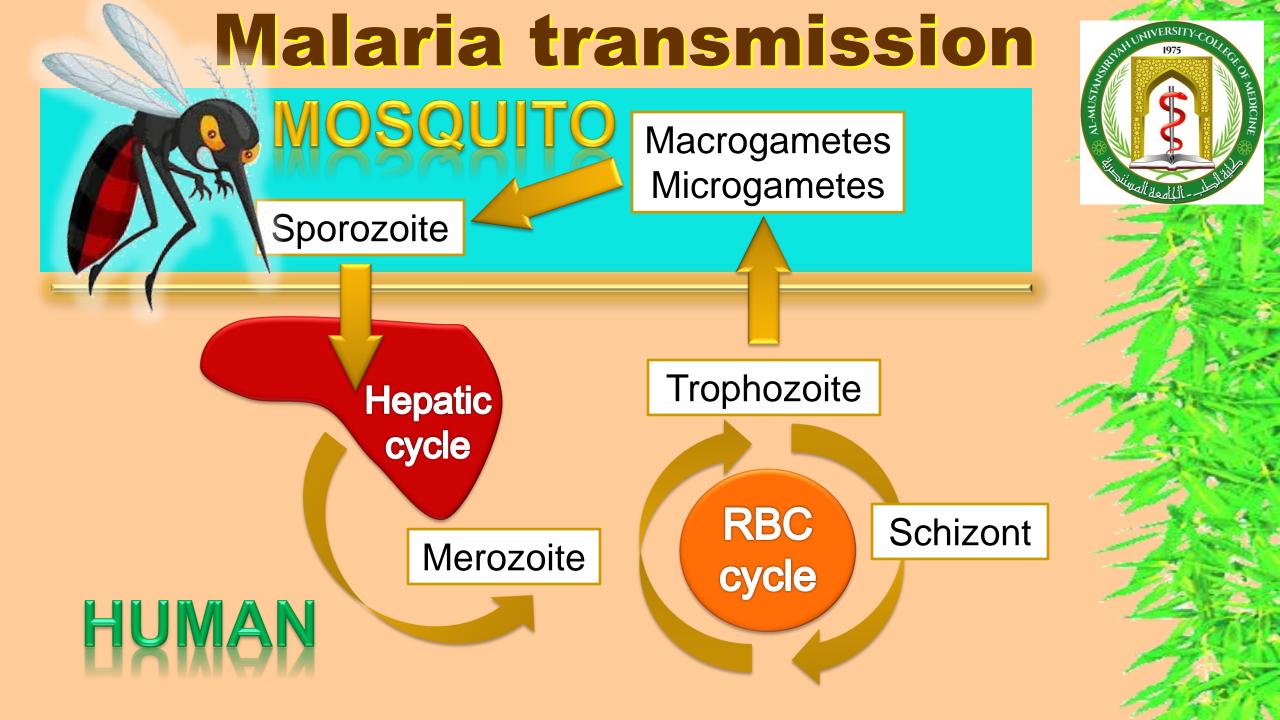
Incubation period

→ From infective bite till appearance of symptoms (1-4 weeks) depends on parasite species.

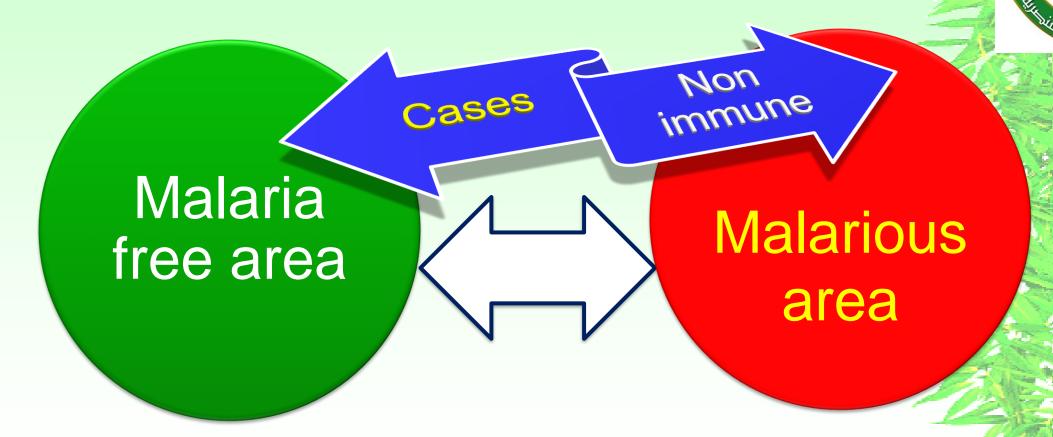
→ Shorter in blood transfusion, longer in patients on chemoprophylaxis.

Period of communicability: mosquito remains infective for life. In human (1-3 years) depends on parasite species.

Extrinsic incubation period: is IP for vector



Effects of travel on malaria



Control

Integrated program for prevention & control

- 1. Vector control: Larva & Adults
- 2. Vector biting control:

Bed nets impregnated with insecticides.

3. Human control:

- ACD & PCD (thin & thick blood smear)
- Chemoprophylaxis, Anti-relapse treatment.
- Examining donated blood.
- Malaria recombinant vaccine: for Children 5 months age in Falciparum malaria areas (Africa).



Mosquito bed net











Treatment types

- Presumptive: for suspected cases.
- Radical: for new cases
- Mass treatment: to all people when control is impossible
- Anti relapse: for treated cases in past year.
- Chemoprophylaxis: travelers to malarious area

Antimalarial drugs scheduled in combination, and resistance is increasing:

chloroquine, premaquine, mefloquine, proguanil, fansidar, malarone.



Program in Iraq

No local transmission.

Imported cases from:

- ← Travel: Iraqis to malaria country.
- → Travel: Foreigners from malaria country.
- ACD for local cases & travelers
- PCD of febrile patients



References

- ☐ Control of communicable disease manual. APHA, 21th ed 2017
- ☐ Park, K. Park's textbook of preventive and social medicine. 26th ed. 2021.



