Endocrine System in Medical Terminology Presented by: Dr. Huda Saad Date: 8/4/2025

1. Introduction to the Endocrine System

The endocrine system interacts with the nervous system to regulate and coordinate body activities. Integration of nervous and endocrine influences on the body occurs in the hypothalamus, a central nervous system (CNS) structure.

Functions: Homeostasis, metabolism, growth, reproduction, stress response.



2. Major Endocrine Glands

Gland	Medical Terminology	
Pituitary Gland (Hypophysis)	Hypophys/o, Pituitar/o	
Thyroid Gland Parathyroid Glands	Thyr/o, Thyroid/o Parathyroid/o	
Adrenal Glands	Adren/o, Adrenal/o	
Pancreas (Islets of Langerhans)	Pancreat/o	
Pineal Gland	Pineal/o	
Thymus	Thym/o	
Gonads (Ovaries & Testes)	Oophor/o (ovaries)	

Function

"Master gland" controlling other glands

Regulates metabolism

Controls calcium levels

Produces stress hormones (e.g.,

cortisol)

Regulates blood sugar with insulin &

glucagon

Controls sleep-wake cycles (melatonin)

Involved in immune system function

Produces sex hormones

3. Hormones and Their Medical Terminology

Hormone	Medical Terminology	Function
Growth Hormone (GH)	Somatotropin	Stimulates growth
Thyroid Hormones (T3, T4)	Triiodothyronine (T3), Thyroxine (T4)	Regulate metabolism
Insulin	Insulin/o	Lowers blood sugar
Glucagon	Glucagon/o	Raises blood sugar
Cortisol	Cortic/o	Stress response
Epinephrine (Adrenaline)	Epinephrin/o	"Fight or flight" response
Testosterone	Test/o	Male sexual development
Estrogen & Progesterone	Estr/o, Progest/o	Female reproductive function

4. Medical Abbreviations Related to Endocrinology

Abbreviation Full Form

TSH Thyroid-Stimulating Hormone

ACTH Adrenocorticotropic Hormone

GH Growth Hormone

FSH Follicle-Stimulating Hormone

LH Luteinizing Hormone

HbA1c Hemoglobin A1c (diabetes

test)

DM Diabetes Mellitus

T3/T4 Thyroid Hormones

5. Many activities influenced by the endocrine glands

- 1. Reproduction and lactation
- 2. Immune system
- 3. Acid-base balance
- 4. Fluid intake and fluid balance
- 5. Carbohydrate, protein, and lipid metabolism
- 6. Digestion, absorption, and nutrient distribution
- 7. Blood pressure
- 8. Stress resistance
- 9. Adaptation to environmental change, for example, changes in temperature

6. Conclusion

An interconnected glandular system is vital for homeostasis. Dysregulation leads to systemic disorders; advancements in endocrinology improve patient outcomes.

Thank you for your attention