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• What is edema?

• Edema : It refers to the accumulation of excess liquid in the interstitial (extracellular) spaces of a tissue or in pre-existing cavities. It may affect any organ, but most often it appears in subcutaneous tissues, lung and brain.

## According to the etiology, edema may be:

**1- localized** (in inflammation or in impaired venous drainage) as in; pulmonary edema and brain edema

2- Systemic (in right side-heart failure or in nephrotic syndrome).

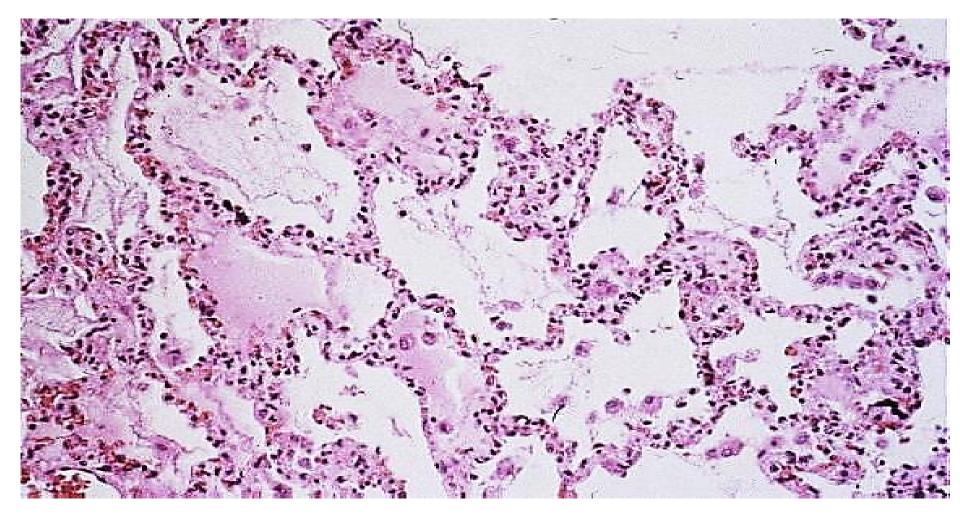
A generalized and severe edema is called (*anasarca*).

# Congestion

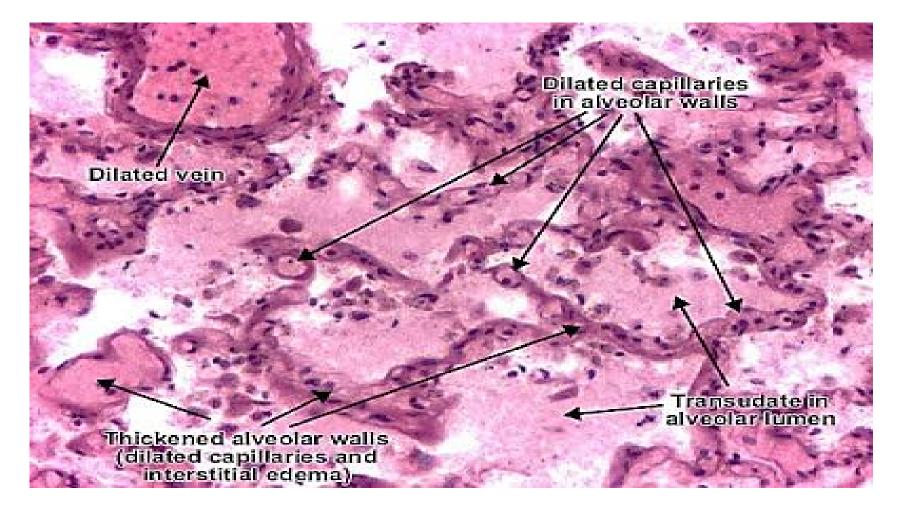
**Congestion:** is a passive increase in blood volume in venous part of blood vessels (impaired venous drainage). Congestion could be localized venous congestion or generalized venous congestion. The tissue has a blue-red color(cyanosis) due to accumulation of deoxygenated hemoglobin. Congestion and edema are commonly occur together.

Pedal edema during and after the application of pressure to the skin.





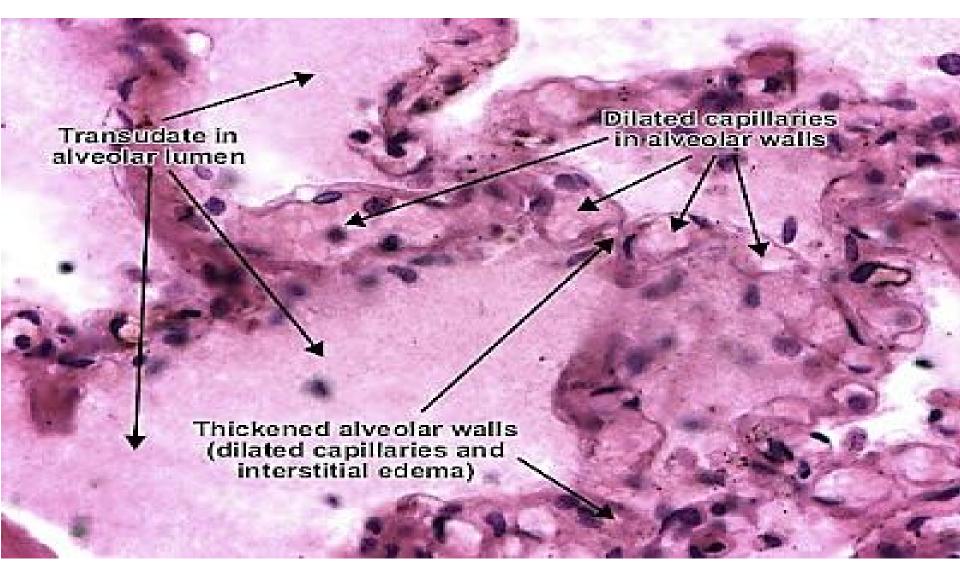
Interstitial pneumonitis and intra-alveolar edema. (a low-power photomicrograph)



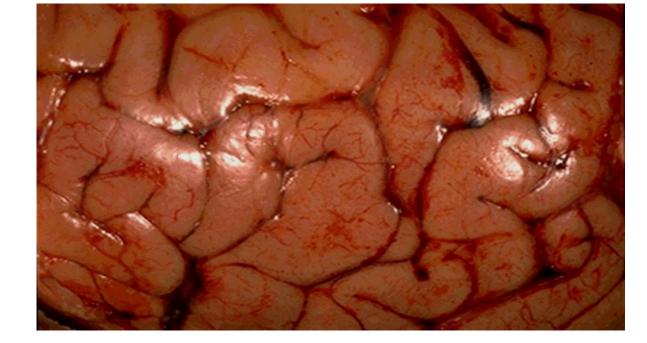
Pulmonary edema .Alveolar walls are thickened due to acute distention of capillaries and interstitial edema. Alveolar lumen is filled with *transudate* (pale-eosinophilic, finely granular), a liquid which replaces the air.

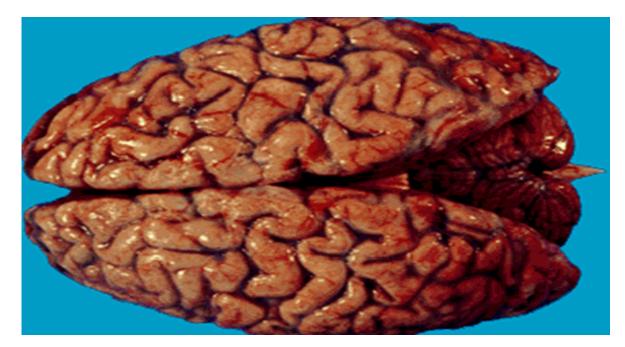
#### At high magnification Pulmonary edema

Lab 5



The surface of the brain with cerebral edema demonstrates widened gyri with flattened surface. The sulci are narrowed.





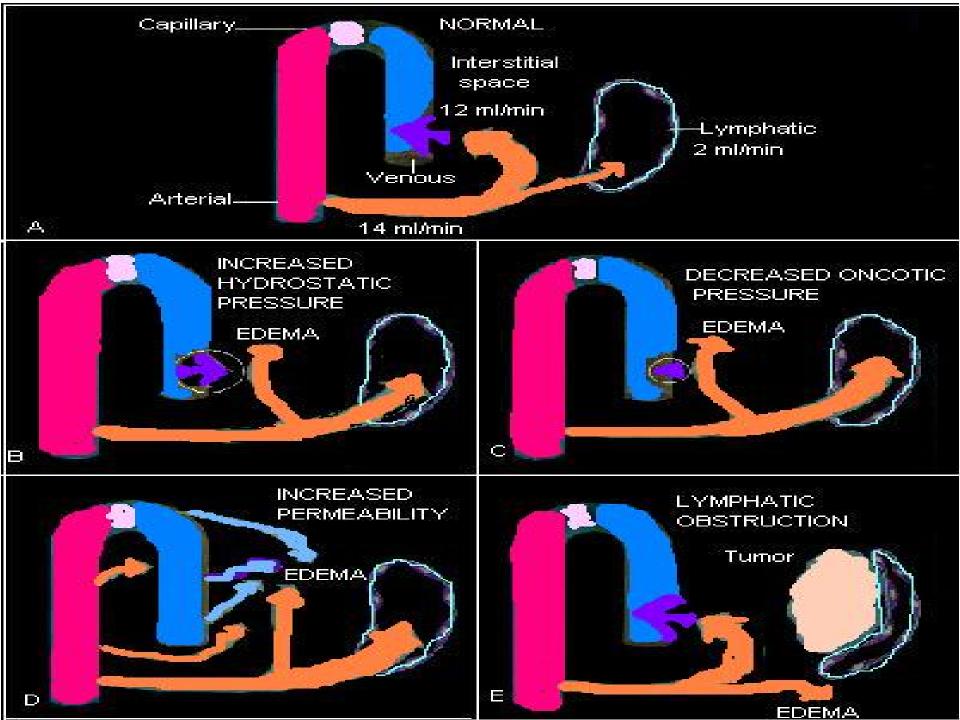
The capillary system and mechanisms of edema formation

## A. Hydrostatic edema:

If the hydrostatic pressure at the venous • end of the capillary system is elevated, reabsorption is decreased. As long as the lymphatics are able to drain the fluid, no edema results. If their capacity is exceeded, however, edema fluid accumulates. **B. Oncotic edema:** Edema fluid also accumulates if re-absorption is diminished by a decrease in the oncotic pressure of the vascular bed, owing to a loss of albumin.

**C. Inflammatory and traumatic edema:** either local or systemic, results in the vascular bed becomes leaky following injury to the endothelium.

**D. Lymphedema:** Lymphatic obstruction causes • the accumulation of interstitial fluid because of insufficient re-absorption and deficient removal of proteins, the latter increasing the oncotic pressure of the fluid in the tissue







### Lymphatic obstruction (Lymphedema )in leg due to Parasitic infection Filariasis

### **Types (classification) of edema: 1.According to pathophysiological mechanism (composition of the accumulated fluid):**

- Transudate (low protein content)
- Exudate (high protein content)
- **2.According to the location:**
- Generalized
- Localized

# **3.According to clinical finding:**

- a. Pitting edema
- b. Non pitting edema

#### Lymphoedema

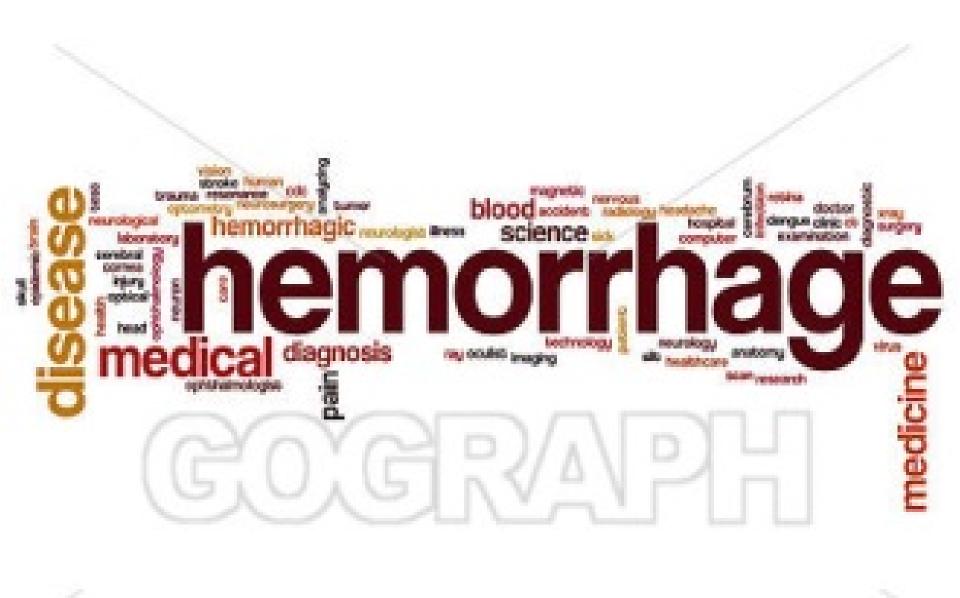


#### Pitting oedema [Grade 1]



Non pitting [Grade 2]

## Filariasis



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Hemorrhage: is extravasation of blood from vein to extravascular space (tissues, a hollow organ or body cavity, or to the outside). capillary bleeding can occur in chronic congestion or sever hemorrhage occur in rupture of large artery or vein due to trauma. Hemorrhage takes many definition:

**1-Hematoma:** This localized hemorrhage occurs within a tissue or organ.

**2-Hemothorax, hemopericardium, hemoperitoneum:** Hemorrhage may occur in the pleural cavity, pericardial sac, peritoneal cavity.

**3-Petechial hemorrhages, petechiae, or purpura:** 

These small, punctate hemorrhages occur in the skin (1-2 mm), mucous membranes, or purpura in serosal surfaces size (3-5mm).

**4- Ecchymosis:** This diffuse hemorrhage is occured in skin and subcutaneous tissue size (1-2cm).



Here are petechial hemorrhages seen on the epicardium of the heart. Petechiae (pinpoint hemorrhages) represent bleeding from small vessels and are classically found when a coagulopathy is due to a low platelet count. They can also appear following sudden hypoxia.



The blotchy areas of hemorrhage in the skin are called ecchymoses (singular ecchymosis). Ecchymoses are larger than petechiae. In between in size are hemorrhages called purpura. The terms ecchymosis and purpura are often used interchangeably. They can appear with coagulation disorders. In the setting of normal tissues subjected to sufficient blunt trauma to rupture small blood vessels and produce soft tissue bleeding, the process would be called contusion.



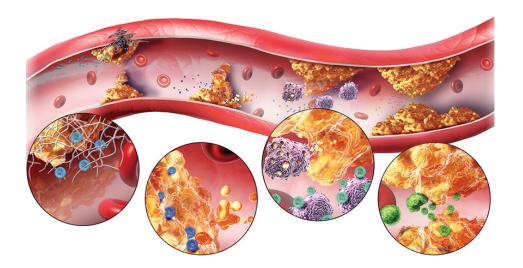
A localized collection of blood outside the vascular system within tissues is known as a hematoma. Here is a small hematoma under the toenail following trauma, which has a bluish appearance from the deoxygenated blood within it.



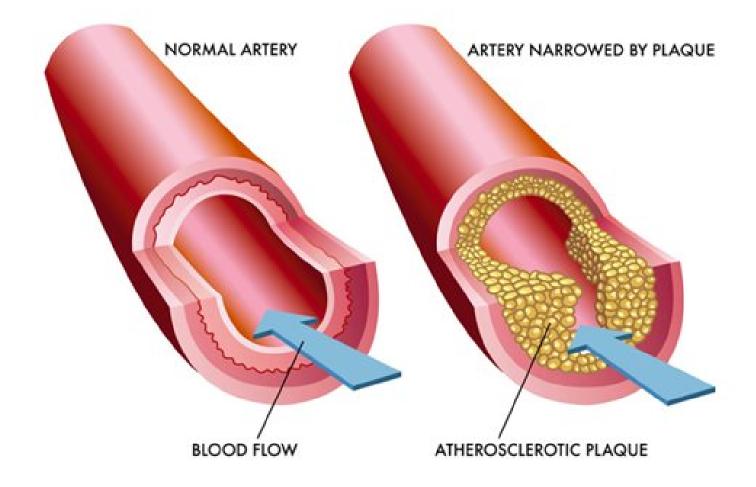
hematoma under the eye

# Atherosclerosis

Atherosclerosis is a disease primarily of large elastic arteries and medium sized muscular arteries. Its basic lesion is the atheroma (fibro-fatty plaque) which is a raised patch within the intima having a core of lipid (mainly cholesterol) and a cup of fibrous tissue



#### ATHEROSCLEROSIS

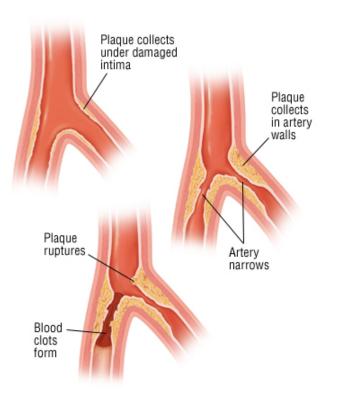


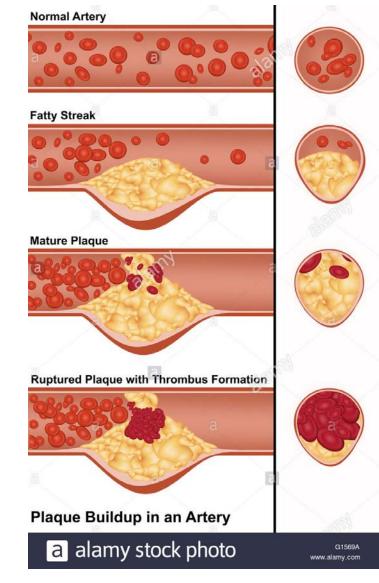
### **Risk factors for atherosclerosis:**

- Diet and hyperlipidemia, high carbohydrate intake
- Hypertension
- Cigarette smoking
- Diabetes mellitus
- Obesity
- stress
- Increase age
- Family history
- Genetic abnormality

#### **Pathogenesis of atherosclerosis:**

Fatty streak stage
Progression stage
Plaque rupture





# **Fatty streaks**

