(THIS SUMMARY IS DESIGNED ONLY FOR THE LECTURE; IT IS NEVER FOR ANY EXAM.)

Clinical Pharmacokinetic for cyclosporine:

A-Initial dose determination.

B-Use of cyclosporine concentration to change the dose.

Initial dose determination:

- 1-Pharmacokinetic dosing methods.
- 2- Literature-based methods.

1-Pharmacokinetic dosing methods

To determine the dose in pharmacokinetic methods we need to know:

1- Clearance estimate (Adult patient= (6) ml/min/kg)

Pediatric patients (<16 year) = (10) ml/min/kg)

Note: multiply by (60/`1000) to get CL in L/hr

2-Appropriate pharmacokinetic model and equations

Notes:

 $ng/ml = \mu g/L...$

F = 0.3

r =12 hr

$$D(oral) = \frac{css \times cl \times r(12h)}{F(0.3)}$$

Divide by 1000 to get the dose in mg when Css in μ g/L

D (I.V bolus) =
$$Css \times Cl \times r(12hr)$$

$infusion \ rate = Css \times Cl$

2-Literature-based methods.

Generally, the dose is 8-18 mg/kg/day orally, and 3-6 mg/kg/day as I.V..

Notes:

1-Try to choose the middle value.

2-In renal transplantation, choose the lower end of the range.

B-Use of cyclosporine concentration to change the dose

- 1-Linear Pharmacokinetics Method
- 2-Pharmacokinetic parameter method

1-Linear Pharmacokinetics Method

D new = (Css,new/Css,old) D old

Or

2-Pharmacokinetic parameter method

$$CL = \frac{(F \times (\frac{D}{r}))}{Css(old)}$$

× 1000 to get CL in L/hr

Then, calculate D as above (Pharmacokinetic dosing methods)

$$\mathsf{D}(oral) = \frac{Css(new) \times Cl \times \mathfrak{r}(12h)}{F(0.3)}$$
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