# Lecture-13 Solutions using mixed solvent systems

Spirits, Elixirs, and Extracted Products

#### Why using mixed solvent systems?

- When substances to be included in liquid dosage forms for oral administration are
- not water soluble or
- 2. When they exhibit chemical instability in water.
- One must either prepare suspensions or utilize non aqueous solvents alone or with a minimum amount of water

# Spirits

- Spirits are alcoholic or hydroalcoholic solutions of volatile substances.
- Generally, the alcohol concentration of spirits is rather high, usually over 60%.
- Because of the greater solubility of aromatic substances in alcohol than in water, spirits can contain a greater concentration of these materials than corresponding aromatic waters.
- The amount of volatile materials in spirits varies greatly and no fixed percentage can be given
- The alcohol content varies. The lowest percentage is in Aromatic Ammonia Spirit (62 to 68 percent). The highest is in Camphor Spirit (80 to 87 percent).

#### Spirits

- When mixed with water or with an aqueous preparation, the volatile substances present in spirits generally separate from solution and form a milky preparation. In order to avoid this turbidity,
- 1. Water except as specified in the formula, should be avoided.
- 2. Graduates and other equipment used should be dry.
- 3. Filter paper should be moistened with alcohol.

#### Methods used to prepare Spirits

- The introduction of spirit into pharmacy and medicine was brought about by the development of distillation procedures
- Depending on the materials utilized, spirits may be prepared by
- 1. Simple solution
- 2. Solution by maceration
- 3. Distillation
- 4. Chemical reaction

#### Uses of Spirits

- Spirits may be used pharmaceutically as flavoring agent and medicinally for the therapeutic value of aromatic solute.
- As flavoring agents they are used to impart the flavor of their solute to other pharmaceutical preparations.
- For medicinal purposes, spirits may be taken orally, applied externally, or used by inhalation, depending upon the particular preparation.
- When taken orally, they are generally mixed with a portion of water to reduce the pungency of the spirit.

# Official Spirits

- The spirits most recently official in the USP/ NF were
- 1. Aromatic ammonia spirit
- 2. Camphor spirits
- 3. Compound orange spirit
- 4. Peppermint spirit

There is no classification of spirits because

- 1. There are small number of spirits
- 2. some have therapeutic effect, other are used as flavor.
- 3. Each spirit has its own method for preparation.

## Aromatic Ammonia Spirit, NF

- It acts
- 1. as a carminative due to the volatile oils present.
- 2. as antacid.
- 3. as a mild reflex circulatory stimulant due to the liberation of ammonia (NH3) from the ammonium carbonate which the spirit contains so it is used in cases of fainting.

# Camphor Spirit, NF

- Camphor spirit, NF like aromatic ammonia spirit, is well known to the lay public. It is referred to as Tincture of camphor and also as camphor.
- This preparation is a simple solution of 10 percent camphor in alcohol. It is rarely used internally, but its external use is very common. Usually it is applied to "cold sores" and similar ailments.

# Compound Orange spirit, USP

- It is a blend of several oils and is readily prepared by simple solution.
- It is an important ingredient of aromatic elixir.

## Peppermint Spirit, NF

- It is used as a carminative and flavor.
- Given orally in small doses, usually 1ml, this spirit is an effective carminative, and it is used extensively for that purpose.
- Its preparation as follows
- 1. The leaves are macerated in water to remove tannins and other water soluble materials.
- 2. The aqueous extract is discarded, and the leaves are expressed and
- 3. macerated in alcohol. The alcohol dissolves the chlorophyll giving the product a bright green color.
- 4. To this alcoholic solution 10% of volatile oil is added.
- The leaves used do not impart any medicinal action to the preparation. This action comes from the volatile oil added to the alcohol.

#### Home works

- Compare between spirit and aromatic water
- Comparison should include general points about composition, uses, methods of preparation, concentration of volatile principles, etc.

#### References

- Lewis W. Dittert, "American pharmacy", Lippincott. company, 1974.
- Ansel's Pharmaceutical dosage forms and drug delivery systems,10<sup>th</sup> edition. Lyod V. Allen, Howard C. Ansel, Sinko, by Lippincott Williams & Wilkins, a Wolters Kluwer business, Lippincott Williams &Wilkins. Philadelphia. 2014.