# **Estimation of CK activity**

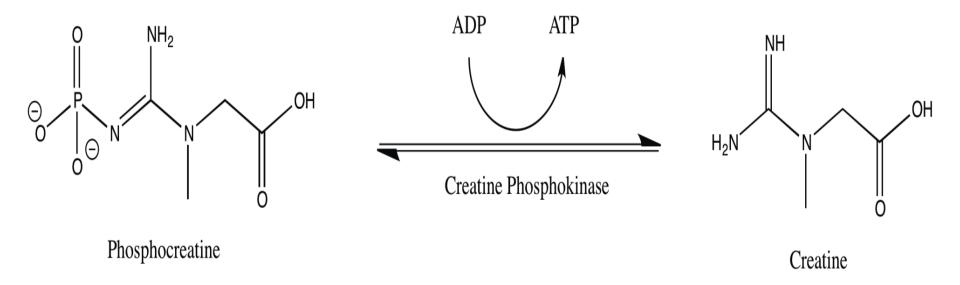
**Presented By** 

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### What is CK or CPK?

- Creatine kinase (CK) or creatine phosphokinase (CPK) is an enzyme that present in various tissues and cells.
- It catalyses the conversion of creatine to phosphocreatine using ATP
- Its reaction is reversible

Creatine phosphokinase enzyme reaction



### What are tissues that consume ATP?

- Skeletal muscles
- Brain
- Photoreceptor cells of the retina
- Hair cells of the inner ear
- Spermatozoa
- Smooth muscles

# What is the function of phosphocreatine?

- Phosphocreatine serves as energy reservoir for the rapid buffering and regeneration of ATP and for intracellular energy transport by phosphocreatine
- Why creatine kinase blood test is done?
- It is measured as a marker of:
- ≻MI (heart attack)
- ➢ Rhabdomyolysis

- > Muscular dystrophy
- ➢ Autoimmune myositis
- Acute renal failure
- What are CK isoenzymes?
- Cytosolic CK enzymes consist of two subunits: B (brain type) and M (muscle type) therefore 3 isoenzymes:
- ≻ CK-MM
- ≻ CK-BB
- ≻ CK-MB

- CK-MM is expressed in skeletal and cardiac muscle
- CK-MB is expressed in cardiac muscle
- CK-BB is expressed in smooth muscle and most non-muscle tissues therefore have no significance in bloodstream
- Skeletal muscle expresses 98% CK-MM and 1% CK-MB
- The myocardium expresses 70% CK-MM and 25-30% CK-MB

### Laboratory test:

- Ck is measured in :
- > emergency patients
- ➢ Patients with chest pain
- ➢Acute renal failure
- **Normal values:**
- ➢ Men: at 30 °C (25-115 IU/L) at 37 C°(38-174 IU/L)
- ➢ Women: at 30 C (17-92 IU/L) at 37 C (26-140 IU/L)

 One unit is the amount of enzyme that catalyzes 1 µmol of substrate per minute under specified conditions (temperature, pH, substrate concentration and activators)

# What are causes of high CK activity?

- Artefactual: due to in vitro hemolysis
- **Physiological:** neonatal period, during parturition
- Marked increase:
- > Shock and circulatory failure

≻MI

>Muscle dystrophy and rhabdomyolysis

- Moderate increase:
- >Muscle injury
- >After surgery
- > Physical exertion
- ≻After IM injection
- >Hypothyroidism
- ≻ Alcoholism
- ≻CVA and head injury
- ≻Malignant hyperpyrexia

- CK does not usually rise in neurogenic muscle diseases : poliomyelitis, myasthenia gravis, multiple sclerosis and parkinson
  Causes of low CK activity:
- Alcoholic liver disease
- Rheumatoid arthritis
- CK isoenzymes are used for myocardial damage in heart attacks besides troponin

