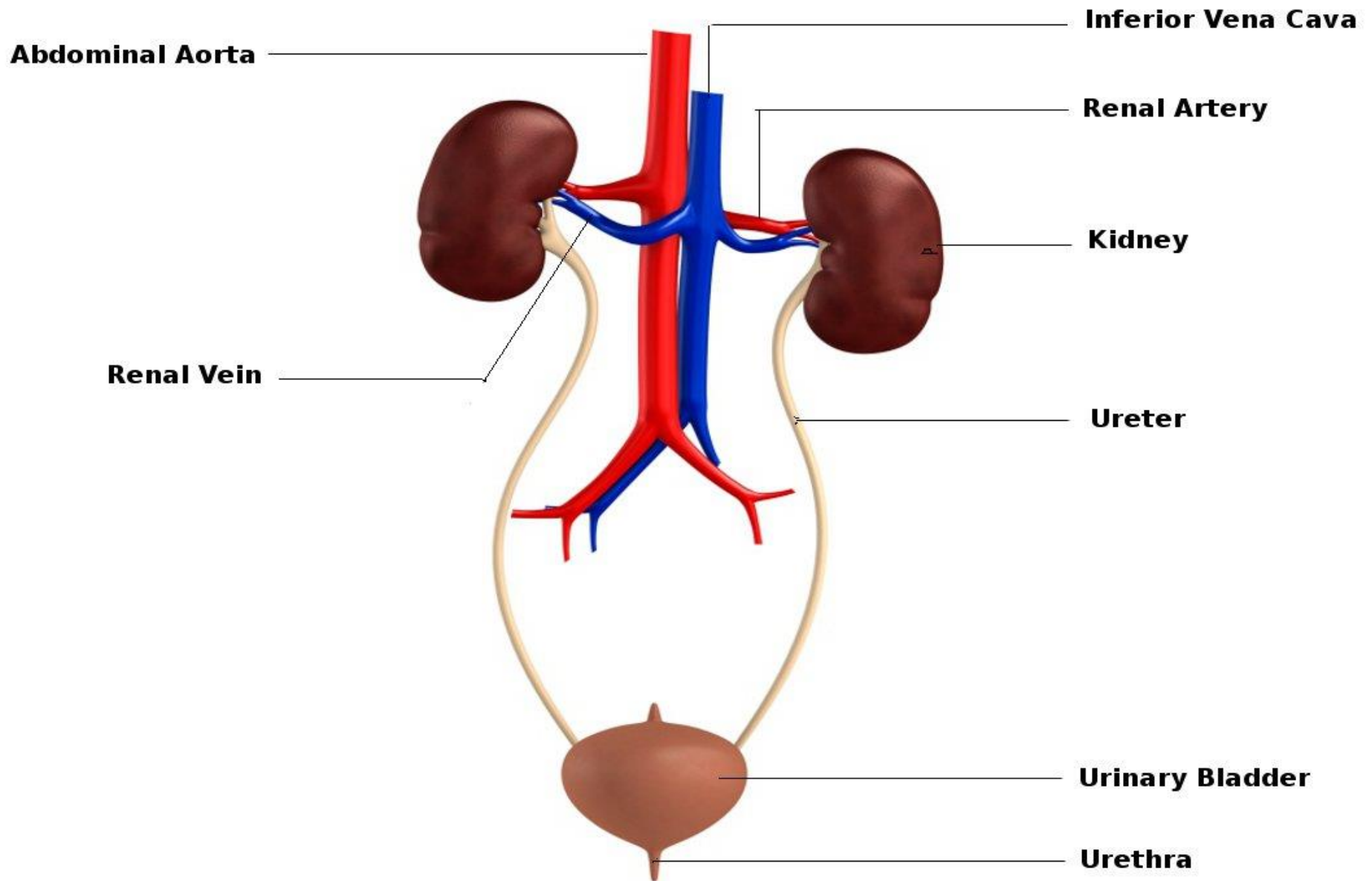


General Urine Examination

Assist.Lecturer

Aseel Ghassan Daoud





Waste products:

- **Organic:**
- **Uric acid**
- **Creatinine**
- **Urea**
- **Inorganic:**
- **Sulphates**
- **Phosphates**
- **Chloride**
- **Ammonia**



- Normal daily urinary output is **800-2000 ml**
- An increase in amount of urinary output is referred as **polyuria** as seen in diabetes
- Decreases in amounts of urine are called **oliguria** as in fever
- A complete absence of urine or when a person passes out not more than 100 milliliter per day is referred to as **anuria** as in kidney failure.



- **For most qualitative tests, fresh specimen is required (a first voided morning specimen)**
- **If the urine is not analyzed within few hours, then correct storage and addition of preservatives are necessary.**



Collection of urine specimen

- **Urine specimens must be collected in aseptically clean containers.**
- **Specimens of female are likely to be contaminated with albumin and blood from menstrual discharge or albumin and pus from vaginal discharge**



Types of urine specimens:

- **Random urine specimen: the least valid specimen**
- **First morning urine specimen: the best sample for routine urinalysis**
- **24-hour urine specimen: it measures the exact output of urine over a 24-hour period**



- **Daytime urine output is two to four times greater than nighttime output.**
- **High protein diet tends to increase urinary output.**



Preservation of urine specimen

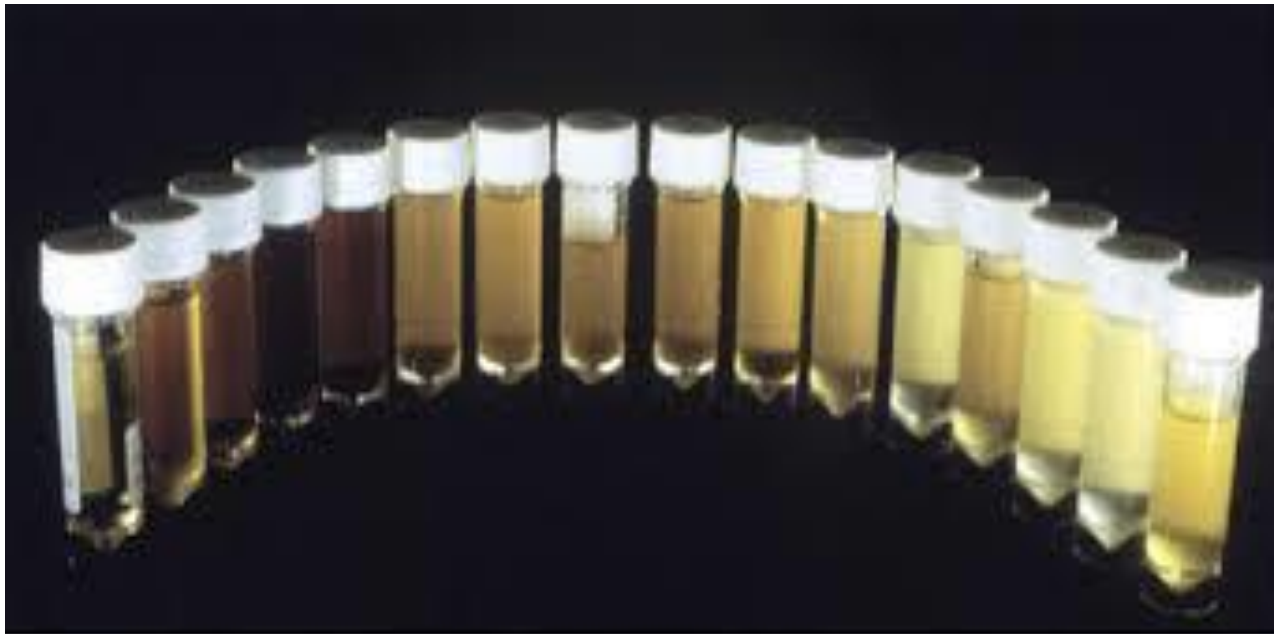
- **Refrigeration**
- **Addition of preservatives:**
 - **Hydrochloric acid**
 - **Boric acid**
 - **Glacial acetic acid**
 - **Formaldehyde**



Physical examination:

- **Color:**

Straw, pale yellow, light yellow, yellow, dark yellow and amber.



- **Transparency:**

Clear, hazy, cloudy, turbid and milky.



- **Odor:**
- **Normal urine has inoffensive odor**
- **Volume:**
- **It is affected by fluid intake, sodium and urea excreted, perspiration, respiration, bowel activity (diarrhea), cardiovascular and renal function.**



Chemical properties:

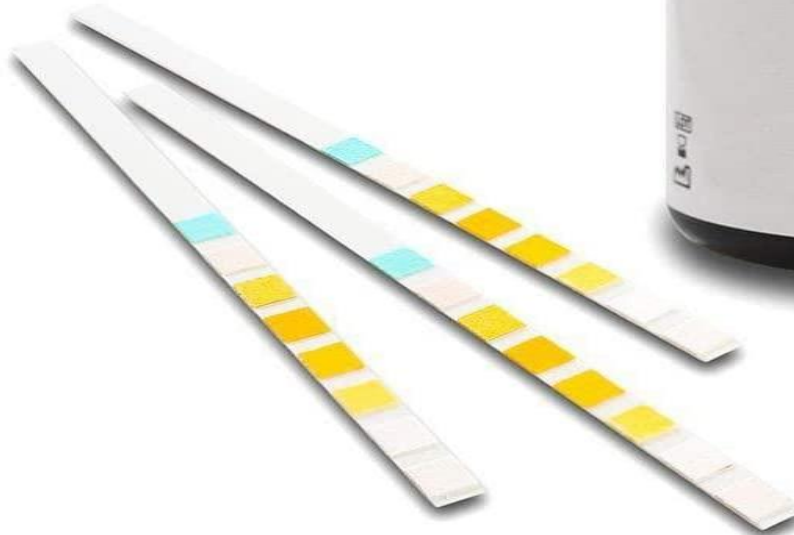
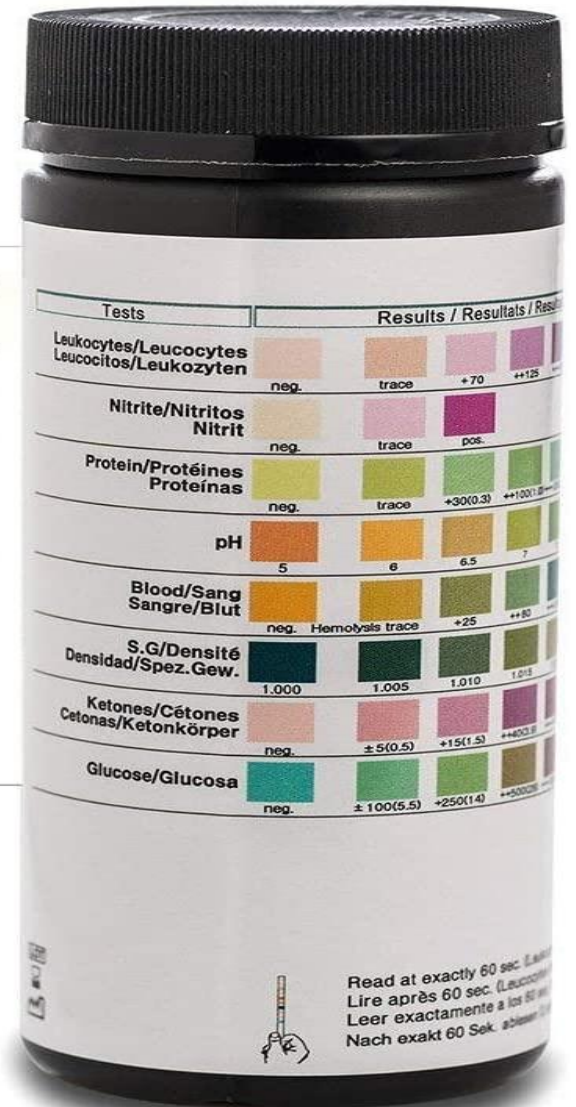


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Tests	Results / Resultats / Resultados / Ergebnisse				
Leucocytes/Leucocytes Leucocitos/Leukozyten	neg.	trace	+70	++125	+++500 WBC/ μ L
Nitrite/Nitritos Nitrit	neg.	trace	pos.		
Urobilinogen/Urobilinogéno Urobilinógeno	0.1	Normal	1(16)	2(33)	4(66) 8(131) <i>ng/dl (umol/L)</i>
Protein/Protéines Proteínas	neg.	trace	+30(0.3)	++100(1.0)	+++300(3.0) ****1000(10) <i>ng/dl (g/L)</i>
pH	5	6	6.5	7	7.5 8 8.5
Blood/Sang Sangre/Blut	neg.	Hemolysis	trace	+25	**80 ***200 Non Hemolysis=0 **60 <i>RBC/μL</i>
S.G/Densité Densidad/Spec.Gew.	1.000	1.005	1.010	1.015	1.020 1.025 1.030
Ketones/Cétones Cetonas/Ketonkörper	neg.	\pm 5(0.5)	+15(1.5)	+40(3.0)	+++60(6) ****160(16) <i>ng/dl (mmol/L)</i>
Bilirubin/Bilirubine Bilirubina	neg.	+	++	+++	
Glucose/Glucosa	neg.	\pm 100(5.5)	+250(14)	+500(28)	+++1000(50) ****2000(111) <i>ng/dl (mmol/L)</i>



- **pH:**
- **Normal urine pH is 4.6-8.0**
- **It is affected by acidosis and alkalosis or ingestion of acidic or basic food.**
- **Protein:**
- **Normal urine contain no proteins (albumin)**
- **If present it is called proteinuria**
- **Glucose:**
- **Normal urine contain no glucose**
- **If present it is called glucosuria (diabetes)**



- **Reduction in the renal threshold**
- **Hormonal disorders**
- **Liver diseases**
- **Pregnancy**
- **Specific gravity:**
- **It is an assessment of renal tubular function**
- **Normal urine specific gravity is 1.003-1.035**



- **Ketones:**
- **Normal urine contain no ketones.**
- **If present it is called ketonuria**
- **Urobilinogen:**
- **Normal urine contain low concentration of it.**
- **Bilirubin:**
- **It is not present in normal urine.**



The End

