

4 Eat, drink, and be merry!

Expressing quantity • *something/no one…* • Articles • *A piece of…*
Can you come for dinner?

STARTER

1 What did you eat and drink yesterday? Make a list.

2 Compare your list with the class.
Who had the healthiest diet?

For breakfast I had a cup of coffee, some cereal, and …

HOW TO LIVE TO BE 120!

Expressions of quantity

1 Read about Claus and Elvira Bonrich.

1 What is their extraordinary ambition?
2 What are their jobs?
3 What kind of food do they eat? Do they cook any of their food?

An extraordinary ambition!



Claus Bonrich (33) and his wife **Elvira** (28) are a successful young couple. Claus is a software programmer and Elvira works in a health food shop. In many ways their life is quite ordinary, but they have an extraordinary ambition. They want to live until they are 120. And they believe they can do this by following an American health plan called the 'Calorie Restriction Diet'. Claus and Elvira eat a lot of raw food. They steam some food but they don't fry, grill, or roast anything, and there are many things they don't eat at all.

'We want to live to be 120!'

2 Look at the nouns in the boxes. Which group can you count? Which can't you count? Label the nouns *Countable* and *Uncountable*.

_____	
apples	grapes
carrots	prawns
vegetables	calories

_____	
meat	fish
orange juice	coffee
tea	fruit
broccoli	alcohol



3 Work with a partner. Read and complete the questions and answers about the diet with the nouns from exercise 2.

1 **Q** Do you eat any ___meat___?
A No, we don't eat **any** _____ at all, but we eat **some** _____.

2 **Q** **How much** _____ do you eat?
A We eat **a little** white _____, but we love shellfish so we eat **a lot of** _____.

3 **Q** Do you eat **much** _____?
A Oh, yes, we eat **a lot of** fresh _____ – _____ and _____, everything.

4 **Q** And do you eat **many** _____?
A Yes, of course, we eat **lots of** raw _____.

5 **Q** Don't you cook **any** vegetables at all?
A We cook **some**. Sometimes we steam **a few** _____ and **a little** _____.

6 **Q** And what do you drink?
A Well, we don't drink **any** _____ or _____, and naturally there's **no** _____ in our diet, but we do drink **a lot of** _____.

7 **Q** **How many** _____ do you have every day?
A About 1,500.
A That's about 1,000 fewer than most people.

4 T 4.1 Listen and check. Practise the questions and answers with your partner.

GRAMMAR SPOT

1 Look at the expressions of quantity in **A**, **B**, and **C**. Which group go with plural, countable nouns? Which go with uncountables? Which go with both?

A	B	C
How much ...?	How many ...?	some/any
not much	not many	not any/no
a little	a few	a lot of/lots of

Find examples in the interview in exercise 3.

2 *Much* and *many* are not usually used in positive statements. When do we use them? Correct the sentences.

There are ~~many~~ books in my bag. ✗
There's ~~much~~ homework tonight. ✗

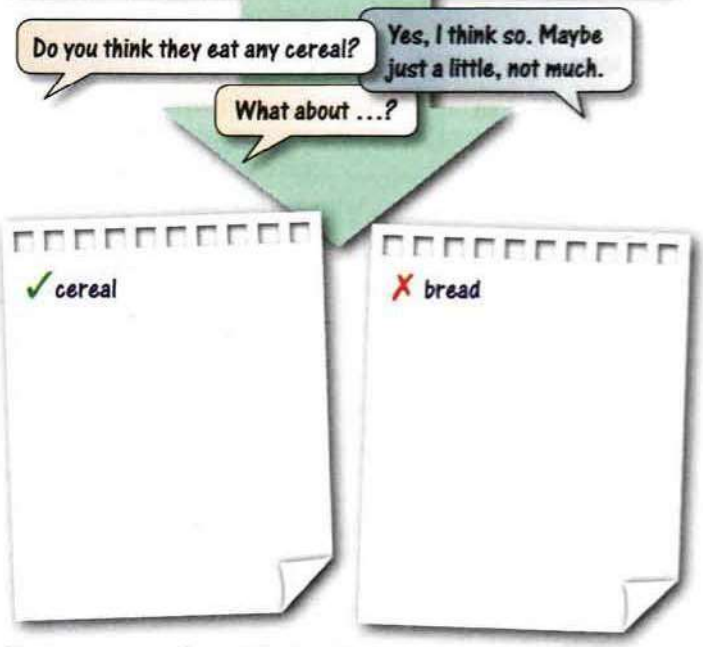
3 Look at these sentences. Which is a request?

Is there *any* orange juice? Can I have *some* orange juice?

▶▶ **Grammar Reference 4.1 p139**

5 Work in small groups. Do you think the Bonrichs eat and drink the things in the box? Discuss with your partner and complete the lists.

~~cereal~~	~~bread~~	milk	cheese	butter
tomatoes	peppers	olive oil	nuts	rice
pasta	sugar	bananas	mangoes	biscuits
apple juice	potatoes	chips	crisps	wine
tap water	mineral water			



Compare your list with the class.

6 T 4.2 Listen and find out if your ideas were correct.

7 What do you think of the diet? Will the Bonrichs live to be 120? Why/Why not?

PRACTICE

Discussing grammar

Work with a partner. Complete the sentences.

1 some / any

1 Have they got _____ children?
2 We don't need _____ olive oil.
3 Can you lend me _____ money.
4 Is there _____ petrol in the car?
5 Can I have _____ cake?

2 much / many

1 Have you got _____ homework?
2 We don't need _____ eggs. Just half a dozen.
3 Is there _____ traffic in your town?
4 I don't know _____ students in this class.
5 How _____ time have you got?

3 a little / a few / a lot of

1 I have _____ very close friends. Two or three.
2 He has _____ money. He's a millionaire.
3 'Do you take sugar in coffee?' 'Just _____. Half a spoonful.'
4 I'll be ready in _____ minutes.
5 She speaks good Spanish, but only _____ Russian.

something/someone/somewhere ...

4 Complete the lines with the correct word.

some	any		+	thing	one/body
every	no			where	

1 'Did you meet _____ nice at the party?'
'Yes. I met _____ who knows you!'
2 'Ouch! There's _____ in my eye!'
'Let me look. No, I can't see _____.'
3 'Let's go _____ hot for our holidays.'
'But we can't go _____ that's too expensive.'
4 'Where are my glasses. I can't find them _____.'
'What are they on the top of your head?'
5 'It was a great party. _____ loved it.'
'They did. _____wanted to go home.'
6 'Did you get _____ nice in the sales?'
'No, _____. I couldn't find _____ I liked.'

T 4.3 Listen and check. Practise them with a partner.

5 T 4.4 Listen. There is a word missing in each sentence. Call out what it is. Say the complete sentence.



THE SECRET TO A LONG LIFE

Articles – *a/an, the*

1 Do you know anybody who lived to be a great age? How old were they? Why do you think they lived so long?

2 T 4.5 Read and listen to the text. Answer the questions.

1 How long did the grandfather live?
2 Where did he live?
3 What kind of shop did he have?
4 How many children did he have?
5 Why did everybody love him?
6 When did he stop work?
7 What was his secret to a long life?

My Grandfather's

My grandfather lived until he was **101** years old. He was a shopkeeper. He had a fish and chip shop in an old village near a big, industrial town in the north of England. He had a son and a daughter. The daughter is my mother. The family lived above the shop.

In those days, fish and chips was the most popular dish in the whole country. My grandfather made the best fish and chips in the area. People came to the village by bus especially to get them.

Everybody loved my grandfather because he was such a happy and contented man. He worked hard, but once a week he closed the shop and went to have lunch (not fish and chips!) with friends in the local pub. He didn't retire until he was 78 years old. He said that the secret to a long life was a glass of whisky before going to bed and lots of fish and chips.



GRAMMAR SPOT

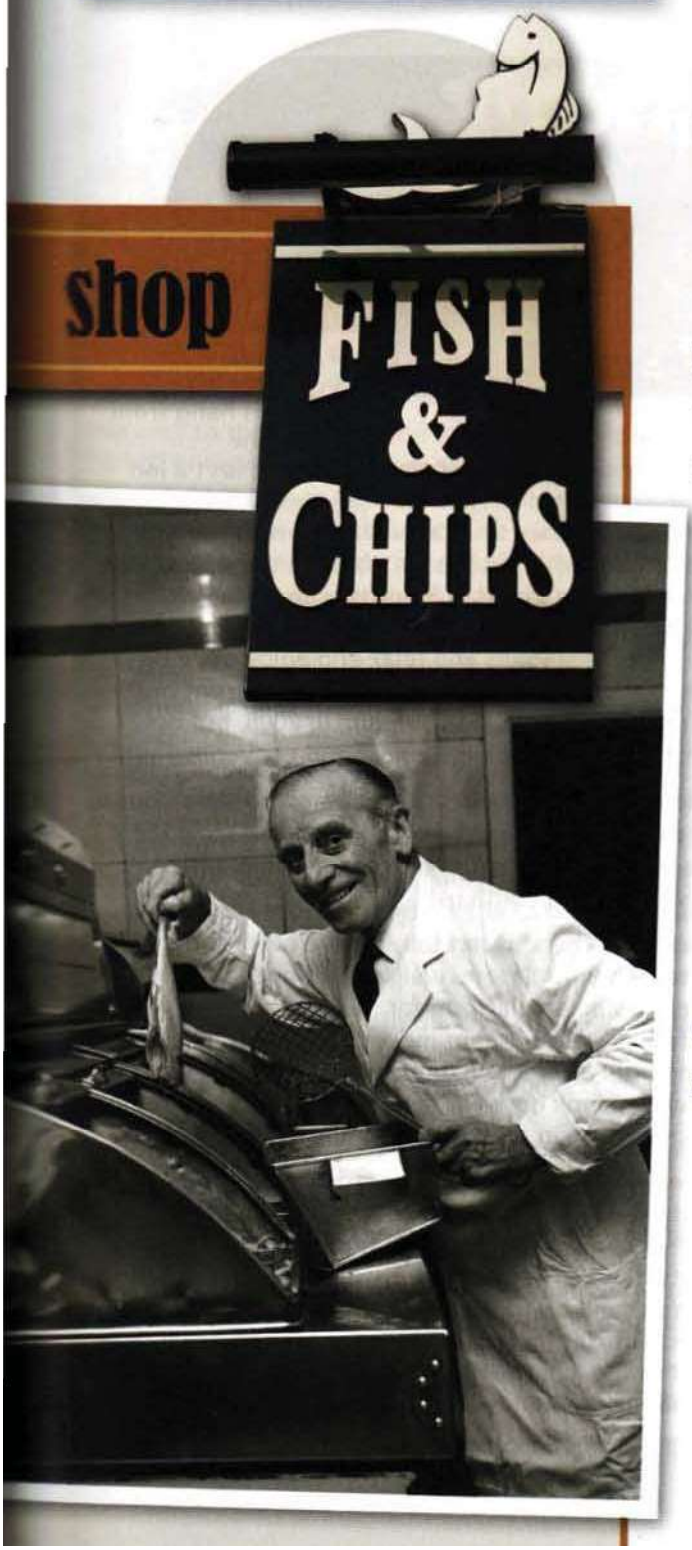
Articles

1 Find examples of the definite article (*the*) and the indefinite article (*a/an*) in the text.

2 What do you notice about these phrases?

... came **by bus**.
... went to **have lunch**.
... before going **to bed**.

3 Read the rules in **Grammar Reference 4.2 p139**. Find some examples of these rules in the text.



PRACTICE

Reading aloud

1 Join the lines about the grandfather with *the, a, an,* or no article.

My grandfather was		shopkeeper.
He lived in		north of England.
He had a fish and chip shop in		old village.
His family lived above	the / a / an / no article	shop.
He made		best fish and chips in the area.
Some people came by		bus to the shop.
He closed the shop once		week.
He went to have		lunch with friends.
He liked to have		little whisky before bed.

T 4.6 Listen and check. Read the lines aloud to a partner.

Discussing grammar

Work with a partner.

2 Complete the sentences with *a/an, the* or no article.

1 He has _____ boy and _____ girl. _____ boy is 22 and _____ girl is 17.
2 His son is _____ engineer and his daughter is _____ student.
3 He always has _____ cheese sandwiches for _____ lunch.
4 All _____ family stayed at _____ Grand Hotel.
5 _____ few people came by _____ taxi to _____ party.
6 It was such _____ wonderful party. We had _____ best time ever.
7 I don't go out to _____ work. I work at _____ home on my computer.
8 I do all my shopping on _____ Internet. What _____ great way to shop!

Check it

3 Find *one* mistake in each sentence and correct it.

1 He's postman, so he has breakfast at 4.00 a.m.
2 The love is more important than money.
3 I come to school by the bike.
4 I'm reading one good book at the moment.
5 'Where are the children?' 'In a kitchen.'
6 I live in centre of town, near the hospital.
7 My parents bought the lovely house in the country.
8 I don't eat the bread because I don't like it.

READING AND LISTENING

Unusual places to eat

1 Are there lots of places to eat and drink in your town? What are they? Where did people in your country eat and drink hundreds of years ago?

2 Read the introduction. Look at the pictures and the Fact Files. What's unusual about the three restaurants?

3 Work in three groups.

Group A Read about *Dinner in the Sky*.
Group B Read about *Ithaa Undersea Restaurant*.
Group C Read about *'s Baggers Restaurant*.

Answer the questions about your restaurant.

1 Where is the restaurant?
2 In what ways is it unusual?
3 When did it open?
4 What's on the menu? Is it good?
5 How expensive is it?
6 Are there any problems?

4 Find a partner from the other two groups and compare the restaurants.

Listening

5 T 4.7 Listen to people who visited the restaurants. Answer these questions after each person.

- Which restaurant did they visit? Who with?
- What was good about it?
- What wasn't so good?
- What do they say about the other guests?

Alexander **Hans** **Lucy**





What do you think?

- Which do you think is the *most* unusual restaurant?
- Which would you like to visit? Why?
- Do you eat out? How often? What's your favourite resturant?
- Do you know any unusual restaurants? Tell the class.

No ordinary place to eat!

Dinner in the Sky



FACT FILE

- 50m up in the air
- a table 9m x 5m
- diners hang from a crane
- there isn't a loo

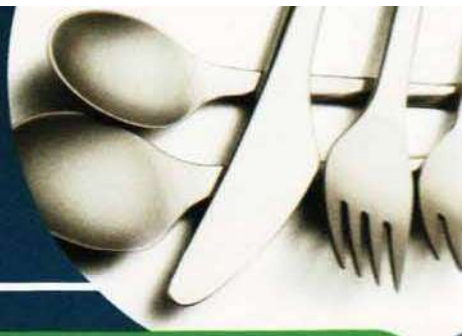
Dinner in the Sky is for people who want more than a little excitement when they go out to eat. They sit at a huge table which hangs from a crane fifty metres in the air. It's not a good idea for people who are afraid of heights or for those who don't have much money. It costs £10,000. The twenty-two diners wear seat belts and relax and enjoy the views while the chefs prepare the finest food in front of them. The restaurant opened in Belgium in 2006, but now has branches in Paris, Dubai, Florida, and Las Vegas.

David Ghysels, the Belgian organizer says, 'We realized that people were bored with going to the same old restaurants. They wanted to try something different. The sky's the limit with us!'

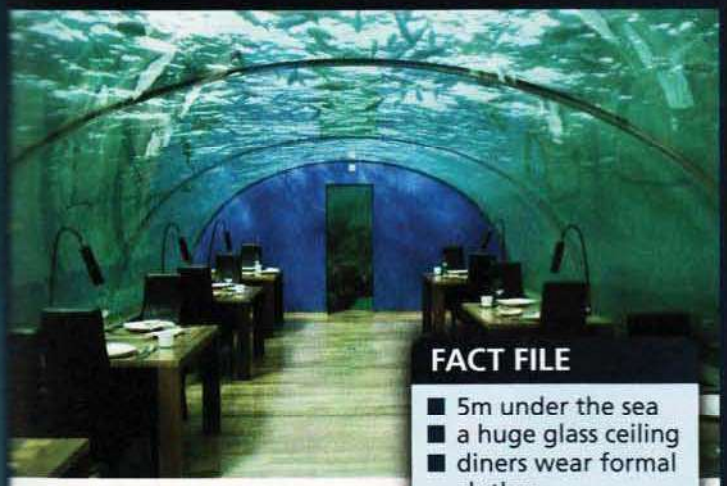
The crane is checked carefully before every sitting. The table is 9m x 5m and weighs six tonnes. In the centre there is a sunken platform for the chef and two waiters. The food is delicious, but most guests don't feel like eating until after a few drinks! Then they also get the courage to look down at the ground where tiny people are looking up in amazement and waving.

Dinner in the Sky is very exciting and the food is good, but there are problems. For example, even in quiet weather conversation is difficult because of the wind. Guests shout to each other across the table. Also, the loo. You can't go to the loo until the table descends again. Difficult for some! But later, back on earth, after a visit to the loo, the guests have a great experience to talk about.

For hundreds of years when tired travellers stopped on their journeys, there were only a few places to eat and drink. Nowadays, streets are lined with restaurants, cafés, and snack bars, but some people want something more unusual.



Ithaa Undersea Restaurant



FACT FILE

- 5m under the sea
- a huge glass ceiling
- diners wear formal clothes
- they eat face-to-face with sharks

Welcome to the Maldives and the first underwater restaurant in the world. The ***Ithaa Undersea Restaurant*** on Rangali Island sits five metres below the Indian Ocean. Ithaa means 'pearl' in the Maldivian language and the guests are like pearls in a glass oyster.

It's not cheap – about £160 for dinner – and there aren't many seats, only a dozen, so it's not easy to get a reservation even if you've got enough money. However, it is easy to get to. You don't need to be a swimmer or a scuba diver, but you do have to wear formal clothes. You simply descend to the restaurant down some spiral stairs.

The manager, Carlton Schieck says, 'We have used aquarium technology to put diners face-to-face with the fish. Our guests are speechless at the colour and beauty of the underwater world. They can enjoy the views and the fine food and not get their feet wet.'

The views are spectacular. In the crystal-blue sea, a few metres from your head, there are sharks, sting rays, turtles, and thousands of tropical fish looking at you as you eat. There is also a fabulous coral garden to add to the colour. The experience is both romantic and magical – and you can guess what's on the menu!

The restaurant opened in 2004 and cost over £3 million to build. In April 2010 it also became a hotel. If you want more excitement and would like to sleep underwater with the fish, you can do this for just £7,500 a night!

However, an underwater building can't last forever. It is thought that it will have a life of about twenty years.

's Baggers Restaurant



FACT FILE

- no waiters
- food lands from above
- email as you eat
- eat now, pay later
- no tips

Germany likes to call itself *The Land of Ideas* and *'s Baggers Restaurant* in Nuremberg is certainly an amazing idea. It's a restaurant with no waiters to serve you. You do everything for yourself with touch-screen TVs and computers. It opened in 2007 and is the first automated restaurant in the world.



When you arrive you pick up an *'s Baggers* credit card and go to sit at a big, round table with three or four computer screens. You put your card into the computer and order your meal by touching the pictures on the screen. You don't see the chefs. They are in the kitchen high above you. They're real men, not machines (at least not yet). The food is all freshly cooked and when it is ready it is put in a pot and sent down a spiral tube where it lands on the table in front of you. This gives a new meaning to fast food! The TVs are connected to the Internet, so if you get bored while waiting, you can send and receive emails and text messages.

A businessman called Michael Mack had the idea for *'s Baggers*. He decided that waiters were unnecessary and too expensive. 'You don't need waiters to run to and from customers taking orders to the kitchen and back.' Mack is planning to open more restaurants and now has the patent for the idea.

The meals are not too expensive – about €8 (£6) a portion. And if you want you can pay by direct debit at the end of the month. And something else that saves money – there is, of course, no need to leave a tip!

VOCABULARY AND LISTENING

A piece of ...

1 Work in small groups. Match amounts in **A** with nouns in **B**. How many can you make?

A		B
a piece	of	apples
a loaf		bananas
a bottle		beer
a can		bread
a kilo		cake
a litre		chewing gum
a packet		Coke
a pair		flowers
a slice		ham
a bunch		tissues
		jeans
		milk
		paper
		petrol
		sunglasses
		socks
		wine

2 T 4.8 Listen and repeat the expressions. How much are some of these things in your country?

I think a large loaf of white bread costs about £1.00.

3 T 4.9 Listen to six conversations.

1 Where is the conversation taking place? Choose from these places.

- a newsagent's
- a clothes shop
- a chemist's
- an off-licence
- a café
- a supermarket

2 What does the customer want to buy?

3 What numbers and/or prices do you hear? Write them down.

4 Who says these lines? What is each line about?

1 'No problem. I've got change.'
2 'Have you got any in blue?'
3 'I'm afraid there are only two slices left.'
4 'Take these three times a day.'
5 'Have you got any ID?'
6 'They're on the first aisle, over there.'

5 T 4.9 Listen again and check. Work with a partner. Turn to page 123 and choose one of the conversations. Learn it by heart and then act it to the class.

▶▶ **WRITING Writing an email** *p108*



EVERYDAY ENGLISH

Can you come for dinner?



1 What is happening in the picture? What are the people eating and drinking?

2 Match a question in **A** with a response in **B**.

A	B
1 Would you like some more rice?	___ a Black, no sugar. Have you got any decaf?
2 Could you pass the salt, please?	___ b No, not at all. I got it online. I'll give you the website.
3 Can I have some water, please?	___ c Do you want still or sparkling?
4 Please, just help yourselves to the dessert.	___ d No, thanks. But could I have another piece of bread?
5 Would anybody like some more ice cream?	___ e Yes, of course. Do you want the pepper, too?
6 How would you like your coffee?	___ f No, but I'd love some more fruit. Is there any left?
7 This is delicious! Would you mind giving me the recipe?	___ g No, of course not. You're our guests!
8 Do you want some help with the washing-up?	___ h We will. It looks fantastic. Did you make it yourself?

T 4.10 Listen and check. What is the next line? Practise the conversations with a partner.

3 Complete the requests with *Can/Could I …?* or *Can/Could you …?*

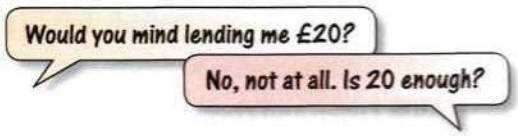
1 _____ have some apple juice, please?
2 _____ tell me where Market Street is, please?
3 _____ see the menu, please?
4 _____ use your iPad for a few minutes, please?
5 _____ lend me £20, please?
6 _____ take me to school, please?
7 _____ help me with my homework, please?
8 _____ give me a lift to the station, please?

Practise the requests with a partner. Give an answer for each request.



T 4.11 Listen and compare.

4 Make 5–8 in exercise 3 more polite using *Would you mind + -ing?*



T 4.12 Listen and check. Practise saying them.

5 Request things from your teacher and other members of the class.

